



ON SALE
17TH MAY
2023



\$2.60 ea

180g e

CHOCOLATE

m&m's

Maltesers

140g e

ALL

1/2

PRICE

\$2.25 ea

Campbell's

CHUNKY BEEF & VEG

100% AUSSIE BEEF

Country Ladle

MINESTRONE

Campbell's Canned Soup 495-510g

\$1.90 ea

Continental Classics

DELICIOUS CHICKEN FLAVOURED RICE

CREAMY BACON CARBONARA PASTA & SAUCE

Continental Pasta & Sauce/ Seasoned Rice 110-190g

PALMOLIVE

ANTIBACTERIAL

95% NATURAL ORIGIN

2 Hour Defence Orange

KILLS 99.9% OF GERMS

250mL

PALMOLIVE

ANTIBACTERIAL

95% NATURAL ORIGIN

White Tea

KILLS 99.9% OF GERMS

250mL

\$1.49 ea

Palmolive Softwash Liquid Soap Pump 250mL

60¢ per 100mL

SEE INSIDE FOR MORE SAVINGS



Offers available from: 17/05/23 until 23/05/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian

BEEF RUMP STEAK

\$25.99 kg

product sold uncooked

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save





— 1/2 PRICE *Specials* —

TRY

nutella
FERRERO
biscuits

NEW

nutella
biscuits



Nutella Biscuits 193g
\$2.18 per 100g

\$4.20
ea



Crunchy biscuits with a creamy heart of Nutella®

\$3.99
ea

Nescafé Coffee
Sachets 10pk/Gold 8pk



\$1.25
ea

Oreo Cookie 131-147g



\$2.25
ea

Arnott's TeeVee
Snacks 175g
\$1.29 per 100g



\$2.49
ea

Skittles
Confectionery
160-200g



\$5.19
ea

Streets Golden Gaytime 4pk
\$1.30 per 100mL



\$2.49
ea

Original Source
Shower Gel 250mL
\$1.00 per 100mL



\$6.99
ea

Tresemme
Shampoo &
Conditioner
940mL
74¢ per 100mL



\$2.75
ea

Macleans Extreme Clean Toothpaste 170g
\$1.62 per 100g



ALL
1/2
PRICE



Coca-Cola/Fanta/Sprite
Soft Drink Cans 24x375mL
\$2.36 per 1L

\$21²⁰
ea



Coca-Cola/Fanta/Sprite/
Deep Spring/Mt Franklin 6x250mL
\$3.53 per 1L

\$5³⁰
ea



V Energy Drink 4x250mL
\$5.99 per 1L

\$5⁹⁹
ea



Arnott's Scotch Finger/
Cream Biscuits 200-250g

\$2⁴⁹
ea



Smith's Potato Chips/
Doritos Corn Chips 130-175g

\$3⁴⁹
ea



Allen's Jelly/
Mint Confectionery Range 140-200g

\$2⁷⁵
ea



San Remo Pasta 375/500g

\$2⁴⁹
ea



Uncle Toby's
Quick or Traditional Oats 500g
74¢ per 100g

\$3⁶⁹
ea



Sorbent Toilet Tissue 24pk
32¢ per 100sh

\$13⁹⁹
ea



Little Lucifer Firelighters 24pk
19¢ per 1ea

\$4⁴⁹
ea



Dine Cat Food Tray 85g
\$1.47 per 100g

\$1²⁵
ea



Whiskas Dry Cat Food 1.8kg/
Pedigree Dry Dog Food 2.5/3kg

\$9⁹⁹
ea

SEE INSIDE FOR MORE SAVINGS



Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 17/05/23 until 23/05/23

Visit [IGATAS.COM.AU](https://www.igatas.com.au) for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online catalogue [igatas.com.au/catalogues](https://www.igatas.com.au/catalogues)



LOCATE

find your local store here [igatas.com.au/store-locator](https://www.igatas.com.au/store-locator)



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [igatas.com.au/pricematch](https://www.igatas.com.au/pricematch). Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

PORK, CHILLI & ROCKET PENNE



San Remo Pasta 375/500g

Ingredients

- 400g dried penne pasta
- 2 tbsp olive oil
- 1 brown onion, finely chopped
- 2 garlic cloves, crushed
- 2 long red chillies, deseeded & chopped
- 2 tbsp baby capers, drained & rinsed
- 500g pork mince
- 60g baby rocket leaves
- finely grated parmesan, to serve
- extra sliced red chilli, to serve

What to do

1. Cook penne in a large saucepan of boiling salted water following packet directions. Drain and return to the pan.
2. Meanwhile, heat oil in a large non-stick frying pan over a medium heat. Add onion, garlic, chillies and capers and cook, stirring occasionally, for 4-5 minutes or until tender.
3. Add pork mince and cook, stirring constantly, with a wooden spoon to break up mince, for 10 minutes or until browned and cooked through. Remove from heat.
4. Toss pork mixture through the penne over low heat. Add rocket leaves. Season with salt and pepper and toss until rocket begins to wilt. Serve with parmesan and extra sliced red chilli.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



\$3.80
ea
community Co

Community Co Rice
Arborio 1kg
38¢ per 100g



\$1.99
ea
community Co

Community Co Sauce
500mL
40¢ per 100mL



\$2.69
ea
community Co

Community Co Passata
690g
39¢ per 100g



\$4.99
ea
community Co

Community Co Canola
Oil 750mL
67¢ per 100mL



\$2.70
ea
community Co

Community Co
Strawberry Jam 500g
54¢ per 100g



\$3.69
ea
community Co

Community Co
Cordial Syrup 1L
\$3.69 per 1L



\$3.50
ea
community Co

Community Co Diced
Peach In Juice 4x125g
\$7.00 per 1kg

Visit www.communityco.com.au/giveback/ to see how your purchase can benefit your community.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info