



FRESH FOOD COMP CHECK

SEPTEMBER 7 2022

FRESH COMP CHECK - COLES & WOOLWORTHS

DATE: 7/09/22		COLES			WOOLWORTHS			COMMENTS
Products	Unit	Price	Special	Origin	Price	Special	Origin	
Apples - Golden Delicious	kg	\$4.90			\$4.90			
Apples - Granny Smith	kg	\$4.50			\$3.90			
Apples Red - Royal Gala	kg		\$3.50			\$3.90		
Apples Red - Fuji	kg	Na			\$4.50			
Apricots	kg	na			na			
Avocados	ea		\$1.50	Hass	\$1.80			Hass
Bananas	kg	\$4.50			\$4.50			
Cherries	kg	na			na			
Grapes Green	kg		\$11.90		\$16.90			
Grapes Red	kg		\$11.90		\$16.90			
Lemons	kg	1 For 1.2	3 for \$3		\$5.90			
Mandarins	kg		\$2.90	Afourer		\$3.50		Afourer
Mangoes	ea	na			na			
Nectarines	kg	na			na			
Oranges Navel	kg					\$3.00		
Oranges Valencia	kg	na	\$2.90		na			
Oranges Valencia 3kg Bag	ea	\$6.90		Navel	\$6.50			Navel
Peaches	kg	na			na			
Plums	kg	na			na			
Raspberries	pun	\$7.00			\$7.00			
Strawberries	pun	1 For \$2.50	2 for \$4.80			\$2.40		
Watermelon	kg	\$3.50			\$3.90			
Asparagus	Bun	\$3.90			\$3.00			
Broccoli	kg	\$6.90			\$6.90			
Cabbage Green	ea	\$6.50			\$4.95	1/2		
Cabbage Red	ea	\$6.50			\$4.95	1/2		
Capsicum Green	kg	\$9.90			na			
Capsicum Red	kg	\$12.90			\$14.90			
Carrots	kg	\$2.50			\$2.50			
Cauliflower	ea	\$3.90			\$3.90			
Lettuce Iceberg	ea		\$2.00			\$2.00		
Mushrooms Brown	kg	\$14.50			\$14.50			
Mushrooms White	kg	\$11.50			\$11.50			
Onions Loose	kg	\$3.00			\$3.00			
Potatoes Brushed Loose	kg	\$4.00			\$3.50			
Potatoes Brushed Packed	bag	\$6.00			\$7.00			
Potatoes Washed Loose	kg	\$4.00			\$4.00			
Potatoes Washed Packed	kg	\$7.00			\$7.00			
Pumpkin - Butternut	kg	\$3.50			\$4.00			
Pumpkin - Grey	kg	na			\$3.90			
Pumpkin - Kent	kg		\$2.50		\$3.90			
Tomatoes Gourmet	kg	\$11.90				\$6.90		
Tomatoes Truss	kg	\$12.90			\$12.90			
Zucchini	kg		\$4.90		\$6.90			