



FRESH FOOD COMP CHECK

DECEMBER 22 2021

FRESH COMP CHECK - COLES & WOOLWORTHS

DATE: 22/12/21		COLES			WOOLWORTHS			COMMENTS
Products	Unit	Price	Special	Origin	Price	Special	Origin	
Apples - Golden Delicious	kg	\$4.90			\$4.90			
Apples - Granny Smith	kg	\$3.90			\$3.90			
Apples Red - Royal Gala	kg	\$3.50				\$3.50		
Apples Red - Fuji	kg	Na			\$4.50			
Apricots	kg		\$5.90			\$5.90		
Avocadoes	ea	na		Hass	\$1.20			Hass
Bananas	kg	\$3.90			\$3.90			
Cherries	kg		\$13.90			\$13.90		
Grapes Green	kg		\$8.90			\$9.50		
Grapes Red	kg		\$9.50		\$12.90			
Lemons	kg	1 For \$2	3For \$5		\$6.90			
Mandarins	kg	\$4.00		Afourer	\$3.50			Afourer
Mangoes	ea		\$2.00	Kensington	\$2.90			Kensington
Nectarines	kg		\$3.50			\$3.90		
Oranges Navel	kg	\$4.90			\$7.90		USA	
Oranges Valencia	kg	NA			NA			
Oranges Valencia 3kg Bag	ea	\$8.50			\$6.50			
Peaches	kg	\$3.90				\$3.50		
Plums	kg		\$5.90		NA			
Raspberries	pun		\$3.50			\$3.50		
Strawberries	pun		\$2.80			\$2.70		
Watermelon	kg	\$3.50			\$3.50			
Asparagus	Bun	\$2.90			\$2.50		/aus	
Broccoli	kg		\$3.50		\$4.50			
Cabbage Green	ea	\$5.90			\$7.00			
Cabbage Red	ea	\$5.90			\$7.00			
Capsicum Green	kg	\$9.90			\$9.90			
Capsicum Red	kg	\$9.90			\$11.90			
Carrots	kg	\$2.20			\$2.50			
Cauliflower	ea	\$3.50				\$3.50		
Lettuce Iceberg	ea		\$1.90		\$2.50			
Mushrooms Brown	kg	\$14.50			\$14.50			
Mushrooms White	kg	\$11.50			\$11.50			
Onions Loose	kg	\$3.00			\$3.00			
Potatoes Brushed Loose	kg	\$4.00			\$3.50			
Potatoes Brushed Packed	bag	\$6.00			\$7.00			
Potatoes Washed Loose	kg	\$4.00			\$4.00			
Potatoes Washed Packed	kg	\$7.00			\$7.00			
Pumpkin - Butternut	kg	\$4.90			\$4.90			
Pumpkin - Grey	kg	na			\$4.90			
Pumpkin - Kent	kg	\$4.90			\$4.90			
Tomatoes Gourmet	kg	\$9.90				\$4.90		
Tomatoes Truss	kg	\$5.90			\$6.90			
Zucchini	kg	\$4.90			\$6.90			