



MAJOR SAVERS



ON SALE 18TH OCTOBER 2023



\$1.99
ea

SAVE \$2.01

Allen's Jelly/Mint
Confectionery Range 140-200g



\$7.99
ea

SAVE \$8.01

Schweppes/
Pepsi Cans 10x375mL
\$2.13 per 1L



\$3.80
ea

SAVE \$3.80

Arnott's Cream Favourites 500g
76¢ per 100g



\$2.99
ea

SAVE \$3.01

Moccona Coffee Sachets 8/10pk

ALL
1/2
PRICE

Offers available from: 18/10/23 until 24/10/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

SEE INSIDE FOR MORE SAVINGS



Australian
**BEEF SCOTCH
FILLET STEAK**

\$39.99
kg

Serving Suggestion

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

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MAJOR SAVERS



\$1.62
ea

SAVE \$1.78



Cheezels/Chickadees 110/125g



\$4.49
ea

SAVE \$4.51

Kellogg's Nutri-Grain/
Special K/Sultana Bran 470-700g



\$1.99
ea

SAVE \$2.01

Powerade
Sports Drink
600mL
\$3.32 per 1L

ALL
1/2
PRICE



\$1.60
ea

SAVE \$1.60

Australia's Own
Unsweetened Coconut/
Almond Beverage 1L
\$1.60 per 1L



\$2.49
ea

SAVE \$2.66

Lipton Ice Tea 1.5L
\$1.66 per 1L



\$5.19
ea

SAVE \$5.20

Streets Golden Gaytime 4pk
\$1.30 per 100mL



\$3.99
ea

SAVE \$4.01

On the Menu The Big
Feast Frozen Dinners 480/500g

MAJOR SAVERS



\$4.25
ea

SAVE \$4.25

Palmolive Ultra Dishwashing Liquid 950mL
45¢ per 100mL



\$2.49
ea

SAVE \$2.50

Multix Alfoil 30cmx20m
12¢ per 1m



\$6.99
ea

SAVE \$7.01

Tresemme
Shampoo &
Conditioner
940mL
74¢ per 100mL

ALL
1/2
PRICE



\$2.30
ea

SAVE \$2.45

Nivea Antiperspirant Roll-On 50mL
\$4.60 per 100mL



\$4.89
ea

SAVE \$4.90

Tresemme
Hair Spray
360g
\$1.36 per 100g



\$2.49
ea

SAVE \$2.90

Libra Ultra
Thins 10-14pk/Tampons 16pk



\$2.89
ea

SAVE \$2.90

Windex Glass Cleaner 500mL
58¢ per 100mL



— FRESH MEAT & *Produce* —





Product of Tasmania

Williams WRAPS 8pk

71¢ per 100g

\$3.99 ea
SAVE \$1.00



Australian Poultry

Family Favourite CHICKEN DRUMSTICKS

Serving Suggestion

\$5.99 kg



Product of Tasmania

Cripps Hot Dog/Lunch Rolls 6pk

67¢ per 1ea

\$3.99 ea
SAVE 80¢



Premium Boneless Leg Ham

\$21.99 kg



Product of Tasmania

National Pies Premium Pies 2pk (excl. Cottage)

\$2.08 per 100g

\$7.49 ea
SAVE \$1.30



Cabana

\$14.99 kg



The Happy Cake Co. Loaf/Bread

500/550g

\$4.99 ea
SAVE \$1.21



Chicken Breast Supreme

\$18.99 kg



Black & Gold White Sugar 1kg
24¢ per 100g

BLACK & GOLD
\$240
ea



Black & Gold Vegetable Oil 2L
43¢ per 100mL

BLACK & GOLD
\$850
ea



Black & Gold Tomatoes Chopped 400g
\$2.75 per 1kg

BLACK & GOLD
\$110
ea



Black & Gold Tomato Paste 500g
33¢ per 100g

BLACK & GOLD
\$165
ea



Black & Gold Pasta 500g
20¢ per 100g

BLACK & GOLD
\$1
ea



Black & Gold Longlife Milk 1L
\$1.79 per 1L

BLACK & GOLD
\$179
ea

&BLACK & GOLD
VALUE EVERY DAY

BLACK & GOLD® VALUE EVERY DAY



**Black & Gold
Vinegar White 2L**
9¢ per 100mL

BLACK & GOLD

\$1.89
ea



**Black & Gold Cat
Litter 9kg**
78¢ per 1kg

BLACK & GOLD

\$7
ea



**Black & Gold Dog
Food 1.2kg**
32¢ per 100g



BLACK & GOLD

\$3.79
ea



**Black & Gold
Paracetamol 20pk**
5¢ per 1ea

BLACK & GOLD

\$1.09
ea



**Black & Gold Garlic
Bread 2pk 450g**
55¢ per 100g

BLACK & GOLD

\$2.49
ea



**Black & Gold
Chicken
Nuggets 500g**
\$8.98 per 1kg

BLACK & GOLD

\$4.49
ea



— TREATS, SNACKS & *Drinks* —



Kirks Soft Drink 1.25L
\$1.20 per 1L

\$1.50
ea

SAVE 49¢



\$24.55
ea

SAVE \$10.00

Coca-Cola/Fanta/
Sprite Soft Drink Cans 24x375mL
\$2.73 per 1L



\$6.15
ea

SAVE \$2.35

Coca-Cola/Fanta/Sprite/
Deep Spring/Mt Franklin 6x250mL
\$4.10 per 1L



\$9.85
ea

SAVE \$3.50

Monster Energy Drink 4x500mL
\$4.93 per 1L



\$4.99
ea

SAVE 91¢

Cottee's Cordial
Syrup Double Concentrate 1L
\$4.99 per 1L



\$3.69
ea

SAVE 90¢

100% Juicy Long Life Juice 2L
\$1.85 per 1L



\$3.69
ea

SAVE \$1.20

Samboy Potato Chips 175g
\$2.11 per 100g



\$3.85
ea

SAVE \$1.65

Cadbury Family Block Chocolate 160-190g



\$3.49
ea

SAVE \$1.01

Arnott's Chocolate Biscuits 160-250g
(excl. Tim Tam)

— STOCK UP THE *Pantry* —



\$1.99
ea

SAVE 21¢

Edgell Beans/Chick Peas/Lentils 400g
\$4.98 per 1kg



\$2.69
ea

SAVE 81¢

Gravox Liquid Gravy/Sauce 165g
\$1.63 per 100g



\$2.39
ea

SAVE \$1.61

Praise Salad Dressing 330mL
72¢ per 100mL



\$2.49
ea

SAVE 46¢

San Remo Pasta 375/500g



\$1.80
ea

SAVE 70¢

Maggi Cup Noodles 58-65g



\$2.69
ea

SAVE \$1.16

Sanitarium Peanut Butter 375g
72¢ per 100g



\$3.99
ea

SAVE \$2.00

Sanitarium Up & Go 3x250mL
\$5.32 per 1L



\$9.99
ea

SAVE \$1.50

Nescafe Blend 43 140/150g/
Gold 90/100g (excl. Decaf/Short Black)



\$1.49
ea

SAVE 70¢

Foster Clarks Snak Pack 120g
\$1.24 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Perfect Italiano Grated Cheese 450g
\$15.53 per 1kg



Lemnos Fetta Cheese 180/200g



Duck River Soft Butter 500g
\$1.10 per 100g



Pauls Double Thick Custard 900g
55¢ per 100g



Tamar Valley Greek Style Yoghurt 500g
60¢ per 100g



Peters Light & Creamy 1.8L
31¢ per 100mL



Peters Maxibon/
Connoisseur Ice Cream Stick 4/6pk



Four 'n Twenty
Sausage Rolls/Party Pies 12pk



McCain Pizza
Pockets 400g/Pizza Slices 600g

Chum
Canned Dog
Food 1.2kg
29¢ per 100g



\$3.49
ea

SAVE \$1.10



\$1.49
ea

SAVE 21¢

My Dog Tray 100g
\$1.49 per 100g



\$8.49
ea

SAVE \$3.91

Whiskas Favourite Pouches 12x85g
83¢ per 100g



\$11.99
ea

SAVE \$6.30

Earth Choice Dishwash Tablet 42pk
\$1.78 per 100g



\$4.99
ea

SAVE \$2.00

Multix Bake Paper 30m
17¢ per 1m



\$6.99
ea

LOW PRICE

Claratyne Hayfever Allergy 5pk
\$1.40 per 1ea



\$3.99
ea

SAVE \$2.01

Nurofen Zavance 12pk
33¢ per 1ea



\$4.99
ea

SAVE \$2.01

iCare Toilet Tissue 8pk
35¢ per 100sh



\$3.99
ea

SAVE 90¢

White King Bleach 2.5L
\$1.60 per 1L

STOCK UP FOR Halloween



\$1.00
ea
SAVE \$1.00

Violet Crumble Medium Bar 50g
\$2.00 per 100g



1/2 PRICE
\$1.10
ea
SAVE \$1.10

Mars/Nestle Medium Bars 35-56g



\$3.49
ea
SAVE \$1.51

Cadbury Bites 110-150g



\$2.79
ea
SAVE \$2.21

Cadbury Share Pack 144-180g



\$3.30
ea
SAVE \$2.20

Mars Fun Size Bags 132-192g



\$1.99
ea
SAVE 76¢

Chupa Chups
The Best of Bag 96g
\$2.07 per 100g



\$3.99
ea
SAVE \$1.50

Chupa Chups Sour Bites 10pk
\$1.65 per 100g



\$2.99
ea
SAVE \$1.01

Cobs Drizzl'd Popcorn 70/110g

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CHUPA CHUPS GHOST CUPCAKES



Chupa Chups The Best of Bag 96g
\$2.07 per 100g



Chupa Chups Sour Bites 10pk
\$1.65 per 100g



Ingredients

- Chupa Chups Bag 96g
- Chupa Chups Sour Bites 10pk
- 1 cup plain flour
- 1/2 cup unsweetened cocoa powder
- 1 tbsp baking powder
- 1 cup caster sugar
- 1 tsp salt
- 1/2 cup milk
- 1 tsp vinegar
- 1/2 cup canola oil
- 2 eggs
- white rolling fondant
- black food gel

What to do

1. Sieve the flour, cocoa powder and baking powder together in to a large mixing bowl. Add the caster sugar and 1 tsp of salt then set aside.
2. Add 1/2 cup of milk, 1 tsp vinegar, 1/2 cup of canola oil and 2 eggs to another mixing bowl and whisk. Combine the 2 bowls and whisk together. Add 1/4 cup of boiling water and whisk.
3. Evenly distribute the mix in to 12 cup cake cases. Bake for 20 mins at 170c.
4. Frost the cake with your favourite frosting then carefully place the Sour Bites pieces to cover the cake top. Unwrap a Chupa Chups lollipop and place in the centre of the cake.
5. Roll out the white rolling fondant and use a circle cutter to cut in to approx. 8cm circles.
6. Wrap the icing over the top of the lollipop and position in to your best ghost shape. Use a sharp object such as a cocktail stick to mark the eyes.



WHERE THE *locals* MATTER

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