



ON SALE
30TH AUG
2023



FATHER'S DAY SPECIALS



89¢
ea

SAVE \$1.11

Cadbury/Fry's/
Europe Medium Bars 30-60g



\$4.99
ea

SAVE \$5.01

Nestle Milo 395/460g
(excl. Plant Based & Xtra)



\$1.35
ea

SAVE \$1.50

Golden Circle
Fruit Drink 1L
\$1.35 per 1L



\$1.99
ea

SAVE \$2.01

Ben's Original
Express Rice 250g
80¢ per 100g

ALL
1/2
PRICE

Offers available from: 30/08/23 until 05/09/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Ready Chef
BEEF LASAGNE 2kg

\$10.99
ea

SAVE \$6.00

55¢ per 100g - Serving Suggestion (product sold uncooked)



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save





— GREAT *Specials* —



Lindt Excellence/
Lindor Chocolate
Block 80/100g
\$2.75 per 100g

The Natural Confectionery
Company Bags 180-230g



Kinder Bueno 39/43g



Weight Watchers Frozen Meals 300-370g



SCAN HERE



WIN

a Trolley Dash!

HOW TO ENTER

Buy any 2 participating Unilever products and scan the QR code or enter online at www.unilever.com.au/trolleydash2023

\$300 value
250 chances to win!

*terms and conditions apply



\$5.99
ea

SAVE \$4.40

Streets Golden Gaytime 4pk
\$1.50 per 100mL



1/2
PRICE

\$6.40
ea

SAVE \$6.49

Sunsilk Shampoo/
Conditioner 700mL
91¢ per 100mL



1/2
PRICE

\$4.49
ea

SAVE \$4.50

Dove
Antiperspirant
220-254mL



1/2
PRICE

\$12.99
ea

SAVE \$13.01

Omo Laundry Liquid 2L
\$6.50 per 1L



Heinz Tomato
Ketchup/
Smokey
Barbeque
Sauce 500mL
50¢ per 100mL

\$2.49
ea

SAVE \$2.51



\$1.35
ea

SAVE \$1.44

John West
Tuna 95g
\$14.21 per 1kg



\$1.10
ea

SAVE \$1.15

Wai Wai
Vermicelli 200g
55¢ per 100g



\$2.10
ea

SAVE \$2.10

Bic Simply
Soleil 3pk
70¢ per 1ea

ALL
1/2
PRICE



Multix Alfoil
30cmx30m
12¢ per 1m

\$3.49
ea

SAVE \$3.76



— FRESH MEAT & Produce —



Grown in Australia

Fourer
MANDARINS

\$3.50 kg



Washed Potatoes 2kg
\$2.50 per 1kg

\$5 bag



Brown Onions 1kg
\$1.50 per 1kg

\$1.50 bag



JC's Salted/
Unsalted Mixed
Nuts 350g
\$22.83 per 1kg

\$7.99 ea

Petuna
Atlantic
Salmon 2pk
280g
\$39.25 per 1kg

\$10.99 ea



Marion Bay
Free Range
Chicken

\$8.49 kg



Scottsdale
Mini Boneless
Pork Scotch
Roast

\$16.99 kg



Australian
BEEF
PORTERHOUSE STEAK

Serving Suggestion (product sold uncooked)

\$29.99 kg

— DELICIOUS DELI & *Bakery* —




Family Favourite
VIRGINIAN HAM
Serving Suggestion

\$15⁹⁹ kg



Short
Cut
Bacon

\$15⁹⁹ kg



Thin Beef
Sausages

\$11⁹⁹ kg



Chicken
Kebabs 70g
\$21.43 per 1kg

\$1⁵⁰ ea

Happy
Muffin 4pk/
Mini 8pk

\$3⁹⁹ ea

SAVE \$1.01



Cripps Master
Hot Dog/Lunch
Rolls 6pk
67¢ per 1ea

\$3⁹⁹ ea

SAVE 80¢



Helgas Bread
680-850g

\$4⁹⁰ ea

LOW PRICE




Mission
**WRAPS/MINI
WRAPS 6/8PK**

\$3⁴⁹ ea

SAVE \$1.90



You'll find *Low Prices*



Zafarelli Pasta 500g
35¢ per 100g



Mother Energy Drink 4x500mL
\$3.90 per 1L



Sunrice Rice Medium Grain 1kg
40¢ per 100g



Maggi 2 Minute Noodles 12pk



Bundaberg Raw Sugar 1kg
32¢ per 100g



Morning Sun Muesli 650g
66¢ per 100g

ices Every Day right across the store



Chris' Dip 200g (excl. Plant Based)
\$1.90 per 100g



McCain
Peas/Corn & Peas/Corn/Carrots 500g
\$7.50 per 1kg



Meadowlea Spread 500g
90¢ per 100g



Sorbent Toilet Tissue 32pk
33¢ per 100sh



Colgate Regular Toothpaste 165/180g



NAN Comfort Stage 1 or 2 800g
\$2.63 per 100g



— SNACKS, TREATS & Drinks —



Smith's Potato Chips/
Doritos Corn Chips 130-175g



Nestle Block Chocolate 118-200g



Arnott's Tim Tam
Biscuits 165-200g (excl. Deluxe)



M&M's/Maltesers/Pods 130-180g



Allen's/Nestle Chocolate Bags 120-160g



Coca-Cola/Fanta/Sprite/
Mt Franklin Sparkling Water 10x375mL
\$2.49 per 1L



Coca-Cola/
Fanta/
Sprite/
Mt Franklin
Sparkling
Water 1.25L
\$1.59 per 1L



Pepsi/Solo/Sunkist/
Lemonade Canned Soft Drinks 24x375mL
\$2.11 per 1L



Powerade Sports Drink 1L
\$3.49 per 1L



Red Bull
Energy
Drink
473mL
\$8.44 per 1L



Bickford's
Cordial
750mL
\$6.65 per 1L

— STOCK UP THE *Pantry* —



Yarra Valley Jam 475g
\$1.05 per 100g

\$4.99
ea

SAVE \$1.00



Uncle Tobys Roll-ups 6pk
\$4.78 per 100g

\$4.49
ea

SAVE \$1.01



Bega Peanut Butter 375g
\$1.06 per 100g

\$3.99
ea

SAVE \$1.41



Moccona Specialty Blend Coffee 200g
\$6.75 per 100g

\$13.49
ea

SAVE \$7.01



Uncle Tobys Flavoured Oats 10pk/Hi
Fibre 8pk

\$5.49
ea

SAVE \$1.46



Blue Banner Pickled
Onions 525g (excl. No Added Sugar)
\$11.41 per 1kg

\$5.99
ea

SAVE 51¢



Five Brothers Pasta Sauce 500g
80¢ per 100g

\$3.99
ea

SAVE \$1.00



Tandaco Stuffing 200g
\$1.25 per 100g

\$2.49
ea

SAVE 70¢



Rosella Condensed Tomato Soup 390g
51¢ per 100g

\$1.99
ea

SAVE 81¢



— FILL UP THE FRIDGE & *Freezer* —



Peters Drumstick 4/6pk



Peters Original Ice Cream 2L
26¢ per 100mL



Ingham's
Creamy Garlic Chicken Kyivs 600g
\$18.32 per 1kg



Chiko Roll 4pk
77¢ per 100g



Birds Eye Fish Fingers 375g
\$11.97 per 1kg



Dairy Farmers
Thick & Creamy Yoghurt 150g
\$1.33 per 100g



Devondale Butter Pat 500g
\$1.40 per 100g



Unicorn Brie/Camembert Cheese 125g
\$31.92 per 1kg



Bega Block Cheese 250g
\$19.96 per 1kg



\$1.99
ea

SAVE 31¢

Sorbent Thick & Large Facial Tissues 95pk
\$2.09 per 100ea



\$8.99
ea

SAVE \$2.01

Sard OxyPlus 1kg
\$8.99 per 1kg



\$3.99
ea

SAVE \$2.01

Bref Cubes 50g 2pk/
Power Active 50g/Lemon 50mL



\$3.49
ea

SAVE 50¢

Handee Ultra Paper Towel 2pk
\$2.91 per 100ea



\$4.49
ea

SAVE \$1.50

Windex
Trigger
Surface &
Glass Cleaner
750mL
60¢ per 100mL



\$3.99
ea

SAVE \$1.50

Jiffy Economy Firelighters 24s
17¢ per 1ea



\$5.99
ea

SAVE \$2.26

Friskies Dry Cat Food 1kg
60¢ per 100g



\$4.75
ea

SAVE \$1.04

Pedigree Canned Dog Food 1.2kg
40¢ per 100g

Father's Day CAR CARE

**1/2
PRICE**



Armor All
Extreme Tyre
Shine 350g
\$2.71 per 100g

\$9.49
ea

SAVE \$9.51

**1/2
PRICE**



Armor All
Protectant
250mL
\$3.00 per 100mL

\$7.49
ea

SAVE \$7.51



Armor All
Wash &
Wax 1L
\$6.49 per 1L

\$6.49
ea

SAVE \$3.50

FATHER'S DAY TREATS



1/2 PRICE

\$14.99 ea

SAVE \$20.01

Cadbury Dairy Milk Gift Box 500g
\$3.00 per 100g



\$5.99 ea

SAVE \$6.30

Toblerone Chocolate 360g
\$1.66 per 100g

BREAKFAST FOR DAD



1/2 PRICE

\$3.25 ea

SAVE \$4.04

Mighty Soft Raisin Toast 600g
54¢ per 100g



\$2.59 ea

SAVE \$1.41

Cripps Crumpet Splits 6pk
61¢ per 100g



\$11.99 kg

Pandani Thin Beef Sausages
From the Deli Department



1/2 PRICE

\$3.99 ea

SAVE \$4.01

Nescafé Coffee Sachets 10pk/
Gold 8pk

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SEE INSIDE FOR MORE SAVINGS



SPICY MEDITERRANEAN BAKED EGGS

BREAKFAST FOR DAD



Black & Gold
Tomatoes
Chopped 400g
\$2.75 per 1kg



BLACK & GOLD

\$1.10
ea

Ingredients

- 6 garlic cloves, crushed
- 2x400g canned diced tomatoes
- 1 tsp dried chilli flakes
- 1 tsp dried oregano leaves
- 1/2 tsp salt
- 6 eggs
- 3 tbsp extra virgin olive oil

What to do

1. Heat a saucepan over medium-low heat and saute the garlic in olive oil. To prevent it from browning and cooking too quickly, add 3 tablespoons of water. When the water has evaporated, add the diced tomatoes, chilli flakes and 1/2 cup of water. Let it simmer for 10-15 minutes, then stir through the oregano and season to taste.
2. Using a spoon, make 6 wells in the tomato sauce and crack the eggs into each one. Cover the pan with a lid or aluminium foil and cook for 8-10 minutes on low or until eggs are cooked to your liking.
3. Garnish with oregano to serve.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info



WIN

a Trolley Dash!

\$300 value 250 chances to win!

*terms and conditions apply



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\$5.99
ea

SAVE \$4.40

Streets Golden Gaytime 4pk
\$1.50 per 100mL



1/2
PRICE

\$6.40
ea

SAVE \$6.49

Sunsilk Shampoo/
Conditioner 700mL
91¢ per 100mL



1/2
PRICE

\$4.49
ea

SAVE \$4.50

Dove
Antiperspirant
220-254mL



1/2
PRICE

\$12.99
ea

SAVE \$13.01

Omo Laundry Liquid 2L
\$6.50 per 1L



Aus. res. 18+ only. Starts 30/8/23 12:01am AEST. Ends 26/9/23 11:59pm AEST. Keep receipt/s. Max 1 entry per transaction. Weekly Draws: 5pm AEST, 6/9/23, 13/9/23, 20/9/23, 27/9/23, Plexus, Level 4, 411 Collins Street, Melbourne VIC 3000. Prizes: 250 x opportunity to play the Trolley Dash Game (63 prizes for Weekly Draws 1-3; 61 prizes for Weekly Draw 4) (with up to \$300 in participating brand products to be won). Winners will be published at <https://www.unilever.com.au/trolleydash2023> by 03/10/2023. Promoter: UNILEVER AUSTRALIA LIMITED ABN 66004050828, 219 North Rocks Rd, North Rocks NSW 2151. See <https://www.plexus.co/terms/trolley-dash-2023> for Terms and Conditions. NSW Authority No. TP/02251. Permit No's: ACT TP/23/00726 & SA T23/556.



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