





## — SNACK & DRINK Favourites —





Cadbury Bites 110-150g



Allen's Jelly/ Mint Confectionery Range 150-200g

Cadbury Family Block Chocolate 160-190g



Poppin Microwave Popcorn 400g \$1.00 per 100g



Smith's Potato Chips/ Doritos Corn Chips 130-175g





Coca-Cola 375mL 30pk \$1.78 per 1L





Monster Energy Drink 500mL 4pk \$3.50 per 1L

### - PANTRY, HOME & Pet -









Nescafé Coffee Blend 43 140/150g



Edgell Corn Kernels/Creamed Corn 420g \$2.38 per 1kg



Kleenex Viva Paper Towel 6pk \$1.94 per 100ea



Cold Power Laundry Liquid 1.8/2L/Powder 1.8/2kg





Sorbent
Facial Tissues Thick & Large 95s (excl. Papaw)
\$1.57 per 100ea



My Dog Tray 100g \$1.00 per 100g



Schmackos Strapz 200g \$2.50 per 100g









Central Cake Co French Vanilla/Jelly Slice 2pk

JC's Peanuts Salted/Unsalted 500g \$8.98 per 1kg



**Tamar Valley Natural Greek Style Yoghurt 1kg** 40¢ per 100g



**Duck River Soft Butter 500g** 90¢ per 100g





Ingham's Chicken Breast Tenders 400g \$12.48 per 1kg



Pampas Puff/Shortcrust Pastry 1kg 40¢ per 100g



**Peters Ice Cream 4L** 20¢ per 100mL

Offers available from 23/06/21 until 29/06/21

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## **SOOTHE THOSE**

**Sorbent Facial Tissues Thick &** Large 95s (excl. Papaw) \$1.57 per 100ea







Vicks Inhalers/ Vaporub 50g

'99

**Panadol** 

Fisherman's

Lozenges 25g

\$7.96 per 100g

\$199

Friend

Vicks Vapodrops 24pk 17¢ per 1ea







Nyal Cold & Flu Cough/ Day and Night 24s 42¢ per 1ea







Nyal Dry Cough/ Chesty Cough Mix 200mL \$3.50 per 100mL









# Just the good stuff

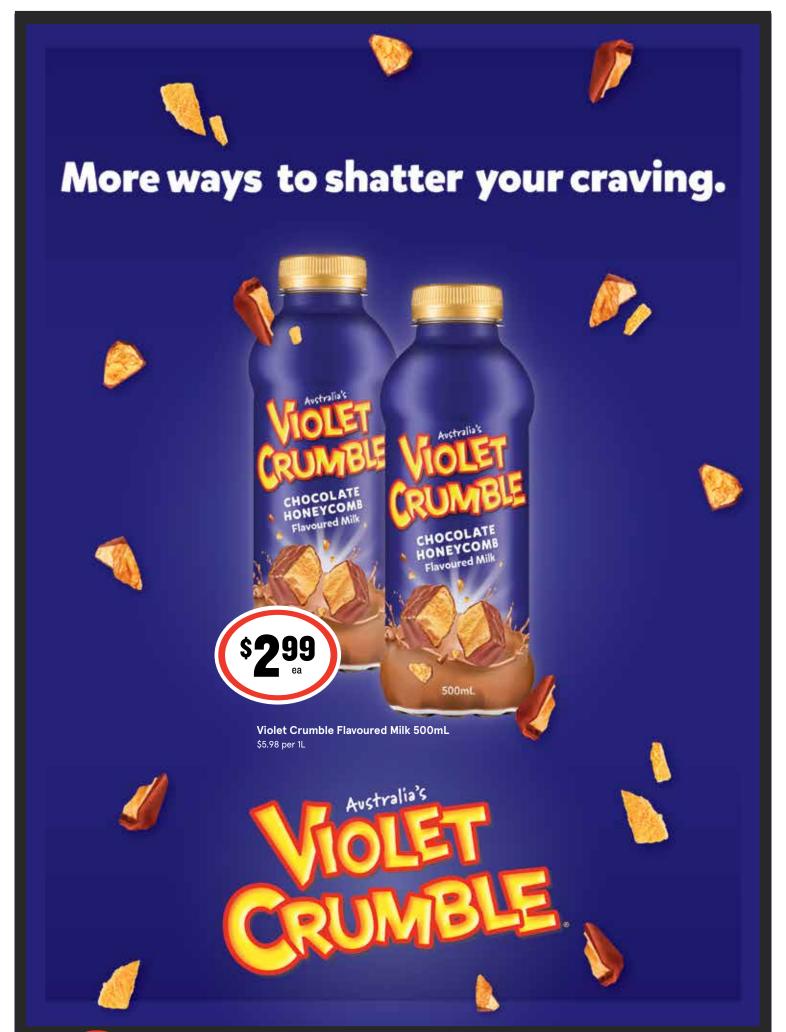
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Doing right by communities, the environment,

and your taste buds.



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## **Ingredients**

- · I sheet Pampas Puff Pastry, thawed
- · 2 tsp olive oil
- · 2 rashers streaky bacon, chopped
- · 4 asparagus spears, trimmed & chopped
- · 5 eggs
- · 2 tbsp cream
- ·1/2 cup corn kernels
- · 2 tbsp grated cheddar
- · I spring onion, thinly sliced

## What to do

- I. Preheat oven to 220°C conventional or 200°C fan-forced. Lightly spray 4 holes of a 3/4 cup (180ml) texas muffin tin with oil.
- 2. Cut sheet into 4 squares. Line prepared holes with pastry. Chill until needed.
- 3. Heat oil in a large frying pan over medium-high heat. Cook bacon for 2-3 minutes or until browned. Drain on paper towel. Cook asparagus in a small saucepan of boiling water for I minute. Drain and cool in cold water. Drain. Whisk I egg and cream in a large jug. Add bacon, asparagus, corn, cheese and most of onion. Season with pepper. Divide between pastry shells. Bake for IO minutes. Break an egg into each tart shell. Top with reserved onion. Bake for another IO-I2 minutes for a runny yolk or until your liking. Season and serve immediately.