IGA MAJOR SAVERS

ON SALE 21ST JUNE 2023

$15.90 ea

1/2 PRICE

Pepsi/Solo/Sunkist/Lemonade Canned Soft Drinks 24 x 375mL

$1.77 per 1L

$1.75 ea

Arnott's Shapes 130-190g

$4.99 ea

Duck River Soft Butter 500g

$1.00 per 100g

$2.99 ea

Cadbury Family Block Chocolate 160-190g

Offers available from: 21/06/23 until 27/06/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

SEE INSIDE FOR MORE SAVINGS

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save

ALL 1/2 PRICE

IGA MAJOR SAVERS

$1.99 ea

Allen's Jelly/Mint Confectionery Range 140-200g

$1.10 ea

Nestle Medium Chocolate Bars 35-55g

$1.99 ea

Powerade Sports Drink 600mL
$3.32 per 1L

$2.25 ea

Campbell's Canked Soup 495-510g

$3.75 ea

Tamar Valley Yoghurt 700g
54¢ per 100g

$2.29 ea

Uncle Toby's Quick or Traditional Oats 500g
46¢ per 100g

$7.99 ea

Twinings Teabags 80/100pk

$9.99 ea

Radiant Laundry Powder 2kg/Liquid 2L

$3.49 ea

Herbal Essences Shampoo/Conditioner 300mL
$1.16 per 100mL

Perfect FIT, Everytime.

Cosifit Technology
PREVENTS RED MARKS

$9.99 ea

BabyLove Disposable Nappies 15-28pk

$2.49 ea

BabyLove Everyday Baby Wipes 80pk
$3.11 per 100ea

$1.99 ea

Coca-Cola/Fanta/ Sprite Soft Drink 1.25L
$1.59 per 1L

$1 ea

Captain's Table Water Crackers 125g
80¢ per 100g

$2.99 ea

Mission Corn Chips 230g
$1.30 per 100g

$3.49 ea

IXL Jam 480g
73¢ per 100g

$2.49 ea

San Remo Pasta 375/500g

$1.49 ea

McKenzie's Soup Mixes 500g
$2.98 per 1kg

$6.99 ea

Sorbent Toilet Tissue Hypo-Allergenic 8pk
49¢ per 100sh

$6.99 ea

Dine Cat Food 7 x 85g
$1.17 per 100g

FAST SOOTHING RELIEF OF SORE THROATS

$6.99 ea

Difflam Plus Anaesthetic 16s
44¢ per 1ea

$16.99 ea
LOW PRICE

Difflam Plus Anaesthetic Throat Spray 30mL
$56.63 per 100mL

Always read the label and follow the directions for use.

SEE INSIDE FOR MORE SAVINGS

Imperial Mandarins

Sweet Potatoes

National Pies
Premium Pies 2pk (excl. Cottage)
$1.94 per 100g

JC's Sesh Snacks 115/130g

MAJOR SAVERS

Mainland Cheese Block 400/500g

Mainland On the Go Cheese & Crackers 50g/Artisan 36/38g

Pauls Custard 70g
$1.79 per 100g

Streets Magnum 4/6pk

Peters Original Ice Cream 2L
26¢ per 100mL

Four `n Twenty Traditional Pies 4pk
$1.14 per 100g

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Visit **IGATAS.COM.AU** for more info

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LOCATE find your local store here igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

WE CHECKED THE REGULAR PRICE, WE MATCHED THE LOWEST, YOU WON'T PAY MORE*

*Participating stores only. Subject to availability. Prices of selected products are checked and matched weekly to Woolworths or Coles everyday shelf price.

Cadbury

$2.99 ea

Cadbury Family Block Chocolate 160–190g

TAKE BACK CONTROL OF YOUR COUGH

Duro-Tuss
Cough Liquid 200mL
$6.50 per 100mL

$12.99 ea

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1/2 PRICE

$1.99 ea

Allen's Jelly/
Mint Confectionery Range 140-200g

CURRIEDCHICKENSOUP

TRUSTED FOR SIX GENERATIONS · OVER 170 YEARS · FREE ECOOKBOOK

McKENZIE'S
FOR EVERY DAY SINCE 1852

VIEW RECIPE

McKenzie's Soup Mixes 500g
$2.98 per 1kg

Clive of India Curry Powder 100g
30¢ per 10g

Ingredients

- 1/2 cup long grain rice
- 1/4 cup McKenzie's Green Split Peas
- 1/4 cup McKenzie's Australian Yellow Split Peas
- 1 tbs olive oil
- 1 onion, finely diced
- 2 garlic cloves, finely chopped
- 2 tsp curry powder
- 1 tsp ground cumin
- 4 cups chicken stock
- 2 cups water
- 2 small carrots, cut into 3cm matchsticks
- 1 cup shredded cooked chicken
- 1/4 cup coriander leaves, chopped
- Lime juice, for serving

What to do

1. Rinse the rice and split peas, drain and set aside.

2. Heat oil in a large pot, stir in onion and garlic. Cook for 3-4 minutes until onion has softened. Stir in spices and cook for a further minute.

3. Add stock, water and rice mix to the pot, stirring well. Bring to the boil, reduce heat and simmer gently for 17 minutes whilst stirring regularly.

4. Stir in carrot and chicken and continue to simmer gently for a further 8-10 minutes. Fold in coriander just before serving. Accompany with a squeeze of lime.

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BAKED OATS

Uncle Toby's Traditional Oats 500g
46¢ per 100g

$2.29 ea

$4.99 ea

Duck River Soft Butter 500g
$1.00 per 100g

Ingredients

- 2 ripe bananas
- 2 cups oats
- 1 egg
- 1/2 tsp baking powder
- 1/2 tsp cinnamon
- 60g butter, softened
- 1 tbsp sugar
- 1/2 cup frozen mixed berries
- 1/3 cup almond milk

What to do

1. Preheat the oven to 180C.
2. In a food processor, pulse 1 cup of oats, the banana, egg, baking powder, cinnamon, butter, sugar and milk until smooth. Transfer to a mixing bowl, and fold in the other cup of oats.
3. Divide oat mixture into individual buttered oven proof ramekins, top with frozen berries and bake in the oven for 20-25 minutes or until tops are lightly browned. Allow to cool slightly before serving.

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