



WHERE THE *locals* MATTER

ON SALE 28TH JULY 2021



Australian
**BEEF SCOTCH
FILLET STEAK**

\$37⁹⁹
kg



Serving Suggestion

BIG DEAL
SALE

ALL
**1/2
PRICE**



\$1⁶⁰
ea
SAVE \$1.60

Arnott's Shapes 140-190g



\$1⁹⁹
ea
SAVE \$2.01

Kellogg's Nutri-Grain/LCM Bars 6pk



Campbell's
Real Stock 1L
20¢ per 100mL

\$1⁹⁹
ea
SAVE \$2.01



\$1¹⁰
ea
SAVE \$1.15

Green's Essentials Cake Mix 340g
32¢ per 100g

SAVE EVEN MORE WITH THE BIG DEALS INSIDE

Offers available from 28/07/21 until 03/08/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Tasmanian
BRUSHED POTATOES 2.5kg
\$1.60 per 1kg

\$4_{bag}

island fresh
PRODUCE
brushed potatoes

Tasmanian Grown



Red
Capsicums

\$3⁹⁰
kg



Green
Cabbages

\$3
ea



JC's Peanuts
Salted/
Unsalted 500g
\$8.98 per 1kg

\$4⁴⁹
ea

Scottsdale
Boneless
Pork Scotch
Roast

\$16⁹⁹
kg



Nichols
Chicken
Kebabs

\$16⁹⁹
kg



Marion Bay
Free Range
Chicken

\$4⁹⁹
kg



Australian
LAMB LOIN CHOPS

Serving Suggestion

\$24⁹⁹
kg



Family Favourite
THIN BEEF SAUSAGES
Serving Suggestion

\$8⁹⁹ kg



Chicken
Breast
Chunks

\$9⁹⁹ kg



Diced
Lean
Bacon

\$10⁹⁹ kg



Virginian
Ham

\$13⁹⁹ kg

Mighty
Soft Sliced
Bread 700g
43¢ per 100g

\$2⁹⁹ ea

SAVE \$1.10



Simson's
Pantry Large
Wraps 8pk
84¢ per 100g

\$4⁶⁹ ea

SAVE 66¢



Central Cake
Co. French
Vanilla/Jelly
Slice 2pk

\$4⁹⁹ ea

SAVE \$2.00



**1/2
PRICE**



Cripps
**CAFÉ QUALITY
FRUIT LOAF 700g**
38¢ per 100g

\$2⁶⁴ ea

SAVE \$2.65





— SNACK & DRINK *Favourites* —



75¢
ea

SAVE 75¢

Foster Clarke's Snak Pack 120g
63¢ per 100g

NEW



\$1.99
ea

SAVE \$2.30

Ritz Cracker Bites 180g
\$1.11 per 100g

BIG DEAL

1/2 PRICE DEALS



\$1
ea

SAVE \$1.00

Oreo Cookie 133/147g



\$16.99
ea

SAVE \$4.60

Coca-Cola/Lift/Fanta/
Sprite Soft Drink Cans 375mL 24pk
\$1.89 per 1L



Juicy Isle
Cordial 2L
\$1.50 per 1L

\$2.99
ea

SAVE 36¢



Red Bull
Energy
Drink Bottle
330mL/Can
355mL

\$2.99
ea

SAVE 80¢



\$2.99
ea

SAVE \$1.01

Arnott's Tim Tam Biscuits 160-200g



\$2.99
ea

SAVE \$1.01

Pascall/
The Natural Confectionery Bags 160-280g



\$5.99
ea

SAVE 71¢

Smith's Potato Chips 18/20pk

— STOCK UP THE *Pantry* —



\$3.30 ea
SAVE \$3.45

Nescafé
Coffee Sachets 10pk/Gold 8pk

BIG DEAL

1/2 PRICE DEALS

\$1.99 ea
SAVE \$2.20

Dilmah Premium/
Extra Strength/Decaf Tea Bags 50pk

\$1.19 ea
SAVE \$1.30

Continental Cup-a-Soup 2pk

\$1.10 ea
SAVE \$1.10

Heinz Baked Beans/
Spaghetti 300g
37¢ per 100g

\$2.49 ea
SAVE \$1.40

Cadbury Drinking Chocolate 250g
\$1.00 per 100g

\$6.99 ea
SAVE \$2.56

Grinders Coffee 200g
\$3.50 per 100g

\$4.49 ea
SAVE \$1.20

Kellogg's Rice Bubbles/Coco Pops/
Froot Loops/Just Right 285-460g

\$4.99 ea
SAVE \$2.21

Capilano Honey Squeeze 375g
\$1.33 per 100g

\$2.99 ea
SAVE 50¢

Leggos Pasta Sauce 490/500g

\$1.25 ea
SAVE 35¢

Fantastic Noodles Cup 70g/Bowl 85g



— FILL UP THE FRIDGE & *Freezer* —



\$5.99
ea

SAVE \$2.00

McCain Pizza Singles/
Pockets 400g/Slices 600g



\$3.49
ea

SAVE 36¢

Birds Eye Battered Chips & Wedges 750g
\$4.65 per 1kg



\$6.99
ea

SAVE \$1.60

I&J Fish Battered/Crumbed Fillets 550g
\$12.71 per 1kg



\$3.49
ea

SAVE \$1.00

McCain Frozen Peas 1kg (excl. Baby)
\$3.49 per 1kg



\$3.99
ea

SAVE 50¢

Bulla Ice Cream 2L (excl. Nut Free)
20¢ per 100mL



\$4.99
ea

SAVE \$1.41

Sara Lee Pudding 475g
\$1.05 per 100g



\$2.69
ea

SAVE 31¢

Bulla Cottage Cheese 200g
\$13.45 per 1kg



\$2.99
ea

SAVE \$1.01

Unicorn Brie/Camembert Cheese 125g
\$23.92 per 1kg



\$3.49
ea

SAVE \$1.80

Mainland Tasty Cheese Slices 210g
\$16.62 per 1kg



\$2.99
ea

SAVE 80¢

Nuttelext Spread Original/Lite/Buttery 500g
60¢ per 100g



\$2.49
ea

SAVE 50¢

La Famiglia Just for 2 Garlic Bread 170g
\$1.46 per 100g



\$4.99
ea

SAVE \$1.70

Chris' Yoghurt Traditional Greek Style 1kg
50¢ per 100g

Tresemme
Shampoo &
Conditioner
350mL
\$1.14 per 100mL



\$3.99
ea
SAVE \$5.01

Colgate Plax
Mouth Wash
250mL
80¢ per 100mL



\$1.99
ea
SAVE \$2.11

BIG DEAL

1/2 PRICE DEALS

Multix
Coloured
X-Large
Tidy 20pk
12¢ per 1ea



\$2.49
ea
SAVE \$2.51



\$1.85
ea
SAVE \$1.85

Multix Clingwrap 33cm x 60m
3¢ per 1m



iCare Paper
Towel 2pk
\$1.46 per 100ea

\$1.75
ea
SAVE \$1.84



Bic Comfort 3 Advance/
Soleil Twilight Razors 4pk
\$1.00 per 1ea

\$3.99
ea
SAVE \$1.00



Duo Laundry Powder 2kg
\$3.00 per 1kg

\$5.99
ea
SAVE \$2.40



Sard
Wonder
Stain
Remover
420/500mL

\$3.99
ea
SAVE 86¢



Pedigree Dry Dog Food 8kg
25¢ per 100g

\$19.99
ea
SAVE \$8.80



Palmolive Ultra Dishwashing Liquid 400mL
62¢ per 100mL

\$2.49
ea
SAVE \$1.06



ISDC/
Kree Hand
Sanitiser
500mL
80¢ per 100mL

\$3.99
ea
LOW PRICE

SAVE EVEN MORE WITH THE BIG DEAL INSIDE

BIG DEAL

SALE



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 1.25L
\$1.59 per 1L

\$1.99
ea

SAVE 86¢



Cheezels/Chickadees 110/125g

\$1.99
ea

SAVE 66¢



Duck River Soft Butter 500g
90¢ per 100g

\$4.49
ea

SAVE \$1.31



Zoosh Dip 185g
\$1.08 per 100g

\$1.99
ea

SAVE 51¢



Chum Canned Dog Food 1.2kg
22¢ per 100g

\$2.59
ea

SAVE 61¢



Kleenex Toilet Tissue 45pk
23¢ per 100sh

\$18.99
ea

SAVE \$10.00

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 28/07/21 until 03/08/21

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

STEAK WITH MUSHROOM SAUCE



\$37⁹⁹
kg

Beef Scotch Fillet Steak
From the Meat Department

Ingredients

- 2 x 200g scotch fillet
- 1 tbsp (20mL) olive oil
- 1 cup sliced mushrooms
- 1/2 cup (125mL) cream

What to do

1. Heat a nonstick frying pan to high. Brush the steaks with oil. Season with sea salt and cracked pepper. Cook the first sides of the steaks until moisture appears (approx. 4 minutes), turn and cook for another 4 minutes for medium doneness. Remove from the pan, cover with foil, and allow to rest.
2. Into the same pan, add the mushrooms, stirring to blend with the pan juices. Add the cream and stir again until well combined. Lower heat and simmer to reduce and thicken slightly.
3. Place steaks onto serving plates and top with the decadent mushroom sauce.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

Lindt Excellence/
Lindor Chocolate
Block 100g
(excl. 70%)
\$3.99 per 100g

\$3.99
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



\$5.99
ea
LOW PRICE

On the Menu Frozen Meals 320g
\$1.87 per 100g



\$1.49
ea
LOW PRICE

Tamar Valley Kids Pouches 110g
\$1.35 per 100g



\$2
ea
LOW PRICE

Coca-Cola Cans 250mL
\$8.00 per 1L



\$2.49
ea
LOW PRICE

Samba Firelighters 36's
7¢ per 1ea



Ajax Spray
n' Wipe
Trigger
475/500mL

\$2.99
ea
LOW PRICE



\$6.49
ea
LOW PRICE

Tasmanian Mountain Spring Water 10L
65¢ per 1L



WHERE THE
locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info



THE BENEFITS OF MIXED FEEDING

MANY PET PARENTS WONDER IF THEY SHOULD BE FEEDING DRY FOOD, WET FOOD OR A COMBINATION OF THE TWO.

EACH FEEDING FORMAT OFFERS SPECIFIC ADVANTAGES, SO LET'S
CONSIDER SOME OF THEM.

DRY FOOD

- CONCENTRATED NUTRITION, SO YOU FEED LESS.
- ECONOMICAL, CONVENIENT TO USE AND STORE.
- CRUNCHY KIBBLES MAY HELP IMPROVE ORAL HEALTH.

WET FOOD

- HIGH MOISTURE CONTENT, HELPING TO MAINTAIN URINARY TRACT HEALTH
- LESS CALORIE DENSE, HELPFUL IN PROMOTING A HEALTHY BODY CONDITION
- PROVIDES VARIETY THROUGH AROMA, FLAVOUR, AND TEXTURE.



Please refer to feeding guides on product labels for the correct feeding portions for your pet.

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