



FRESH FOOD COMP CHECK

DECEMBER 14 2022

FRESH COMP CHECK - COLES & WOOLWORTHS

DATE: 14/12/22		COLES			WOOLWORTHS			COMMENTS
Apples - Golden Delicious	kg	\$4.90			\$4.90			
Apples - Granny Smith	kg	\$4.90			\$4.90			
Apples Red - Royal Gala	kg	\$4.90			\$4.90			
Apples Red - Fuji	kg	Na			\$4.90			
Apricots	kg		\$12.90		\$6.90			
Avocadoes	ea	\$2.00		Hass		\$2.00		Hass
Bananas	kg	\$3.90			\$3.90			
Cherries	kg		\$16.90		\$22.90			
Grapes Green	kg	\$9.90				\$8.90	USA	
Grapes Red	kg		\$8.90		na		USA	
Lemons	kg	1 for \$1.8	3 for \$5		\$9.90			
Mandarins	kg	\$4.50		Afourer	na			Tangold
Mangoes	ea	\$2.50				\$1.80		Calypso
Nectarines	kg		\$4.90		\$5.90			
Oranges Navel	kg		\$3.90		\$2.90			
Oranges Valencia	kg	na			na			
Oranges Valencia 3kg Bag	ea		\$6.90	Navel	\$6.90			Navel
Peaches	kg	\$9.90				\$4.50		
Plums	kg	\$14.90			\$10.90			
Raspberries	pun		\$4.00			\$3.50		
Strawberries	pun		\$3.00			\$2.90		
Watermelon	kg	\$3.90			\$3.90			
Asparagus	Bun	\$2.50			\$2.50			
Broccoli	kg	\$9.90			no tag			
Cabbage Green	ea		\$4.90		\$7.00			
Cabbage Red	ea	\$6.90			\$3.50	1/2		
Capsicum Green	kg	\$10.90			no tag			
Capsicum Red	kg	\$12.90			\$12.90			
Carrots	kg	\$1.90			\$2.50			
Cauliflower	ea		\$3.90		\$4.50			
Lettuce Iceberg	ea	\$2.90			\$2.90			
Mushrooms Brown	kg	\$15.90			\$14.50			
Mushrooms White	kg	\$12.90			\$11.50			
Onions Loose	kg	\$3.00			\$3.00			
Potatoes Brushed Loose	kg	\$4.00			\$7.50			
Potatoes Brushed Packed	bag	\$7.00			\$7.50			
Potatoes Washed Loose	kg	\$4.00			\$4.50			
Potatoes Washed Packed	kg	\$7.50			\$7.50			
Pumpkin - Butternut	kg	\$3.50				\$2.00		
Pumpkin - Grey	kg	na			\$3.90			
Pumpkin - Kent	kg		\$2.00		\$3.90			
Tomatoes Gourmet	kg	\$5.90				\$3.90		
Tomatoes Truss	kg	\$4.90			\$4.90			
Zucchini	kg	\$6.90			\$6.90			