



FRESH MEAT & DELI COMP CHECK

MARCH 29 2023

MEAT COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
BEEF			
Eye Fillet Steak	52.00 kg	48.00 kg Special	
Scotch Fillet Steak	43.00 kg	43.00 kg	
Porterhouse Steak	40.00 kg	40.00 kg	
T-Bone Steak	30.00 kg	30.00 kg	
Rump Steak	30.00 kg	30.00 kg	
Oyster Blade Steak	25.00 kg	25.00 kg	
Gravy Beef	19.00 kg	19.00 kg	
Chuck Stewing Steak	20.00 kg	20.00 kg	
Topside Roast	18.00 kg	18.00 kg	
1st Grade Beef Mince	19.00 kg	19.00 kg	
Regular Mince	14.00 kg	14.00 kg	
Corned Silverside	12.00 kg	12.00 kg	
LAMB			
Lamb Leg Roast	15.00 kg	15.00 kg	
Lamb Cutlets	43.00 kg	43.00 kg	
Lamb Loin Chops	28.00 kg	22.00 kg Special	
Forequarter BBQ Chops	19.00 kg	19.00 kg	
Lamb Leg Boneless	20.00 kg	20.00 kg	
PORK			
Boneless Pork Leg Roast	9.50 kg	8.00 kg Special	
Pork Loin Chops	20.00 kg	19.00 kg	
Pork Spare Ribs	16.00 kg Special	19.00 kg	PD
CHICKEN			
Chicken Thigh Fillets	13.50 kg	13.50 kg	Bulk Buy
Chicken Drumsticks	4.00 kg	4.00 kg	Bulk Buy
Chicken Breast Fillets	10.50 kg	10.50 kg	Bulk Buy
Whole Fresh Chickens	5.00 kg	5.00 kg	

DELI COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
Breast Fillets	11.00 kg	11.00 kg	
Thigh Fillets	13.50 kg	13.50 kg	
Drumsticks	4.00 kg Special	4.50 kg	
Wings	7.00 kg	7.00 kg	
Middle Bacon	15.00 kg	13.00 kg Special	
Short Cut Bacon	18.00 kg	18.00 kg	
Streaky Bacon	19.00 kg	19.00 kg	
Leg Ham Off the Bone	29.00 kg Special	29.00 kg Special	
Roast Pork	24.00 kg Special	27.50 kg	
Salami Mild or Hot	34.50 kg	29.50 kg Special	
Silverside	25.00 kg	25.00 kg	
Roast Beef	32.00 kg	32.00 kg	
Turkey Breast	28.00 kg	28.00 kg	
Kabana	4.20 EA	22.50 kg	
Saveloys	9.50 kg	13.50 kg	
Cocktail Saveloys	9.00 kg	9.00 kg	
Thin Frankfurts	9.00 kg	9.00 kg	
Champagne Ham	20.00 kg Special	22.00 kg	
Honey Leg Ham	27.00 kg		
Hot BBQ Chickens Family Size	11.00 EA	11.00 EA	
Virginian Leg Ham	27.00 kg		
Devon	9.85 kg	9.85 kg	
Chicken Loaf	15.00 kg	15.00 kg	
Chicken Breast Cooked	16.50 kg Special	19.00 kg	
Premium Leg Ham	25.00 kg Special	25.00 kg Special	
Hickory Smoked Leg Ham	29.00 kg		
Triple Smoked Leg Ham		22.50 kg Special	
Honey Leg Ham	21.00 kg Special		