



MAJOR SAVERS



ON SALE 25TH OCTOBER 2023

SEE INSIDE FOR MORE SAVINGS



\$1.99
ea



Arnott's Shapes 130-190g



\$1.99
ea

Ben's Original
Express Rice 250g
80¢ per 100g

\$2.10
ea

Gatorade
Sports Drink
600mL
\$3.50 per 1L



ALL
1/2
PRICE

Organic Care
Shampoo &
Conditioner
400mL
48¢ per 100mL



\$1.90
ea

Offers available from: 25/10/23 until 31/10/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian
**BEEF
PORTERHOUSE
STEAK**
\$29.99 kg

Serving Suggestion



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save



MAJOR SAVERS



\$1.30
ea

Greenseas Canned Tuna 95g
\$13.68 per 1kg



\$3.49
ea

Lean Cuisine Frozen Meals 375g
93¢ per 100g

ALL
1/2
PRICE



\$2.30
ea

Dove Beauty Bar 2pk
\$1.28 per 100g

Ajax
Antibacterial
Wipes 110s
5¢ per 1ea

\$5.40
ea



Bic Simply
Soleil 3pk
70¢ per 1ea

\$2.10
ea



STOCK UP FOR *Halloween*



Cadbury/Fry's/Europe/Toblerone Medium Bars 30-60g



The Natural Confectionery Company Bags 180-230g



Chupa Chups Mix of Minis 40pk
\$1.25 per 100g



Fyna Licorice Bags 200-250g



M&M's/Maltesers/Pods 125-180g



Cadbury Share Pack 144-180g



Mars Fun Size Bags 132-192g



Pascall Confectionery Bags 150-280g



Allen's Large Jelly/Chews 335-420g



Allen's Chocolate Bags 160g
\$2.49 per 100g



Nestle Fun Pack Confectionery 127-158g



— TREATS, SNACKS & *Drinks* —



Red Bull Energy Drink 4x250mL
\$6.99 per 1L



Coca-Cola/
Fanta/
Sprite/
Mt Franklin
Sparkling
Water 1.25L
\$1.80 per 1L



Coca-Cola 30x375mL
\$2.27 per 1L



Schweppes
Traditional/
Mineral Water/
Mixers 1.1L
\$1.59 per 1L



Bundaberg Brewed Soft Drink 10pk
\$3.46 per 1L



Arnott's Teddy Bear/
Butternut Snap/Chocolate Ripple/
Malt 'O' Milk Biscuits 250g
\$1.00 per 100g



Arnott's Savoy/Jatz 225/250g



Smith's Potato Chips/
Doritos Corn Chips 130-175g



Nestle Block Chocolate 118-200g

— STOCK UP THE *Pantry* —



\$5⁹⁹
ea

Bega Peanut Butter 470g
\$1.27 per 100g



\$3⁴⁹
ea

Cadbury Baking Blocks 180g/
Chips 200g/Melts 225g



\$19⁹⁹
ea

Nescafé Blend 43 Coffee 500g/Gold 400g



\$3⁶⁹
ea

Green's Premium Baking Mixes 380-630g



\$2⁴⁹
ea

Heinz Baked Beans/Spaghetti 300g
83¢ per 100g



\$1⁸⁰
ea

LOW PRICE

Continental Recipe Base 30-50g



\$1⁷⁵
ea

Suimin Cup Noodles 70g
\$2.50 per 100g



\$3⁹⁹
ea

Red Kellys
Salad Dressing
250mL
(excl. Balsamic)
\$1.60 per 100mL



\$5⁹⁹
ea

Cobram
Extra Virgin
Olive Oil
250mL
\$2.40 per 100mL



You'll find *Low Prices* Every Day right across the store



McCain Peas/Corn &
Peas/Corn/Carrots 500g
\$7.50 per 1kg

\$3⁷⁵
ea

LOW PRICE



Sakata Rice Crackers 90/100g

\$2³⁰
ea

LOW PRICE



Kirks Mixers 6x250mL
\$4.00 per 1L

\$6
ea

LOW PRICE



Monster Energy Drink 500mL
\$5.80 per 1L

\$2⁹⁰
ea

LOW PRICE



Maggi Noodle Cup 4pk

\$7⁷⁵
ea

LOW PRICE



U by Kotex
Pads/Tampons
10-16pk

\$5
ea

LOW PRICE



Fancy Feast Dry
Cat Food 430/450g

\$6⁵⁰
ea

LOW PRICE



\$12⁵⁰
ea

Sorbent Toilet Tissue 24pk
29¢ per 100sh



\$5⁹⁹
ea

Fab Laundry Powder 1kg or Liquid 900mL



\$1⁶⁰
ea

Heinz Baby Food Pouch 120g
\$1.33 per 100g



\$6⁹⁹
ea
LOW PRICE

Claratyne Hayfever Allergy 5pk
\$1.40 per 1ea



\$10⁹⁹
ea

Whiskas Oh So Pouches 12x85g
\$1.08 per 100g



\$2¹⁰
ea

Whiskas Canned Cat Food 400g
53¢ per 100g



\$27⁹⁹
ea

Supercoat Dog Food 6.7/7kg



\$4⁷⁵
ea

Pedigree Canned Dog Food 1.2kg
40¢ per 100g



GARDEN Specials



\$6⁹⁹
ea

Richgro Pine Bark 40L



\$4⁹⁹
ea

Natureland
Potting
Mix 25L

SEE INSIDE FOR MORE SAVINGS



MAJOR SAVERS



Mainland Tasty Cheese Block 500g
\$13.98 per 1kg



Flora Spread 500g
74¢ per 100g



Spreyton Fresh Juice 2L
\$2.60 per 1L



Peters Drumstick 4/6pk



McCain Pizza Singles 380/400g
\$1.62 per 100g



McCain Pub Style Wedges or Fries 750g
\$5.27 per 1kg

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Visit [IGATAS.COM.AU](https://www.igatas.com.au) for more info



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BEEF KOFTAS



Beef Mince
First Grade

\$17⁹⁹
kg



Bega Peanut
Butter 470g
\$1.27 per 100g

\$5⁹⁹
ea

Ingredients

- 1/2 cup crunchy peanut butter
- 2 tsp curry powder
- 1 egg
- 500g lean beef mince

What to do

1. Place all ingredients in a large bowl and season with sea salt and cracked pepper.
2. Mix well to combine and then using clean damp hands, mold a heaped tablespoonful of beef around a wooden skewer into a 7cm long sausage.
3. Repeat with remaining beef mixture and skewers.
4. BBQ or grill, turning to brown evenly until cooked through, 6 to 7 minutes.



WHERE THE *locals* MATTER

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