



ON SALE
14TH AUGUST
2024



BUDGET BUSTER SALE

\$5.99
ea

SAVE \$6.01

Sanitarium Up & Go
Breakfast Drink 6x250mL
\$3.99 per 1L



ALL

1/2
PRICE

\$2.40
ea

SAVE \$2.40

Dolmio
Extra Pasta Sauce 490/500g



Nescafé
Coffee
Blend 43
140/150g

\$6.15
ea

SAVE \$6.24



\$1.49
ea

SAVE \$1.50

Heinz Baked Beans/
Spaghetti 300g
50¢ per 100g

Offers available from: 14/08/24 until 20/08/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian
**NAVEL
ORANGES 3kg**

\$5.50
bag

\$1.83 per 1kg



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

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— DRINKS, SNACKS & *Treats* —



\$3.60
ea

SAVE \$2.40

Powerade Sports Drink 1L

\$3.60 per 1L



\$27
ea

SAVE \$16.90

Coca-Cola 30x375mL

\$2.40 per 1L



\$2.25
ea

SAVE \$1.55

Coca-Cola/Fanta/Sprite Soft Drink 1.25L

\$1.80 per 1L



\$2.25
ea

SAVE 95¢

Mt Franklin Lightly Sparkling Water 1.25L

\$1.80 per 1L



\$22.99
ea

SAVE \$8.86

Pepsi/Solo/Sunkist/
Lemonade Canned Soft Drinks 24x375mL

\$2.55 per 1L



\$5.45
ea

SAVE \$2.35

Bundaberg Soft Drink 4x375mL

\$3.63 per 1L



\$3.49
ea

SAVE \$1.31

Smith's Potato Chips/
Doritos Corn Chips 130-175g



\$3.49
ea

SAVE \$1.21

Kellogg's Nutri-Grain/LCM Bars 5pk



\$1.25
ea

SAVE 95¢

Captain's Table Water Crackers 125g
\$1.00 per 100g

BUDGET BUSTER SALE


\$1 ea

SAVE \$1.50

Cadbury Medium Bars 30-60g


\$2.35 ea

SAVE \$2.40

belVita Duo Crunch 253g/Breakfast Biscuits 300g


\$1.75 ea

SAVE \$1.95

 Cheezels/Chickadees 125g
\$1.40 per 100g

\$7.99 ea

SAVE \$8.00

Twinings Teabags 80/100pk

ALL
1/2
PRICE


\$1.30 ea

SAVE \$1.39

 Greenseas Canned Tuna 95g
\$13.68 per 1kg

\$3.25 ea

SAVE \$3.25

 Colgate Advanced Whitening Toothpaste 115g
\$2.83 per 100g

\$2.99 ea

SAVE \$3.01

 Palmolive Luminous Oils Shampoo & Conditioner 350mL
85¢ per 100mL

\$1 ea

SAVE \$1.00

 Vegeta Stock Cubes 60g
17¢ per 10g

\$13.99 ea

SAVE \$14.01

 Omo Laundry Liquid 2L
\$7.00 per 1L



— FRESH MEAT & Produce —



Tasmanian
**BRUSHED
POTATOES 5kg**
\$1.38 per 1kg

\$6⁹⁰
bag

TASMANIAN



Beef
SCOTCH FILLET STEAK
Serving Suggestion (product sold uncooked)

\$37⁹⁹
kg

Australian Beef



Brown Onions 1kg
\$1.50 per 1kg

\$1⁵⁰
bag

TASMANIAN



Lamb Loin Chops

\$23⁹⁹
kg

Australian Lamb



JC's Peanuts
Salted/
Unsalted 500g
\$9.98 per 1kg

\$4⁹⁹
ea



TASMANIAN
scottsdale
pork
SINCE 1991

\$11⁹⁹
kg

Australian Pork



**JC's Delicious
Energy Mix 500g**
\$17.98 per 1kg

\$8⁹⁹
ea



scottsdale
pork
Tasmanian
Diced Pork
TENDER AND LEAN

\$10
ea

Australian Pork



**Nichols Chicken
Sausages 665g**
\$15.02 per 1kg

\$9⁹⁹
ea

TASMANIAN



Cripps
MUFFINS 6pk
83¢ per 100g

\$2⁹⁹ ea
SAVE \$2.30

TASMANIAN



Nichols
CHICKEN BREAST FILLETS

Serving Suggestion (product sold uncooked)

\$10⁹⁹ kg

TASMANIAN



Cripps Café Quality
Fruit Loaf 700g
57¢ per 100g

\$3⁹⁹ ea
SAVE \$1.60

TASMANIAN



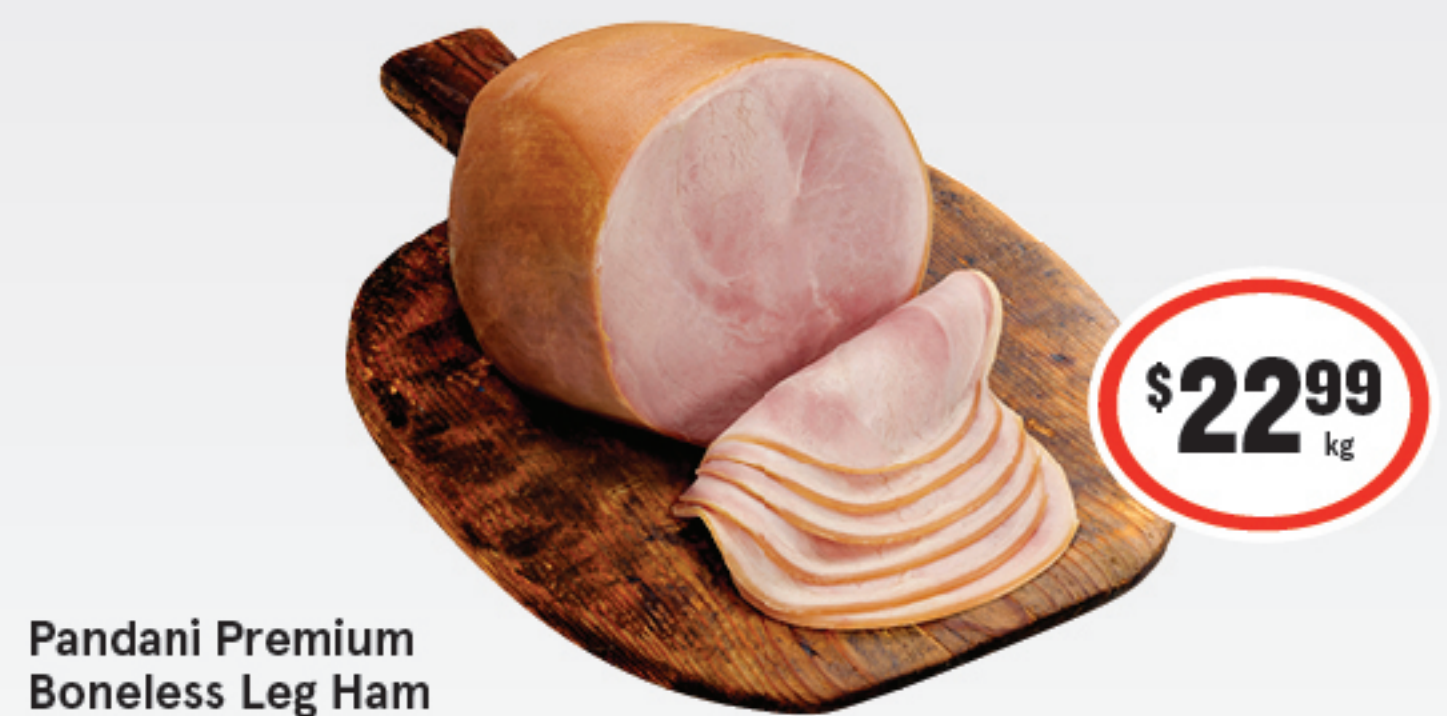
\$21⁹⁹ kg

Pandani Cheese Kransky



Happy Donut 4pk

\$5⁵⁰ ea
SAVE \$1.00



\$22⁹⁹ kg

Pandani Premium Boneless Leg Ham



1/2 PRICE

Mrs Brunt's Waffles
165/230g

\$2⁶⁹ ea
SAVE \$2.80

Mrs Brunt's Waffles 165/230g



Central Cake Co Fingers 6pk
300g NET

\$7⁹⁹ ea
SAVE \$1.60

TASMANIAN



\$19⁹⁹ kg

Ingham's Chicken Breast Supreme

PET. Savings

**1/2
PRICE**



\$3.25
ea

SAVE \$3.25

Fussy Cat Dry Food 500g
65¢ per 100g



\$12.50
ea

SAVE \$2.50

Pedigree Dry Dog Food 2.5/3kg

**1/2
PRICE**



89¢
ea

SAVE 90¢

Natures Gift Dog Food 100g
89¢ per 100g



Duck River Soft Butter 500g
\$1.20 per 100g



\$5.99
ea

SAVE 86¢

TASMANIAN



\$5.99
ea

SAVE \$1.01

Bega Block Cheese 250g
\$23.96 per 1kg



\$4.75
ea

SAVE \$1.85

Dairy Farmers Thick & Creamy Yoghurt 550/600g



\$6.99
ea

SAVE \$2.86

Pandani Middle Bacon 250g
\$27.96 per 1kg



\$4.15
ea

SAVE \$1.85

Lean Cuisine Frozen Lunches 280g
\$1.48 per 100g



\$7.49
ea

SAVE \$2.01

Peters Drumstick 4/6pk



\$9.99
ea

SAVE 91¢

Peters Ice Cream 4L
25¢ per 100mL



Edgell Beans/Chick Peas/Lentils 400g
\$4.98 per 1kg

\$1.99
ea

SAVE 21¢



Moccona Coffee Sachets 8/10pk

\$3.75
ea

SAVE \$2.25



Maggi 2 Minute Noodles 5pk (excl. Fusion)

\$4.25
ea

SAVE 75¢



Fountain Tomato/BBQ Sauce 2L
26¢ per 100mL

\$5.25
ea

SAVE \$2.75



Goulburn Valley Fruit 700g
\$5.70 per 1kg

\$3.99
ea

SAVE \$1.61



Uncle Tobys Quick Oats Sachets 10pk

\$4.99
ea

SAVE \$1.90



Sunsilk Shampoo/Conditioner 700mL
91¢ per 100mL

\$6.39
ea

SAVE \$6.50



Fairy Dish Tablets 41-52pk

30%
off

SELECT RANGE



iCare Paper Towel 2pk
\$1.88 per 100sh

\$2.25
ea

SAVE \$1.75



iCare Toilet Tissue
White Double Length 4pk
31¢ per 100sh

\$4.49
ea

SAVE \$1.50

BUDGET BUSTER SALE

SEE INSIDE FOR MORE SAVINGS



\$2.99
ea
SAVE \$3.01



Nestle Block Chocolate 118-200g



\$2.49
ea
SAVE \$2.51

Pascall/The Natural Confectionery Bags 120-300g

ALL
1/2
PRICE



\$1.40
ea
SAVE \$1.45

Kinder Bueno 39/43g



\$2.49
ea
SAVE \$2.51

Arnott's Chocolate Biscuits 160-250g (excl. Tim Tam)

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community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



Community Co
Strawberry Jam 500g
70¢ per 100g

\$3.50
ea
community Co



Community Co
Cordial Syrup 1L
\$3.69 per 1L

\$3.69
ea
community Co



Community Co
Rice Jasmine Thai 1kg
38¢ per 100g

\$3.75
ea
community Co



Community Co
Tortillas Original 8pk
\$1.10 per 100g

\$4
ea
community Co



Community Co
Sauce 500mL
50¢ per 100mL

\$2.50
ea
community Co



Community Co
Canola Oil 750mL
67¢ per 100mL

\$4.99
ea
community Co



Community Co Multi
Purpose Wipes 50pk
6¢ per 1ea

\$2.79
ea
community Co

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CRACKLED PORK ROAST



TASMANIAN
scottsdale
pork
SINCE 1991



\$11⁹⁹
kg



Scottsdale Boneless
Pork Shoulder Roast

Ingredients

- 2.5kg Boneless Pork Shoulder Roast, rind on and scored
- 2 Tablespoons Olive Oil
- 1 Tablespoon Sea Salt Flakes
- 2 x 500g Bags Microwavable Baby White Potatoes
- 3/4 Cup Finely Grated Parmesan
- 80g Butter, melted
- 1/4 Cup Sage Leaves
- optional - honey & mustard finishing sauce or chicken gravy, heated, to serve

What to do

1. Preheat oven to 240°C/220°C fan-forced. Rub the pork rind with oil then salt. Place pork into a shallow baking pan lined with baking paper. Roast for 40 minutes or until golden and a crackling forms.
2. Reduce heat to 180°C/160°C fan-forced and roast for 1 hour and 20 minutes or until 65°C when tested in the thickest part with a meat thermometer. Remove pork from the oven. Cover with foil and rest for 10 minutes.
3. Meanwhile, to make crunchy parmesan and sage potatoes, pierce the bag and microwave potatoes, one bag at a time, on high for 7 minutes each. Stand for 10 minutes to cool slightly. Drain and set aside to dry.
4. Sprinkle parmesan onto a large baking tray lined with baking paper. Drizzle with melted butter. Sprinkle with sage leaves. Using a potato masher, "squash" potatoes to about 2cm thick. Place potatoes onto cheese mixture. Place potatoes in the oven, in the last 35 minutes of cooking pork. Turn potatoes in the last 10 minutes of cooking.
5. Serve pork with potatoes and sauce or gravy.



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