



WHERE THE *locals* MATTER

ON SALE 23RD JUNE 2021



Nichols
**WHOLE BAGGED
CHICKEN**

\$3⁹⁹ kg



Serving Suggestion

GIGANTIC
Sale!

BETTER THAN

1/2
PRICE



\$1⁰⁹
ea

SAVE \$1.36

Arnott's Plain Sweet Biscuits 250g
44¢ per 100g

BETTER THAN

1/2
PRICE



\$2²⁵
ea

SAVE \$3.25

White Wings Baking Mixes 400-560g

1/2
PRICE



\$1¹⁹
ea

SAVE \$1.30

Continental Cup-a-Soup 2pk



\$5⁹⁹
ea

SAVE \$2.90

Quilton Toilet Tissue 12pk
28¢ per 100sh

GIGANTIC SALE ON NOW!

Offers available from 23/06/21 until 29/06/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Tasmanian Grown

Tasmanian
GREEN/RED CABBAGE

\$3^{ea}



Tasmanian Grown

Washed Potatoes 2kg
\$2.00 per 1kg

\$4^{bag}



Tasmanian Grown

Brown Onions 1kg
\$1.50 per 1kg

\$1⁵⁰_{bag}



JC's Salted/Unsalted Peanuts 500g
\$8.98 per 1kg

\$4⁴⁹_{ea}

Half Lamb Legs



Australian Lamb

\$15⁹⁹_{kg}

BBQ Meat Pack



\$17⁹⁹_{kg}

Scottsdale Artisan Glazed Pork Ribs



Australian Pork

\$19⁹⁹_{kg}



Australian Beef

Australian
BEEF PORTERHOUSE STEAK

Serving Suggestion

\$32⁹⁹_{kg}



Family Favourite
EPHING SAUSAGES
Serving Suggestion

\$8⁹⁹ kg



Chicken
Breast
Fillets

\$9⁹⁹ kg



Champagne
Ham

\$12⁹⁹ kg



Oven Roasted/
Sweet Herb
& Mustard
Turkey Breast

\$25⁹⁹ kg

Cripps
Dinner
Rolls 8pk
31¢ per 1ea



\$2⁴⁹ ea

SAVE \$1.50

National Premium
Pies 2pk
(excl. Cottage/
Chunky Beef)



\$5²⁵ ea

SAVE \$2.10

Cripps Fruit
Buns 6pk
58¢ per 1ea



\$3⁴⁹ ea

SAVE \$1.50



Central Cake Co
**FRENCH VANILLA/
JELLY SLICE 2PK**

\$4⁹⁹ ea

SAVE \$2.00



— SNACK & DRINK *Favourites* —



\$2⁹⁹
ea

SAVE \$2.01

Cadbury Family Block Chocolate 160–190g



\$2⁴⁹
ea

SAVE \$1.51

Cadbury Bites 110–150g



\$1⁹⁹
ea

SAVE \$1.01

Allen's Jelly/
Mint Confectionery Range 150–200g



\$3⁹⁹
ea

SAVE \$2.00

Poppin Microwave Popcorn 400g
\$1.00 per 100g



\$2⁶⁹
ea

SAVE 81¢

Smith's Potato Chips/
Doritos Corn Chips 130–175g



1/2
PRICE

\$1
ea

SAVE \$1.10

Kinder Choc Littleones 50g
\$2.00 per 100g



\$1⁹⁹
ea

SAVE \$5.00

Coca-Cola 375mL 30pk
\$1.78 per 1L



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 2L
\$1.33 per 1L

\$2⁶⁵
ea

SAVE 54¢

Monster Energy Drink 500mL 4pk
\$3.50 per 1L



\$6⁹⁹
ea

SAVE \$5.20



\$3⁴⁹
ea

SAVE 51¢

Cascade Mixers 200mL 4pk
\$4.36 per 1L



Product of
Tasmania

\$6⁹⁹
ea

SAVE 71¢

Hartz Spring Water 10L
70¢ per 1L



Red Bull
Energy
Drink
473mL
\$7.80 per 1L

\$3⁶⁹
ea

SAVE 90¢

— STOCK UP THE *Pantry* —



\$1
ea

SAVE 87¢

Edgell Corn Kernels/Creamed Corn 420g
\$2.38 per 1kg



\$2.49
ea

SAVE 56¢

SunRice
Plain Microwave/Premium Rice Pouch 250g
\$1.00 per 100g

1/2
PRICE



\$1.88
ea

SAVE \$1.91

Campbell's Canned Soup 495-510g (excl. Bone Broth)



\$1.99
ea

SAVE 56¢

Gravox Liquid Gravy/Sauce 165g
\$1.21 per 100g



\$1.99
ea

SAVE 60¢

Continental Standard
Pasta & Sauce/Seasoned Rice 85-125g



\$4.99
ea

SAVE \$1.01

Uncle Tobys Quick/Traditional Oats 1kg
50¢ per 100g



\$2.49
ea

SAVE \$1.40

Cadbury Drinking Chocolate 250g
\$1.00 per 100g



\$5.99
ea

SAVE \$4.00

Nescafé Coffee Blend 43 140/150g



1/2
PRICE

\$3.35
ea

SAVE \$3.40

Dilmah Premium Tea Bags 100pk
\$1.68 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Duck River Soft Butter 500g
90¢ per 100g

\$4.49
ea

SAVE \$1.31



Mainland
Tasty Cheese
Block 500g
\$11.98 per 1kg

\$5.99
ea

SAVE \$3.01



Mainland On the Go
Cheese & Crackers 50g/Artisan 38g

\$1.99
ea

SAVE 60¢



Tamar Valley
Natural Greek Style Yoghurt 1kg
40¢ per 100g

\$3.99
ea

SAVE \$2.80



Danone YoPro Yoghurt 160g
\$1.24 per 100g

\$1.99
ea

SAVE \$0.41



Violet
Crumble
Flavoured
Milk 500mL
\$5.98 per 1L

\$2.99
ea

SAVE \$1.51



Ingham's Chicken Breast Tenders 400g
\$12.48 per 1kg

\$4.99
ea

SAVE 80¢



Chiko Roll 650g
69¢ per 100g

\$4.49
ea

SAVE \$1.51



McCain Red Box Meal 310/320g

\$5.99
ea

SAVE \$2.16



Pampas Puff/Shortcrust Pastry 1kg
40¢ per 100g

\$3.99
ea

SAVE \$1.96



Peters Drumstick/Maxibon 4/6pk

\$6.99
ea

SAVE \$1.41



Peters Ice Cream 4L
20¢ per 100mL

\$7.99
ea

SAVE \$2.01

**1/2
PRICE**



Tresemme
Shampoo &
Conditioner
900mL
61¢ per 100mL

\$5.49
ea
SAVE \$5.50

**1/2
PRICE**



Palmolive Ultra
Eco Dishwashing Liquid 450mL
55¢ per 100mL

\$2.49
ea
SAVE \$2.51



Cold Power
Laundry Liquid 1.8/2L/Powder 1.8/2kg

\$10.99
ea
SAVE \$7.00



Glen 20
Surface
Disinfectant
300g
\$2.33 per 100g

\$6.99
ea
SAVE \$1.56



My Dog Tray 100g
\$1.00 per 100g

\$1
ea
SAVE 49¢



Multix Handy Tie Garbage Bags 45/50's

\$2.99
ea
SAVE \$1.68



Kleenex Viva Paper Towel 6pk
\$1.94 per 100ea

\$6.99
ea
SAVE \$4.00



Felix Cat Food 12pk
98¢ per 100g

\$9.99
ea
SAVE \$1.51



Fancy Feast Dry Cat Food 430/450g

\$4.49
ea
SAVE \$1.20



Schmackos Strapz 200g
\$2.50 per 100g

\$4.99
ea
SAVE 70¢



SOOTHE THOSE Coughs & Colds

Sorbent Facial
Tissues Thick &
Large 95s
(excl. Papaw)
\$1.57 per 100ea

\$1.49
ea
SAVE 41¢



Vicks
Inhalers/
Vaporub 50g

\$7.99
ea
SAVE 80¢

Vicks
Vapodrops
24pk
17¢ per 1ea

\$3.99
ea
SAVE \$1.20



Panadol
Extra
Caplet 20s
30¢ per 1ea

\$5.99
ea
LOW PRICE

Nyal Cold &
Flu Cough/
Day and
Night 24s
42¢ per 1ea

\$9.99
ea
SAVE \$6.00



Difflam Plus
Anaesthetic
16s
44¢ per 1ea

\$6.99
ea
SAVE \$3.01

Nyal Dry
Cough/
Chesty
Cough Mix
200mL
\$3.50 per 100mL

\$6.99
ea
SAVE \$1.56



Fisherman's
Friend
Lozenges 25g
\$7.96 per 100g

\$1.99
ea
SAVE 40¢

GIGANTIC SALE ON NOW!

Offers available from 23/06/21 until 29/06/21

Visit IGATAS.COM.AU for more info



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LOCATE

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BRUNCH TARTS



Pampas Puff/Shortcrust Pastry 1kg
40¢ per 100g

Ingredients

- 1 sheet Pampas Puff Pastry, thawed
- 2 tsp olive oil
- 2 rashers streaky bacon, chopped
- 4 asparagus spears, trimmed & chopped
- 5 eggs
- 2 tbsp cream
- 1/2 cup corn kernels
- 2 tbsp grated cheddar
- 1 spring onion, thinly sliced

What to do

1. Preheat oven to 220°C conventional or 200°C fan-forced. Lightly spray 4 holes of a 3/4 cup (180ml) texas muffin tin with oil.
2. Cut sheet into 4 squares. Line prepared holes with pastry. Chill until needed.
3. Heat oil in a large frying pan over medium-high heat. Cook bacon for 2-3 minutes or until browned. Drain on paper towel. Cook asparagus in a small saucepan of boiling water for 1 minute. Drain and cool in cold water. Drain. Whisk 1 egg and cream in a large jug. Add bacon, asparagus, corn, cheese and most of onion. Season with pepper. Divide between pastry shells. Bake for 10 minutes. Break an egg into each tart shell. Top with reserved onion. Bake for another 10-12 minutes for a runny yolk or until your liking. Season and serve immediately.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

Just the good stuff

Dilmah is 100% ethical, single origin, with no blends.
Doing right by communities, the environment,
and your taste buds.

1/2
PRICE



\$3.35
ea
SAVE \$3.40

Dilmah Premium Tea Bags 100pk
\$1.68 per 100g

dilmah.com.au



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

More ways to shatter your craving.



Violet Crumble Flavoured Milk 500mL
\$5.98 per 1L

Australia's
VIOLET CRUMBLE



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Visit IGATAS.COM.AU for more info