



# FRESH FOOD COMP CHECK

JANUARY 18 2023

## MEAT COMP CHECK

| PRODUCT                 | COLES            | WOW              | COLES DOWN DOWN<br>WOW PRICE DROP |
|-------------------------|------------------|------------------|-----------------------------------|
| BEEF                    |                  |                  |                                   |
| Eye Fillet Steak        | 52.00 kg         | 52.00 kg         |                                   |
| Scotch Fillet Steak     | 43.00 kg         | 43.00 KG         |                                   |
| Porterhouse Steak       | 40.00 kg         | 40.00 kg         |                                   |
| T-Bone Steak            | 30.00 kg         | 30.00 kg         |                                   |
| Rump Steak              | 30.00 kg         | 30.00 kg         |                                   |
| Oyster Blade Steak      | 25.90 kg         | 25.00 kg         |                                   |
| Gravy Beef              | 17.00 kg Special | 19.00 kg         |                                   |
| Chuck Stewing Steak     | 20.00 kg         | 20.00 kg         |                                   |
| Topside Roast           | 18.00 kg         | 18.00 kg         |                                   |
| 1st Grade Beef Mince    | 19.00 kg         | 19.00 kg         |                                   |
| Regular Mince           | 14.00 kg         | 14.00 kg         |                                   |
| Corned Silverside       | 12.00 kg         | 12.00 kg         |                                   |
| LAMB                    |                  |                  |                                   |
| Lamb Leg Roast          | 12.00 kg Special | 12.00 kg Special |                                   |
| Lamb Cutlets            | 43.00 kg         | 43.00 kg         |                                   |
| Lamb Loin Chops         | 23.00 kg         | 28.00 kg         | DD                                |
| Forequarter BBQ Chops   | 19.00 kg         | 19.00 kg         |                                   |
| Lamb Leg Boneless       | 20.00 kg         | 20.00 kg         |                                   |
| PORK                    |                  |                  |                                   |
| Boneless Pork Leg Roast | 9.00 kg Special  | 9.00 kg Special  |                                   |
| Pork Loin Chops         | 20.00 kg         | 20.00 kg         |                                   |
| Pork Spare Ribs         | 18.00 kg Special | 19.00 kg Special |                                   |
| CHICKEN                 |                  |                  |                                   |
| Chicken Thigh Fillets   | 13.00 kg         | 13.00 kg         | Bulk Buy                          |
| Chicken Drumsticks      | 4.50 kg          | 5.00 kg          | Bulk Buy                          |
| Chicken Breast Fillets  | 10.50 kg         | 10.50 kg         | Bulk Buy                          |
| Whole Fresh Chickens    | 5.00 kg          | 5.00 kg          |                                   |

DELI COMP CHECK

| PRODUCT                           | COLES            | WOW              | COLES DOWN DOWN<br>WOW PRICE DROP |
|-----------------------------------|------------------|------------------|-----------------------------------|
| Breast Fillets                    | 10.50 kg         | 10.00 KG SPECIAL |                                   |
| Thigh Fillets                     | 13.00 kg         | 13.00 KG         |                                   |
| Drumsticks                        | 5.00 kg          | 3.90 KG SPECIAL  |                                   |
| Wings                             | 7.00 kg          | 7.00 kg          |                                   |
| Middle Bacon                      | 12.80 KG Special | 12.80 kg Special |                                   |
| Short Cut Bacon                   | 16.00 kg Special | 18.00 kg         |                                   |
| Streaky Bacon                     | 18.00 kg         | 18.00 kg         |                                   |
| Leg Ham Off the Bone              | 35.00 kg         | 29.00 kg Special |                                   |
| Roast Pork                        | 25.00 kg         | 25.00 kg         |                                   |
| Salami Mild or Hot                | 34.50 kg         | 35.00 kg         |                                   |
| Silverside                        | 22.00 kg Special | 23.00 kg         |                                   |
| Roast Beef                        | 32.00 kg         | 32.00 kg         |                                   |
| Turkey Breast                     | 28.00 kg         | 28.00 kg         |                                   |
| Kabana                            | 4.20 EA          | 22.50 kg         |                                   |
| Saveloys                          | 9.50 kg          | 13.50 kg         |                                   |
| Cocktail Saveloys                 | 9.00 kg          | 7.30 kg Special  |                                   |
| Thin Frankfurts                   | 9.00 kg          | 7.30 kg Special  |                                   |
| Champagne Ham                     | 20.00 kg Special | 20.00 kg Special |                                   |
| Honey Leg Ham                     | 27.00 kg         |                  |                                   |
| Hot BBQ Chickens Family Size      | 11.00 EA         | 11.00 EA         |                                   |
| Virginian Leg Ham                 | 27.00 kg         |                  |                                   |
| Devon                             | 9.60 kg          | 9.85 kg          |                                   |
| Chicken Loaf                      | 15.00 kg         | 15.00 kg         |                                   |
| Chicken Breast Cooked             | 19.00 kg         | 19.00 kg         |                                   |
| Premium Leg Ham                   | 25.00 kg Special | 25.00 kg Special |                                   |
| Hickory Smoked Leg Ham            | 24.00 kg Special |                  |                                   |
| Triple Smoked Leg Ham             |                  | 22.50 kg Special |                                   |
| Tasmanian Salmon Portions Skin On | 29.50 kg Special | 33.00 kg         |                                   |