

IGA Tasmania's BIG Grocery Giveaway!

www.igatas.com.au/big-grocery-giveaway



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WHERE THE *locals* MATTER

ON SALE 17TH JULY 2024

Visit IGATAS.COM.AU for more info



WIN A SHARE OF \$80,000
IN PRIZES INCLUDING
Groceries for a Year!

(\$15,000 value each, one major prize per week, 4 prizes in total)

TO FIND OUT MORE OR ENTER ONLINE VISIT WWW.IGATAS.COM.AU/BIG-GROCERY-GIVEAWAY



\$1.90
ea

Coca-Cola Soft Drink 1.25L
\$1.52 per 1L



\$2.40
ea

Doritos Corn Chips 150/170g



\$5.99
ea

Sorbent Toilet Tissue Hypo-Allergenic 12pk
28¢ per 100sh



\$4.75
ea

Peters Drumstick 4/6pk

**ALL
1/2
PRICE**

Offers available from 17/07/24 until 23/07/24
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

IGA Tasmania's BIG Grocery Giveaway!

Coca-Cola



Coca-Cola 30x375mL
\$2.40 per 1L



Coca-Cola Soft Drink 1.25L
\$1.52 per 1L



Coca-Cola/Mt Franklin Sparkling Water 10x375mL
\$2.93 per 1L



Powerade Sports Drink 1L
\$3.60 per 1L



Mount Franklin Lightly Sparkling Spring Water 1.25L
\$1.52 per 1L

IGA Tasmania's BIG Grocery Giveaway!

DISCOVER
A COFFEE
for every moment



Moccona
Specialty Blend Coffee 200g
\$6.75 per 100g

\$13.49
ea



Moccona Coffee Sachets 10pk

\$3.75
ea

1/2
PRICE



M&M's/Maltesers 130-180g

\$2.99
ea



Reese's Miniatures 120/150g

\$3.99
ea



BUY ANY OF THESE PRODUCTS* & SPEND \$30 TO ENTER

look for this icon!

BUY ME
TO ENTER!

*1 ENTRY PER BRAND, PER RECEIPT, TERMS & CONDITIONS APPLY



Cadbury Medium Bars 30-60g



Pascall/The Natural Confectionery Bags 120-280g



Cadbury Fingers 114g/Freddo Biscuit 167g



Bundaberg
Ginger Beer/Soft Drink 6x200mL
\$3.16 per 1L



Maggi 2 Minute Noodles 5pk
(excl. Fusian)



Sanitarium So Good
UHT Reg/Lite Soy Milk 1L
\$1.99 per 1L



Kellogg's Crunchy Nut/Froot
Loops/Just Right/Coco Pops 460-740g



Nestle Block Chocolate 118-200g



Handee Ultra Paper Towel 3pk
\$2.22 per 100ea



**BUY ANY PARTICIPATING PRODUCTS
FOR YOUR CHANCE TO WIN
\$500 IGA GIFT CARDS OR
GROCERIES FOR A YEAR!**

ENTER ONLINE AT WWW.IGATAS.COM.AU/BIG-GROCERY-GIVEAWAY



Sanitarium Weet-Bix 575g
39¢ per 100g



Nestle Milo 395/460g
(excl. Plant Based & Xtra)



Arnott's Scotch Finger/
Cream Biscuits 200-250g



Duck Fresh Discs 36mL
\$11.78 per 100mL



Yoplait Yoghurt 12pk
56¢ per 100g



Bega Stringers/Cheese Sticks 8pk
\$37.44 per 1kg



Duck River Butter Pat 250g
\$1.80 per 100g



Arnott's Savoy/Jatz 225/250g



Smith's Potato Chips 130-175g



— SNACK & DRINK Favourites —



Campbell's Canned Soup 495-510g



Fountain Squeezy
Tomato/BBQ Sauce 500mL
53¢ per 100mL



Greenseas Canned Tuna 95g
\$13.68 per 1kg



Wattie's Spaghetti/Baked Beans 420g
54¢ per 100g



Continental Cup-a-Soup 2pk



Johnno's Pasta Sauce 500g
\$1.29 per 100g



Vaseline Body Lotion 225mL
\$1.46 per 100mL



Windex Glass Cleaner 500mL
75¢ per 100mL



Palmolive Dishwashing Liquid 500mL
50¢ per 100mL



Ziploc Sandwich Bags 100s
5¢ per 1ea



Sunsilk Range



Swisspers Make Up Pads 80pk
3¢ per 1ea

IGA Tasmania's BIG Grocery Giveaway!

ASHGROVE
GRASS COW YOU

Fig Paste
FIG PASTE FOR CHEESE

Quince Paste
QUINCE PASTE FOR CHEESE

\$6.35 ea

ASHGROVE
GRASS COW YOU

Craft Lovers
TASMANIAN
5-IN-1 TASMANIAN SELECTION

Wine Lovers
5-IN-1 TASMANIAN SELECTION

\$11.49 ea

ASHGROVE
TASMANIAN
SIGNATURE RANGE

PARMESAN
CHEESE CRUNCHETTES

BLACK TRUFFLE
CHEESE CRUNCHETTES

\$4.15 ea

Ashgrove Quince/Fig Paste 100g
\$6.35 per 100g

Ashgrove Cheese Packs 250g
\$45.96 per 1kg

Ashgrove Signature Cheese Crunchettes 40g
\$10.38 per 100g

UNCLE TOBYS
QUICK SACHETS
Ready in 90 seconds

APPLE & CINNAMON

BERRY VARIETY

\$5.15 ea

Nestle
Whole Grain
No 1 Ingredient

Milo

UNCLE TOBYS
Plus

ANTIOXIDANTS
25% OF YOUR DAILY VITAMIN C-NEEDS**

\$5.15 ea

Uncle Tobys
Quick Oats
Sachets 10pk

Uncle Tobys Plus 410-435g/
Nestle Milo Cereal 330-350g



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Red Apples 1.5kg
\$2.63 per 1kg

\$3.95
bag



Leafy Salad 120g
\$16.58 per 1kg

\$1.99
packet



JC's Almonds Natural 500g
\$17.98 per 1kg

\$8.99
ea



Wilderness Beef
Beef Lean Mince
From the Meat Department

\$16.99
kg



Eliza's Loaves 500g
50¢ per 100g

\$2.49
ea



Family Farm Frozen Chips 1kg
\$2.99 per 1kg

\$2.99
ea



I&J Fish Battered/Crumbed Fillets 425g
\$15.27 per 1kg

\$6.49
ea



On the Menu
Frozen Meal 260g
\$1.34 per 100g

\$3.49
ea



Perfect Italiano Grated Cheese 150g
\$23.27 per 1kg

\$3.49
ea



Juicy Isle Chilled Fruit Drink 2L
\$1.75 per 1L

\$3.49
ea



La Famiglia Garlic Slices 270g
\$1.85 per 100g

\$4.99
ea

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Visit IGATAS.COM.AU for more info



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catalogue igatas.com.au/catalogues



LOCATE

find your local store here
igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



Tasmania's BIG Grocery Giveaway!

TERIYAKI BEEF MINCE STIR FRY



Wilderness Beef
Beef Lean Mince

\$16⁹⁹
kg

Ingredients

- 1 tsp cornstarch
- 500g lean beef mince
- 1 brown onion, diced
- 2 cup frozen stir fry vegetables
- 2 tbsp salt reduced soy sauce
- 1/2 tsp ginger, grated
- 1 tsp honey
- 2 tsp mirin
- 1 tsp sesame oil
- 3 spring onions, chopped
- 6 cups brown rice, cooked
- extra virgin olive oil for cooking

What to do

1. Make a cornstarch slurry by mixing the cornstarch with 3 tablespoons of water in a small bowl.
2. Heat a drizzle of olive oil in a heavy based frying pan over medium high heat, add the beef mince, breaking up the meat as you brown, then add onion.
3. Cook for 5-6 minutes until fragrant then add the frozen vegetables, the soy sauce, ginger, mirin, honey, sesame oil.
4. Cook for 2-3 minutes until the vegetables are tender then mix in the cornstarch slurry to thicken.
5. Garnish with spring onions on top and serve with brown rice.

IGA Tasmania's BIG Grocery Giveaway!

PARTICIPATING BRANDS



STARTS JULY 3RD

FINISHES JULY 30TH

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ON YOUR FAVOURITE BRANDS.



Maggi Recipe Base Sachets 21-43g



Coca-Cola Soft Drink 2L
\$1.98 per 1L



Monster Energy Drink 500mL
\$7.00 per 1L



Fancy Feast Dry Cat Food 430/450g



Cadbury Large
Block Chocolate 315-360g



William's Wraps 8pk
59¢ per 100g



Red Rock Deli Dip 150g
\$3.00 per 100g



Sakata Rice Crackers 90/100g



TASMANIAN



\$3.49
ea

Smith's Potato Chips 130-175g



\$2.40
ea

Doritos Corn Chips 150/170g



\$3.79
ea

Bundaberg Ginger Beer/Soft Drink 6x200mL
\$3.16 per 1L



FANTASTIC CLEANING — THAT'S SIMPLY — BRILLIANT

Duck Fresh Discs 36mL
\$11.78 per 100mL

1/2
PRICE

\$4.24
ea

Duck Extra Power
Toilet Shield 500mL
92¢ per 100mL



\$4.59
ea

Juicy Isle
Tasmania's Own



Juicy Isle Cordial 2L
\$1.75 per 1L

BUY ME
TO ENTER!
\$3.50
ea
LOW PRICE



Juicy Isle Chilled Fruit Drink 2L
\$1.75 per 1L

BUY ME
TO ENTER!
\$3.49
ea

Peters

1/2
PRICE

Peters
Drumstick
4/6pk



BUY ME
TO ENTER!
\$4.75
ea



Peters Ice Cream 4L
25¢ per 100mL

BUY ME
TO ENTER!
\$9.99
ea



Peters Twin Pole 8pk

BUY ME
TO ENTER!
\$6.99
ea



Tasmania's BIG Grocery Giveaway!



NATIONAL PIES FOR LOCAL HEROES



APPLY FOR A GRANT

\$1,000 AWARDED EACH MONTH!
\$10,000 MAJOR GRANT!

**FOR COMMUNITY GROUPS, SPORTING CLUBS,
OR NOT FOR PROFIT ORGANISATIONS**



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to learn more