

Market Update



Red Grapes are currently great quality and value. Enriched with vitamin C, and important minerals, red grapes are a natural source of many health-benefiting nutrients! While you may mostly be aware of its popular culinary uses, red grapes are beneficial to your skin, hair, and overall health as well.



Raspberries are at the peak of their season. Customers can look forward to indulging in the delightful sweetness of our raspberries, packed with antioxidants and fibre.



Currently available, **Akane Apples** are a delightful Japanese variety with a rich history. Customers can enjoy its bright red hue, firm texture and an exceptional balance of sweet and sharp flavours.



UPDATES

Avocados are now 25 count.

Valencia Oranges in cases are now finished. USA **Navel Oranges** are now in stock.

Red Chillies are back in stock.

Asparagus will be Australian and imported.

Tasmanian Vine Ripened Tomatoes are available. Cases are 10kg

Nectarines are available in Yellow and White.

Peaches are available in Yellow and White.

Watermelons are large in size.

Kiwi Fruit are now USA stock.

Kestrel Potatoes are available. The potatoes feature a unique purple blush and are a good all-round potato.

New Season **Potatoes** in stock include Pink Eyes, Kestrel and Nicola.

Leeks are now Tasmanian.

Tasmanian Capsicums are available in Red and Yellow. Mainland Green caps are available.

QUICK NOTES

- New lines available to order include **Persimmon, Dragonfruit, Pomegranate** and **Quince**.
- New Season **Corella Pears** are available.
- **Witlof** in Red and White is available.
- Coloured **Baby Carrots** available in purple, gold and white.
- **Kohlrabi** is available.
- **Gourmet Tomatoes** are medium and ¾ colour.
- **Tasmanian Angel Snacking Tomatoes** are in stock.
- **Brussels Sprouts** 5kg case available.
- **Medley Cherry Tomatoes** are in stock.
- **Purple Kale** is in stock.
- **Raddicio Lettuce** prepacks are available.