

IGA Tasmania's BIG Grocery Giveaway!

www.igatas.com.au/big-grocery-giveaway



scan me!

WHERE THE *locals* MATTER

ON SALE 17TH JULY 2024

Visit IGATAS.COM.AU for more info



For the full
catalogue visit
[WWW.IGATAS.COM.AU/
CATALOGUES](http://WWW.IGATAS.COM.AU/CATALOGUES)

WIN A SHARE OF \$80,000 IN PRIZES INCLUDING Groceries for a Year!

(\$15,000 value each, one major prize per week, 4 prizes in total)

TO FIND OUT MORE OR ENTER ONLINE VISIT WWW.IGATAS.COM.AU/BIG-GROCERY-GIVEAWAY

BUY ME
TO ENTER!

\$1.90
ea

SAVE \$1.90



Coca-Cola Soft Drink 1.25L
\$1.52 per 1L



BUY ME
TO ENTER!

\$2.40
ea

SAVE \$2.40

Doritos Corn Chips 150/170g

BUY ME
TO ENTER!

\$5.99
ea

SAVE \$6.00



Sorbent Toilet Tissue Hypo-Allergenic 12pk
28¢ per 100sh

ALL
1/2
PRICE



BUY ME
TO ENTER!

\$4.75
ea

SAVE \$4.75

Peters Drumstick 4/6pk

Offers available from 17/07/24 until 23/07/24
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



WIN Groceries for a Year!

(\$15,000 value each, 4 prizes in total)

\$500 IGA Gift Cards

(40 prizes in total)



Big Grocery Giveaway 2023 Winner

this could be you!

HOW TO ENTER:

1



SHOP AT YOUR
LOCAL IGA TASMANIA
SUPERMARKET

2



SPEND \$30 AND INCLUDE
PRODUCTS* FROM THE
PARTICIPATING BRANDS

*1 entry per brand, per receipt

3



ENTER ONLINE WITH THE
OPTION OF UPLOADING
YOUR RECEIPT

4



RETAIN RECEIPT
FOR VALIDATION

STARTS JULY 3RD

FINISHES JULY 30TH

FIND MORE INFORMATION OR ENTER ONLINE AT
WWW.IGATAS.COM.AU/BIG-GROCERY-GIVEAWAY

IGA Tasmania's BIG Grocery Giveaway!

Coca-Cola



BUY ME TO ENTER!
\$27 ea
 SAVE \$16.90

Coca-Cola 30x375mL
 \$2.40 per 1L



BUY ME TO ENTER!
\$1.90 ea
 SAVE \$1.30

Mount Franklin Lightly Sparkling Spring Water 1.25L
 \$1.52 per 1L



BUY ME TO ENTER!
\$3.60 ea
 SAVE \$2.40

Powerade Sports Drink 1L
 \$3.60 per 1L



BUY ME TO ENTER!
\$10.99 ea
 SAVE \$6.91

Coca-Cola/Mt Franklin Sparkling Water 10x375mL
 \$2.93 per 1L

DISCOVER
 A COFFEE
for every moment



BUY ME TO ENTER!
\$13.49 ea
 SAVE \$7.01

Moccona Specialty Blend Coffee 200g
 \$6.75 per 100g



BUY ME TO ENTER!
\$3.75 ea
 SAVE \$2.25

Moccona Coffee Sachets 10pk



BUY ANY OF THESE PRODUCTS* & SPEND \$30 TO ENTER

look for this icon!

BUY ME
TO ENTER!

*1 ENTRY PER BRAND, PER RECEIPT, TERMS & CONDITIONS APPLY



\$2.99
ea

SAVE \$1.01

Arnott's Savoy/Jatz 225/250g



The Good Apple
Sparkling Apple
Juice 750mL
\$3.72 per 1L

\$2.79
ea

SAVE \$1.61

TASMANIAN



\$2.59
ea

SAVE 80¢

Juicy Isle Topping 375mL
69¢ per 100mL

TASMANIAN



\$3.99
ea

SAVE \$1.01

Maggi 2 Minute
Noodles 5pk (excl. Fusian)



\$1.99
ea

SAVE 86¢

Sanitarium So Good
UHT Reg/Lite Soy Milk 1L
\$1.99 per 1L



\$3.59
ea

SAVE \$2.41

Cadbury Share Pack 144-180g



30% off

SELECT RANGE

Voltaren Selected Range (excl. 20g)



\$4.99
ea

SAVE \$1.71

Ziploc Sandwich Bags 100s
5¢ per 1ea



\$3.99
ea

SAVE \$2.00

Handee Ultra Paper Towel 3pk
\$2.22 per 100ea

**BUY ANY PARTICIPATING PRODUCTS
FOR YOUR CHANCE TO WIN
\$500 IGA GIFT CARDS OR
GROCERIES FOR A YEAR!**

ENTER ONLINE AT WWW.IGATAS.COM.AU/BIG-GROCERY-GIVEAWAY



Cripps Master Hot Dog/
Lunch Rolls 6pk
67¢ per 1ea

**BUY ME
TO ENTER!**
\$3.99
ea
SAVE 80¢

TASMANIAN



Nestle Milo 395/460g
(excl. Plant Based & Xtra)

**1/2
PRICE**
**BUY ME
TO ENTER!**
\$4.99
ea
SAVE \$5.01



Arnott's Scotch
Finger/Cream Biscuits 200-250g

**BUY ME
TO ENTER!**
\$2.99
ea
SAVE 60¢



Kellogg's Crunchy Nut/Froot Loops/
Just Right/Coco Pops 460-740g

**BUY ME
TO ENTER!**
\$7.49
ea
SAVE \$2.51



Yoplait Yoghurt 12pk
56¢ per 100g

**BUY ME
TO ENTER!**
\$6.75
ea
SAVE \$1.25



Bega Stringers/Cheese Sticks 8pk
\$37.44 per 1kg

**BUY ME
TO ENTER!**
\$5.99
ea
SAVE \$1.01



Duck River
Butter Pat 250g
\$1.80 per 100g

**BUY ME
TO ENTER!**
\$4.49
ea
SAVE 71¢

TASMANIAN



National Pies Party Pies/
Sausage Rolls 12pk
\$1.25 per 100g

**BUY ME
TO ENTER!**
\$8.99
ea
SAVE \$1.50

TASMANIAN



Johnno's
Pasta Sauce 500g
\$1.29 per 100g

**BUY ME
TO ENTER!**
\$6.45
ea
SAVE \$1.05

TASMANIAN



— FRESH MEAT & Produce —



TASMANIAN

Lucaston Park

LEES ORCHARD

Tasmanian
RED APPLES 1.5KG

\$2.63 per 1kg

\$3⁹⁵
bag



Australian Beef

Wilderness Beef
BEEF LEAN MINCE

Serving Suggestion

\$16⁹⁹
kg

BUY ME TO ENTER!



Leafy Salad

\$16.58 per 1kg

\$1⁹⁹
packet



Australian Beef

Wilderness Beef
Scotch Fillet Steak

\$37⁹⁹
kg

BUY ME TO ENTER!



Grey Pumpkin

\$1²⁹
kg



Nichols Niblets Marinated Chicken Wings 1kg

\$9.99 per 1kg

\$9⁹⁹
ea

BUY ME TO ENTER!



JC's Natural Almonds 500g

\$17.98 per 1kg

\$8⁹⁹
ea



Australian Pork

Scottsdale Pork
Pork Scotch Steaks

\$20⁹⁹
kg



Australian Lamb

Wild Clover Lamb
Forequarter Chops

\$17⁹⁹
kg

TASMANIAN



Eliza's
LOAVES 500g

50¢ per 100g

BUY ME TO ENTER!

\$2.49 ea

SAVE \$1.91



Chicken
BREAST FILLETS

Serving Suggestion

\$10.99 kg

Australian Poultry

TASMANIAN



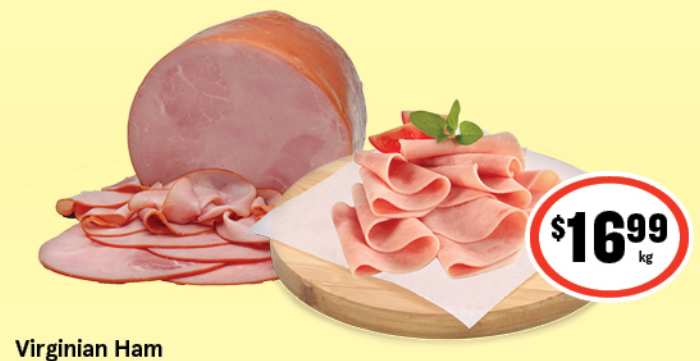
Cripps ANZAC/
Shortbread Biscuits 18pk

24¢ per 1ea

BUY ME TO ENTER!

\$4.39 ea

SAVE 76¢



Virginian Ham

\$16.99 kg

TASMANIAN



Cripps Fruit Buns 6pk

98¢ per 100g

BUY ME TO ENTER!

\$4.39 ea

SAVE \$1.41



Diced Bacon

\$10.99 kg

TASMANIAN



Central Cake Co
Lemoni Fingers 6pk

360g NET

\$7.99 ea

SAVE \$1.60



Suprema Aussie/
Cinnamon Scrolls 4pk

\$1.50 per 1ea

\$5.99 ea

SAVE \$1.16



Hungarian Salami
Hot & Mild

\$32.99 kg

IGA Tasmania's BIG Grocery Giveaway!

1/2
PRICE



BUY ME TO ENTER!
\$2.99 ea
SAVE \$3.16

M&M's/Maltesers 130-180g



BUY ME TO ENTER!
\$3.99 ea
SAVE \$1.96

Reese's Miniatures 120/150g



BUY ME TO ENTER!
\$3.49 ea
SAVE \$1.31

Smith's Potato Chips 130-175g



1/2
PRICE

BUY ME TO ENTER!
\$2.40 ea
SAVE \$2.40

Doritos Corn Chips 150/170g

1/2 PRICE

BUNDABERG
PASSIONFRUIT SPARKLING DRINK
AUSTRALIAN FAMILY OWNED

BUNDABERG
GINGER BEER
AUSTRALIAN FAMILY OWNED

MINI CANS
6 x 200mL

BUY ME TO ENTER!
\$3.79 ea
SAVE \$3.81

Bundaberg Ginger Beer/Soft Drink 6x200mL
\$3.16 per 1L

1/2 PRICE

Greenseas
TUNA
TUNA lemon & herb
TUNA sweet chilli

\$1.30 ea
SAVE \$1.39

Greenseas Canned Tuna 95g
\$13.68 per 1kg

1/2 PRICE

Continental
Classics
CREAMY CHICKEN & CORN
WITH CROUTONS
2 SERVES

\$1.59 ea
SAVE \$1.60

Continental Cup-a-Soup 2pk

Fountain
BARBECUE SAUCE
TOMATO SAUCE

\$2.65 ea
SAVE \$1.25

Fountain Squeezy
Tomato/BBQ Sauce 500mL
53¢ per 100mL

Campbell's
Country of Origin
CREAMY CHICKEN
CHUNKY BEEF & VEG

\$3.49 ea
SAVE \$1.36

Campbell's Canned Soup 495-510g

Wattie's
Spaghetti
in tomato sauce
Baked Beans

\$2.25 ea
SAVE 60¢

Wattie's Spaghetti/Baked Beans 420g
54¢ per 100g

V
ORIGINAL
ENERGY DRINK
4 CANS
250 mL

\$5.99 ea
SAVE \$4.31

V Energy Drink 4x250mL
\$5.99 per 1L

IGA Tasmania's BIG Grocery Giveaway!



Uncle Tobys
Quick Oats Sachets 10pk



Uncle Tobys Plus 410-435g/
Nestle Milo Cereal 330-350g



Juicy Isle Cordial 2L
\$1.75 per 1L



Juicy Isle Chilled Fruit Drink 2L
\$1.75 per 1L



Vegemite Squeezy 200g
\$2.15 per 100g



Bega Peanut Butter 470g
\$1.17 per 100g



Yarra Valley Jam 300g
\$1.58 per 100g



Flora Spread 500g
90¢ per 100g



Farmer's Union Yoghurt Pouches 130g
\$1.53 per 100g



Tamar Valley Natural
Greek Style Yoghurt 1kg
60¢ per 100g

IGA Tasmania's BIG Grocery Giveaway!



Quince Paste
100g e
\$6.35
SAVE \$2.00

Fig Paste
100g e
\$6.35
SAVE \$2.00

Ashgrove Quince/Fig Paste 100g
\$6.35 per 100g

Ashgrove Cheese Packs 250g
\$45.96 per 1kg

Ashgrove Signature Cheese Crunchettes 40g
\$10.38 per 100g

Wine Lovers
8-Piece Tasmanian Selection
\$11.49
SAVE \$2.00

Craft Beer Lovers
8-Piece Tasmanian Selection
\$11.49
SAVE \$2.00

Black Truffle
40g
\$4.15
SAVE \$1.20



1/2 PRICE
Peters Drumstick 4/6pk
\$4.75
SAVE \$4.75

Peters Ice Cream 4L
25¢ per 100mL
\$9.99
SAVE 91¢

Peters Twin Pole 8pk
\$6.99
SAVE \$2.01



La Famiglia Garlic Slices 270g
\$1.85 per 100g
\$4.99
SAVE \$1.51

Mainland Tasty Cheese Block 500g
\$15.98 per 1kg
\$7.99
SAVE \$2.01

Perfect Italiano Grated Cheese 150g
\$23.27 per 1kg
\$3.49
SAVE \$1.01

Family Farm Frozen Chips 1kg
\$2.99 per 1kg
\$2.99
SAVE 61¢

I&J Fish Battered/Crumbed Fillets 425g
\$15.27 per 1kg
\$6.49
SAVE \$1.01

On the Menu Frozen Meal 260g
\$1.34 per 100g
\$3.49
SAVE \$1.01

IGA Tasmania's BIG Grocery Giveaway!



ON YOUR FAVOURITE BRANDS.



Maggi Recipe Base Sachets 21-43g



Coca-Cola Soft Drink 2L
\$1.98 per 1L



Monster Energy Drink 500mL
\$7.00 per 1L



Fancy Feast Dry Cat Food 430/450g



Cadbury Large
Block Chocolate 315-360g



William's Wraps 8pk
59¢ per 100g



Red Rock Deli Dip 150g
\$3.00 per 100g



Sakata Rice Crackers 90/100g



IGA Tasmania's BIG Grocery Giveaway!



ON YOUR FAVOURITE BRANDS.



Uncle Tobys LeSnak 6pk
\$3.98 per 100g



BUY ME TO ENTER!
\$5.25 ea
LOW PRICE



Smiths Chips 45g

BUY ME TO ENTER!
\$1.50 ea
LOW PRICE



Ashgrove
Amazeballs 40g
\$9.98 per 100g

BUY ME TO ENTER!
\$3.99 ea
LOW PRICE

TASMANIAN



Maggi 2 Minute Noodles 12pk

BUY ME TO ENTER!
\$9.99 ea
LOW PRICE



Bundaberg Ginger Beer 750mL
\$4.27 per 1L

BUY ME TO ENTER!
\$3.20 ea
LOW PRICE



Johnnos Sauce 350g

BUY ME TO ENTER!
\$4.95 ea
LOW PRICE

TASMANIAN



Lotus Biscoff Spread 380/400g

BUY ME TO ENTER!
\$6.50 ea
LOW PRICE



Fancy Feast Cat Food 85g
\$1.88 per 100g

BUY ME TO ENTER!
\$1.60 ea
LOW PRICE

IGA Tasmania's BIG Grocery Giveaway!



Duck Fresh Discs 36mL
\$11.78 per 100mL



FANTASTIC CLEANING
— THAT'S SIMPLY —
BRILLIANT



Duck Extra Power
Toilet Shield 500mL
92¢ per 100mL



Vaseline Body Lotion 225mL
\$1.46 per 100mL



Sunsilk Range



Swisspers Make Up Pads 80pk
3¢ per 1ea



Omo Laundry Liquid 2L
\$7.00 per 1L



Palmolive Dishwashing Liquid 500mL
50¢ per 100mL



Windex Glass Cleaner 500mL
75¢ per 100mL

IGA Tasmania's BIG Grocery Giveaway!

PARTICIPATING BRANDS





Tasmania's BIG Grocery Giveaway!

WIN A SHARE OF \$80,000 IN PRIZES

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Cadbury Medium Bars 30-60g



Pascall/The Natural Confectionery Bags 120-280g



Arnot's Deluxe Tim Tam Biscuits 175g
\$1.57 per 100g



Cadbury Fingers 114g/Freddo Biscuit 167g



Sanitarium Weet-Bix 575g
39¢ per 100g



Nestle Block Chocolate 118-200g

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Visit IGATAS.COM.AU for more info

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SUBSCRIBE to receive our weekly online catalogue igatas.com.au/catalogues

LOCATE find your local store here igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



Tasmania's BIG Grocery Giveaway!

TERIYAKI BEEF MINCE STIR FRY



Wilderness Beef
Beef Lean Mince

\$16⁹⁹
kg

Ingredients

- 1 tsp cornstarch
- 500g lean beef mince
- 1 brown onion, diced
- 2 cup frozen stir fry vegetables
- 2 tbsp salt reduced soy sauce
- 1/2 tsp ginger, grated
- 1 tsp honey
- 2 tsp mirin
- 1 tsp sesame oil
- 3 spring onions, chopped
- 6 cups brown rice, cooked
- extra virgin olive oil for cooking

What to do

1. Make a cornstarch slurry by mixing the cornstarch with 3 tablespoons of water in a small bowl.
2. Heat a drizzle of olive oil in a heavy based frying pan over medium high heat, add the beef mince, breaking up the meat as you brown, then add onion.
3. Cook for 5-6 minutes until fragrant then add the frozen vegetables, the soy sauce, ginger, mirin, honey, sesame oil.
4. Cook for 2-3 minutes until the vegetables are tender then mix in the cornstarch slurry to thicken.
5. Garnish with spring onions on top and serve with brown rice.



Tasmania's BIG Grocery Giveaway!



NATIONAL PIES FOR LOCAL HEROES



APPLY FOR A GRANT

\$1,000 AWARDED EACH MONTH!
\$10,000 MAJOR GRANT!

**FOR COMMUNITY GROUPS, SPORTING CLUBS,
OR NOT FOR PROFIT ORGANISATIONS**



scan
to learn more