



ON SALE 9TH NOVEMBER 2022



Scottsdale

**ARTISAN PORK
BURGERS 500g**

\$7⁹⁹
ea



Serving Suggestion - \$15.98 per 1kg

WHERE THE *locals* MATTER



Sanitarium Up & Go Breakfast Drink 6x250mL
\$3.46 per 1L



Oreo Cookie 133/147g



Connoisseur Ice Cream Stick 4/6pk



Radiant Laundry Powder 2kg/Liquid 2L

Offers available from:
09/11/22 until 15/11/22

Whilst stocks last. Pictures for illustration purposes only.
Some products or varieties may not be available at all stores.

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— FRESH MEAT & *Produce* —



Grown in Australia

Premium
WHITE MUSHROOMS

Serving Suggestion

\$9⁹⁰ kg



Grown in Australia

Packham Pears

\$2⁹⁰ kg



Grown in Australia

Bitterfree Cucumbers

\$1⁵⁰ ea



JC's Salted/Unsalted Mixed Nuts 350g
\$22.83 per 1kg

\$7⁹⁹ ea

Marion Bay Free Range Chicken

\$7⁹⁹ kg



Scottsdale Pickled Pork

\$14⁹⁹ kg



Ingham's Chicken Schnitzel 600g
\$19.98 per 1kg

\$11⁹⁹ ea



Australian Beef

Beef
PORTERHOUSE STEAK

Serving Suggestion

\$33⁹⁹ kg

— DELICIOUS DELI & *Bakery* —



Family Favourite
CHAMPAGNE HAM

Serving Suggestion

\$14⁹⁹ kg



Long
Rindless
Bacon

\$13⁹⁹ kg



Chicken
Breast
Fillets

\$11⁹⁹ kg



Thin Beef
Sausages

\$10⁹⁹ kg

Central Cake
Co French
Vanilla/Jelly
Slice 2pk



\$5⁹⁹ ea

SAVE \$1.20

Golden
Crumpet
Rounds 6pk
86¢ per 100g



\$2⁵⁹ ea

SAVE \$1.11

Cripps
Master
Muffins 6pk
\$1.05 per 100g



\$3⁷⁹ ea

SAVE \$1.50

Cripps
ANZAC TIN 300g

\$3.66 per 100g

\$10⁹⁹ ea

SAVE \$1.00



— SNACK & DRINK Favourites —



\$20⁵⁰
ea

SAVE \$11.80

Coca-Cola/Fanta/
Sprite Soft Drink Cans 24x375mL
\$2.28 per 1L



Coca-Cola/
Fanta/
Sprite Soft
Drink 1.25L
\$1.88 per 1L

\$2³⁵
ea

SAVE 50¢

1/2
PRICE



Lipton
Ice Tea
1.5L
\$1.59 per 1L

\$2³⁹
ea

SAVE \$2.40



\$4⁴⁹
ea

SAVE 71¢

Cottee's Cordial
Syrup Double Concentrate 1L
\$4.49 per 1L



\$3⁹⁹
ea

SAVE \$1.20

Golden Circle Long Life Juice 2L
\$2.00 per 1L



\$5⁹⁹
ea

SAVE \$2.50

Mount Franklin Spring Water 12x500mL
\$1.00 per 1L



\$3⁴⁹
ea

SAVE \$1.50

Allen's Bites 120/140g



\$2⁹⁹
ea

SAVE \$1.01

Pascall/
The Natural Confectionery Bags 120-280g



\$4⁹⁹
ea

SAVE \$1.56

Arnott's Cream Favourites 500g
\$1.00 per 100g



\$2⁴⁹
ea

SAVE \$1.01

Mission Corn Chips 230g
\$1.08 per 100g



\$3⁴⁹
ea

SAVE \$1.10

Thins Potato Chips 120-175g



\$3⁶⁹
ea

SAVE \$1.11

Twisties/Burger Rings/
Toobs/Cheetos 125-270g

— STOCK UP THE *Pantry* —



\$1.75
ea

SAVE 50¢

Wattie's Spaghetti/Baked Beans 420g
42¢ per 100g



MasterFoods
Squezy
Tomato/
BBQ Sauce
475/500mL

\$2.49
ea

SAVE \$1.00

Praise Salad Dressing 330mL
91¢ per 100mL



\$1.99
ea

SAVE 36¢

Raguletto Pasta Sauce 500g
40¢ per 100g



\$2.99
ea

SAVE \$1.00



\$3.49
ea

SAVE \$1.01

Campbell's Real Stock 1L
35¢ per 100mL



\$1.69
ea

SAVE 31¢

Edgell Baby Peas & Corn/
Peas & Carrots/Peas Corn & Carrots 420g
\$4.02 per 1kg



\$4.99
ea

SAVE \$1.86

Kellogg's Crunchy Nut
Corn Flakes/Special K/
Nutri-Grain/Sultana Bran 290-420g



\$2.99
ea

SAVE \$1.01

Lowan Oats 1kg
30¢ per 100g



\$2.69
ea

SAVE \$1.56

Cadbury Baking Blocks/
Chips/Melts/Buttons 150-225g



— FILL UP THE FRIDGE & Freezer —



Mainland Tasty Cheese Block 250g
\$15.96 per 1kg

\$3⁹⁹
ea

SAVE \$1.51



Mainland
Grated
Cheese
200g
\$14.95 per 1kg

\$2⁹⁹
ea

SAVE \$1.56



Tamar Valley Kids Pouches 110g
\$1.35 per 100g

\$1⁴⁹
ea

SAVE 80¢



Oak Flavoured Milk 500mL
\$4.98 per 1L

\$2⁴⁹
ea

SAVE 50¢



Ashgrove Full
Cream/Non
Homogenised
Milk 2L
\$2.40 per 1L

\$4⁷⁹
ea

SAVE 20¢



Streets Golden Gaytime 4pk
\$1.50 per 100mL

\$5⁹⁹
ea

SAVE \$3.90



On the Menu Frozen Meal 260g
96¢ per 100g

\$2⁴⁹
ea

SAVE \$1.20



McCain Pizza Pockets 400g
\$1.17 per 100g

\$6⁹⁹
ea

SAVE \$1.56



Birds Eye Oven Bake Fish Fillets 425g
\$21.15 per 1kg

\$8⁹⁹
ea

SAVE \$1.80



Peters Polar Pies/
Lifesavers/Frosty Fruit 6/8pk

\$5⁹⁹
ea

SAVE \$1.40



Schmackos Strapz 500g
\$2.00 per 100g

\$9⁹⁹
ea
SAVE \$5.00



Chum
Canned Dog
Food 1.2kg
27¢ per 100g

\$3²⁵
ea
SAVE \$1.34



Whiskas Dry Cat Food 800g
62¢ per 100g

\$4⁹⁹
ea
SAVE \$1.50



Whiskas Favourites Pouches 12x85g
88¢ per 100g

\$8⁹⁹
ea
SAVE \$2.40



BabyLove
Nappy Pants 22-38pk (excl. Beyond)

\$15⁹⁹
ea
SAVE \$3.00



Palmolive
Softwash Liquid Soap Pump 250mL
\$1.00 per 100mL

\$2⁴⁹
ea
SAVE 51¢



Palmolive Gold/Naturals Soap 4pk
75¢ per 100g

\$2⁶⁹
ea
SAVE 96¢



Multix Handy Tie Garbage Bags 45/50's

\$3⁶⁹
ea
SAVE \$1.16



Airwick Air Freshener 157-174g

\$5⁹⁹
ea
SAVE \$1.20



Earth Choice Dishwash Tablet 42s
\$1.93 per 100g

\$12⁹⁹
ea
SAVE \$5.30

SEE INSIDE FOR MORE SAVINGS

BUY LOCAL BUY TASMANIAN

IGA WHERE THE *locals* MATTER



Tasmanian Mountain Spring Water 10L
65¢ per 1L

\$6.49
ea

SAVE \$1.00



Tamar Valley Yoghurt 700g
64¢ per 100g

\$4.49
ea

SAVE \$3.01



Spreyton Fresh Juice 2L
\$2.50 per 1L

\$4.99
ea

SAVE \$1.30



Duck River Butter Pat 500g
\$1.20 per 100g

\$5.99
ea

SAVE \$1.81



National Pies Meat Pies/Pasties 2pk
\$1.66 per 100g

\$5.99
ea

SAVE \$2.26



Cripps Café Quality Fruit Loaf 700g
54¢ per 100g

\$3.79
ea

SAVE \$1.80

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Palmolive
Naturals
Shampoo/
Conditioner
350mL
\$1.43 per 100mL

\$4.99
ea

LOW PRICE



You'll find *Low Prices* Every Day right across the store



\$3.99
ea

LOW PRICE

Nice & Natural Nut Bars 6pk



\$2
ea

LOW PRICE

Coca-Cola Cans 250mL
\$8.00 per 1L



\$4.35
ea

LOW PRICE

Lindt Excellence/Lindor
Chocolate Block 100g (excl. 70%)
\$4.35 per 100g



\$1.59
ea

LOW PRICE

Maggi Recipe Base Sachets 21-43g



\$2.99
ea

LOW PRICE

La Famiglia
Just for 2 Garlic Bread 170g
\$1.76 per 100g



\$3.69
ea

LOW PRICE

Chris' Dip 200g
\$1.85 per 100g



WHERE THE
locals MATTER

Specials available from participating Tasmanian IGA & IGA Xpress Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

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CRIPPS
TASMANIAN
A*N*Z*A*C
BISCUITS



On 1 December 1942, in the Arafura Sea en route to Timor the HMAS Armidale was attacked three times by Japanese bombers, fighters and a float plane. The Armidale was hit twice by torpedoes and the order was given to abandon the sinking ship.

The aircraft returned to machine gun survivors in the water. Teddy Sheean, although twice wounded, stayed at his post at the aft Oerlikon gun and began firing at the aircraft, bringing down one and damaging two others. He was still firing when the ship sank, drowning him.



\$10⁹⁹
ea

SAVE \$1.00

Cripps Anzac Tin 300g
\$3.66 per 100g



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

LENTIL, MUSHROOM AND SPINACH FILO TRIANGLES



\$9⁹⁰
kg

Premium White Mushrooms

Ingredients

- 1/2 onion, chopped
- 2 garlic cloves, crushed
- 400g canned lentils, drained and rinsed
- 2 cups baby spinach
- 3 cups mushrooms, chopped
- 160g feta, crumbled
- 1 egg
- 375g frozen filo pastry
- sesame seeds for garnish

What to do

1. Preheat the oven to 180C.
2. Heat a drizzle of olive oil in a frypan over medium heat. Saute onions until translucent then add the garlic, lentils, spinach and mushrooms. Cook for 6-7 minutes or until excess water has evaporated. Take off heat, and cool.
3. Add the feta and egg to the cooled vegetables. Mix to combine.
4. Taking 2 sheets of filo at a time, brush both sheets with olive oil.
5. Cut sheets into 4, lengthwise. Place a spoonful of filling at one end and fold the corner over diagonally. Continue folding until you reach the end of the filo maintaining the triangle shape. Repeat with the remaining filo and lentil filling.
6. Bake for 15-20 minutes or until triangles are crispy and golden.



WHERE THE *locals* MATTER

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