



ON SALE
6TH SEPT
2023



ALL 1/2 PRICE

Arnett's Shapes 130-190g
\$1.99 ea
SAVE \$2.01

Bounty Snickers Mars Medium Bars 35-56g
\$1 ea
SAVE \$1.20

Heinz Baked Beans/Spaghetti 300g
\$1.49 ea
SAVE \$1.50

Bulla Multipack Sticks 8-14pk
\$3.99 ea
SAVE \$4.01

SEE INSIDE FOR MORE SAVINGS

Offers available from: 06/09/23 until 12/09/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Golden CRUMPET ROUNDS 6PK

\$1.99 ea

SAVE \$1.76

Serving Suggestion - 66¢ per 100g

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save





— GREAT *Specials* —



\$1.40
ea

SAVE \$1.45

Pepsi/Solo/Sunkist/
7Up Soft Drink 1.25L
\$1.12 per 1L



Thins
Potato
Chips
120-175g

\$2.40
ea

SAVE \$2.49

ALL
1/2
PRICE



Cadbury
Dairy Milk
Gift Box
220g
\$2.72 per 100g

\$5.99
ea

SAVE \$6.00



\$2.75
ea

SAVE \$2.75

180 Degrees Crackers 135/150g



\$2.95
ea

SAVE \$3.00

White Wings Baking Mixes 410-560g



\$21.20
ea

SAVE \$13.35

Coca-Cola/Fanta/Sprite
Soft Drink Cans 24x375mL
\$2.36 per 1L



\$19.99
ea

SAVE \$8.01

Moccona Freeze
Dried Classic Coffee 400g
\$5.00 per 100g

— 1/2 PRICE *Specials* —



\$2.25
ea

SAVE \$2.25

Campbell's Real Stock 1L
23¢ per 100mL



\$2.75
ea

SAVE \$2.75

Heinz Seriously Good Mayo/Aioli 295mL
93¢ per 100mL



Always
Fresh
Stuffed
Olives 450g
\$5.33 per 1kg

\$2.40
ea

SAVE \$2.40

ALL
1/2
PRICE



\$2.40
ea

SAVE \$2.40

Wicked Sister Dessert 2pk



\$3.89
ea

SAVE \$3.90

Brut/
Norsca 130g
\$2.99 per 100g



\$2.99
ea

SAVE \$3.01

Impulse Body Spray
75mL (excl. Luxe)
\$3.99 per 100mL



\$3.25
ea

SAVE \$3.25

Colgate Advanced
Whitening Toothpaste 115g
\$2.83 per 100g



— FRESH MEAT & Produce —



Grown in Australia

Gourmet TOMATOES

\$390 kg



Simply Fresh Spinach 100g
\$25.00 per 1kg

\$250 punnet



Grey Pumpkin

\$150 kg



JC's Quality Outback Mix 500g
\$19.98 per 1kg

\$999 ea

Scottsdale Traditional English Thick Pork Sausage 475g
\$16.82 per 1kg

\$799 ea



First Grade Beef Mince

\$1799 kg



Marion Bay Free Range Chicken

\$899 kg



Australian Lamb

Lamb FOREQUARTER CHOPS

Serving Suggestion (product sold uncooked)

\$1799 kg

— DELICIOUS DELI & *Bakery* —



Shredded
PIZZA HAM

Serving Suggestion

\$9⁹⁹ kg



Chicken
Drumsticks

\$5⁹⁹ kg



Rindless
Middle
Bacon

\$19⁹⁹ kg



Chicken
Breast
Fillets

\$15⁹⁹ kg

William's
Wraps 8pk
71¢ per 100g

\$3⁹⁹ ea

SAVE \$1.00



Helgas Bread
680-850g

\$4⁹⁰ ea

LOW PRICE



Central Cake Co
Lemon/Caramel/
Hedgehog/Brownie
Fingers 6pk

\$7⁴⁹ ea

SAVE \$2.10



National Pies
PREMIUM PIES 2PK

(excl. Cottage) - \$1.80 per 100g

\$6⁴⁹ ea

SAVE \$2.30



community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Last month IGA Tasmania donated over \$3000 from Community Co purchases to these local communities, charities and other worthwhile causes.



Community Co Sauce 500mL
46¢ per 100mL

\$230
ea

community Co



Community Co Strawberry Jam 500g
54¢ per 100g

\$270
ea

community Co



Community Co Vegetable Oil 750mL
67¢ per 100mL

\$499
ea

community Co



Community Co Muesli Fruit & Seed 750g
73¢ per 100g

\$549
ea

community Co



Community Co Cordial Syrup 1L
\$3.69 per 1L

\$369
ea

community Co



Community Co Diced Peaches In Juice 4x125g
\$7.00 per 1kg

\$350
ea

community Co



Perth Volunteer Fire Brigade Tasmania
Spring Bay Rotary Club
New Horizons Tasmania
Men Care Too Tasmania
Richmond Primary School Kitchen Garden
Campbell Town Hospital Auxiliary
Launceston Benevolent Society

Burnie Lodge Emergency Accommodation
Loaves & Fishes Devonport
West Coast MTB Club Tasmania
Tresca Community Centre
Royal Flying Doctor Service Tasmania
St Helens Hospital Auxiliary



Community Co Gluten Free Biscuits 120/180g



Community Co Tuna Yellow Fin 95g
\$17.89 per 1kg



Community Co Coconut Water 1L
\$3.79 per 1L



Community Co Fruit Cake 800g
\$1.00 per 100g



Community Co Entertainment Snack Pack 1kg
\$1.03 per 100g



Community Co Frozen Beef Burgers 640g
\$18.73 per 1kg



V Energy Drink 4x250mL
\$5.99 per 1L

V Energy Drink 500mL
\$5.98 per 1L



Kirks Canned Soft Drink 10x375mL
\$2.01 per 1L



**Coca-Cola/Fanta/Sprite/
Deep Spring/Mt Franklin 6x250mL**
\$4.10 per 1L



Pump Water
1.25L
\$2.39 per 1L



Cadbury
Family Block Chocolate 160-190g



Cadbury Bites 110-150g



Arnott's Savoy/Jatz 225/250g

— STOCK UP THE *Pantry* —



\$3.99
ea

SAVE \$1.20

Golden Circle Long Life Juice 2L
\$2.00 per 1L



\$3.49
ea

SAVE \$2.51

Moccona Coffee Sachets 10pk



\$3.25
ea

SAVE 85¢

Nestle Condensed Milk 395-410g



\$2.49
ea

SAVE \$1.20

Pauls Zymil Long Life Milk 1L
\$2.49 per 1L



\$1.49
ea

SAVE 46¢

Fantastic Noodles Cup 70g/Bowl 85g



\$3.49
ea

SAVE \$1.01

Dolmio Extra Pasta Sauce 490/500g



\$1.99
ea

SAVE 21¢

Edgell Beans/Chick Peas/Lentils 400g
\$4.98 per 1kg



\$2.25
ea

SAVE 24¢

Koala Jasmine/Long Grain Rice 1kg
23¢ per 100g

QUEEN



\$6.99
ea

SAVE \$5.36

Queen
Vanilla Bean Paste 65g
\$10.75 per 100g



\$4.99
ea

SAVE \$2.70

Queen
Vanilla Extract 100mL
50¢ per 10mL



\$3.99
ea

SAVE \$3.00

Queen Chocolate
Flavouring Paste 100g
\$3.99 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Tamar Valley Greek Style Yoghurt 500g
60¢ per 100g

\$2⁹⁹
ea

SAVE \$2.00



\$2⁹⁹
ea

SAVE \$1.41

Perfect Italiano Grated Cheese 150g
\$19.93 per 1kg



\$4⁴⁹
ea

SAVE \$2.51

Mainland Tasty Cheese Slices 210g
\$21.38 per 1kg



\$2⁶⁹
ea

SAVE 81¢

Zoosh Dip 185g
\$1.45 per 100g



\$9⁹⁹
ea

SAVE \$2.51

Ingham's Chicken Kyiv 350g
\$28.54 per 1kg



\$5⁹⁹
ea

SAVE \$3.16

Dr Oetker Ristorante Pizza 310-390g



\$4⁵⁰
ea

LOW PRICE

McCain Superfries 900g
\$5.00 per 1kg



\$7⁹⁹
ea

SAVE \$1.96

Connoisseur Ice Cream Stick 4/6pk



\$9⁹⁹
ea

SAVE \$2.40

Peters Ice Cream 4L
25¢ per 100mL



\$13⁹⁹
ea
SAVE \$4.00

Sorbent Toilet Tissue 24pk
32¢ per 100sh



\$2⁹⁹
ea
SAVE 51¢

BabyLove Everyday Baby Wipes 80pk
\$3.74 per 100ea



\$1⁶⁹
ea
SAVE 60¢

Natures Organics
Fruits Shampoo &
Conditioner 500mL
34¢ per 100mL



\$2⁴⁹
ea
SAVE \$1.10

Redwin Sorbolene
Vitamin E Cream 100g
\$2.49 per 100g



\$4⁹⁹
ea
SAVE \$1.80

Natureland Potting Mix 25L



\$4⁴⁹
ea
SAVE \$1.16

Little Lucifer Firelighters 24pk
19¢ per 1ea



\$5⁴⁹
ea
SAVE \$1.00

Whiskas Dry Cat Food 800g
69¢ per 100g



\$11⁹⁹
ea
SAVE \$2.01

Pedigree Dry Dog Food 2.5/3kg



\$3⁴⁹
ea
SAVE \$3.76

Duck Deep
Action Gel 750mL
47¢ per 100mL



\$4²⁰
ea
SAVE \$4.29

Duck Fresh Discs 36mL
\$11.67 per 100mL

JUMP INTO Spring Cleaning



Radiant Laundry Powder 2kg/Liquid 2L

1/2 PRICE
\$9.99 ea
SAVE \$10.01



Handee Ultra Paper Towel 4pk/Double 2pk
\$2.29 per 100ea

1/2 PRICE
\$5.49 ea
SAVE \$2.50



Morning Fresh Dishwashing Liquid 900mL
53¢ per 100mL

1/2 PRICE
\$4.75 ea
SAVE \$4.75



Windex Glass Cleaner 500mL
58¢ per 100mL

1/2 PRICE
\$2.89 ea
SAVE \$2.90



Chux Magic Eraser 8pk
29¢ per 1ea

1/2 PRICE
\$2.30 ea
SAVE \$2.35



Multix Garbage Bags 18/20pk

1/2 PRICE
\$2.69 ea
SAVE \$1.31



Jif Cream Cleanser 500mL
48¢ per 100mL

1/2 PRICE
\$2.40 ea
SAVE \$2.40



White King Bleach 2.5L
\$1.60 per 1L

1/2 PRICE
\$3.99 ea
SAVE 90¢



Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 06/09/23 until 12/09/23

Visit IGATAS.COM.AU for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online catalogue igatas.com.au/catalogues



LOCATE

find your local store here igatas.com.au/store-locator



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

San Remo La
Pasta Range 80g
\$1.38 per 100g

\$1.10
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



\$4.50
ea
LOW PRICE

Bushells Tea Cup Bags 100pk
\$2.50 per 100g



\$2.95
ea
LOW PRICE

Red Bull Energy Drink 250mL
\$11.80 per 1L



Western
Star
Thickened
Cream
600mL
78¢ per 100mL

\$4.70
ea
LOW PRICE



\$3.65
ea
LOW PRICE

Coca Cola Soft Drink 2L
\$1.83 per 1L



\$2.15
ea
LOW PRICE

Rafferty's Garden Baby Food 120g
\$1.79 per 100g



\$9
ea
LOW PRICE

Ajax Antibacterial Wipes 110s
8¢ per 1ea



WHERE THE
locals MATTER

Specials available from participating Tasmanian IGA & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

AVOCADO & BLACK BEAN BURRITO



Koala Jasmine/Long Grain Rice 1kg
23¢ per 100g



Edgell Beans/Chick Peas/Lentils 400g
\$4.98 per 1kg

Ingredients

- 1/2 cup medium grain rice
- 1 tbsp oil
- 1 bay leaf
- 1 tbsp tomato paste
- 400g black beans
- 1/2 lemon (juiced)
- 1/4 cup avocado
- 2 large tortillas

What to do

1. To make the Mexican rice add 1/2 cup medium grain rice along with 1 tbsp oil into a pot on medium heat.
2. Stir in 1 bay leaf, 1tbsp tomato paste, 1/2 tsp salt. Add 1 cup of water and stir to mix. Cook according to rice packet instructions.
3. In a bowl, combine the black beans, avocado, lemon juice, and season.
4. Once combined, spread the mixture across the tortilla, add the Mexican rice, and roll into a burrito.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

OUR SMALL STEP TO HELP SEAS SPARKLE

Launch of 100%
Recovered Coastal Plastic



1/2
PRICE



Windex Glass Cleaner 500mL
58¢ per 100mL



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info