



WHERE THE *locals* MATTER

ON SALE 19TH MAY 2021



Nichols

BAGGED WHOLE
CHICKEN

\$3⁹⁹
kg



Serving Suggestion

1/2
PRICE



\$1⁹⁹
ea

Pascall/The Natural
Confectionery Bags 160-280g

1/2
PRICE



\$4⁴⁹
ea

Cadbury/ Kit Kat Ice Cream Sticks 4pk



\$4⁹⁹
ea

Perfect Italiano Grated Cheese 450g
\$11.09 per 1kg



\$17⁹⁹
ea

Kleenex Toilet Tissue 45pk
22¢ per 100sh



SUPPORT SPECIAL OLYMPICS AUSTRALIA



Offers available from 19/05/21 until 25/05/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— SNACKS, TREATS & Drinks —

YOU'VE GOTTA
BE MADE OF
MILO®



Nestle Milo 395/460g
(excl. Plant Based & Xtra)

\$4.49
ea



Milo Original
Can 240mL
\$9.38 per 1L

\$2.25
ea



Nestle Milo
Cereal Protein 600g
67¢ per 100g

\$3.99
ea



Nestle Milo
Ice Cream Tub 470mL
\$1.06 per 100mL

\$4.99
ea



Cadbury
Soft Centre Cookies 156g
\$1.12 per 100g

\$1.75
ea



Tic Tac Mints 24g
\$4.17 per 100g

\$1
ea



Mission Corn Chips 230g
\$1.08 per 100g

\$2.49
ea



Arnott's Shapes 140-190g

\$2.49
ea



Coca-Cola/Lift/
Fanta/Sprite 375mL 10pk
\$1.86 per 1L

\$6.99
ea



100% Juicy Long Life Juice 2L
\$1.50 per 1L

\$2.99
ea



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 2L
\$1.40 per 1L

\$2.79
ea



Bickford's
Cordial
Syrup 750mL
\$5.32 per 1L

\$3.99
ea



Heinz Baked Beans/Spaghetti 300g
37¢ per 100g



Twinings Teabags 10s



McKenzie's Soup Mixes 500g
\$2.58 per 1kg



Nescafé Blend 43 Coffee 500g
\$3.20 per 100g



Indomie Noodles 5pk (excl. BBQ Chicken)



Whiskas
Pouches 85g 12pk (excl. So Pouches)
69¢ per 100g



Palmolive
Softwash/
Antibacterial
Liquid
Soap Pump
250mL
58¢ per 100mL



Morning
Fresh
Dishwashing
Liquid
400mL
54¢ per 100mL

Tetley
SINCE 1837

**IT'S TEA
O'CLOCK!**



Tetley Cold 14pk/Super Infusions 16pk

Full of Feelgood



Grown in Australia

\$2.90 kg

Imperial Mandarins



Grown in Australia

\$2 bunch

Baby Broccoli



Product of Tasmania

10¢ SPECIAL OLYMPICS DONATION

\$1.99 ea

Golden Crumpet Rounds 6pk
40¢ per 100g



\$4.49 ea

JC's Peanuts Salted/Unsalted 500g
\$8.98 per 1kg



Product of Tasmania

Spreyton Fresh Juice 2L
\$2.50 per 1L

\$4.99 ea



1/2 PRICE

\$2.40 ea

Philadelphia Cream Cheese Block 250g
\$9.60 per 1kg



1/2 PRICE

84¢ ea

Yoplait Balance 150g
56¢ per 100g



\$6.99 ea

Four 'n Twenty Traditional Pies 4pk
\$1.00 per 100g



\$4.99 ea

Ingham's Chicken Breast Tenders 400g
\$12.48 per 1kg



\$4.49 ea

Peters Original Ice Cream 2L
22¢ per 100mL

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Visit IGATAS.COM.AU for more info



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LOCATE

find your local store here igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



Schweppes Traditional/
Mineral Water/Mixers 1.1L
\$1.59 per 1L

\$1.75
ea

LOW PRICE



You'll find *Low Prices* Every Day right across the store



\$1
ea

LOW PRICE

San Remo La Pasta Range 80g
\$1.25 per 100g



\$2.60
ea

LOW PRICE

Bundaberg White Sugar 2kg
13¢ per 100g



\$2.99
ea

LOW PRICE

Flora Spread 500g
60¢ per 100g



\$4.49
ea

LOW PRICE

Cripps Pizza Bases 2pk
98¢ per 100g



\$17
ea

LOW PRICE

Lucky Dog 8kg
21¢ per 100g



\$4.49
ea

LOW PRICE

Palmolive Naturals
Shampoo/Conditioner 350mL
\$1.28 per 100mL



WHERE THE
locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

GINGER INFUSED SILVERSIDE



\$9.99
kg

Corned Silverside



MULTI-BUY

2\$3
for

Kirks Ginger Ale 1.25L
\$1.20 per 1L

Ingredients

- Corned Silverside
- Kirk's Ginger Ale 1.25L
- 1 1/2 tbsp lightly dried ginger
- 1/2 tsp peppercorns

What to do

1. Pop the meat into the slow cooker.
2. Sprinkle with lightly dried ginger. Season with cracked pepper. Pour over ginger ale.
3. Cover and cook on low for 8 hours or until silverside is deliciously tender



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

McKENZIE'S

FOR EVERYDAY SINCE 1852

HEARTY VEGETABLE SOUP

INGREDIENTS

3/4 cup McKenzie's Soup Mix, rinsed
2 tbsp olive oil
1 onion
2 rashers bacon, diced
2 carrots, diced
1 celery stick, chopped
3-4 garlic cloves, finely chopped
1 litre chicken or vegetable stock
1 1/2 cups water
2 potatoes, diced
1 bay leaf
1 sprig rosemary
2 zucchini, sliced
100g silverbeet or spinach, shredded
To taste, McKenzie's Australian
Natural Sea Salt Grinder
To taste, McKenzie's Whole Black
Peppercorn Grinder
Grated parmesan, for serving

DIRECTIONS

1. Prepare soup mix according to on-pack preparation instructions and set aside.
2. Heat the oil in a large pot and add onion, bacon, carrots, celery and garlic, cooking until onion is just tender.
3. Pour in the stock, water, Soup Mix, potatoes and herbs. Bring to the boil and simmer for approximately 45 minutes.
4. Add zucchini and silverbeet and cook for a further 5 minutes until vegetables are tender. Season to taste and serve with parmesan.

McKenzie's
Soup Mixes 500g
\$2.58 per 1kg



\$1.29
ea



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info



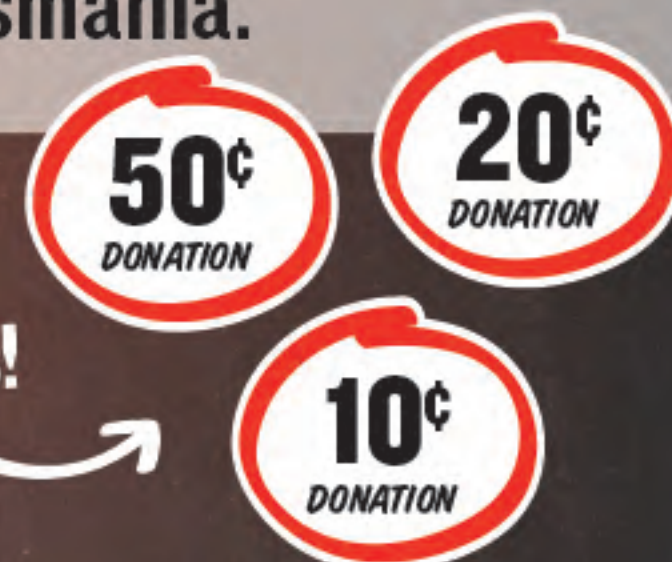
Special Olympics
Australia



Special Olympics provide sport for people with intellectual disabilities. Donations will help athletes with training, coaching and competition opportunities in local communities throughout Tasmania.

A portion of the purchase price for selected products from your local IGA will be donated to Special Olympics Australia.

look for these icons!



You can also donate at your local IGA through Donation Boxes or by visiting <https://www.specialolympics.com.au/>

There's more to sport than winning or losing. Much more. It's about belonging, being part of something bigger than you. It's about participating, getting out and being active and involved. And, most importantly, sport is about everyone: people of all races and creeds, ages and abilities.



Special Olympics is the world's largest sports organisation transforming lives through the joy of sport, every day, reaching 5 million athletes across 172 countries.

For more information visit Special Olympics Australia @ <https://www.specialolympics.com.au/>
or IGA Tasmania @ <https://www.igatas.com.au/>



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Australia



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Coca-Cola/Lift/Fanta/Sprite Soft Drink 2L
\$1.40 per 1L



Sirena Canned Tuna 95g
\$26.21 per 1kg



William's Bread 800-900g



Dilmah Premium Tea Bags/Extra Strength Pot Bags 100pk



Golden Crumpet Rounds 6pk
40¢ per 100g