



WHERE THE *locals* MATTER

ON SALE 19TH MAY 2021



Nichols

BAGGED WHOLE
CHICKEN

\$3⁹⁹
kg



Serving Suggestion



Pascall/The Natural
Confectionery Bags 160-280g



Cadbury/ Kit Kat Ice Cream Sticks 4pk



Perfect Italiano Grated Cheese 450g
\$11.09 per 1kg



Kleenex Toilet Tissue 45pk
22¢ per 100sh



SUPPORT SPECIAL OLYMPICS AUSTRALIA



Offers available from 19/05/21 until 25/05/21
Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & Produce —



Grown in Australia

Imperial
MANDARINS

\$2⁹⁰ kg



Baby Broccoli

\$2 bunch



Brushed Potatoes
2.5kg
\$1.60 per 1kg

\$4 bag



JC's Peanuts
Salted/
Unsalted 500g
\$8.98 per 1kg

\$4⁴⁹ ea

SAVE \$1.16

Scottsdale
Artisan Carolina/
Memphis Marinated
Pork Shoulder

\$13⁹⁹ kg



BBQ Meat Pack

\$16⁹⁹ kg



Corned
Silverside

\$9⁹⁹ kg



Forequarter
LAMB CHOPS

Serving Suggestion

\$16⁹⁹ kg



Australian Poultry

Chicken
BREAST FILLETS

Serving Suggestion

\$9⁹⁹ kg



Rindless
Short Cut
Bacon

\$14⁹⁹ kg



Oven Roasted/
Sweet Herb &
Mustard Turkey
Breast

\$25⁹⁹ kg



Cabana

\$13⁹⁹ kg

National
Meat Pies/
Pasties 2pk
\$1.33 per 100g

\$4⁷⁹ ea

SAVE \$2.56



Cripps Master
Muffins 6pk
97¢ per 100g

\$3⁴⁹ ea

SAVE \$1.66



Mighty Soft
Sliced Bread
700g
43¢ per 100g

\$2⁹⁹ ea

SAVE \$1.10




Product of Tasmania

10¢
SPECIAL OLYMPICS
DONATION

Golden
CRUMPET ROUNDS 6PK

40¢ per 100g

\$1⁹⁹ ea

SAVE \$1.56



— SNACK & DRINK Favourites —

YOU'VE GOTTA
BE MADE OF
MILO®



Nestle Milo 395/460g
(excl Plant Based & Xtra)



Milo Original
Can 240mL
\$9.38 per 1L



Nestle Milo
Cereal Protein 600g
67¢ per 100g



Nestle Milo
Ice Cream Tub 470mL
\$1.06 per 100mL



Cadbury Family Block Chocolate 160-190g



Tic Tac Mints 24g
\$4.17 per 100g



Thins/Samboys Potato Chips 175g
\$1.57 per 100g



Arnott's Shapes 140-190g



Arnott's Family
Assorted Biscuits/Creams 500g
80¢ per 100g



Coca-Cola 375mL 30pk
\$1.87 per 1L



Kirks
Soft Drink 1.25L
\$1.20 per 1L



100% Juicy Long Life Juice 2L
\$1.50 per 1L

— STOCK UP THE *Pantry* —



Indomie Noodles 5pk (excl. BBQ Chicken)



Heinz Baked Beans/Spaghetti 300g
37¢ per 100g



McKenzie's Soup Mixes 500g
\$2.58 per 1kg



Uncle Ben's Express Rice 250/300g



Nescafé Blend 43 Coffee 500g
\$3.20 per 100g



Uncle Tobys Oats 8/10pk



Parsons
Rice Cream
430g
46¢ per 100g



TCC Coconut Milk 400mL
25¢ per 100mL

Tetley[®] SINCE 1837

IT'S TEA O'CLOCK!



Tetley Cold 14pk/Super Infusions 16pk

Full of Feelgood



— FILL UP THE FRIDGE & Freezer —

1/2 PRICE



\$2.40 ea
SAVE \$2.45

Philadelphia Cream Cheese Block 250g
\$9.60 per 1kg



Mainland Tasty Cheese Block 1kg
\$9.99 per 1kg

\$9.99 ea
SAVE \$3.90



Mainland On the Go Cheese & Crackers 50/55g/Artisan 38g

\$1.99 ea
SAVE 60¢



\$3.49 ea
SAVE \$1.51

Primo Bacon Pieces/
Shredded Ham Twin Pack 300g
\$11.63 per 1kg



Western Star Spreadable 500g
\$1.00 per 100g

\$4.99 ea
SAVE \$1.01

1/2 PRICE



84¢ ea
SAVE 85¢

Yoplait Balance 150g
56¢ per 100g



\$4.99 ea
SAVE 80¢

Ingham's Chicken Breast Tenders 400g
\$12.48 per 1kg



McCain Super Fries 900g
\$3.88 per 1kg

\$3.49 ea
SAVE \$1.20



Four 'n Twenty Traditional Pies 4pk
\$1.00 per 100g

\$6.99 ea
SAVE \$2.00



Peters Maxibon 4pk
97¢ per 100mL

\$5.99 ea
SAVE \$2.51



Peters Original Ice Cream 2L
22¢ per 100mL

\$4.49 ea
SAVE 51¢



Palmolive Softwash/
Antibacterial Liquid
Soap Pump 250mL
58¢ per 100mL

\$1.45
ea

SAVE \$1.45



Ajax
Antibacterial
Wipes 110s
5¢ per 1ea

\$4.99
ea

SAVE \$5.01

**ALL
1/2
PRICE**



Colgate 360°
Toothbrush 1pk (excl. Advanced)
\$2.59 per 1ea

\$2.59
ea

SAVE \$2.66



Morning Fresh
Dishwashing
Liquid 400mL
54¢ per 100mL

\$2.15
ea

SAVE \$2.15



Handee Ultra Paper Towel 3pk
\$2.22 per 100ea

\$3.99
ea

SAVE \$1.51



Glen 20 Surface Disinfectant 300g
\$2.33 per 100g

\$6.99
ea

SAVE \$1.56



Sorbent Facial Tissues
Thick & Large 95s (excl. Papaw)
\$1.57 per 100ea

\$1.49
ea

SAVE 41¢



Whiskas Dry Cat Food 800g
56¢ per 100g

\$4.49
ea

SAVE 90¢



Lucky Dog 8kg
21¢ per 100g

\$17
ea

LOW PRICE



Chum Canned Dog Food 1.2kg
23¢ per 100g

\$2.79
ea

SAVE 41¢



1/2 PRICE

Cadbury cookies
DOUBLE CHOC
Cookies with chocolate chips

Cadbury cookies
CLASSIC
Cookies with chocolate chips

\$1.75 ea
SAVE \$1.75

Cadbury Soft Centre Cookies 156g
\$1.12 per 100g

TWININGS
OF LONDON
Earl Grey

TWININGS
OF LONDON
English Breakfast
RICH & INVIGORATING

\$1.60 ea
SAVE \$1.65

Twinings Teabags 10s

MISSION
RESTAURANT STYLE
TORTILLA TRIANGLES
Cheesy Nachos

FLAVOURED SNACK
230 g NET

\$2.49 ea
SAVE 61¢

Mission Corn Chips 230g
\$1.08 per 100g

Coca-Cola
NO SUGAR

Coca-Cola
CLASSIC

\$6.99 ea
SAVE \$5.31

Coca-Cola/Lift/
Fanta/Sprite 375mL 10pk
\$1.86 per 1L

Whiskas
Mixed Favourites
in Jelly

7+
YEARS
Everyday Health

1+
YEARS
Everyday Health

\$6.99 ea
SAVE \$2.46

Whiskas Pouches 85g 12pk (excl. So Pouches)
69¢ per 100g

Product of Tasmania

Spreyton Fresh
100% AUSSIE ORANGES

Spreyton Fresh
100% AUSSIE APPLES

\$4.99 ea
SAVE \$1.10

Spreyton Fresh Juice 2L
\$2.50 per 1L

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



Special Olympics
Australia

Buy these products and help IGA raise much need funds for the Special Olympics

10¢
DONATION

Coca-Cola
CLASSIC

Coca-Cola
NO SUGAR

\$2.79 ea
SAVE 40¢

Coca-Cola/Lift/
Fanta/Sprite Soft Drink 2L
\$1.40 per 1L

10¢
DONATION

Bickford's
ACENTURY PURITY
LEMON LIME
BITTERS CORDIAL

Bickford's
ACENTURY PURITY
LIME JUICE
CORDIAL

\$3.99 ea
SAVE 31¢

Bickford's Cordial Syrup 750mL
\$5.32 per 1L

10¢
DONATION

L'OR
ESPRESSO

ONYX
INTENSITY 12

\$3.99 ea
SAVE \$2.36

L'Or Espresso 10pk
\$7.67 per 100g

Offers available from 19/05/21 until 25/05/21

Visit IGATAS.COM.AU for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online catalogue igatas.com.au/catalogues



LOCATE

find your local store here igatas.com.au/store-locator

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



Schweppes Traditional/
Mineral Water/Mixers 1.1L
\$1.59 per 1L

\$1.75
ea

LOW PRICE



You'll find *Low Prices* Every Day right across the store



\$1
ea

LOW PRICE

San Remo La Pasta Range 80g
\$1.25 per 100g



\$2.60
ea

LOW PRICE

Bundaberg White Sugar 2kg
13¢ per 100g



\$2.99
ea

LOW PRICE

Flora Spread 500g
60¢ per 100g



\$4.49
ea

LOW PRICE

Cripps Pizza Bases 2pk
98¢ per 100g



\$17
ea

LOW PRICE

Lucky Dog 8kg
21¢ per 100g



\$4.49
ea

LOW PRICE

Palmolive Naturals
Shampoo/Conditioner 350mL
\$1.28 per 100mL



WHERE THE
locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA X-press Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

GINGER INFUSED SILVERSIDE



Corned Silverside



Kirks Ginger Ale 1.25L
\$1.20 per 1L

Ingredients

- Corned Silverside
- Kirk's Ginger Ale 1.25L
- 1 1/2 tbsp lightly dried ginger
- 1/2 tsp peppercorns

What to do

1. Pop the meat into the slow cooker.
2. Sprinkle with lightly dried ginger. Season with cracked pepper. Pour over ginger ale.
3. Cover and cook on low for 8 hours or until silverside is deliciously tender



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

MCKENZIE'S

FOR EVERYDAY SINCE 1852

HEARTY VEGETABLE SOUP

INGREDIENTS

3/4 cup McKenzie's Soup Mix, rinsed
2 tbsp olive oil
1 onion
2 rashers bacon, diced
2 carrots, diced
1 celery stick, chopped
3-4 garlic cloves, finely chopped
1 litre chicken or vegetable stock
1 1/2 cups water
2 potatoes, diced
1 bay leaf
1 sprig rosemary
2 zucchini, sliced
100g silverbeet or spinach, shredded
To taste, McKenzie's Australian
Natural Sea Salt Grinder
To taste, McKenzie's Whole Black
Peppercorn Grinder
Grated parmesan, for serving

DIRECTIONS

1. Prepare soup mix according to on-pack preparation instructions and set aside.
2. Heat the oil in a large pot and add onion, bacon, carrots, celery and garlic, cooking until onion is just tender.
3. Pour in the stock, water, Soup Mix, potatoes and herbs. Bring to the boil and simmer for approximately 45 minutes.
4. Add zucchini and silverbeet and cook for a further 5 minutes until vegetables are tender. Season to taste and serve with parmesan.

McKenzie's
Soup Mixes 500g
\$2.58 per 1kg



\$1.29

SAVE 40¢



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info



Special Olympics
Australia



Special Olympics provide sport for people with intellectual disabilities. Donations will help athletes with training, coaching and competition opportunities in local communities throughout Tasmania.

A portion of the purchase price for selected products from your local IGA will be donated to Special Olympics Australia.

look for these icons!



You can also donate by visiting <https://www.specialolympics.com.au/>

There's more to sport than winning or losing. Much more. It's about belonging, being part of something bigger than you. It's about participating, getting out and being active and involved. And, most importantly, sport is about everyone: people of all races and creeds, ages and abilities.



Special Olympics is the world's largest sports organisation transforming lives through the joy of sport, every day, reaching 5 million athletes across 172 countries.

For more information visit Special Olympics Australia @ <https://www.specialolympics.com.au/>
or IGA Tasmania @ <https://www.igatas.com.au/>



Special Olympics Australia



A portion of the purchase price for selected products from your local IGA will be donated to Special Olympics Australia.



look for these icons!



Coca-Cola/Lift/Fanta/Sprite Soft Drink 2L
\$1.40 per 1L



Sirena Canned Tuna 95g
\$26.21 per 1kg



William's Bread 800-900g



Dilmah Premium Tea Bags/Extra Strength Pot Bags 100pk



Golden Crumpet Rounds 6pk
40¢ per 100g