



WHERE THE *locals* MATTER

ON SALE 16TH JUNE 2021



Scottsdale

**BONELESS PORK
SHOULDER ROAST**

\$9.99 kg



Serving Suggestion

GIGANTIC
Sale!

ALL

1/2
PRICE



\$4.49 ea

SAVE \$4.50

Connoisseur Ice Cream Stick 4/6pk



Pringles
Chips 134g
\$1.49 per 100g

\$1.99 ea

SAVE \$2.01



\$2.89 ea

SAVE \$2.96

Kellogg's Rice Bubbles/
Coco Pops/Froot Loops/Just Right 285-460g



Palmolive
Ultra
Dishwashing
Liquid
700/750mL

\$2.75 ea

SAVE \$2.75

GIGANTIC SALE ON NOW!

Offers available from 16/06/21 until 22/06/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Tasmanian
BAGGED SPINACH 150g
\$23.00 per 1kg

\$3⁴⁵ bag



Brushed
Potatoes
2.5kg
\$1.60 per 1kg

\$4 bag



Red Onions

\$1⁹⁰ kg



JC's Delicious
Energy Mix 500g
\$17.98 per 1kg

\$8⁹⁹ ea

Lamb
Loin
Chops



\$24⁹⁹ kg



Nichols
Marinated
Chicken
Drumsticks



\$6⁹⁹ kg



Nichols
Whole
Bagged
Chicken



\$3⁹⁹ kg



Netted & Boneless
LAMB LEG
Serving Suggestion

\$17⁹⁹ kg



Family Favourite
CHICKEN BREAST SUPREME
Serving Suggestion

\$16⁹⁹ kg



Chicken Breast Fillets

\$9⁹⁹ kg



Middle Bacon Rashers

\$15⁹⁹ kg



Premium Virginian Ham

\$14⁹⁹ kg

Cripps Café
Quality Fruit
Loaf 700g
50¢ per 100g

\$3⁴⁹ ea

SAVE \$1.80



Product of Tasmania

Mighty
Soft Sliced
Bread 700g
43¢ per 100g

\$2⁹⁹ ea

SAVE \$1.10



Product of Tasmania

Mission
Wraps
6/8pk

\$3⁹⁹ ea

SAVE \$1.01




Cripps
PIKELETS 8PK
\$1.25 per 100g

\$2⁴⁹ ea
SAVE \$1.00

Product of Tasmania



— SNACK & DRINK *Favourites* —



M&M's/Maltesers/Pods 120-180g



Mission Corn Chips 230g
\$1.08 per 100g



Fantastic Rice Crackers 100g
\$1.49 per 100g



Arnott's
Family Assorted Biscuits/Creams 500g
80¢ per 100g



V8 Juice
1.25L
\$2.79 per 1L



Powerade
Sports
Drink 1L
\$3.49 per 1L



Mount Franklin Spring Water 500mL 20pk
90¢ per 1L



Coca-Cola/Lift/Fanta/Sprite Soft Drink 2L
\$1.33 per 1L



Westerway
Farms
Blackcurrant/
Raspberry
Syrup 750mL
\$7.99 per 1L



Golden Circle Fruit Drink 250mL 6pk
\$1.99 per 1L

— STOCK UP THE *Pantry* —



Maggi Cup Noodles 58-65g



San Remo La Pasta Range 120g
83¢ per 100g



Dolmio Extra Pasta Sauce 490/500g



San Remo Pasta Range 375/500g



SPC Baked Beans & Spaghetti 420/425g



Moccona
Coffee 200g
\$4.50 per 100g



Twinings Teabags 80/100s



Uncle Tobys Oats 8/10pk



Sunbeam
Mixed Fruit/Currants/Raisins 300/375g



Sunbeam Sultanas 375g
\$9.31 per 1kg



Green's Premium Baking Mixes 380-630g



— FILL UP THE FRIDGE & Freezer —

INGHAM'S
Nourish Our World



Ingham's
Chicken Breast Nuggets Original 400g
\$12.48 per 1kg

\$4.99
ea

SAVE \$1.60



Ingham's Super Crunch Chicken 300-325g

\$5.99
ea

SAVE \$1.60



Ingham's Chicken Kiev 350g
\$22.83 per 1kg

\$7.99
ea

SAVE \$2.01



Marathon Spring Rolls 640g
52¢ per 100g

1/2
PRICE

\$3.35
ea

SAVE \$3.40



Peters Light & Creamy 1.8L
22¢ per 100mL

\$3.99
ea

SAVE \$1.51



Birds Eye Battered Chips & Wedges 750g
\$3.99 per 1kg

\$2.99
ea

SAVE 86¢



Chris' Dip 200g
\$1.50 per 100g

\$2.99
ea

SAVE \$1.00



Mainland Tasty Cheese Slices 210g
\$16.62 per 1kg

\$3.49
ea

SAVE \$1.80



Perfect Italiano Grated Cheese 450g
\$13.31 per 1kg

\$5.99
ea

SAVE \$1.66



Duck River Butter Pat 500g
\$1.20 per 100g

Product of
Tasmania

\$5.99
ea

SAVE \$1.56



Spreyton Fresh Juice 2L
\$2.50 per 1L

Product of
Tasmania

\$4.99
ea

SAVE \$1.10



Comfort
Fabric
Conditioner
750/800mL

\$3.49
ea
SAVE \$3.51



Schwarzkopf
Extra Care
Shampoo &
Conditioner
400mL
86¢ per 100mL

\$3.45
ea
SAVE \$3.45



Nivea
Aerosol
Deodorant
250mL
\$1.60 per 100mL

\$3.99
ea
SAVE \$2.51



Kleenex Wellbeing Facial Tissues 85/95s

\$1.99
ea
SAVE 61¢



Kleenex Viva Paper Towel 3pk

\$3.99
ea
SAVE \$1.56



Cold Power Laundry Detergent 900g/1L

\$6.99
ea
SAVE \$4.01



Little Lucifer Firelighters 24pk
11¢ per 1ea

\$2.69
ea
SAVE \$1.65



Salt of the Earth Flannelette Shirts 1pk

\$6.99
ea
LOW PRICE



Dine Cat Food Tray 85g/
Optimum Dog Food 100g

\$1
ea
SAVE 19¢



Whiskas Dry Cat Food 800g
56¢ per 100g

\$4.49
ea
SAVE 90¢



Feline First
Clumping
Cat Litter
7.5kg
77¢ per 1kg

\$5.75
ea
SAVE \$5.84



Supercoat Dry Dog Food 3kg
43¢ per 100g

\$12.99
ea
SAVE \$3.00

GIGANTIC SALE ON NOW!

GIGANTIC
Sale!



Sorbent Toilet Tissue 8pk
27¢ per 100sh



Campbell's Red & White
Condensed Soup 410-430g

ALL

1/2
PRICE



Dr Oetker
Ristorante Pizza
310-390g



Pascall/
The Natural
Confectionery
Bags 160-280g



Coca-Cola 375mL 30pk
\$1.78 per 1L



Nescafé
Blend 43
Coffee 500g
\$3.20 per 100g

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HAM & CORN RELISH FRITTERS



Chris' Dip 200g
\$1.50 per 100g



Premium Virginian Ham
From the Deli Department

Ingredients

- 1/2 cup Chris' Traditional Corn Relish Dip
- 1 small onion, finely sliced
- 125g can corn kernels, drained
- 2 cloves garlic, minced
- 1 large carrot, peeled & grated
- 1 large zucchini, grated & excess moisture removed
- 2 eggs, beaten
- 1 cup self raising flour
- 1 cup grated cheddar cheese
- 1 cup sliced ham, chopped
- 3 tbsp olive oil

What to do

1. Heat 1 tablespoon of oil in a pan and cook onion until translucent. Add the garlic, grated zucchini and carrot and lightly stirfry for 3 minutes. Set aside to cool.
2. In a bowl add the flour, corn, cheddar cheese, cooled carrot and zucchini mixture, egg, ham and Corn Relish dip. Mix until all combined.
3. Add 1 tablespoon of oil to a non-stick pan. Once heated using slightly dampened hands (not wet hands) roll the mixture into a ball and then flatten into a 9cm round fritter. Cook for 2-3 minutes, then turn and cook for a further 2 mins. Repeat process until all fritters are cooked. Serve with a green salad and some extra Corn Relish dip.



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