



ON SALE
10TH MAY
2023



\$2.25
ea

SAVE \$2.25

Arnott's Tim Tam Biscuits
165-200g (excl. Deluxe)



\$1.50
ea

SAVE \$1.69

Continental
Cup-a-Soup 2pk

**1/2
PRICE**



\$3.75
ea

SAVE \$3.75

Tamar Valley Yoghurt 700g
54¢ per 100g



\$4.75
ea

SAVE \$4.75

Peters Drumstick 4/6pk

SEE INSIDE FOR MORE SAVINGS

Offers available from: 10/05/23 until 16/05/23

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save





— 1/2 PRICE *Specials* —



\$2.25
ea

SAVE \$2.25

Campbell's
Real Stock 1L
23¢ per 100mL



Continental Classics
Pasta & Sauce/
Seasoned Rice 85-125g

\$1.50
ea

SAVE \$1.69

1/2
PRICE



\$10.99
ea

SAVE \$11.00

Red Bull
Energy Drink 8x250mL
\$5.50 per 1L



\$1
ea

SAVE \$1.00

Mars Medium Bars 35-56g



Thins
Potato
Chips
120-175g

\$2.40
ea

SAVE \$2.49

— 1/2 PRICE *Specials* —



\$9.99
ea

SAVE \$10.01

Radiant Laundry Powder
2kg/Liquid 2L



\$4.49
ea

SAVE \$4.51

Sard OxyPlus 1kg
\$4.49 per 1kg

**1/2
PRICE**



\$4.75
ea

SAVE \$4.75

Morning Fresh Dishwashing Liquid 900mL
53¢ per 100mL



\$4.25
ea

SAVE \$4.25

Nivea Aerosol Deodorant 250mL
\$1.70 per 100mL



— FRESH MEAT & Produce —



Tasmanian Grown

Tasmanian
ROYAL GALA APPLES

Serving Suggestion

\$380 kg



Sweet Potatoes

\$250 kg



Broccolini

\$250 bunch



JC's Quality Outback Mix 500g
\$19.98 per 1kg

\$9.99 ea

Scottsdale Meaty Pork Ribs

\$17.99 kg



Beef Scotch Fillet Steak

\$39.99 kg



Ingham's Bagged Whole Chicken

\$6.99 kg



Australian
HALF LAMB LEGS

Serving Suggestion

\$17.99 kg



Diced
LEAN BACON
Serving Suggestion

\$9⁹⁹ kg



Double Smoked Ham

\$16⁹⁹ kg



Australian Poultry

Chicken Drumsticks

\$5⁹⁹ kg



Chicken Kebabs 70g
\$21.29 per 1kg

\$1⁴⁹ ea



Product of Tasmania

\$6⁴⁹ ea
SAVE \$2.30

National Pies
Meat Pies/Pasties/Sausage Rolls 2pk



Product of Tasmania

Cripps Master Loaf
680/700g

\$3⁵⁹ ea
SAVE 80¢



Mission
WRAPS/MINI WRAPS 6/8PK

\$3⁹⁹ ea
SAVE \$1.40



You'll find *Low Prices*



SunRice Microwave Rice Cups 240/250g



Uncle Tobys Le Snak 6pk
\$3.33 per 100g



Morning Sun Muesli 650g
69¢ per 100g



Betta
Milk Full
Cream 2L
\$2.15 per 1L

\$4.29
ea
LOW PRICE



On the Menu Frozen Meals 320g
\$1.56 per 100g



Palmolive Naturals
Shampoo/Conditioner 350mL
\$1.43 per 100mL

ices Every Day right across the store



Frantelle Spring Water 24x600mL
83¢ per 1L



Oreo Biscuits Family Pack 370g
\$1.21 per 100g



Schweppes Traditional/Mineral Water/Mixers 1.1L
\$1.99 per 1L



Samba Firelighters 36pk
10¢ per 1ea



Ajax Spray n' Wipe Trigger 475/500mL



Fancy Feast Cat Food 85g
\$1.88 per 100g



— DRINKS, TREATS & Snacks —

NEW

Cadbury OLD GOLD DARK CHOCOLATE SLICES

100% SUSTAINABLY SOURCED COCOA

MINI

45% COCOA, RICH DARK CHOC FLAVOURED CREAM

NEW

Cadbury CARAMEL MILK SLICES

45% COCOA, RICH DARK CHOC FLAVOURED CREAM

NEW

Cadbury DAIRY MILK SLICES CRACKLE

DAIRY MILK MILK CHOCOLATE WITH RICE CRISPS AND TOASTED COCONUT

\$3.29 ea

SAVE \$2.21

Cadbury Family Block Chocolate 160-190g



Coca-Cola/
Fanta/
Sprite Soft
Drink 1.25L
\$1.59 per 1L

\$1.99 ea

SAVE 86¢



\$9.35 ea

SAVE \$4.65

Coca-Cola/Fanta/Sprite/
Mt Franklin Sparkling Water 10x375mL
\$2.49 per 1L



Powerade
Sports Drink
600mL
\$4.00 per 1L

\$2.40 ea

SAVE \$1.60



Mount
Franklin
Lightly
Sparkling
Spring Water
1.25L
\$1.59 per 1L

\$1.99 ea

SAVE \$1.10



\$4.79 ea

SAVE \$1.76

Arnott's High Tea 400g/
Cream Favourites 500g



\$3.49 ea

SAVE 51¢

Pascall Confectionery
Bags 150-280g/Cadbury Bites 110-150g



\$2.75 ea

SAVE 75¢

Arnott's Savoy/Jatz 225/250g



\$3.49 ea

SAVE \$1.81

Twisties/Burger Rings/
Toobs/Cheetos 125-270g

— STOCK UP THE *Pantry* —



MasterFoods
Squeezy
Tomato/
BBQ Sauce
475/500mL

\$2.99
ea

SAVE \$1.16



\$1.49
ea

SAVE 46¢

Fantastic Noodles Cup 70g/Bowl 85g

BETTER THAN

1/2
PRICE



\$7.99
ea

SAVE \$9.86

Cadbury Roses Boxed
Chocolates 450g
\$1.78 per 100g



\$4.49
ea

SAVE 70¢

Safcol Responsibly Fished Tuna 425g
\$10.56 per 1kg



\$1.75
ea

LOW PRICE

Zafarelli Pasta 500g
35¢ per 100g

1/2
PRICE



\$5.99
ea

SAVE \$6.00

Cadbury Dairy
Milk Gift Box 220g
\$2.72 per 100g



\$3.49
ea

SAVE \$2.51

Moccona Coffee Sachets 10pk



\$24.50
ea

SAVE \$10.49

Grinders Coffee 1kg
\$2.45 per 100g



\$3.69
ea

SAVE 96¢

Cadbury Drinking Chocolate 250g
\$1.48 per 100g



\$18.99
ea

SAVE \$7.01

Nescafé Blend 43 Coffee 500g
\$3.80 per 100g



\$4.39
ea

SAVE 60¢

Cripps Premium
Shortbread 200g
\$2.20 per 100g





— FILL UP THE FRIDGE & *Freezer* —

BLACK & GOLD® VALUE EVERY DAY



BLACK & GOLD
\$1.65
ea

Black & Gold
Tomato Paste 500g
33¢ per 100g



BLACK & GOLD
\$2.49
ea

Black & Gold Garlic Bread 450g
55¢ per 100g



BLACK & GOLD
\$6.99
ea

Black & Gold Salted Butter 500g
\$1.40 per 100g



\$7.99
ea
SAVE \$2.00

Golden North Simply Indulge
Ice Cream 2L/Giant Twin Ice Cream 5pk



\$6.99
ea
SAVE 56¢

Sara Lee Danish 400g/
Sticky Date Pudding 475g



\$7.99
ea
SAVE \$2.60

McCain Pizza Slices 600g
\$1.33 per 100g



\$8.99
ea
SAVE \$1.66

Ingham Frozen Chicken Schnitzel 400g
\$22.48 per 1kg



\$9.99
ea
SAVE \$3.00

Devondale Shredded Cheese 600g
\$16.65 per 1kg



\$4.99
ea
SAVE \$1.51

Mainland Tasty Cheese Block 250g
\$19.96 per 1kg



\$3.49
ea
SAVE \$1.51

Tibaldi Signature Ham off the Bone 120g
\$29.08 per 1kg



\$3.99
ea
SAVE \$1.50

Flora Spread 500g
80¢ per 100g



Kleenex
Toilet Tissue White 18pk
31¢ per 100sh

\$9.99
ea

SAVE \$5.00



Palmolive
Liquid Hand Wash Foam Pump 250mL
\$1.20 per 100mL

\$2.99
ea

SAVE 96¢



First Response Pregnancy Instream 1pk
\$6.99 per 1ea

\$6.99
ea

SAVE \$2.01



Whiskas Canned Cat Food 400g
53¢ per 100g

\$2.10
ea

SAVE 90¢



Friskies Dry Cat Food 1kg
55¢ per 100g

\$5.49
ea

SAVE \$2.00



Pedigree Canned Dog Food 1.2kg
37¢ per 100g

\$4.49
ea

SAVE \$1.30



My Dog Canned Dog Food 400g
62¢ per 100g

\$2.49
ea

SAVE 90¢

IGA

PRICE MATCH PROMISE

ON 100s OF
EVERYDAY
ESSENTIALS

**WE CHECKED
THE REGULAR PRICE,
WE MATCHED
THE LOWEST,
YOU WON'T
PAY MORE***



**LOOK OUT
FOR ME!**

Participating stores only. Subject to availability. Prices of selected products are checked and matched weekly to Woolworths or Coles everyday shelf price.

SEE INSIDE FOR MORE SAVINGS



Sanitarium
The Health Food Company

SWEET POTATO PIKELETS

Ingredients

- 3 Weet-Bix, finely crushed
- 1/2 cup wholemeal flour
- 2 tsp baking powder
- 1/4 tsp ground cinnamon
- 1 cup mashed or pureed sweet potato
- 2 eggs
- 1 cup So Good milk

What to do

1. In a large bowl, whisk together mashed sweet potato, eggs, and So Good milk. Add Weet-Bix, flour, baking powder, and cinnamon, and stir well to combine. Set aside for 5 mins to thicken.
2. Heat a non-stick pan or griddle to medium, spray or wipe with a small amount of oil. Scoop generous tablespoons of batter onto hot pan, and cook pancakes 2 - 3 mins each side until golden. Repeat to make approximately 24 pikelets.
3. Serve warm or at room temperature. The pikelets are perfect on their own, with yoghurt and fresh berries, or with hummus and avocado.



\$2.99
ea

SAVE \$1.60

Sanitarium Weet-Bix 575g
52¢ per 100g



Sanitarium
So Good
UHT Reg/
Lite Soy
Milk 1L
\$1.99 per 1L

\$1.99
ea

SAVE 86¢

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LOCATE

find your local store here
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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.