



FRESH FOOD COMP CHECK

FEBRUARY 15 2023

MEAT COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
BEEF			
Eye Fillet Steak	52.00 kg	52.00 kg	
Scotch Fillet Steak	43.00 kg	43.00 KG	
Porterhouse Steak	40.00 kg	40.00 kg	
T-Bone Steak	30.00 kg	30.00 kg	
Rump Steak	30.00 kg	30.00 kg	
Oyster Blade Steak	25.00 kg	25.00 kg	
Gravy Beef	19.00 kg	19.00 kg	
Chuck Stewing Steak	18.00 kg Special	20.00 kg	
Topside Roast	18.00 kg	18.00 kg	
1st Grade Beef Mince	19.00 kg	19.00 kg	
Regular Mince	14.00 kg	14.00 kg	
Corned Silverside	12.00 kg	12.00 kg	
LAMB			
Lamb Leg Roast	12.50 kg Special	12.00 kg Special	
Lamb Cutlets	43.00 kg	43.00 kg	
Lamb Loin Chops	28.00 kg	22.00 kg Special	
Forequarter BBQ Chops	19.00 kg	19.00 kg	
Lamb Leg Boneless	16.00 kg Special	20.00 kg	
PORK			
Boneless Pork Leg Roast	9.00 kg Special	9.00 kg Special	
Pork Loin Chops	20.00 kg	20.00 kg	
Pork Spare Ribs	21.00 kg	19.00 kg	PD
CHICKEN			
Chicken Thigh Fillets	13.50 kg	13.50 kg	Bulk Buy
Chicken Drumsticks	4.00 kg	4.00 kg	Bulk Buy
Chicken Breast Fillets	10.50 kg	10.50 kg	Bulk Buy
Whole Fresh Chickens	5.00 kg	5.00 kg	

DELI COMP CHECK

PRODUCT	COLES	WOW	COLES DOWN DOWN WOW PRICE DROP
Breast Fillets	10.50 kg	10.50 kg	
Thigh Fillets	13.50 kg	13.50 kg	
Drumsticks	4.50 kg	5.00 kg	
Wings	7.00 kg	7.00 kg	
Middle Bacon	11.50 kg Special	12.80 kg Special	
Short Cut Bacon	16.00 kg Special	15.00 kg Special	
Streaky Bacon	19.00 kg	19.00 kg	
Leg Ham Off the Bone	34.00 kg	34.00 kg	
Roast Pork	25.00 kg	25.00 kg	
Salami Mild or Hot	35.00 kg	34.50 kg	
Silverside	22.00 kg Special	25.00 kg	
Roast Beef	32.00 kg	32.00 kg	
Turkey Breast	28.00 kg	28.00 kg	
Kabana	3.30 EA	22.50 kg	
Saveloys	9.50 kg	13.50 kg	
Cocktail Saveloys	9.00 kg	7.30 kg Special	
Thin Frankfurts	9.00 kg	7.30 kg Special	
Champagne Ham	20.00 kg	21.00 kg	
Honey Leg Ham	21.00 kg Special		
Hot BBQ Chickens Family Size	11.00 EA	11.00 EA	
Virginian Leg Ham	27.00 kg		
Devon	9.85 kg	9.85 kg	
Chicken Loaf	15.00 kg	15.00 kg	
Chicken Breast Cooked	19.00 kg	19.00 kg	
Premium Leg Ham	25.00 kg Special	25.00 kg Special	
Hickory Smoked Leg Ham	29.00 kg		
Triple Smoked Leg Ham		22.50 kg Special	