



MAJOR SAVERS



ON SALE 28TH JUNE 2023

Pepsi/Solo/
Sunkist/
7Up Soft
Drink 1.25L
\$1.12 per 1L



\$1.40
ea

SAVE \$1.45

ALL

**1/2
PRICE**



89¢
ea

SAVE \$1.11

Cadbury/Fry's/Europe/Toblerone
Medium Bars 30-60g



\$3.45
ea

SAVE \$3.50

Uncle Tobys Flavoured Oats 10pk/
Hi Fibre 8pk



\$1.19
ea

SAVE \$1.30

Tamar Valley Kids Pouches 110g
\$1.08 per 100g

Offers available from: 28/06/23 until 04/07/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

SEE INSIDE FOR MORE SAVINGS



Ingham's
**BAGGED WHOLE
CHICKEN**
\$6.99
kg



Serving Suggestion (Product Sold Uncooked)

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save



MAJOR SAVERS



\$2.75
ea

SAVE \$2.75

Nestle Block Chocolate 118-200g



\$1.99
ea

SAVE \$2.01

The Natural Confectionery Company
Bags 180-230g



\$5.19
ea

SAVE \$5.30

Cadbury Roses Boxed Chocolates 225g
\$2.31 per 100g



\$1.99
ea

SAVE \$2.01

Cadbury Fingers 114g/
Freddo Biscuit 167g

**ALL
1/2
PRICE**



\$2.25
ea

SAVE \$2.25

Campbell's Real Stock 1L
23¢ per 100mL



\$2.49
ea

SAVE \$2.51

Violet Crumble Bites/Nuggets 120-180g



\$2.49
ea

SAVE \$2.51

Uncle Tobys Meusli Bars 6pk
\$1.35 per 100g



\$2.35
ea

SAVE \$2.40

belVita Breakfast Biscuits 6pk/Yoghurt
Duo 5pk/Soft Bakes 4pk

MAJOR SAVERS



Nivea Aerosol Deodorant 250mL
\$1.70 per 100mL



Nivea Antiperspirant Roll-On 50mL
\$4.60 per 100mL



Tresemme Shampoo & Conditioner 940mL
74¢ per 100mL



Tresemme Hair Spray 360g
\$1.36 per 100g

ALL
1/2
PRICE



Colgate Advanced/Max Toothpaste
180/200g



Ajax Professional Mould Remover/Bathroom Trigger 500mL
70¢ per 100mL



Tidbits Natural Bites 180g
\$1.66 per 100g



— FRESH MEAT & *Produce* —



Tasmanian
BAGGED MESCLUN 120g
\$28.75 per 1kg

\$345 bag

Tasmanian Grown

WASHED AND READY TO USE

Baby Mesclun Salad
Naturally Healthy, Fresh and Convenient

25 YEARS

2000 THERMALS HOUSTON'S FARM



Tasmanian Grown

Broccoli

\$390 kg



Grown in Australia

Red Capsicum

\$490 kg



JC's Quality Outback Mix 500g
\$19.98 per 1kg

\$999 ea



Beef Rump Steak

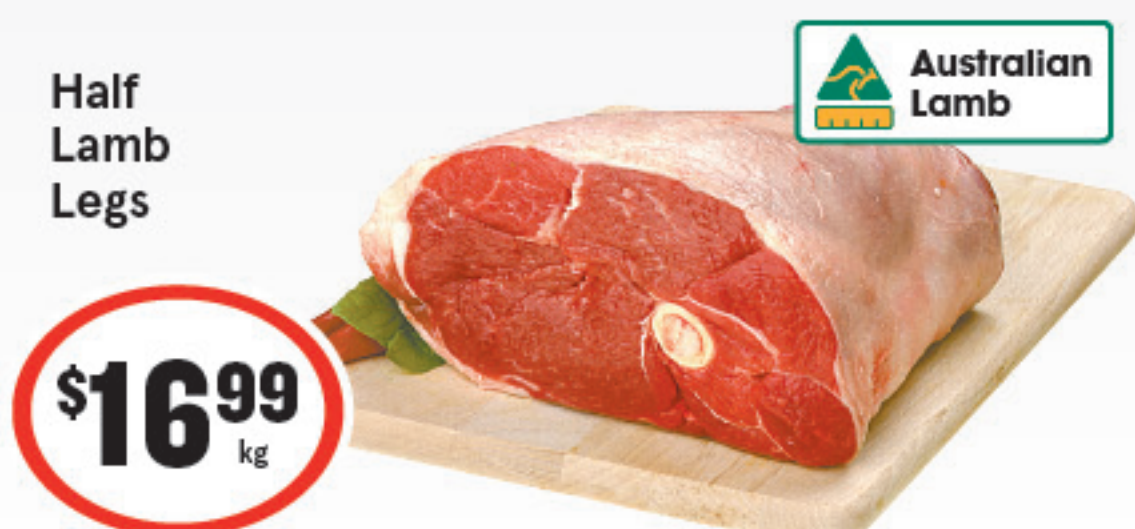
\$2499 kg

Australian Beef



Mixed Grill Pack

\$1999 kg



Half Lamb Legs

\$1699 kg

Australian Lamb



Scottsdale

ARTISAN CAROLINA/MEMPHIS MARINATED PORK SHOULDER

Serving Suggestion (Product sold uncooked)

\$1499 kg

ARTISAN PORK SHOULDER
CAROLINA-STYLE



Roundless
SHORTCUT BACON

Serving Suggestion (Product sold uncooked)

\$18⁹⁹ kg



Bacon Pieces

\$9⁹⁹ kg



Oven Roasted/
Sweet Herb
& Mustard
Turkey Breast

\$25⁹⁹ kg



Chicken
Breast
Chunks

\$11⁹⁹ kg

Williams
Wraps 8pk
71¢ per 100g

\$3⁹⁹ ea

SAVE \$1.00



Cripps Café
Quality Fruit
Loaf 700g
54¢ per 100g

\$3⁷⁹ ea

SAVE \$1.80



National Pies
Party Pies/
Rolls 6pk

\$6⁹⁹ ea

SAVE \$1.80




Mission
PIZZA BASE 400g

\$1.19 per 100g – Serving Suggestion

\$4⁷⁵ ea

SAVE 94¢

BLACK & GOLD
VALUE EVERY DAY



BLACK & GOLD
\$1.65
ea

Black & Gold Tomato Paste 500g
33¢ per 100g



BLACK & GOLD
\$7.69
ea

Black & Gold Vegetable Oil 2L
38¢ per 100mL



BLACK & GOLD
\$1.10
ea

Black & Gold Tomatoes Chopped 400g
\$2.75 per 1kg



BLACK & GOLD
\$6.99
ea

Black & Gold Salted Butter 500g
\$1.40 per 100g



BLACK & GOLD
\$1.89
ea

Black & Gold White Sugar 1kg
19¢ per 100g



BLACK & GOLD
\$1.89
ea

Black & Gold Vinegar White 2L
9¢ per 100mL

BLACK & GOLD®

VALUE EVERY DAY



Black & Gold Raw Sugar 1kg
20¢ per 100g



Black & Gold Longlife Milk 1L
\$1.79 per 1L



Black & Gold Shredded Cheese 500g
\$16.98 per 1kg



Black & Gold Garlic Bread 2x225g
55¢ per 100g



Black & Gold Chicken Nuggets 500g
\$8.98 per 1kg



Black & Gold Paracetamol 20pk
5¢ per 1ea



— TREATS, SNACKS & *Drinks* —

NEW TROPICAL TANG FLAVOUR 500mL & 4 PACKS



\$2.99
ea

SAVE \$2.00

V Energy Drink 500mL
\$5.98 per 1L



1/2
PRICE

\$9.90
ea

SAVE \$9.99

V Energy Drink 4x500mL
\$4.95 per 1L

CAN YOU *feel* IT



\$2.69
ea

SAVE \$1.31

Pascall Confectionery Bags 150-280g



\$4.99
ea

SAVE \$3.00

Kez's Kitchen Gluten Free Biscuits 150-210g



\$3.49
ea

SAVE \$1.31

Smith's Potato Chips/Doritos Corn Chips 130-175g



\$4.49
ea

SAVE \$1.51

Kettle Potato Chips 150/165g



\$11
ea

SAVE \$8.00

Coca-Cola/Sprite /Fanta 12x300mL
\$3.06 per 1L



\$4.49
ea

SAVE \$2.41

Schweppes Mixer Soft Drink 4x300mL
\$3.74 per 1L



\$3.49
ea

SAVE \$2.26

Powerade Sports Drink 1L
\$3.49 per 1L



\$24.55
ea

SAVE \$10.00

Coca-Cola/Fanta/Sprite
Soft Drink Cans 24 x 375mL
\$2.73 per 1L



\$8.99
ea

SAVE \$2.50

Nescafé Blend 43 140/150g/Gold
90/100g (excl. Decaf/Short Black)



\$3.99
ea

SAVE \$1.66

Tetley Tea Cup/All Rounder Tagless Tea
Bags 100pk



\$3.49
ea

SAVE \$2.51

Moccona Coffee Sachets 10pk



\$3.75
ea

SAVE 74¢

Nutella Spread 220g
\$1.70 per 100g



\$2.70
ea

community Co

Community Co
Strawberry Jam 500g
54¢ per 100g



\$6.49
ea

SAVE \$2.86

Kellogg's Nutri-Grain/Special K/Sultana
Bran 470-700g



\$4.49
ea

SAVE \$1.01

Betty Crocker Baking Mixes 400-540g/
Frosting 400g



\$1.99
ea

SAVE 81¢

Obento Panko Bread crumbs 200g
\$1.00 per 100g



\$2.99
ea

SAVE \$1.16

MasterFoods Squeezy Tomato/BBQ
Sauce 475/500mL



— FILL UP THE FRIDGE & *Freezer* —



Peters Ice Cream 4L
25¢ per 100mL



Peters Drumstick 4/6pk



McCain Pub Size Frozen Meals
480/500g



Chiko Roll 4pk
84¢ per 100g



Zoosh Dip 185g
\$1.45 per 100g



Cheer Tasty Cheese Block 1kg
\$12.99 per 1kg



Philadelphia Cream Cheese Block 250g
\$19.00 per 1kg



Spreyton Fresh Juice 2L
\$2.50 per 1L



Flora Spread 500g
80¢ per 100g



\$12.99
ea

SAVE \$5.30

Earth Choice Dishwash Tablet 42s
\$1.93 per 100g



\$4.99
ea

SAVE \$1.00

Handee Ultra Paper Towel 3pk
\$2.77 per 100ea



\$2.25
ea

SAVE 25¢

Nestle Soothers/Anticol 10pk
23¢ per 1ea



\$4.99
ea

SAVE \$3.50

Duck Fresh Discs 36mL
\$13.86 per 100mL



\$4.99
ea

SAVE \$1.00

iCare Toilet Tissue White
Double Length 4pk
35¢ per 100sh



\$4.99
ea

SAVE \$1.00

Nestle Soothers Throat Gummies 150g
\$3.33 per 100g



\$3.99
ea

SAVE \$1.66

Little Lucifer Firelighters 24pk
17¢ per 1ea



\$1.49
ea

SAVE 36¢

Optimum Dog Food 100g
\$1.49 per 100g



\$1.99
ea

SAVE 31¢

Sorbent Thick & Large Facial Tissues 95s
\$2.09 per 100ea



\$1.60
ea

LOW PRICE

Fancy Feast Cat Food 85g
\$1.88 per 100g



\$3.79
ea

SAVE \$1.20

My Dog Canned Dog Food 680g
56¢ per 100g



\$2.49
ea

SAVE 51¢

Palmolive Softwash
Liquid Soap Pump 250mL
\$1.00 per 100mL

MAJOR SAVERS

Quick & Easy MEALS



\$1
ea
SAVE 25¢

San Remo La Pasta Range 80g
\$1.25 per 100g



\$3.69
ea
SAVE 90¢

Leggo's Pasta Sauce 490/500g



\$1.89
ea
community Co

Community Co
Pasta 500g



\$3.69
ea
SAVE 70¢

Kantong Simmer Sauce 505-520g



\$3.49
ea
SAVE 76¢

Heinz Baked Beans/Spaghetti 535/555g



\$7.99
ea
SAVE \$2.80

Birds Eye Oven Bake Fish Fillets 425g
\$18.80 per 1kg



\$4.49
ea
SAVE \$1.00

McCain Beer Batter Wedges/Chips 750g
\$5.99 per 1kg

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Offers available from 28/06/23 until 04/07/23

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igatas.com.au/store-locator



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SEE INSIDE FOR MORE SAVINGS

LEEK CACIO PEPE



Campbell's Real Stock 1L
23¢ per 100mL



Community Co
Pasta 500g

Ingredients

- 500g Community Co Spaghetti
- 2 leeks, finely sliced
- 1 cup parmesan cheese, grated
- 1 tsp freshly ground pepper
- 50g butter
- 1 cup Campbell's Chicken/Vegetable Stock

What to do

1. In a pan over low heat, saute the garlic in olive oil making sure it doesn't brown. Add the sliced leek and 1 cup of stock and let it simmer covered for 20-25 minutes or until leeks are soft. When leeks are soft enough, process with a handheld blitzer to make a smooth creamy sauce.
2. Return sauce back to the pan, add the grated cheese and season well with salt and pepper.
3. Meanwhile while leeks are cooking, cook the spaghetti in a large pot of salted boiling water according to the packet instructions. Reserve a cup of the starchy cooking liquid then drain, rinse pasta in cold running water and set aside.
4. Toss the cooked pasta into the leek pan, loosen the sauce with the reserved cooking liquid and butter.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

Satisfy your Sweet Tooth

1/2
PRICE

NEW LOOK,
SAME GREAT
TASTE

Nestlé
KitKat



MILK
CHOCOLATE



ENERGY
340kJ
8% DV*

1 ROW

Be treatwise
Enjoy a balanced diet



Cocoa

170g e



ENERGY
340kJ
8% DV*

1 ROW

Be treatwise
Enjoy a balanced diet

18g e

\$2.75
ea

SAVE \$2.75

Nestlé Block Chocolate 118-200g

Nestlé

®



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