



ON SALE 21ST SEPTEMBER 2022



Australian

BEEF RUMP STEAK

\$23⁹⁹ kg

Serving Suggestion



WHERE THE *locals* MATTER



Doritos Corn Chips 150/170g



Red Bull Energy Drink 250mL 4pk
\$5.27 per 1L



MasterFoods
Squeezy
Tomato/
BBQ Sauce
475/500mL



Streets Magnum 4/6pk

SPECIALS FOR THE FOOTY Finals

Offers available from 21/09/22 until 27/09/22
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & Produce —



Grown in Australia

Delicious

PACKHAM PEARS

\$290 kg



Tasmanian Grown

island fresh
brushed potatoes

Brushed Potatoes
2.5kg
\$1.80 per 1kg

\$450 bag



Tasmanian Grown

Grey Pumpkin

\$150 kg



JC's

JC's Salted/Unsalted Mixed Nuts 350g
\$22.83 per 1kg

\$799 ea

Scottsdale
Artisan Pork
Burgers 500g
\$15.00 per 1kg

\$750 ea



Lamb
Forequarter
Chops

\$1999 kg



Scottsdale
Boneless
Pork
Shoulder
Roast

\$1149 kg



Australian Poultry

INGHAM'S
WHOLE CHICKEN
FRESH

Ingham's

BAGGED WHOLE CHICKEN

Serving Suggestion

\$599 kg



Family Favourite
THIN BEEF SAUSAGES
Serving Suggestion

\$9⁹⁹ kg



Virginian Ham

\$13⁹⁹ kg



Ham Steaks

\$11⁹⁹ kg



Rindless Middle Bacon

\$16⁹⁹ kg

Cripps Master Loaf
680/700g

\$3⁵⁹ ea
SAVE 80¢



Cripps Fruit Buns 6pk
93¢ per 100g

\$4¹⁹ ea
SAVE \$1.10



Central Cake Co Slices
80-125g

\$2⁶⁹ ea
SAVE 46¢




National Pies
**PARTY PIES/
SAUSAGE ROLLS 12PK**
97¢ per 100g

\$6⁹⁹ ea
SAVE \$2.50

Product of Tasmania



— SNACK & DRINK Favourites —

1/2 PRICE

\$1 ea
SAVE \$1.00

Nestle/Violet Crumble Medium Bars 35-55g

\$3.49 ea
SAVE \$1.51

Cadbury Family Block Chocolate 160-190g

\$2.75 ea
SAVE 85¢

Allen's Jelly/
Mint Confectionery Range 150-200g

\$2.49 ea
SAVE 51¢

Eclipse Mints 40g
\$6.23 per 100g

\$2.99 ea
SAVE \$1.40

Cadbury Breakaway Biscuit 180g
\$1.66 per 100g

\$3.99 ea
SAVE \$2.31

Poppin Microwave Popcorn 400g
\$1.00 per 100g

\$6.99 ea
SAVE \$2.50

Clearly Tasmanian Water 600mL 20pk
58¢ per 1L

\$4.99 ea
SAVE \$1.80

Bundaberg Soft Drink 375mL 4pk
\$3.33 per 1L

\$9.99 ea
SAVE \$4.00

Schweppes/Pepsi Cans 375mL 10pk
\$2.66 per 1L

TASTE THE GLORY

GRAB A
Coke®



\$1.99
ea

SAVE 86¢

Coca-Cola/Fanta/Sprite Soft Drink/Mount Franklin Lightly Sparkling Spring Water 1.25L
\$1.59 per 1L



1/2
PRICE

\$5.99
ea

SAVE \$6.20

Mother Energy Drink 500mL 4pk
\$3.00 per 1L



\$2.50
ea

SAVE \$1.40

Powerade Sports Drink 600mL (excl. Active)
\$4.17 per 1L



\$5.99
ea

SAVE \$2.00

Mount Franklin Spring Water 500mL 12pk
\$1.00 per 1L



\$19.99
ea

SAVE \$12.31

Coca-Cola/Fanta/Sprite Soft Drink Cans 375mL 24pk
\$2.22 per 1L



Zoosh Dip 185g
\$1.08 per 100g

\$1.99
ea
SAVE 76¢

Captain's
Table Water
Crackers
125g
71¢ per 100g

1/2
PRICE

89¢
ea
SAVE 91¢



\$1.49
ea
SAVE 51¢

Fantastic Rice Crackers 100g
\$1.49 per 100g



1/2
PRICE

\$2.35
ea
SAVE \$2.44

Red Rock Deli Gourmet
Crackers 130g/Deli Crackers 135g



\$1.99
ea
SAVE \$1.16

Cheezels/Chickadees 125g
\$1.59 per 100g



\$2.49
ea
SAVE \$1.01

Arnott's Shapes/Savoy/Jatz 140-250g



\$9.99
ea
SAVE \$2.26

Ashgrove Cheese Packs 250g
\$39.96 per 1kg



\$3.49
ea
SAVE \$1.01

Unicorn Brie/Camembert Cheese 125g
\$27.92 per 1kg



TY
nals

Red Kellys Salad Dressing 250mL (excl. Balsamic)
\$1.50 per 100mL



\$3.75
ea

SAVE \$1.05



\$5.49
ea

SAVE \$1.96

La Famiglia
Stone Baked Garlic Bread 330/480g



\$3.99
ea

SAVE \$1.66

Multix Alfoil
Medium Roast Tray with Handles



\$2.49
ea

SAVE 80¢

Doritos Salsa 280/300g



Fever Tree
Tonic
500mL
\$7.98 per 1L

\$3.99
ea

SAVE \$1.40



Schweppes
Mixer
Soft Drink
300mL 4pk
\$3.33 per 1L

\$3.99
ea

SAVE \$1.81

Grill
FAVOURITES



\$23.99
kg

BBQ Meat Pack
From the Meat Department



\$10.99
kg

Saveloys/Cocktails
From the Deli Department



\$1.25
ea

Chicken Kebabs 70g
From the Deli Department - \$17.86 per 1kg



— STOCK UP THE *Pantry* —



Fountain Specialty/Mint Sauce 250mL
80¢ per 100mL

\$1.99
ea

SAVE \$1.21



\$2.99
ea

SAVE 90¢

Leggo's Pasta Sauce 490/500g



Leggo's
Tomato
Paste 500g
80¢ per 100g

\$3.99
ea

SAVE 90¢



\$3.69
ea

SAVE \$1.31

Heinz Seriously Good Mayo/Aioli 295mL
\$1.25 per 100mL



\$2.99
ea

SAVE \$1.11

MasterFoods Mustard 170/175g



\$1.69
ea

SAVE 31¢

Edgell Baby Peas & Corn/
Peas & Carrots/Peas Corn & Carrots 420g
\$4.02 per 1kg



Community
Co Extra
Virgin Olive
Oil 500mL
\$1.60 per 100mL

\$7.99
ea

community Co



Queen Pure
Maple Syrup
250mL
\$3.20 per 100mL

\$7.99
ea

SAVE \$1.46



\$4.35
ea

SAVE \$1.00

Vegemite 220g
\$1.98 per 100g



Schmackos Strapz 500g
\$2.00 per 100g



My Dog Canned Dog Food 680g
44¢ per 100g



Cold Power Laundry Liquid 1.8/2L/Powder 1.8/2kg



Community Co Multipurpose Wipes 50pk
\$5.58 per 100ea



Community Co Dish Washing Liquid 450mL
56¢ per 100mL



Multix Colour Scent Tidy Bags 35s
9¢ per 1ea



Palmolive Luminous Oils Shampoo & Conditioner 350mL
\$1.00 per 100mL



Impulse Body Spray 75mL (excl. Luxe)
\$6.33 per 100mL



Libra Ultra Thins 10-14pk/Tampons 16pk



— FILL UP THE *Fridge* —



Perfect Italiano Grated Cheese 450g
\$13.31 per 1kg



Mainland
Tasty
Cheese
Block 250g
\$15.96 per 1kg

\$3.99
ea
SAVE \$1.51



Philadelphia Pourover 250g
\$13.96 per 1kg

\$3.49
ea
SAVE \$1.01



Tamar Valley
The Creamery Yoghurt 170g
88¢ per 100g

\$1.49
ea
SAVE \$1.50



Dairy Farmers
Thick & Creamy Yoghurt 600g
83¢ per 100g

\$4.99
ea
SAVE \$1.30



Betta Jive Flavoured Milk 600mL
\$6.65 per 1L

\$3.99
ea
SAVE 20¢



Duck River Butter Pat 500g
\$1.20 per 100g

\$5.99
ea
SAVE \$1.81



Pandani Twiggly Sticks 180g
\$30.50 per 1kg

\$5.49
ea
SAVE \$1.20



San Remo Fresh Pasta 350g
\$1.43 per 100g

\$4.99
ea
SAVE \$1.70

— FAVOURITES FOR THE *Freezer* —



\$4.99
ea

SAVE \$1.00

Peters Light & Creamy 1.8L
28¢ per 100mL



\$7.99
ea

SAVE \$2.01

Peters Ice Cream 4L
20¢ per 100mL



\$5.99
ea

SAVE \$2.00

Peters Twin Pole 8pk
\$1.02 per 100mL



\$3.99
ea

SAVE \$2.71

Lean Cuisine Frozen Meals 375g
\$1.06 per 100g



\$9.99
ea

SAVE \$2.70

Global Prawn Ring 255g
\$39.18 per 1kg



\$8.99
ea

SAVE \$2.70

Due South Ice Cream 1L
90¢ per 100mL



\$4.99
ea

SAVE \$1.01

Birds Eye Fish Fingers 375g
\$13.31 per 1kg



\$5.99
ea

SAVE \$1.60

Ingham's Super Crunch Chicken 300-325g

SEE INSIDE FOR MORE SAVINGS



\$5.24
ea

SAVE \$5.25

Kellogg's Nutri-Grain 765g
68¢ per 100g



\$1.20
ea

SAVE \$1.20

John West Tuna 95g
\$12.63 per 1kg

**ALL
1/2
PRICE**



\$4.99
ea

SAVE \$5.30

Birds Eye Oven Bake Fish Fillets 425g
\$11.74 per 1kg



\$1.44
ea

SAVE \$1.45

Multix Alfoil 30cm x 10m (excl. Non-Stick)
14¢ per 1m

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Offers available from 21/09/22 until 27/09/22

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Betta MILK

COLLECT TO

WIN

A SHARE OF

\$100,000

IN CASH PRIZES*



Betta Milk 1L
\$2.70 per 1L



COLLECT TOKENS
& SUPPORT YOUR
LOCAL SPORTS CLUB



BUY BETTA MILK AT IGA!

*T'S & C'S APPLY FOR MORE DETAILS, VISIT BETTAMILK.COM.AU



WHERE THE *locals* MATTER

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NACHOS WITH BAKED BEANS



1/2
PRICE



\$2.15
ea

SAVE \$2.15

Doritos Corn Chips 170g



\$5.99
ea

SAVE \$2.01

Perfect Italiano
Grated Cheese 450g
\$13.31 per 1kg

Ingredients

- 1 Bag of Corn Chips
- 1 Jar of Tomato Salsa
- 1 300gm Can of Baked Beans
- 2 Cups of Grated Cheese
- (Optional) Sour Cream & Guacamole

What to do

1. Preheat the Oven to 175°C.
2. Arrange corn chips on two oven-proof plates.
3. Spoon salsa over the corn chips.
4. Spoon baked beans over the corn chips, then cover generously with grated cheese.
5. Place plates in the oven and cook for 10 minutes, or until cheese is golden brown.
6. (Optional) Serve with Sour Cream and Guacamole.



WHERE THE *locals* MATTER

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