



WHERE THE *locals* MATTER

ON SALE 18TH AUGUST 2021



Nichols

**BUTTERFLIED WHOLE
MARINATED CHICKEN**

\$8⁹⁹ kg



Serving Suggestion

BIG DEAL
ALL **SALE**

**1/2
PRICE**



\$1⁷⁵ ea

SAVE \$1.75

Dolmio Extra Pasta Sauce 490/500g



\$4⁷⁹ ea

SAVE \$4.90

Sanitarium Up & Go Breakfast Drink 250mL 6pk
\$3.19 per 1L



\$1¹⁹ ea

SAVE \$1.30

Continental Cup-a-Soup 2pk



\$1⁵⁰ ea

SAVE \$1.95

Birds Eye Country Harvest 500g
\$3.00 per 1kg



SAVE ON **TASMANIAN** PRODUCTS INSIDE



Offers available from 18/08/21 until 24/08/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Tasmanian
BAGGED MESCLUN 120g
\$28.75 per 1kg

\$3⁴⁵
bag

Tasmanian Grown

WASHED AND READY TO USE
Baby Mesclun Salad
Naturally Healthy, Fresh and Convenient
25 YEARS



Packham Pears

\$2⁵⁰
kg



Carrots 1kg
\$1.25 per 1kg

\$1²⁵
bag



JC's Delicious Energy Mix
500g
\$17.98 per 1kg

\$8⁹⁹
ea

First Grade Beef Mince



\$15⁹⁹
kg



Ingham's Bagged Whole Chicken



\$3⁹⁹
kg



Pickled Pork

\$12⁹⁹
kg



Australian
BEEF
PORTERHOUSE STEAK

Serving Suggestion

\$29⁹⁹
kg



Family Favourite
THIN BEEF SAUSAGES
Serving Suggestion

\$8⁹⁹ kg



Virginia Ham

\$12⁹⁹ kg



Rindless
Middle Bacon
Rashers

\$16⁹⁹ kg



Smoked
Bacon
Bones/Hocks

\$10⁹⁹ kg

Mission
Wraps
6/8pk

\$3⁹⁹ ea
SAVE \$1.01




\$2⁹⁹ ea
SAVE 90¢

Cripps Master Loaf 680/700g



Product of Tasmania

National Pies
PREMIUM PIES 2PK
(excl. Cottage/Chunky Beef)

\$5⁹⁹ ea
SAVE \$1.36



— SNACK Favourites —

NEW

CORNADOS

CRUNCHY TASTY FUN!



**1/2
PRICE**

\$1.85
ea

SAVE \$1.90

CC's Corn
Chips 110/175g



\$1
ea

SAVE \$1.00

Kinder Bueno 39/43g/Nutella B-Ready 22g

**1/2
PRICE**



\$1.99
ea

SAVE \$2.01

Arnott's Chocolate Biscuits 160-250g
(excl. Tim Tam)



\$1.99
ea

SAVE \$1.01

Allen's Jelly/
Mint Confectionery Range 150-200g



\$3.49
ea

SAVE \$1.36

M&M's/Maltesers/Pods 120-180g



\$2.49
ea

SAVE 71¢

Arnott's Shapes 140-190g



\$3.49
ea

SAVE 51¢

Uncle Tobys Muesli Bars/Roll Ups 6pk



\$5.99
ea

SAVE 71¢

Smith's Potato Chips 18/20pk



\$2.75
ea

SAVE \$1.14

Thins Potato Chips 150/175g

— DRINK Favourites —



Coca-Cola/Lift/Fanta/Sprite 375mL 10pk
\$2.53 per 1L

\$9.49
ea

SAVE \$3.30



Coca-Cola/Lift/
Fanta/
Sprite Soft
Drink 2L
\$1.40 per 1L

\$2.79
ea

SAVE 40¢



Bundaberg Soft Drink 375mL 4pk
\$3.33 per 1L

\$4.99
ea

SAVE 96¢



Schweppes
Traditional/
Mineral
Water/
Mixers 1.1L
\$1.59 per 1L

\$1.75
ea

LOW PRICE



Pepsi/Solo/Sunkist/
Lemonade Canned Soft Drinks 375mL 24pk
\$2.11 per 1L

\$18.99
ea

SAVE \$2.01



Powerade Sports Drink 1L
\$3.49 per 1L

\$3.49
ea

SAVE \$2.26



Monster
Energy
Drink
500mL
\$5.98 per 1L

\$2.99
ea

SAVE 51¢



Barista Bros Flavoured Milk 500mL
\$5.98 per 1L

\$2.99
ea

SAVE 36¢



Good Earth
Tea 15pk

\$4.49
ea

SAVE \$1.51

**BORN
TO BE
BOLD**

BUY BUY TAS

IGA WHERE THE



TASSIE TASTE

Fresh Tasmanian Milk for your Tasmanian Family



Juicy Isle Cordial 2L
\$1.50 per 1L

\$2.99
ea

SAVE 36¢



Spreyton
Fresh
Juice 2L
\$2.50 per 1L

\$4.99
ea

SAVE \$1.10



Central Cake Co
French Vanilla/Jelly Slice 2pk

\$4.99
ea

SAVE \$2.00



Duck River Soft Butter 500g
90¢ per 100g



Tamar Valley Kids Pouches 110g
\$1.35 per 100g

\$1.49
ea

LOW PRICE



Meander Valley
Double Cream/Crème Fraiche 200mL
\$1.75 per 100mL

\$3.49
ea

SAVE 90¢

LOCAL TASMANIAN

Where locals MATTER



\$4.49
ea

SAVE \$1.31



\$3.99
ea

SAVE \$2.80

Tamar Valley Natural Greek Style Yoghurt 1kg
40¢ per 100g



Tasmanian Mountain Spring Water 10L
65¢ per 1L



Cripps Premium Shortbread Tin 334g
\$3.29 per 100g



Tas Taste Plain/Self Raising Flour 2kg
\$1.00 per 1kg



Juicy Isle Topping 375mL
72¢ per 100mL



Ashgrove Cheddar 500g
\$17.98 per 1kg



Ingham's Bagged Whole Chicken
From the Meat Department



Due South Vanilla Bean Ice Cream 1L
80¢ per 100mL



— STOCK UP THE *Pantry* —



San Remo La Pasta Range 120g
83¢ per 100g



Maggi 2 Minute Noodles 5pk



Heinz Chunky/
Classic Canned Soup 520/535g



Koala Jasmine/Long Grain Rice 1kg
20¢ per 100g



MasterFoods
Squeezy
Tomato/
BBQ Sauce
475/500mL



Green's Traditional
Cake/Muffin Mix 330-500g



Nestle Milo 1.1kg
\$1.09 per 100g



Dilmah Premium/Extra Strength Bags 100pk



Kellogg's Nutri Grain/Coco Pops/
Special K/Sultana Bran 500-730g

— FILL UP THE FRIDGE & Freezer —



McCain Super Fries 900g
\$3.88 per 1kg



I&J Squid/Calamari Rings 360/400g



Four 'n Twenty Traditional Pies 4pk
86¢ per 100g



Ingham's
Chicken Breast Nuggets Original 400g
\$12.48 per 1kg



Perfect Italiano Grated Cheese 450g
\$13.31 per 1kg



President Cheese 200g
\$30.00 per 1kg



San Remo Fresh Pasta 350g
\$1.43 per 100g



Philadelphia Cream Cheese Tub/Block 250g
\$15.96 per 1kg



Streets Icy Treats 26pk
65¢ per 100mL



Peters Drumstick 4/6pk



Bulla Ice Cream 2L (excl. Nut Free)
20¢ per 100mL

You'll find *Low Prices* Every Day right across the store



Panadol Extra Caplet 20s
29¢ per 1ea



Palmolive Naturals Soap 4pk
76¢ per 100g



Colgate
Toothpaste Regular 160/175g



Ajax Spray
n' Wipe
Trigger
475/500mL



ISDC/
Kree Hand
Sanitiser
500mL
80¢ per 100mL



Samba Firelighters 36's
7¢ per 1ea



Dine Cat Food 85g 7pk
\$1.09 per 100g



Dentalife Dog Treats 7pk



Pedigree Canned Dog Food 700g
34¢ per 100g



Pedigree Dry
Dog Food
2.5/3kg



iCare Toilet Tissue 24pk
21¢ per 100sh

\$8.99
ea

SAVE \$4.00



Impulse Body
Spray 75mL
\$4.65 per 100mL

\$3.49
ea

SAVE \$1.30



Handee Ultra Paper Towel 3pk
\$2.22 per 100ea

\$3.99
ea

SAVE \$1.51



Organic
Care
Shampoo &
Conditioner
400mL
62¢ per 100mL

\$2.49
ea

SAVE \$1.06

1/2
PRICE



Palmolive
Naturals
Shower Gel
500mL
60¢ per 100mL

\$2.99
ea

SAVE \$3.50



Multix Alfoil 30cm x 10m excl. Non-Stick
15¢ per 1m

\$1.49
ea

SAVE 72¢



Huggies
Jumbo Disposable Nappies 60-108s

HUGGIES
ULTRA DRY

NAPPIES
FOR GIRLS
tailor-made
absorbency

Instantly absorbs
for drier skin

5 13-18 64 nappies

\$27.99
ea

SAVE \$2.01

for the
little ones



Huggies Baby Wipes 80s
\$5.00 per 100ea

\$4
ea

LOW PRICE



Rafferty's Garden Fruit Bars 8pk
\$2.70 per 100g

\$3.45
ea

SAVE 20¢



NAN Comfort Stage 1 or 2 800g
\$2.37 per 100g

\$18.99
ea

LOW PRICE

BIG DEAL

SALE



\$2.99
ea
SAVE \$2.01

NEW

Cadbury Family Block Chocolate 160-190g

1/2
PRICE



\$1
ea
SAVE \$1.19

Vetta Pasta 375/500g



\$15.99
ea
SAVE \$4.00

Nescafé Blend 43 Coffee 500g
\$3.20 per 100g



\$3.99
ea
SAVE \$1.40

Whiskas Dry Cat Food 800g
50¢ per 100g



\$2.15
ea
SAVE \$2.15

1/2
PRICE

Morning Fresh Dishwashing Liquid 400mL
54¢ per 100mL



\$6.75
ea
SAVE 50¢

Fab Laundry Powder 1.8/2kg & Liquid 1.8L

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Offers available from 18/08/21 until 24/08/21

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LOCATE

find your local store here
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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

SAVE ON TASMANIAN PRODUCTS INSIDE

SMOOTHIES



Ingredients

- 1 banana
- 1 cup mixed berries
- 1/2 cup Tamar Valley Greek Yoghurt
- 1/2 cup Spreyton Orange Juice

What to do

Place all ingredients in the blender and process on high until smooth. Serve immediately.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

CLASSIC ROAST CHICKEN



\$3.99
kg

Ingham's Bagged Whole Chicken



\$4.49
ea

SAVE \$1.31

Duck River Soft Butter 500g
90¢ per 100g

Ingredients

- 1 Ingham's Bagged Whole Chicken
- 2 lemons halved
- 50g softened Duck River Butter
- 1/4 cup thyme leaves

What to do

1. Heat oven to 180°C. In a small bowl, mash the butter with one-third of the thyme leaves and the juice and zest of half a lemon. Mix everything together with some seasoning and set aside.
2. Place the chicken in a roasting pan, use your hand to loosen the skin away from the breast. Push most of the butter mix into the gap. Rub the remaining mix all over the outside of the chicken, then stuff the cavity with the lemon halves and remaining thyme.
3. Roast for 1.5 hours, basting with the buttery juices after 30 minutes. When the chicken is crispy-skinned and the juices run clear, remove from the oven. Lift the chicken up, letting any juices run back into the tray. Transfer the chicken to a serving platter to rest for at least 10 minutes before serving.



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