



ON SALE 26<sup>TH</sup> OCTOBER 2022



*Australian*

**LAMB LOIN CHOPS**

**\$26<sup>99</sup>**  
kg



Serving Suggestion

WHERE THE *locals* MATTER



**1/2 PRICE**  
**MAJOR SAVERS**



**\$1**  
ea

SPC Baked Beans & Spaghetti 420/425g



Rexona  
Advanced  
Antiperspirant  
220mL  
\$1.93 per 100mL

**\$4<sup>25</sup>**  
ea



Fab Laundry Powder 1.8/2kg & Liquid 1.8L

**\$6<sup>99</sup>**  
ea



Peters Drumstick 4/6pk

**\$4<sup>99</sup>**  
ea

Offers available from:  
26/10/22 until 01/11/22

Whilst stocks last. Pictures for illustration purposes only.  
Some products or varieties may not be available at all stores.

**GREAT SPECIALS ON NOW!**  
Scan & Subscribe to save



SEE INSIDE FOR MORE SAVINGS

# STOCK UP FOR Halloween



**\$175**  
ea

Mentos Mini Rainbow Bag 120g/Chupa Chups Bag 96g



**1/2 PRICE**

**\$250**  
ea

Mars Fun Size Bags 132-192g



**1/2 PRICE**

**\$199**  
ea

Pascall/The Natural Confectionery Bags 120-260g



**\$279**  
ea

Cadbury Share Pack 144-180g



**\$349**  
ea

Nestle Fun Pack Confectionery 140-185g



**\$349**  
ea

Skittles Confectionery 160-200g



**1/2 PRICE**

**\$1**  
ea

Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g



**\$399**  
ea

Wrigley's Extra White Chewing Gum Bottle 64-67g



**\$369**  
ea

Twisties/Burger Rings/Toobs/Cheetos 125-270g



Kirks Soft Drink 1.25L  
\$1.35 per 1L

**\$169**  
ea



Coca-Cola/Fanta/Sprite 10x375mL  
\$2.66 per 1L

**\$999**  
ea



Maximus Sports Drink 1L  
\$2.49 per 1L

**\$249**  
ea

**ALL  
1/2  
PRICE**



**\$264**  
ea

Sunsilk Shampoo/Conditioner 200mL  
\$1.32 per 100mL



**\$249**  
ea

Morning Fresh Dishwashing Liquid 400mL  
62¢ per 100mL



Windex Glass Cleaner 500mL  
58¢ per 100mL

**\$289**  
ea



**\$1799**  
ea

Finish Ultimate Pro Dish Tablets 32/34pk



**\$362**  
ea

Bega Peanut Butter 470g  
77¢ per 100g



Nescafé Blend 43 Coffee 500g  
\$3.60 per 100g

**\$1799**  
ea



Gravox Liquid Gravy/Sauce 165g  
\$1.63 per 100g

**\$269**  
ea



MasterFoods Mustard 170/175g

**\$299**  
ea



Juicy Isle Topping 375mL  
74¢ per 100mL

**\$279**  
ea



Fountain Squeezy Tomato/BBQ Sauce 500mL (excl. Reduced Sugar)  
54¢ per 100mL

**\$269**  
ea



Ben's Original Express Rice 250g  
\$1.00 per 100g

**\$249**  
ea

SEE INSIDE FOR MORE SAVINGS



Grown in Australia

\$1.50 bunch

Asparagus



Grown in Australia

\$2.50 ea

Lettuce



Product of Tasmania

\$3.79 ea

Cripps Master Muffins 6pk  
\$1.05 per 100g



\$6.99 ea

JC's Dried Cranberries 500g  
\$13.98 per 1kg

MAJOR SAVERS



\$4.49 ea

Yoplait Yoghurt 1kg  
45¢ per 100g



Mainland Tasty Cheese Block 500g  
\$11.98 per 1kg

\$5.99 ea



Juicy Isle Orange Juice No Added Sugar 2L  
\$2.50 per 1L

\$4.99 ea



\$5.49 ea

Ingham's Chicken Breast Tenders 400g  
\$13.73 per 1kg



1/2 PRICE

\$3.35 ea

Lean Cuisine Frozen Meals 375g  
89¢ per 100g



\$6.99 ea

Golden North Simply Indulge Ice Cream 2L/Giant Twin Ice Cream 5pk

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# community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



Community Co Gluten Free Biscuits 120/180g

**\$3.90** ea  
community Co



Community Co Strawberry Jam 500g  
54¢ per 100g

**\$2.70** ea  
community Co



Community Co Diced Peach In Juice 4x125g  
\$7.00 per 1kg

**\$3.50** ea  
community Co



Community Co Pasta 500g  
36¢ per 100g

**\$1.79** ea  
community Co



Community Co Passata 690g  
32¢ per 100g

**\$2.19** ea  
community Co



Community Co Canola Oil 750mL  
60¢ per 100mL

**\$4.49** ea  
community Co

Visit [www.communityco.com.au/giveback/](http://www.communityco.com.au/giveback/) to see how your purchase can benefit your community.



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Visit [IGATAS.COM.AU](http://IGATAS.COM.AU) for more info

# CHIP OFF THE OLD ICE BLOCK



**NEW** PINE LIME | LEMONADE ICE BLOCK



**\$2.49**  
ea

Maximus Sports Drink 1L  
\$2.49 per 1L

# HALLOWEEN PIZZA



Cripps Master Muffins 6pk  
\$1.05 per 100g

## Ingredients

- 4 Cripps Master Muffins
- 4 tbsp pizza sauce
- 2 strips cheese
- 4 black pitted olives

## What to do

1. Preheat the oven to 200°C.
2. Spread a teaspoon of tomato sauce on each English muffin, use the strips of cheese to make a spider web, and arrange the olives to make spiders.
3. Bake pizzas in the oven for 3-4 minutes or until the cheese has melted.



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# HALLOWEEN CRAFTS



## TOILET ROLL BATS

### What you'll need:

- Empty toilet rolls (as many as you want or have)
- Black and/or coloured paint and paint brush OR 2-3 sheets of black, white and/or coloured paper
- Pencil
- Googly eyes (or paint the eyes/ use paper to cut some out)
- Kid friendly scissors
- Sticky tape
- String
- Glue

### Let's get going!

1. Either paint your toilet rolls in any colour, stand, and let dry completely, or cover your toilet rolls in black or coloured paper. Stick down with glue or sticky tape.
2. With a pencil, draw some bat wings and cut them out with scissors. Stick the wings onto the middle of the toilet roll with glue.
3. With paper, cut small circles for eyes, and cut out teeth or fangs with white paper, stick them on with glue. If you have them, stick your googly eyes on now.
4. Cut any length of string and sticky tape one end to the bottom, inside of your toilet roll.
5. Hang your spooky bats wherever to begin the Halloween fun...



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