



ON SALE
8TH MAY
2024



SEE INSIDE FOR MORE SAVINGS



\$2.49
ea

SAVE \$2.51

Arnott's Tim Tam Biscuits 165-200g
(excl. Deluxe)



\$15.90
ea

SAVE \$15.95

Pepsi Canned Soft Drinks 24x375mL
\$1.77 per 1L



\$2.25
ea

SAVE \$2.60

Campbell's Canned Soup 495-510g

**ALL
1/2
PRICE**

Tresemme
Range



50%
off

ENTIRE RANGE

Offers available from: 08/05/24 until 14/05/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Tasmanian
BABY BROCCOLI

\$2.50
bunch



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save





— 1/2 PRICE *Specials* —



\$1.10
ea

SAVE \$1.10

Mars Medium
Bars 35–56g



\$1.35
ea

SAVE \$1.64

Twisties/Cheetos/
Burger Rings/Toobs 65–90g

ALL
1/2
PRICE



\$10.99
ea

SAVE \$12.00

Cadbury Favourites 520g
\$2.11 per 100g



\$1.99
ea

SAVE \$2.01

Cadbury Fingers 114g/Freddo Biscuit 167g



\$1.30
ea

SAVE \$1.30

Dairy Farmers
Thick & Creamy Yoghurt 140/150g



\$3.10
ea

SAVE \$3.10

Windex Glass Cleaner 500mL
62¢ per 100mL



50%
off

SELECTED RANGE

Duracell Coppertop 1-4pk

ALL
1/2
PRICE



iCare Paper
Towel 2pk
\$1.58 per 100sh

\$1.90
ea

SAVE \$1.95



Domestos
Multipurpose Bleach 750mL
32¢ per 100mL

\$2.39
ea

SAVE \$2.40



Omo Laundry Liquid 2L
\$7.00 per 1L

\$13.99
ea

SAVE \$14.01



Sard Laundry Soaker 1kg
\$5.49 per 1kg

\$5.49
ea

SAVE \$5.51



— FRESH MEAT & Produce —



Tasmanian Grown

Lucaston Park

Tasmanian
RED APPLES 1.5kg

\$2.63 per 1kg

\$3⁹⁵ bag



Australian Beef

Australian
BEEF RUMP STEAK

Serving Suggestion (product sold uncooked)

\$22⁹⁹ kg



Tasmanian Grown

\$2⁹⁹ bunch

Celery



Australian Pork

Pork Loin Chops

\$21⁹⁹ kg



Australian Lamb

Half Lamb Legs

\$13⁹⁹ kg



JC's

PROUDLY AUSTRALIAN OWNED FAMILY BUSINESS

ORIGINAL QUALITY OUTBACK MIX

500g

\$9⁹⁹ ea

JC's Quality Outback Mix 500g

\$19.98 per 1kg



INGHAM'S

CHICKEN

\$8⁹⁹ kg

Ingham's Gourmet Chicken Portions



NICHOLS

CHICKEN

\$13⁹⁹ ea

Nichols Chicken Kebabs 620g

\$22.56 per 1kg

— DELICIOUS DELI & Bakery —



Delicious
HAPPY DONUT 4pk

\$4⁹⁹
ea

SAVE \$1.51



PANDANI
PREMIUM SMALLGOODS

Family Favourite
VIRGINIAN HAM

(brands may vary between individual stores)

\$15⁹⁹
kg



Helga's Wraps 7/8pk

\$3⁴⁹
ea

SAVE \$1.51



Chicken
Drumsticks

\$5⁴⁹
kg



National Pies Family Pie 750/900g

\$10⁹⁹
ea

SAVE \$2.80



Chicken
Kebabs 70g
\$21.43 per 1kg

\$1⁵⁰
ea



Central Cake Co
French Vanilla/
Jelly Slice 2pk

\$5⁹⁹
ea

SAVE \$1.60



Community Co
Rustic Rolls 4pk
94¢ per 100g

\$4⁷⁰
ea

community Co



Streaky
Bacon

\$20⁹⁹
kg



Happy
Mother's Day!

Breakfast FOR MUM



Cripps Café
Quality Fruit
Loaf 700g
40¢ per 100g

\$2.79
ea
SAVE \$2.80



Cripps Crumpet Splits 6pk
61¢ per 100g

\$2.59
ea
SAVE \$1.41



Green's Pancake Shake Mix 325/375g

\$3.25
ea
LOW PRICE



Farmer's Union Greek Style Yoghurt 1kg
65¢ per 100g

\$6.50
ea
LOW PRICE



Sanitarium So Good
UHT Reg/Lite Soy Milk 1L
\$1.99 per 1L

\$1.99
ea
SAVE 86¢



Pandani Sausages 500g
\$14.00 per 1kg

\$7
ea
LOW PRICE



Primo
Middle
Bacon
Rashers
250g
\$19.96 per 1kg

\$4.99
ea
SAVE \$1.71



Uncle Tobys Quick/Traditional Oats 1kg
53¢ per 100g

\$5.25
ea
SAVE \$2.34



Bushells Tea Cup Bags 100pk
\$2.50 per 100g

\$4.50
ea
LOW PRICE



Grinders Coffee 200g
\$3.30 per 100g

\$6.60
ea
SAVE \$4.40



Moccona Coffee Sachets 8/10pk

\$3.75
ea
SAVE \$2.25

MOTHER'S DAY *Gifts*



\$8.99
ea

SAVE \$10.81

Cadbury Roses Chocolates 420g
\$2.14 per 100g



\$8.99
ea

SAVE \$26.01

Cadbury Dairy Milk Gift Box 500g
\$1.80 per 100g



\$6.99
ea

SAVE \$9.01

Maltesers Gift Box 400g
\$1.75 per 100g

Ferrero Rocher
Collection
172g/Rocher
Gift Box 200g



\$7.99
ea

SAVE \$8.40



\$8.49
ea

SAVE \$8.51

Lindt Lindor Gift Box 147/150g



\$12.99
ea

SAVE \$13.01

Lindt
Lindor
Cornet
333g
\$3.85 per 100g

ALL

1/2
PRICE

MOTHER'S DAY *Pamper*

Palmolive
Naturals
Shower Gel
500mL
66¢ per 100mL



\$3.30
ea

SAVE \$3.45

Tresemme
Range



50%
off

ENTIRE RANGE

\$5.70
ea

SAVE \$5.70

Radox
Shower
Gel 1L
57¢ per 100mL



Swisspers
Large Make
Up Pads
50pk
4¢ per 1ea



\$1.99
ea

SAVE \$2.06

Twinnings Asha
SleepTime 18pk
\$14.33 per 100g



\$4.30
ea

SAVE \$4.35



— SNACKS, TREATS & *Drinks* —



Coca-Cola/Fanta/Sprite/Mt Franklin Sparkling Water 1.25L
\$1.80 per 1L



Coca-Cola Glass Bottle 4x330mL
\$2.27 per 100mL



Coca-Cola/Fanta/Sprite/
Mt Franklin Sparkling Water 10x375mL
\$2.93 per 1L



Cottee's
Cordial Syrup Double Concentrate 1L
\$4.99 per 1L



Powerade Sports Drink 1L
\$3.20 per 1L



Cadbury Family Block Chocolate 160–190g



Arnott's Tic Toc/Tina Wafers/Hundreds
& Thousands/Tiny Teddies 200/250g



Smith's Potato Chips 18/20pk



Smith's Potato Chips/
Doritos Corn Chips 130–175g

Low Prices

EVERY DAY ON YOUR FAVOURITE BRANDS.



Tonight Simmer Sauces 475-500g



SunRice Microwave Rice Cups 240/250g



Continental Recipe Base 30-50g



Leggos Pasta Bake Sauce 500g
80¢ per 100g



Green's Sponge Pudding Mix 260g
96¢ per 100g



Nice & Natural Nut Bars 6pk



Nescafé Blend 43 Coffee 500g/Gold 400g



Golden Circle Fruit Drink 6x250mL
\$2.66 per 1L



Nestlé Melts/Choc Bits/
Plaistowe Blocks 180-290g



Suimin Cup Noodles 70g
\$2.84 per 100g



MasterFoods Squeezy
Tomato/BBQ Sauce 475/500mL



Campbell's Real Stock 500mL
40¢ per 100mL



— FILL UP THE FRIDGE & Freezer —



Birds Eye Deli
Chips/Roast Potatoes 600g
\$7.98 per 1kg



\$4.79
ea

SAVE \$1.21



\$2.69
ea

SAVE 81¢

Birds Eye
Frozen Peas 500g (excl. Baby Peas)
\$5.38 per 1kg



\$4.99
ea

SAVE \$1.16

Bulla Ice Cream 2L (excl. Nut Free)
25¢ per 100mL



\$7.99
ea

SAVE \$3.01

Connoisseur Ice Cream Stick 4/6pk



\$9.99
ea

SAVE \$2.51

Ingham's Chicken Kyiv 350g
\$28.54 per 1kg



\$8.99
ea

SAVE \$1.51

Bega Block Cheese 500g
\$17.98 per 1kg



\$4.99
ea

SAVE \$1.01

Unicorn Brie/Camembert Cheese 125g
\$39.92 per 1kg



\$2.99
ea

SAVE 96¢

Primo Sliced Meats 80/100g



\$3.69
ea

SAVE 81¢

Juicy Isle
Chilled
Fruit
Drink 2L
\$1.85 per 1L



\$6.99
ea

SAVE \$1.51

Western Star Butter 500g
\$1.40 per 100g



\$3.49
ea

SAVE \$1.31

Glade Airfreshener 200g
\$1.75 per 100g



\$3.45
ea

LOW PRICE

Colgate Regular Toothpaste 165/180g



\$17.99
ea

SAVE \$5.76

Quilton Toilet Tissue 36pk
28¢ per 100sh



\$2.79
ea

community Co

Community Co Multi Purpose Wipes 50pk
6¢ per 1ea



BLACK & GOLD

\$1.20
ea

Black & Gold Household Regular Wipes 10pk
12¢ per 1ea



\$3.49
ea

SAVE \$1.10

Chum Canned Dog Food 1.2kg
29¢ per 100g



\$1.49
ea

SAVE 36¢

Optimum Dog Food 100g
\$1.49 per 100g



\$1.19
ea

SAVE 36¢

Dine Cat Food Tray 85g
\$1.40 per 100g

Baby & TODDLER



\$1.20
ea

SAVE 30¢

Heinz Baby Food Pouch 120g
\$1.00 per 100g



\$1.80
ea

LOW PRICE

Baby Bellies Soft Corn/Puffs 8-14g



\$3
ea

LOW PRICE

Baby Boo Wipes 80pk
\$3.75 per 100ea

BLACK & GOLD®

VALUE EVERY DAY



Black & Gold White Sugar 2kg
16¢ per 100g

BLACK & GOLD
\$3.20
ea



Black & Gold Tomato Paste 500g
33¢ per 100g

BLACK & GOLD
\$1.65
ea



Black & Gold Minced Garlic 250g
1¢ per 10g

BLACK & GOLD
\$1.25
ea



Black & Gold Shredded Cheese 500g
\$16.98 per 1kg

BLACK & GOLD
\$8.49
ea



Black & Gold Chicken Nuggets 500g
\$8.98 per 1kg

BLACK & GOLD
\$4.49
ea



Black & Gold Cat Litter 9kg
84¢ per 1kg

BLACK & GOLD
\$7.60
ea

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SEE INSIDE FOR MORE SAVINGS

Better Together

Cadbury
Drinking
Chocolate
250g
\$1.48 per 100g

\$3.69
ea
SAVE 96¢



Pascall Bags
120-280g

\$3.49
ea
SAVE \$1.51



WHERE THE *locals* MATTER

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