



WHERE THE *locals* MATTER

ON SALE 8TH SEPTEMBER 2021



Australian

**BEEF PORTERHOUSE
STEAK**

\$29⁹⁹
kg



Serving Suggestion

BETTER THAN

1/2
PRICE

SPECIAL
EDITION



89¢
ea

Cadbury/Fry's/
Europe/Toblerone Medium Bars 30-60g

1/2
PRICE



\$4⁸⁵
ea

Kellogg's Nutri-grain 805g
60¢ per 100g

1/2
PRICE



\$3⁴⁹
ea

Bulla Multipack Sticks 8-14pk



\$5⁹⁹
ea

Kleenex Viva Paper Towel 6pk
\$1.66 per 100ea

Offers available from 08/09/21 until 14/09/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

SEE INSIDE FOR MORE SAVINGS



— TREATS, SNACKS & Drinks —



\$1.99
ea

Arnott's Tim Tam Biscuits 160-200g

ALL

1/2
PRICE



99¢
ea

Pringles Chips 53g
\$1.87 per 100g



\$3.30
ea

Nescafé Coffee Sachets 10pk/Gold 8pk



\$1.75
ea

The Natural Cracker Co 160g
\$1.09 per 100g



\$3.35
ea

Jarrah Coffee 250g
\$1.34 per 100g



\$20.49
ea

Coca-Cola 375mL 30pk
\$1.82 per 1L



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 2L
\$1.25 per 1L

MULTI-BUY

2 \$5
for



Bickford's
Cordial
750mL
\$4.65 per 1L

\$3.49
ea



\$3.99
ea

Arnott's Family Assorted Biscuits 500g
80¢ per 100g



\$1.99
ea

Nabisco In A Biskit 160g
\$1.24 per 100g



\$1.99
ea

Twisties/Cheetos/Burger Rings 80/90g



\$2.99
ea

Fountain Tomato/BBQ Sauce 2L
15¢ per 100mL

Campbell's
Real Stock 1L
20¢ per 100mL

\$1.99
ea



ALL
1/2
PRICE



\$1.10
ea

Heinz Baked Beans/Spaghetti 300g
37¢ per 100g



\$2.49
ea

Colgate Advanced
Whitening Toothpaste 110/120g



\$3.49
ea

iCare Toilet Tissue 8pk
24¢ per 100sh



Morning
Fresh
Dishwashing
Liquid
400mL
54¢ per 100mL

\$2.15
ea



\$1
ea

Edgell Beans/Chick Peas/Lentils 400g
\$2.50 per 1kg



\$4.99
ea

Gravox Gravy Mix 425g
12¢ per 10g



\$4.49
ea

Uncle Tobys
Flavoured Oats 10pk/Hi Fibre 8pk



\$4.99
ea

Duo Laundry Powder 2kg
\$2.50 per 1kg



Natures
Organics
Fruits
Shampoo &
Conditioner
500mL
25¢ per 100mL

\$1.25
ea



\$3.49
ea

Pedigree Canned Dog Food 1.2kg
29¢ per 100g

SEE INSIDE FOR MORE SAVINGS



Lettuce

\$2⁵⁰
ea



New Season Asparagus

\$2⁵⁰
bunch



Cripps Master Muffins 6pk
97¢ per 100g

\$3⁴⁹
ea



JC's Quality Outback Mix 500g
\$19.98 per 1kg

\$9⁹⁹
ea



Mainland
Tasty
Cheese
Block 500g
\$11.98 per 1kg

\$5⁹⁹
ea



Miracle Spread 1kg
30¢ per 100g

\$2⁹⁹
ea



Chris' Yoghurt Traditional Greek Style 1kg
50¢ per 100g

\$4⁹⁹
ea



Four 'n Twenty
Sausage Rolls/Party Pies 12pk

\$3⁹⁹
ea



Lean Cuisine Frozen Meals 375g
89¢ per 100g

\$3³⁵
ea



Streets Ice Cream 1L
43¢ per 100mL

\$4²⁹
ea

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

Lindt Excellence/
Lindor Chocolate
Block 100g
(excl. 70%)
\$3.99 per 100g

\$3.99
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



Schweppes
Traditional/
Mineral
Water/
Mixers 1.1L
\$1.59 per 1L

\$1.75
ea
LOW PRICE



Tamar Valley Kids Pouches 110g
\$1.35 per 100g

\$1.49
ea
LOW PRICE



Mother Earth Oaty Slice 6pk
\$1.25 per 100g

\$2.99
ea
LOW PRICE



Mount Franklin
Spring Water 500mL 6pk
\$1.50 per 1L

\$4.49
ea
LOW PRICE



Sorbent Toilet Tissue 32pk
28¢ per 100sh

\$15.99
ea
LOW PRICE



Huggies Baby Wipes 80s
\$5.00 per 100ea

\$4
ea
LOW PRICE



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Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

PUMPKIN CHICKPEA DIP



\$1
ea

Edgell Chick Peas 400g
\$2.50 per 1kg

Ingredients

- 500g pumpkin
- 1 tbsp olive oil
- Edgell Chick Peas 400g, drained
- 1 tsp curry powder

What to do

1. Preheat oven to 200°C. Chop the pumpkin into 4-5cm cubes. Drizzle with the oil and bake for 40 minutes.
2. Process or mash the pumpkin, chickpeas, and curry powder until almost smooth.
3. Add salt, pepper or a little more curry powder to taste.



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Visit IGATAS.COM.AU for more info



\$1.99
ea

Campbell's Real Stock 1L
20¢ per 100mL

REAL FLAVOUR. REAL EASY.

GET REAL. *Campbell's*®



SERVING SUGGESTION

EXPRESS VEGETABLE STIR FRY

PREP TIME: 5 mins **COOKING TIME:** 10 mins

SERVINGS: 4-5 People

INGREDIENTS

- 450g hokkien noodles
- 2 tbsp red curry paste
- 600g bag ready to stir fry vegetables
- 500ml (2 cups) Campbell's Real Stock Vegetable
- 3 tbsp cornflour
- Coriander leaves, to garnish

PREPARATION

Step 1

Prepare noodles following instructions.
Set aside.

Step 2

Heat a large wok, add curry paste and vegetables, stir fry for 2-3 minutes. Place 1/4 cup vegetable stock in a small bowl or jug add cornflour and mix well.

Step 3

Add remaining stock to the vegetable stir fry, bring to the boil, add cornflour mixture stirring until sauce thickens. Add drained noodles and stir to combine.

Serve immediately topped with coriander.

For this recipe and other great recipe ideas visit campbellsanz.com/easy-recipes

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