



# FRESH FOOD COMP CHECK

OCTOBER 20 2021

## FRESH COMP CHECK - COLES & WOOLWORTHS

| DATE: 20/10/21            |      | COLES       |          |         | WOOLWORTHS |         |            | COMMENTS |
|---------------------------|------|-------------|----------|---------|------------|---------|------------|----------|
| Products                  | Unit | Price       | Special  | Origin  | Price      | Special | Origin     |          |
| Apples - Golden Delicious | kg   | \$4.90      |          |         | \$5.50     |         |            |          |
| Apples - Granny Smith     | kg   | \$3.90      |          |         |            | \$3.90  |            |          |
| Apples Red - Royal Gala   | kg   |             | \$3.50   |         |            | \$3.50  |            |          |
| Apples Red - Fuji         | kg   | Na          |          |         | \$4.50     |         |            |          |
| Apricots                  | kg   | NA          |          |         | NA         |         |            |          |
| Avocadoes                 | ea   | 1 For \$1.5 | 3For \$4 | Hass    | \$1.30     |         |            | Hass     |
| Bananas                   | kg   | \$4.00      |          |         | \$4.00     |         |            |          |
| Cherries                  | kg   | NA          |          |         | NA         |         |            |          |
| Grapes Green              | kg   | \$9.90      |          |         | \$12.90    |         | USA        |          |
| Grapes Red                | kg   |             | \$8.50   |         |            | \$8.90  | USA        |          |
| Lemons                    | kg   | 1 For \$1.8 | 3For \$4 |         | \$4.90     |         |            |          |
| Mandarins                 | kg   | \$3.50      |          | Afourer | \$2.90     |         |            | Afourer  |
| Mangoes                   | ea   |             | \$2.00   |         | \$2.00     |         |            |          |
| Nectarines                | kg   | NA          |          |         | NA         |         |            |          |
| Oranges Navel             | kg   |             | \$2.00   |         | \$3.50     |         | Aus        |          |
| Oranges Valencia          | kg   | NA          |          |         | NA         |         |            |          |
| Oranges Valencia 3kg Bag  | ea   | \$6.90      |          |         | \$4.90     |         |            |          |
| Peaches                   | kg   | NA          |          |         | NA         |         |            |          |
| Plums                     | kg   | NA          |          |         | NA         |         |            |          |
| Raspberries               | pun  |             | \$5.00   |         | NA         |         |            |          |
| Strawberries              | pun  | \$3.90      |          |         | \$4.00     |         |            |          |
| Watermelon                | kg   |             | \$2.50   |         |            | \$2.50  |            |          |
|                           |      |             |          |         |            |         |            |          |
| Asparagus                 | Bun  |             | \$1.50   |         | \$1.50     |         | Mexico/aus |          |
| Broccoli                  | kg   |             | \$2.90   |         | \$4.50     |         |            |          |
| Cabbage Green             | ea   | \$5.90      |          |         | \$7.00     |         |            |          |
| Cabbage Red               | ea   | \$6.50      |          |         | NA         |         |            |          |
| Capsicum Green            | kg   | \$6.90      |          |         | \$7.90     |         |            |          |
| Capsicum Red              | kg   | \$11.90     |          |         | \$11.90    |         |            |          |
| Carrots                   | kg   | \$2.20      |          |         | \$2.20     |         |            |          |
| Cauliflower               | ea   |             | \$3.50   |         |            | \$3.00  |            |          |
| Lettuce Iceberg           | ea   |             | \$1.90   |         | \$3.00     |         |            |          |
| Mushrooms Brown           | kg   | \$14.00     |          |         | \$14.00    |         |            |          |
| Mushrooms White           | kg   | \$11.00     |          |         | \$11.00    |         |            |          |
| Onions Loose              | kg   | \$3.00      |          |         | \$3.00     |         |            |          |
| Potatoes Brushed Loose    | kg   | \$4.00      |          |         | \$3.50     |         |            |          |
| Potatoes Brushed Packed   | bag  | \$6.00      |          |         |            | \$4.00  |            |          |
| Potatoes Washed Loose     | kg   | \$4.00      |          |         | \$4.00     |         |            |          |
| Potatoes Washed Packed    | kg   | \$7.00      |          |         | \$7.00     |         |            |          |
| Pumpkin - Butternut       | kg   | \$3.50      |          |         | \$3.50     |         |            |          |
| Pumpkin - Grey            | kg   | na          |          |         | \$3.50     |         |            |          |
| Pumpkin - Kent            | kg   | \$3.50      |          |         | \$3.50     |         |            |          |
| Tomatoes Gourmet          | kg   | \$8.90      |          |         | \$7.90     |         |            |          |
| Tomatoes Truss            | kg   | \$7.50      |          |         |            | \$5.90  |            |          |
| Zucchini                  | kg   | \$6.90      |          |         | \$6.90     |         |            |          |