



WHERE THE *locals* MATTER

ON SALE 8TH SEPTEMBER 2021



Australian

**BEEF PORTERHOUSE
STEAK**

\$29⁹⁹
kg



Serving Suggestion

BETTER THAN

1/2
PRICE

SPECIAL
EDITION



89¢
ea

SAVE \$1.11

Cadbury/Fry's/
Europe/Toblerone Medium Bars 30-60g

1/2
PRICE



\$4⁸⁵
ea

SAVE \$5.04

Kellogg's Nutri-grain 805g
60¢ per 100g

1/2
PRICE



\$3⁴⁹
ea

SAVE \$3.51

Bulla Multipack Sticks 8-14pk



\$5⁹⁹
ea

SAVE \$5.00

Kleenex Viva Paper Towel 6pk
\$1.66 per 100ea

Offers available from 08/09/21 until 14/09/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

SEE INSIDE FOR MORE SAVINGS



— FRESH MEAT & Produce —



Fresh
LETTUCE

\$2⁵⁰
ea



New Season
Asparagus

\$2⁵⁰
bunch



Brushed
Potatoes
2.5kg
\$1.60 per 1kg

\$4
bag



JC's Quality
Outback
Mix 500g
\$19.98 per 1kg

\$9⁹⁹
ea

Lamb Loin
Chops



\$24⁹⁹
kg

First Grade
Beef Mince



\$15⁹⁹
kg

Scottsdale
Pork Scotch
Steaks



\$19⁹⁹
kg



Netted & Boneless
LAMB LEG

Serving Suggestion

\$17⁹⁹
kg



Family Favourite
THIN BEEF SAUSAGES
Serving Suggestion

\$8⁹⁹ kg



Double Smoked Ham

\$12⁹⁹ kg



Diced Lean Bacon

\$10⁹⁹ kg



Australian Poultry

Skin On, Bone In Chicken Thighs

\$4⁹⁹ kg

Helga's Wraps
5-8pk

\$3⁹⁹ ea
SAVE \$1.01



National Pies
Classic Beef
Party Pies 6pk
\$1.50 per 100g

\$4⁴⁹ ea
SAVE \$2.10



Central Cake Co French
Vanilla/Jelly
Slice 2pk

\$4⁹⁹ ea
SAVE \$2.00




Product of Tasmania

Cripps
MASTER MUFFINS 6PK
97¢ per 100g

\$3⁴⁹ ea
SAVE \$1.66



— SNACK & DRINK Favourites —



99¢
ea
SAVE \$1.00

Pringles Chips 53g
\$1.87 per 100g



\$1.75
ea
SAVE \$1.75

The Natural Cracker Co 160g
\$1.09 per 100g

ALL
1/2
PRICE



\$2.19
ea
SAVE \$2.50

Violet Crumble Bites/Nuggets 135-180g



\$2.35
ea
SAVE \$2.40

belVita Yoghurt Duo 5pk/Soft Bakes 4pk



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 2L
\$1.25 per 1L

MULTI-BUY
2 \$5
for
SAVE \$1.38



Powerade
Sports
Drink 1L
\$2.99 per 1L

\$2.99
ea
SAVE \$2.76



\$1.49
ea
SAVE 66¢

Tic Tac Mints 24g
\$6.21 per 100g



\$3.99
ea
SAVE \$1.01

Arnott's Family Assorted Biscuits 500g
80¢ per 100g



\$1.99
ea
SAVE \$1.01

Nabisco In A Biskit 160g
\$1.24 per 100g



\$1.99
ea
SAVE 56¢

Twisties/Cheetos/Burger Rings 80/90g

— STOCK UP THE *Pantry* —



\$1.88
ea

SAVE \$1.91

Campbell's Canned Soup
495-510g (excl. Bone Broth)

Heinz
Baked Beans/
Spaghetti 300g
37¢ per 100g

\$1.10
ea

SAVE \$1.10



ALL

1/2
PRICE



\$1.99
ea

SAVE \$2.01

Campbell's Real Stock 1L
20¢ per 100mL



\$2.99
ea

SAVE \$3.01

Fountain Tomato/BBQ Sauce 2L
15¢ per 100mL



\$3.30
ea

SAVE \$3.45

Nescafé Coffee Sachets 10pk/Gold 8pk



\$3.35
ea

SAVE \$3.54

Jarrah Coffee 250g
\$1.34 per 100g



\$1.25
ea

SAVE 50¢

Edgell Sliced Beetroot 425g
\$2.94 per 1kg



\$4.99
ea

SAVE \$1.46

Gravox Gravy Mix 425g
12¢ per 10g



\$4.49
ea

SAVE \$1.00

Uncle Tobys
Flavoured Oats 10pk/Hi Fibre 8pk



\$3.99
ea

SAVE \$1.76

Tetley Tea Cup Bags Extra Strong 100pk
\$2.00 per 100g



\$4.49
ea

SAVE \$1.80

Nutella Hazelnut Spread 400g
\$1.12 per 100g



Bickford's
Cordial
750mL
\$4.65 per 1L

\$3.49
ea

SAVE 81¢



— FILL UP THE FRIDGE & Freezer —

1/2 PRICE

\$3.35 ea
SAVE \$3.35

Lean Cuisine Frozen Meals 375g
89¢ per 100g

\$3.49 ea
SAVE 91¢

Steggles Chicken Breast Nuggets 400g
\$8.73 per 1kg

\$5.99 ea
SAVE \$2.00

McCain Pizza Singles/
Pockets 380/400g/Slices 600g

\$2.85 ea
SAVE 25¢

Birds Eye Hash Browns 375g
\$7.60 per 1kg

\$4.49 ea
SAVE 51¢

Peters Original Ice Cream 2L
22¢ per 100mL

\$2.49 ea
SAVE 31¢

McCain Frozen Vegetables 500g
\$4.98 per 1kg

\$2.49 ea
SAVE 76¢

Perfect Italiano Grated Cheese 150g
\$16.60 per 1kg

\$5.99 ea
SAVE \$3.01

Mainland Tasty Cheese Block 500g
\$11.98 per 1kg

\$2.99 ea
SAVE 80¢

Miracle Spread 1kg
30¢ per 100g

\$4.99 ea
SAVE \$1.70

Chris' Yoghurt Traditional Greek Style 1kg
50¢ per 100g

\$4.49 ea
SAVE 51¢

Juicy Isle Orange Juice No Added Sugar 2L
\$2.25 per 1L



\$2.49
ea

SAVE \$2.51

Colgate Advanced
Whitening Toothpaste 110/120g

Morning Fresh
Dishwashing
Liquid 400mL
54¢ per 100mL

\$2.15
ea

SAVE \$2.15



Palmolive
Liquid Soap
Refill 500mL
60¢ per 100mL

\$2.99
ea

SAVE \$3.00



Colgate 360°
Toothbrush 1pk
(excl. Advanced)
\$2.59 per 1ea

\$2.59
ea

SAVE \$2.66



iCare Toilet Tissue 8pk
24¢ per 100sh

\$3.49
ea

SAVE \$3.51



\$4.99
ea

SAVE \$3.40

Duo Laundry Powder 2kg
\$2.50 per 1kg



Bic Comfort
3 Advance
Razors 4pk
75¢ per 1ea

\$2.99
ea

SAVE \$2.00



\$2.99
ea

SAVE \$1.26

Multix Baking Paper/Alfoil 30cm x 20m
15¢ per 1m



\$3.49
ea

SAVE 51¢

Pedigree Canned Dog Food 1.2kg
29¢ per 100g



\$16.99
ea

SAVE \$5.50

Chum Dry Dog Food 8kg
21¢ per 100g



\$7.99
ea

SAVE \$3.00

Whiskas Oh So 12pk
78¢ per 100g

SEE INSIDE FOR MORE SAVINGS



Arnott's Tim Tam Biscuits 160-200g



Streets Ice Cream 1L
43¢ per 100mL



Four 'n Twenty Sausage
Rolls/Party Pies 12pk

**GREAT
BUYS!**



Edgell Beans/Chick Peas/Lentils 400g
\$2.50 per 1kg



Coca-Cola 375mL 30pk
\$1.82 per 1L



Natures
Organics Fruits
Shampoo &
Conditioner
500mL
25¢ per 100mL

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

Lindt Excellence/
Lindor Chocolate
Block 100g
(excl. 70%)
\$3.99 per 100g

\$3.99
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



Schweppes
Traditional/
Mineral
Water/
Mixers 1.1L
\$1.59 per 1L

\$1.75
ea
LOW PRICE



Tamar Valley Kids Pouches 110g
\$1.35 per 100g

\$1.49
ea
LOW PRICE



Mother Earth Oaty Slice 6pk
\$1.25 per 100g

\$2.99
ea
LOW PRICE



Mount Franklin
Spring Water 500mL 6pk
\$1.50 per 1L

\$4.49
ea
LOW PRICE



Sorbent Toilet Tissue 32pk
28¢ per 100sh

\$15.99
ea
LOW PRICE



Huggies Baby Wipes 80s
\$5.00 per 100ea

\$4
ea
LOW PRICE



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Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

PUMPKIN CHICKPEA DIP



Edgell Chick Peas 400g
\$2.50 per 1kg

Ingredients

- 500g pumpkin
- 1 tbsp olive oil
- Edgell Chick Peas 400g, drained
- 1 tsp curry powder

What to do

1. Preheat oven to 200°C. Chop the pumpkin into 4-5cm cubes. Drizzle with the oil and bake for 40 minutes.
2. Process or mash the pumpkin, chickpeas, and curry powder until almost smooth.
3. Add salt, pepper or a little more curry powder to taste.



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Visit IGATAS.COM.AU for more info



\$1.99
ea
SAVE \$2.01

Campbell's Real Stock 1L
20¢ per 100mL

REAL FLAVOUR. REAL EASY.

GET REAL. *Campbell's*®



SERVING SUGGESTION

EXPRESS VEGETABLE STIR FRY

PREP TIME: 5 mins **COOKING TIME:** 10 mins

SERVINGS: 4-5 People

INGREDIENTS

- 450g hokkien noodles
- 2 tbsp red curry paste
- 600g bag ready to stir fry vegetables
- 500ml (2 cups) Campbell's Real Stock Vegetable
- 3 tbsp cornflour
- Coriander leaves, to garnish

PREPARATION

Step 1

Prepare noodles following instructions.
Set aside.

Step 2

Heat a large wok, add curry paste and vegetables, stir fry for 2-3 minutes. Place 1/4 cup vegetable stock in a small bowl or jug add cornflour and mix well.

Step 3

Add remaining stock to the vegetable stir fry, bring to the boil, add cornflour mixture stirring until sauce thickens. Add drained noodles and stir to combine.

Serve immediately topped with coriander.

For this recipe and other great recipe ideas visit campbellsanz.com/easy-recipes

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