



FRESH FOOD COMP CHECK

DECEMBER 8 2021

MEAT COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
BEEF			
Eye Fillet Steak	44.00 kg Special	48.50 kg	
Scotch Fillet Steak	41.00 kg	42.50 kg	
Porterhouse Steak	37.00 kg	33.00 kg Special	
T-Bone Steak	27.00 kg	27.00 kg	
Rump Steak	27.00 kg	27.00 kg	
Round Steak	N.A	19.00 kg	
Oyster Blade Steak	22.50 kg	22.50 kg	
Gravy Beef	19.00 kg	19.00 kg	
Chuck Stewing Steak	17.50 kg Special	18.50 kg	
Blade Roast	17.00 kg	17.00 kg	
1st Grade Beef Mince	18.00 kg	18.00 kg	
Regular Mince	15.00 kg	15.00 kg	
Corned Silverside	10.00 kg	10.00 kg	
LAMB			
Lamb Leg Roast	14.00 kg	14.00 kg	
Lamb Cutlets	42.00 kg	34.00 kg Special	
Lamb Loin Chops	28.00 kg	28.00 kg	
Forequarter BBQ Chops	14.00 kg Special	17.00 kg	
Lamb Leg Boneless	20.00 kg	20.00 kg	
PORK			
Boneless Pork Leg Roast	8.50 kg Special	10.00 kg	
Pork Loin Chops	14.00 kg Special	17.00 kg	
Pork Spare Ribs	20.00 kg	20.00 kg	
Half Leg Ham	8.50 kg	8.50 kg	CHRISTMAS HAM
POULTRY			
Chicken Thigh Fillets	12.00 kg	12.00 kg	Bulk Buy
Chicken Drumsticks	4.00 kg	4.00 kg	Bulk Buy
Chicken Breast Fillets	9.50 kg	9.50 kg	Bulk Buy
Whole Fresh Chickens	3.90 kg	2.80 kg Special	

DELI COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
Breast Fillets	8.50 kg Special	8.00 kg Special	
Thigh Fillets	11.50 kg Special	12.00 kg	
Drumsticks	3.50 kg Special	2.80 kg Special	
Wings	6.00 kg	6.00 kg	
Middle Bacon	11.00 kg Special	11.00 kg Special	
Short Cut Bacon	16.00 kg	16.00 kg	
Streaky Bacon	15.00 kg Special	16.00 kg Special	
Leg Ham Off the Bone	26.50 kg Special	26.00 kg Special	
Roast Pork	25.00 kg	25.00 kg	
Salami Mild or Hot	31.50 kg	31.50 kg	
Silverside	18.00 kg	18.00 kg	
Roast Beef	27.00 kg	27.00 kg	
Turkey Breast	25.00 kg Special	26.00 kg Special	
Kabana	2.90 EA Special	21.00 kg	
Saveloys	8.50 kg	11.00 kg	
Cocktail Saveloys	8.00 kg	6.50 kg Special	
Thin Frankfurts	8.00 kg	6.50 kg Special	
Champagne Ham	19.00 kg	19.00 kg	DD PD
Hickory Smoked Leg Ham	24.00 kg Special		
Hot BBQ Chickens Family Size	10.00 EA	10.00 EA	
Triple Smoked Leg Ham		23.00 kg	
Devon	8.60 kg	8.60 kg	
Chicken Loaf	14.00 kg	14.00 kg	
Chicken Breast Cooked	19.00 kg	19.00 kg	
Don Loin Ham	24.00 kg Special		
Honey Leg Ham	27.00 kg	27.00 kg	
Premium Leg Ham		23.00 kg Special	

