



MAJOR SAVERS



ON SALE 21ST JUNE 2023



\$15⁹⁰
ea

SAVE \$15.95

Pepsi/Solo/Sunkist/Lemonade
Canned Soft Drinks 24 x 375mL
\$1.77 per 1L



1/2
PRICE



\$1⁷⁵
ea

SAVE \$1.75

Arnott's Shapes 130-190g



\$4⁹⁹
ea

SAVE \$2.01

Duck River Soft Butter 500g
\$1.00 per 100g



\$2⁹⁹
ea

SAVE \$2.51

Cadbury Family Block Chocolate 160-190g

Offers available from: 21/06/23 until 27/06/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Pandani
**BEEF OR PORK
SAUSAGES 680g**

\$8⁹⁹
ea

\$13.22 per 1kg - product sold uncooked

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save



SEE INSIDE FOR MORE SAVINGS



MAJOR SAVERS



Allen's Jelly/Mint Confectionery Range
140-200g

\$1.99
ea

SAVE \$2.01



Tamar Valley Yoghurt 700g
54¢ per 100g

\$3.75
ea

SAVE \$3.75

ALL
1/2
PRICE



Nestle Medium Chocolate Bars 35-55g

\$1.10
ea

SAVE \$1.10



Weight Watchers Frozen Meals
300-370g

\$3.99
ea

SAVE \$4.00



Powerade Sports Drink 600mL
\$3.32 per 1L

\$1.99
ea

SAVE \$2.01



Kinder Bueno 39/43g

\$1.10
ea

SAVE \$1.19

Perfect FIT, Everytime.



\$9.99
ea

SAVE \$1.50



BabyLove Disposable Nappies 15-28pk



BabyLove Wipes

\$2.49
ea

SAVE \$1.01

BabyLove Everyday Baby Wipes 80pk
\$3.11 per 100ea

MAJOR SAVERS



\$2.25
ea

SAVE \$2.60

Campbell's Canned Soup 495-510g

Uncle Toby's Quick/
Traditional Oats 500g
46¢ per 100g



\$2.29
ea

SAVE \$2.40



\$7.99
ea

SAVE \$8.00

Twinnings Teabags 80/100pk

ALL

1/2
PRICE



\$9.99
ea

SAVE \$10.01

Radiant Laundry Powder 2kg/Liquid 2L



\$3.49
ea

SAVE \$3.51

Herbal Essences
Shampoo/Conditioner 300mL
\$1.16 per 100mL



— FRESH MEAT & *Produce* —



Grown in Australia

Imperial
MANDARINS

Serving Suggestion

\$390 kg



Sweet Potatoes

\$250 kg



Grey Pumpkin

\$150 kg



JC's Sesh Snacks
115/130g

\$399 ea

Corned Silverside

\$1499 kg



Chicken Thigh Fillets

\$1799 kg



Pork Mince
500g
\$15.98 per 1kg

\$799 ea



Australian Beef

Beef
SCOTCH FILLET STEAK

Serving Suggestion

\$3999 kg



Pandani
CHAMPAGNE HAM

Serving Suggestion

\$15⁹⁹ kg



Rindless
Short Cut
Bacon

\$14⁹⁹ kg



Mixed Chicken
Pieces

\$5⁹⁹ kg



Cabana

\$14⁹⁹ kg

Cripps
Master Loaf
680/700g

\$3⁵⁹ ea

SAVE 80¢



Cripps Master
Hot Dog/Lunch
Rolls 6pk
65¢ per 1ea

\$3⁸⁹ ea

SAVE 50¢



Baker's
Oven Finger
Lamingtons
350g
\$1.51 per 100g

\$5²⁹ ea

EVERYDAY




National Pies
PREMIUM PIES 2pk

\$1.94 per 100g - (excl. Cottage)

\$6⁹⁹ ea

SAVE \$1.80

WE CHECKED THE REGULAR PRICE, WE MATCH



THE LOWEST, YOU WON'T PAY MORE*



LOOK OUT FOR ME!



*Participating stores only. Subject to availability. Prices of selected products are checked and matched weekly to Woolworths or Coles everyday shelf price.



— TREATS, SNACKS & *Drinks* —



\$1.99
ea

SAVE 86¢

Coca-Cola/Fanta/Sprite Soft Drink 1.25L
\$1.59 per 1L



\$25.55
ea

SAVE \$13.55

Coca-Cola 30x375mL
\$2.27 per 1L



\$3.99
ea

SAVE \$1.11

Golden Circle Fruit Drink 6x250mL
\$2.66 per 1L



\$3.69
ea

SAVE 90¢

100% Juicy Long Life Juice 2L
\$1.85 per 1L



\$1
ea

SAVE 80¢

Captain's Table Water Crackers 125g
80¢ per 100g



\$2.99
ea

SAVE \$1.00

Mission Corn Chips 230g
\$1.30 per 100g



\$3.99
ea

SAVE 90¢

Thins Potato Chips 120-175g



\$2.99
ea

SAVE \$2.01

Cadbury Bites 110-150g



\$3.49
ea

SAVE \$1.01

Arnott's Tim Tam Biscuits 165-200g
(excl Deluxe)

— STOCK UP THE *Pantry* —

MAJOR SAVERS

CURRIED CHICKEN SOUP

TRUSTED
FOR SIX
GENERATIONS

OVER
170
YEARS

FREE
EBOOK

McKENZIE'S
FOR EVERY DAY SINCE 1852



\$1.49
ea

SAVE 41¢

McKenzie's Soup Mixes 500g
\$2.98 per 1kg



\$2.99
ea

SAVE \$1.11

Clive of India Curry Powder 100g
30¢ per 10g



VIEW RECIPE



\$27.99
ea

SAVE \$2.00

Grinders Coffee 1kg
\$2.80 per 100g



\$4.49
ea

SAVE 51¢

Maggi 2 Minute Noodles 5pk (excl. Fusion)



\$2.49
ea

SAVE 46¢

San Remo Pasta 375/500g



\$3.49
ea

SAVE \$1.10

IXL Jam 480g
73¢ per 100g



\$2.69
ea

SAVE \$1.00

Pauls Zymil Long Life Milk 1L
\$2.69 per 1L



— FILL UP THE FRIDGE & *Freezer* —



Streets Magnum 4/6pk

\$6⁹⁹
ea

SAVE \$4.40



Peters Original Ice Cream 2L
26¢ per 100mL

\$5²⁵
ea

SAVE \$1.94



Nestle Kit Kat/Cadbury Ice Cream Sticks 4pk

\$6⁹⁹
ea

SAVE \$3.00



Ingham's Airmazing Nuggets/Tenders
350/400g

\$5⁹⁹
ea

SAVE \$1.60



Mainland Cheese Block 400/500g

\$6⁴⁹
ea

SAVE \$3.51



Mainland On the Go Cheese & Crackers
50g/Artisan 36/38g

\$2²⁵
ea

SAVE 75¢



President Cheese 200g
\$34.95 per 1kg

\$6⁹⁹
ea

SAVE \$3.00



Dare Iced Coffee 500mL
\$5.70 per 1L

\$2⁸⁵
ea

SAVE \$1.14



Pauls Custard 70g
\$1.79 per 100g

\$1²⁵
ea

SAVE 74¢



Sorbent Toilet Tissue
Hypo-Allergenic 8pk
49¢ per 100sh

\$6.99
ea

SAVE \$2.40



Handee Ultra Paper Towel 2pk
\$2.91 per 100ea

\$3.49
ea

SAVE 50¢



Palmolive Liquid Hand Wash 1L
60¢ per 100mL

\$5.99
ea

SAVE \$1.26



Rexona Advanced Antiperspirant 220mL
\$2.27 per 100mL

\$4.99
ea

SAVE \$3.70



Sorbent Facial Tissues 170s
\$1.32 per 100ea

\$2.25
ea

SAVE 25¢



Band-Aids 40/50pk

\$4.49
ea

SAVE 76¢



Dine Cat Food 7x85g
\$1.17 per 100g

\$6.99
ea

SAVE \$2.60



Supercoat Dog Food 2.6/2.8kg

\$14.49
ea

SAVE \$3.51

FAST
SOOTHING RELIEF OF
SORE THROATS



Difflam Plus Anaesthetic 16s
44¢ per tea

\$6.99
ea

SAVE \$3.01



Difflam Plus Anaesthetic Throat Spray 30mL
\$56.63 per 100mL

\$16.99
ea

LOW PRICE

Always read the label and
follow the directions for use.



MAJOR SAVERS

WARM UP FOR *Winter*

1/2 PRICE

\$2.29 ea
SAVE \$2.40

Uncle Toby's Quick/
Traditional Oats 500g
46¢ per 100g

\$3.99 ea
SAVE \$1.01

Harvest Hot Pack Meals 425g
94¢ per 100g

\$2.99 ea
SAVE 51¢

Gravox Liquid Gravy/Sauce 165g
\$1.81 per 100g

\$13.99 ea
SAVE \$6.51

Moccona Specialty Blend Coffee 200g
\$7.00 per 100g

\$7.99 ea
SAVE \$1.00

Four 'n Twenty Traditional Pies 4pk
\$1.14 per 100g

\$4.49 ea
SAVE 86¢

Décor Microwave Safe Soup Mug

\$3.69 ea
SAVE 96¢

Cadbury Drinking Chocolate 250g
\$1.48 per 100g

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Offers available from 21/06/23 until 27/06/23

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LOCATE

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

SEE INSIDE FOR MORE SAVINGS



Cadbury



Cadbury Family Block
Chocolate 160-190g

\$2.99
ea
SAVE \$2.51



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

TAKE BACK CONTROL OF YOUR COUGH



Duro-Tuss
Cough Liquid 200mL
\$6.50 per 100mL

\$12⁹⁹ ea
SAVE \$4.51



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

1/2
PRICE

Australian
Made

A LITTLE BIT OF FUN SINCE 1891
Allen's

Party Mix
NO ARTIFICIAL COLOURS

190g e

DO
GOOD
TOGETHER

ENERGY
290kJ
3% DI*

PER 4 PIECES

Be treatwise
Enjoy a balanced diet

A LITTLE BIT OF FUN SINCE 1891

Allen's

Australian
Made

It's moments like these you need...

MINTIES

NO ARTIFICIAL
COLOURS

ENERGY
310kJ
4% DI*

\$1.99
ea

SAVE \$2.01

Allen's Jelly/
Mint Confectionery Range 140-200g



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

CURRIED CHICKEN SOUP

TRUSTED FOR SIX GENERATIONS

OVER 170 YEARS

FREE EBOOK

McKENZIE'S
FOR EVERY DAY SINCE 1852

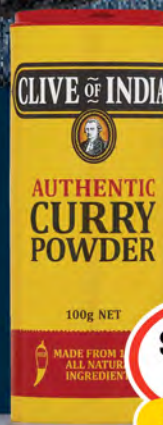
VIEW RECIPE



\$1.49
ea

SAVE 41¢

McKenzie's Soup Mixes 500g
\$2.98 per 1kg



\$2.99
ea

SAVE \$1.11

Clive of India Curry Powder 100g
30¢ per 10g

Ingredients

- 1/2 cup long grain rice
- 1/4 cup McKenzie's Green Split Peas
- 1/4 cup McKenzie's Australian Yellow Split Peas
- 1 tbs olive oil
- 1 onion, finely diced
- 2 garlic cloves, finely chopped
- 2 tsp curry powder
- 1 tsp ground cumin
- 4 cups chicken stock
- 2 cups water
- 2 small carrots, cut into 3cm matchsticks
- 1 cup shredded cooked chicken
- 1/4 cup coriander leaves, chopped
- Lime juice, for serving

What to do

1. Rinse the rice and split peas, drain and set aside.
2. Heat oil in a large pot, stir in onion and garlic. Cook for 3-4 minutes until onion has softened. Stir in spices and cook for a further minute.
3. Add stock, water and rice mix to the pot, stirring well. Bring to the boil, reduce heat and simmer gently for 17 minutes whilst stirring regularly.
4. Stir in carrot and chicken and continue to simmer gently for a further 8-10 minutes. Fold in coriander just before serving. Accompany with a squeeze of lime.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

BAKED OATS

WARM UP FOR
Winter

1/2
PRICE



Uncle Toby's
Traditional
Oats 500g
46¢ per 100g

\$2.29
ea

SAVE \$2.40

Product of
Tasmania



Duck River Soft
Butter 500g
\$1.00 per 100g

\$4.99
ea

SAVE \$2.01

Ingredients

- 2 ripe bananas
- 2 cups oats
- 1 egg
- 1/2 tsp baking powder
- 1/2 tsp cinnamon
- 60g butter, softened
- 1 tbsp sugar
- 1/2 cup frozen mixed berries
- 1/3 cup almond milk

What to do

1. Preheat the oven to 180C.
2. In a food processor, pulse 1 cup of oats, the banana, egg, baking powder, cinnamon, butter, sugar and milk until smooth. Transfer to a mixing bowl, and fold in the other cup of oats.
3. Divide oat mixture into individual buttered oven proof ramekins, top with frozen berries and bake in the oven for 20-25 minutes or until tops are lightly browned. Allow to cool slightly before serving.



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