



FRESH FOOD COMP CHECK

JUNE 15 2022

MEAT COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
BEEF			
Eye Fillet Steak	45.00 kg Special	52.00 kg	
Scotch Fillet Steak	43.00 kg	35.00 kg Special	
Porterhouse Steak	40.00 kg	40.00 kg	
T-Bone Steak	30.00 kg	30.00 kg	
Rump Steak	25.00 kg Special	30.00 kg	
Oyster Blade Steak	22.50 kg	25.00 kg	
Gravy Beef	17.00 kg Special	19.00 kg	
Chuck Stewing Steak	20.00 kg	20.00 kg	
Topside Roast	18.00 kg	18.00 kg	
1st Grade Beef Mince	19.00 kg	19.00 kg	
Regular Mince	16.00 kg	16.00 kg	
Corned Silverside	12.00 kg	12.00 kg	
LAMB			
Lamb Leg Roast	15.00 kg	15.00 kg	
Lamb Cutlets	43.00 kg	43.00 kg	
Lamb Loin Chops	28.00 kg	25.00 kg Special	
Forequarter BBQ Chops	18.00 kg Special	19.00 kg	
Lamb Leg Boneless	18.00 kg Special	20.00 kg	
PORK			
Boneless Pork Leg Roast	9.00 kg	9.00 kg	PD
Pork Loin Chops	18.00 kg	18.00 kg	
Pork Spare Ribs	21.00 kg	16.00 kg Special	
CHICKEN			
Chicken Thigh Fillets	12.50 kg	12.50 kg	Bulk Buy
Chicken Drumsticks	4.00 kg	4.00 kg	Bulk Buy
Chicken Breast Fillets	10.00 kg	10.00 kg	Bulk Buy
Whole Fresh Chickens	4.50 kg	4.50 kg	

DELI COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
Breast Fillets	10.00 kg	10.00 kg	
Thigh Fillets	12.50 kg	11.50 kg Special	
Drumsticks	4.00 kg Special	3.00 kg Special	
Wings	6.00 kg	5.50 kg	
Middle Bacon	13.00 kg	11.00 kg Special	
Short Cut Bacon	17.00 kg	17.00 kg	
Streaky Bacon	17.00 kg	17.00 kg	
Leg Ham Off the Bone	27.00 kg Special	26.00 kg Special	
Roast Pork	22.50 kg	25.00 kg	
Salami Mild or Hot	33.00 kg	31.50 kg	
Silverside	23.00 kg	23.00 kg	
Roast Beef	32.00 kg	32.00 kg	
Turkey Breast	28.00 kg	28.00 kg	
Kabana	3.70 EA	22.50 kg	
Saveloys	9.00 kg	12.00 kg	
Cocktail Saveloys	6.90 kg Special	8.40 kg	
Thin Frankfurts	6.90 kg Special	8.40 kg	
Champagne Ham	20.00 kg	18.50 kg Special	
Honey Leg Ham	23.00 kg		
Hot BBQ Chickens Family Size	11.00 EA & 2 for 18	11.00 EA	
Virginian Leg Ham	20.00 kg Special		
Devon	9.10 kg	9.00 kg	
Chicken Loaf	14.00 kg	14.00 kg	
Chicken Breast Cooked	19.00 kg	19.00 kg	
Premium Leg Ham	23.00 kg Special	23.00 kg Special	
Triple Smoked Leg Ham		20.00 kg Special	