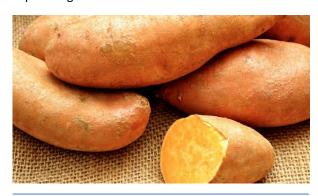


**New Season Australian Navel Oranges** have arrived at Island Fresh. Navels are one of the most popular orange varieties with a range of great attributes. Sweet and juicy, rich in colour, seedless and easy to peel.



**Sweet Potatoes** are in great supply. Sweet Potatoes are full of goodness, they're also incredibly versatile and delicious. Roasted, mashed, steamed, babequed, baked or fried, Sweet Potatoes are a tasty way to supercharge meals.



**Tasmanian Strawberries** are still good quality with about 1 month left of the local season. Stock up while you still can!



## **UPDATES**

We have a wide range of high quality **Apples** available. Gala, Pink Lady, Golden Delicious, Fuji, Jazz, Akane, Jonagold and Granny Smith.

New Season Bosc & Packham Pears are in stock.

**Avocados** are now Shepard variety. 28 count tray.

Red Chillies are back in stock.

Asparagus will be Australian and imported.

Watermelons are large in size.

**2.5kg Potatoes Bags** are using Kennebec potatoes. Dutch Cream potatoes are also available in 5kg bags.

Leeks are now Tasmanian.

**Tasmanian Capsicums** are available in Red, Yellow and Green. Yellow supply is slowing now.

Gourmet Tomatoes are medium in size. 3/4 colour.

Kiwi Fruit is now both Australia and imported supply.

Tasmanian Beans are finishing.

## **QUICK NOTES**

- Gold Kiwi Fruit is now available.
- Black Grapes are available soon.
- New lines available to order include Nashi
  Pears, Butter Beans, Black Grapes, Custard
  Apples, Figs, Red Sweet Potatoes,
  Persimmon, Dragonfruit, Pomegranate and
  Quince.
- New Season Corella Pears are available.
- Witlof in Red and White is available.
- Coloured **Baby Carrots** available in purple, gold and white.
- Kohlrabi is available.
- Tasmanian Angel Snacking Tomatoes are in stock
- Brussels Sprouts 5kg case available.
- Medley Cherry Tomatoes are in stock.
- Purple Kale is in stock.
- Raddicio Lettuce prepacks are available.