



WHERE THE *locals* MATTER

ON SALE 2ND JUNE 2021



Australian

NETTED & BONELESS
LAMB LEG

\$17⁹⁹
kg



Serving Suggestion



Kantong Simmer Sauce 505-520g



Maggi 2 Minute Noodles 5pk



Nestle/Mars/
Violet Crumble Medium Chocolate Bars 35-56g



Connoisseur Ice Cream 1L
60¢ per 100mL

SEE INSIDE FOR MORE SAVINGS



Offers available from 02/06/21 until 08/06/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— SNACKS & Treats —



**WHITE CHOC.
PEANUTS.
CARAMEL.
NOUGAT.**



**1/2
PRICE**



**\$1
ea**



**\$2.49
ea**

Pascall/
The Natural Confectionery Bags 160-350g



**\$2.99
ea**

Cadbury Bites 110-150g



**\$3.49
ea**

Cadbury Family Block Chocolate 160-190g



**\$3.25
ea**

Oreo Multipack 230g
\$1.41 per 100g



**\$1.99
ea**

Arnott's
Scotch Finger/Cream Biscuits 200-250g



**\$5.99
ea**

Smith's Potato Chips 20pk



**1/2
PRICE**

**\$1.99
ea**

Red Rock Deli
Gourmet Crackers 130g/Deli Crackers 135g



**\$3.49
ea**

Twisties/Burger Rings/Cheetos 125-270g

— DRINKS, SNACKS & *Treats* —



\$1.99
ea

Coca-Cola/
Lift/Fanta/Sprite Soft Drink 1.25L
\$1.59 per 1L



\$16.99
ea

Coca-Cola/Lift/
Fanta/Sprite Soft Drink Cans 375mL 24pk
\$1.89 per 1L



\$6.49
ea

Red Bull Energy Drink 250mL 4pk
\$6.49 per 1L



\$2.75
ea

LOW PRICE

Rockstar Energy Drink 500mL
\$5.50 per 1L



\$4.99
ea

Mount Franklin Spring Water 500mL 12pk
83¢ per 1L



Bickford's
Cordial
Syrup 750mL
\$5.32 per 1L

\$3.99
ea



\$3.19
ea

LOW PRICE

Nice & Natural Nut Bars 6pk



Hartz
Spring
Water 1.5L
\$1.17 per 1L

\$1.75
ea



Powerade
Sports Drink
600mL
\$5.00 per 1L

MULTI-BUY

2 for \$6



\$6.75
ea

LOW PRICE

Lindt Lindor Bags 123-130g

McKENZIE'S

FOR EVERYDAY SINCE 1852



Homestyle Red Lentil Soup

- 800g crushed tomatoes
- 1 large onion, sliced
- 4 celery sticks, diced
- 375g McKenzie's Red Split Lentils
- 4 carrots, diced
- 500g bacon bones
- 12 cups water
- 2 beef stock cubes
- 1 bay leaf

1. Combine all ingredients in a large pot. Cover and simmer for about 60-90 minutes or until thickened, stirring occasionally.

2. Remove meat from bones and discard bones, stirring meat back into soup. Discard bay leaf

3. Season to taste. Garnish with parsley if desired.



McKenzie's
Red Lentils
375g
\$5.31 per 1kg

\$1.99
ea



McKenzie's
Soup Mixes
500g
\$2.78 per 1kg

\$1.39
ea



Continental Cup-a-Soup 2pk

\$1.19
ea



Continental Standard
Pasta & Sauce/Seasoned Rice 85-125g

\$1.19
ea



SPC Baked Beans/Spaghetti 220g 4pk
45¢ per 100g

\$3.99
ea



MasterFoods Recipe Base Pouches 175g
\$1.14 per 100g

\$1.99
ea



Gravox Gravy Mix 120/140g

\$2.99
ea



Koala Jasmine/Long Grain Rice 1kg
20¢ per 100g

\$1.99
ea



Edgell Beans/Chick Peas/Lentils 400g
\$4.23 per 1kg

\$1.69
ea



John West Tuna 95g
\$20.95 per 1kg

\$1.99
ea

— STOCK UP THE *Pantry* —

IGA

**1/2
PRICE**



\$5.40
ea

Dilmah Premium/Extra
Strength Tea Bags 200pk



\$11.99
ea

Nestle Milo 1.1kg
\$1.09 per 100g



\$3.99
ea

Betty Crocker
Baking Mixes 400-540g/Frosting 400g

MAKE
A LITTLE
me-time



\$4.99
ea

Uncle Tobys Quick/Traditional Oats 1kg
50¢ per 100g



\$3.99
ea

Kellogg's Rice Bubbles/Coco Pops/
Froot Loops/Just Right 285-460g



\$2.99
ea

Kellogg's Nutri-Grain/LCM Bars 6pk



\$3.99
ea

Vegemite 220g/
Bega Cream Cheese Spread 250g



\$2.99
ea

Moccona Coffee
Sachets 10pk

\$9.99
ea

Moccona Classic
Freeze Dried
Coffee 200g
\$5.00 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Peters Drumsticks 24pk
74¢ per 100mL



Bulla Creamy Classics 2L
27¢ per 100mL



Sara Lee Bavarian Dessert 375g
\$1.33 per 100g



McCain Family Pizza 500g
\$1.20 per 100g



Scott's Meat Pies 6pk
64¢ per 100g



Birds Eye Frozen Peas 1kg (excl. Baby Peas)
\$3.99 per 1kg



Juicy Isle
Orange Juice
No Added
Sugar 2L
\$2.25 per 1L



Yoplait Balance 150g
67¢ per 100g



Western Star Butter 500g
\$1.20 per 100g

OPTIMUM

SHARE *the* FREEDOM



Optimum Cat Food 85g
\$1.59 per 100g

\$1.35
ea

Optimum Dry Cat Food 700/800g

\$7.99
ea



Optimum Dry Dog Food 3kg
50¢ per 100g

\$14.99
ea



Dove Antiperspirant 250/254mL

\$3.69
ea



Radiant Laundry Powder 2kg/Liquid 2L

\$8.99
ea



Multix Clingwrap 33cm x 60m
3¢ per 1m

\$1.85
ea



Natures Organics Fruits Shampoo & Conditioner 500mL
25¢ per 100mL

\$1.25
ea



Palmolive Naturals/Antibacterial Liquid Soap Pump 250mL
\$1.00 per 100mL

\$2.49
ea



Ajax Spray n' Wipe Trigger 475/500mL

\$2.99
ea

LOW PRICE

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LOCATE

find your local store here igatas.com.au/store-locator



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

Obela
Dips 220g
\$1.82 per 100g



\$4
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



Tasmanian Mountain Spring Water 10L
65¢ per 1L

\$6.49
ea
LOW PRICE



Ardmona Tomatoes 400/410g

\$1.40
ea
LOW PRICE



Sanitarium Weet-Bix 1.12kg
49¢ per 100g

\$5.49
ea
LOW PRICE



Heinz Baby Food Pouch 120g
\$1.25 per 100g

\$1.50
ea
LOW PRICE



Palmolive
Dishwashing
Liquid
Original
750mL
47¢ per 100mL

\$3.49
ea
LOW PRICE



Palmolive
Naturals
Shampoo/
Conditioner
350mL
\$1.28 per 100mL

\$4.49
ea
LOW PRICE



WHERE THE
locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

Just the good stuff

Dilmah is 100% ethical, single origin, with no blends.
Doing right by communities, the environment,
and your taste buds.

1/2
PRICE



\$5.40
ea

Dilmah Premium/
Extra Strength Tea Bags 200pk

dilmah.com.au



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

STIR.

Vegeta Plant Based
Broth 500mL
50¢ per 100mL



**1/2
PRICE**



TASTE THE DIFFERENCE

\$2.49
ea

SEASON.

**1/2
PRICE**



Vegeta Stock Cubes 60g
17¢ per 10g

\$1
ea

SPRINKLE.

Vegeta Stock
Powder 180-250g

\$1.85
ea



**1/2
PRICE**

Create Real Flavour.

Find us in the Stock Aisle

**1/2
PRICE**



Vegeta Superior Liquid Stock 500mL
56¢ per 100mL

\$2.79
ea



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Visit IGATAS.COM.AU for more info

KANTONG HONEY SESAME GARLIC



\$1.85
ea

Kantong Simmer Sauce 505-520g



\$1.99
ea

Koala Jasmine/Long Grain Rice 1kg
20¢ per 100g

Ingredients

- 500g chicken or pork
- Kantong Honey, Sesame & Garlic Cooking Sauce 520g
- capsicum, sliced
- carrots, julienned

What to do

1. Slice 500g of chicken or pork into strips
2. Stir-fry chicken or pork strips in hot canola oil until golden and cooked through
3. Add capsicum and carrots to pan and stir-fry until cooked through
4. Add Kantong Cooking Sauce to pan, stir-fry until ingredients are coated and sauce is hot
5. Serve over rice and top with spring onion and sesame seeds, if desired



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Visit IGATAS.COM.AU for more info