

Market Update



New Season Australian Navel Oranges have arrived at Island Fresh. Navels are one of the most popular orange varieties with a range of great attributes. Sweet and juicy, rich in colour, seedless and easy to peel.



Sweet Potatoes are in great supply. Sweet Potatoes are full of goodness, they're also incredibly versatile and delicious. Roasted, mashed, steamed, babequed, baked or fried, Sweet Potatoes are a tasty way to supercharge meals.



Tasmanian Strawberries are still good quality with about 1 month left of the local season. Stock up while you still can!



UPDATES

We have a wide range of high quality **Apples** available. Gala, Pink Lady, Golden Delicious, Fuji, Jazz, Akane, Jonagold and Granny Smith.

New Season Bosc & Packham Pears are in stock.

Avocados are now Shepard variety. 28 count tray.

Red Chillies are back in stock.

Asparagus will be Australian and imported.

Watermelons are large in size.

2.5kg Potatoes Bags are using Kennebec potatoes. Dutch Cream potatoes are also available in 5kg bags.

Leeks are now Tasmanian.

Tasmanian Capsicums are available in Red, Yellow and Green. Yellow supply is slowing now.

Gourmet Tomatoes are medium in size. ¾ colour.

Kiwi Fruit is now both Australia and imported supply.

Tasmanian **Beans** are finishing.

QUICK NOTES

- **Gold Kiwi Fruit** is now available.
- **Black Grapes** are available soon.
- New lines available to order include **Nashi Pears, Butter Beans, Black Grapes, Custard Apples, Figs, Red Sweet Potatoes, Persimmon, Dragonfruit, Pomegranate** and **Quince**.
- New Season **Corella Pears** are available.
- **Witlof** in Red and White is available.
- Coloured **Baby Carrots** available in purple, gold and white.
- **Kohlrabi** is available.
- **Tasmanian Angel Snacking Tomatoes** are in stock.
- **Brussels Sprouts** 5kg case available.
- **Medley Cherry Tomatoes** are in stock.
- **Purple Kale** is in stock.
- **Raddicio Lettuce** prepacks are available.

April 23rd, 2024