



WHERE THE *locals* MATTER

ON SALE 29TH SEPTEMBER 2021



Australian
**BEEF
PORTERHOUSE STEAK**

\$31⁹⁹
kg



Allen's Jelly/
Mint Confectionery Range 150-200g



Fantastic Noodles Cup 70g/Bowl 85g



Lipton Quality Black/Earl Grey/
English Breakfast Tea Bags 100pk
\$1.50 per 100g



Palmolive
Ultra
Dishwashing
Liquid
400mL
44¢ per 100mL

SEE INSIDE FOR MORE SAVINGS



Offers available from 29/09/21 until 05/10/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Delicious

BAGGED MESCLUN 120g

\$28.75 per 1kg

Product of Tasmania

\$3⁴⁵ bag

Product of Tasmania

Washed Potatoes 2kg

\$2.00 per 1kg

\$4 bag

Grown in Australia

Cherry Tomatoes 250g

\$10.00 per 1kg

\$2⁵⁰ punnet

JC's Natural Almonds 500g

\$17.98 per 1kg

\$8⁹⁹ ea

Lamb Leg Steak

\$28⁹⁹ kg



Scottsdale Pickled Pork

\$12⁹⁹ kg



BBQ Meat Pack

\$17⁹⁹ kg



Australian Poultry

Marion Bay

WHOLE FREE RANGE CHICKEN

Serving Suggestion

\$5⁹⁹ kg



Family Favourite
CHICKEN BREAST FILLETS
Serving Suggestion

\$9⁹⁹ kg



Virginian Ham

\$12⁹⁹ kg



Rindless Short Cut Bacon

\$15⁹⁹ kg



Thin Beef/Epping Sausages

\$8⁹⁹ kg

Helga's Wraps
5/6pk

\$3⁹⁹ ea
SAVE \$1.01



Central Cake Co French Vanilla/Jelly Slice 2pk

\$4⁹⁹ ea
SAVE \$2.00



Cripps Crumpet Splits 6pk
59¢ per 100g

\$2⁴⁹ ea
SAVE \$1.26




Product of Tasmania

William's
BREAD 800-900g

\$3⁹⁹ ea
LOW PRICE



— SNACK & DRINK Favourites —



\$3.49
ea

SAVE \$1.51

Cadbury Family Block Chocolate 160-190g



\$3.69
ea

SAVE \$1.30

Allen's Bites 110-140g



\$3.99
ea

SAVE \$2.00

Arnott's Assorted Creams 500g
80¢ per 100g



\$1.69
ea

SAVE 36¢

Fantastic Delites Rice Snacks 100g
\$1.69 per 100g



\$2.75
ea

SAVE \$1.24

Sambo's Potato Chips/French Fries 175g
\$1.57 per 100g



\$5.99
ea

SAVE 71¢

Smith's Potato Chips 18/20pk



\$21.99
ea

SAVE \$5.00

Coca-Cola 375mL 30pk
\$1.95 per 1L



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 2L
\$1.40 per 1L

\$2.79
ea

SAVE 40¢



Pepsi/Solo/
Sunkist/
7Up Soft
Drink 1.25L
\$1.43 per 1L

\$1.79
ea

SAVE 51¢



\$7.99
ea

SAVE \$2.56

Red Bull Energy Drink 250mL 4pk
\$7.99 per 1L



\$8.99
ea

SAVE \$6.00

Mount Franklin Spring Water 500mL 20pk
90¢ per 1L



\$3.99
ea

SAVE 36¢

Cottee's
Cordial Syrup Double Concentrate 1L
\$3.99 per 1L

— STOCK UP THE *Pantry* —



Kellogg's Rice Bubbles/Coco Pops/
Froot Loops/Just Right 285-460g



Sanitarium Weet-Bix 1.12kg
49¢ per 100g



Moccona Coffee Sachets 10pk



Cadbury Baking
Blocks 180g/Chips 200g/Melts 225g



Bundaberg White Sugar 1kg
20¢ per 100g



Gravox Gravy Mix 120/140g



SPC Tomatoes Crushed/Diced 400/410g



SunRice Plain Microwave Rice 250g
\$1.00 per 100g



Kantong Simmer Sauce 505-520g



— FILL UP THE FRIDGE & Freezer —



Devondale Butter Pat 500g
\$1.00 per 100g



Devondale Sandwich Cheese Slices 500g
\$7.98 per 1kg



Tamar Valley Greek Style Yoghurt 500g
60¢ per 100g



Ashgrove Full Cream/
Non Homogenised
Milk 2L
\$2.00 per 1L

\$3.99
ea

SAVE 36¢



Golden North Simply Indulge Ice Cream 2L
30¢ per 100mL

\$5.99
ea

SAVE \$3.80



Nanna's Snack Fruit Pies 4pk/Family 600g

\$2.99
ea

SAVE \$1.26



Connoisseur Ice Cream Stick 4/6pk

\$6.99
ea

SAVE \$2.00



Birds Eye
Golden Crunch Wedges/Chips 750g
\$4.65 per 1kg

\$3.49
ea

SAVE 36¢



Ingham's
Chicken Breast Nuggets Original 400g
\$12.48 per 1kg

\$4.99
ea

SAVE \$1.60



\$1.99
ea

SAVE \$2.11

Colgate Plax Mouth Wash 250mL
80¢ per 100mL



\$3.99
ea

SAVE \$4.01

Colgate Total Advanced Toothpaste 200g
\$2.00 per 100g



\$3.95
ea

SAVE \$4.00

Bic Hybrid Comfort 3 Razor + 6 blades
66¢ per 1ea



\$8.99
ea

SAVE \$4.00

Sorbent Toilet Tissue 24pk
21¢ per 100sh



\$2.99
ea

SAVE \$2.01

Bref Cubes 50g 2pk/
Power Active 50g/Lemon 50mL



\$2.99
ea

SAVE 50¢

BabyLove Everyday Baby Wipes 80pk
\$3.74 per 100ea



\$1.89
ea

SAVE 10¢

Whiskas Canned Cat Food 400g
47¢ per 100g



\$2.75
ea

SAVE \$1.14

My Dog Canned Dog Food 680g
40¢ per 100g



\$12.99
ea

SAVE \$3.00

Supercoat Dry Dog Food 3kg
43¢ per 100g

SEE INSIDE FOR MORE SAVINGS

ALL

1/2
PRICE

\$1^{ea}

SAVE \$1.10

San Remo La
Pasta Range 120g
83¢ per 100g



\$3⁹⁹^{ea}

SAVE \$4.00

Weight Watchers
Frozen Meals 300-370g



\$2²⁵^{ea}

SAVE \$2.25

Uncle Tobys Dairy
Barista Oat Milk 1L
\$2.25 per 1L



\$1⁶⁵^{ea}

SAVE \$1.70

Heinz
Tomato Ketchup/Smokey
Barbeque Sauce 500mL
33¢ per 100mL



\$2³⁹^{ea}

SAVE \$2.40

Sunsilk Shampoo/
Conditioner 200mL
\$1.20 per 100mL



\$1⁷⁵^{ea}

SAVE \$1.84

iCare Paper Towel 2pk
\$1.46 per 100ea

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

NEW

Mars

RASPBERRY
SMASH
FLAVOUR

BETTER THAN

1/2
PRICE



89¢^{ea}

SAVE \$1.11

Mars Medium
Bars 35-56g

Offers available from 29/09/21 until 05/10/21

Visit IGATAS.COM.AU for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online
catalogue igatas.com.au/catalogues



LOCATE

find your local store here
igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

IGA

PASTA SAUCE



SPC Tomatoes Crushed 410g

Ingredients

- 1 tbsp olive oil
- 1 diced onion
- 1 clove crushed garlic
- 1 tbsp tomato paste
- 1 tsp sugar
- 2 tbsp basil
- 2 410g cans SPC crushed tomatoes

What to do

1. Heat the olive oil over high heat in a saucepan. Add the onion and garlic and cook for 3 minutes, or until onion is softened.
2. Add the tomato paste, sugar and basil and cook for one minute.
3. Add the crushed tomatoes and reduce heat to low. Allow the sauce to simmer for 10-15 minutes or until sauce is thickened.
4. Add salt, pepper and additional basil to taste.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info