



ON SALE
1ST MAY
2024



SUPPORT LOCAL TASMANIAN PRODUCTS



\$2.99 ea
SAVE \$3.01



\$2.99 ea
SAVE \$3.01



\$2.99 ea
SAVE \$3.01



\$1.50 ea
SAVE \$1.69



\$1.50 ea
SAVE \$1.69



\$5.19 ea
SAVE \$5.20



\$5.19 ea
SAVE \$5.20



\$3.99 ea
SAVE \$4.30

ALL 1/2 PRICE

Nestle Block Chocolate 118-200g

Continental Cup-a-Soup 2pk

Streets Golden Gaytime 4pk
\$1.30 per 100mL

Lynx Antiperspirant/Deodorant 165mL
\$2.42 per 100mL

Offers available from: 01/05/24 until 07/05/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian
**IMPERIAL
MANDARINS**

\$4.90
kg



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!

Scan & Subscribe to save



ALL

— 1/2 PRICE *Specials* —

**1/2
PRICE**



\$2.75
ea

SAVE \$2.75

Uncle Tobys Muesli Bars 6pk
\$1.49 per 100g



\$2.75
ea

SAVE \$2.75

Pringles Chips 118/134g



\$1.40
ea

SAVE \$1.45

Kinder Bueno 39/43g



\$3.75
ea

SAVE \$3.75

Jarrah Coffee 250g
\$1.50 per 100g



\$4.49
ea

SAVE \$4.51

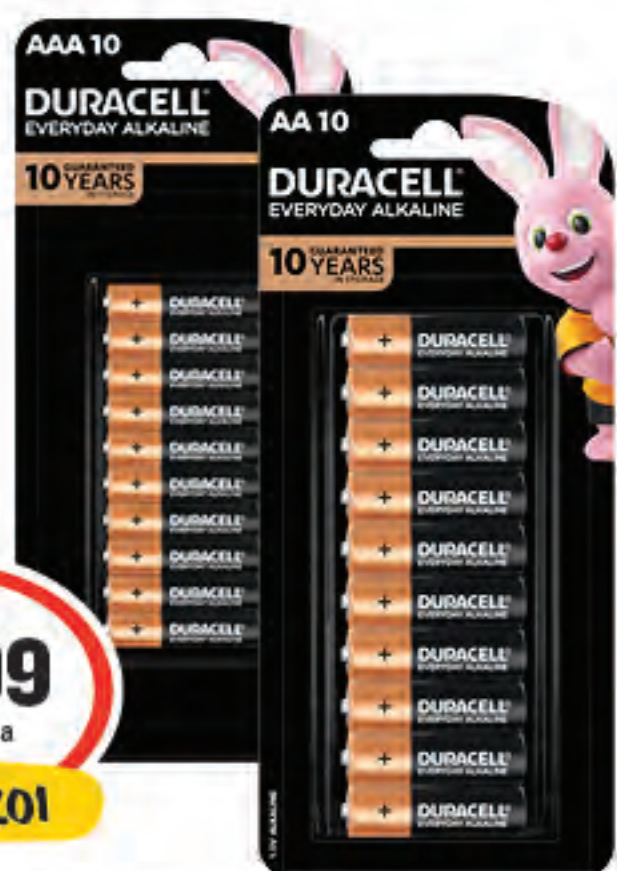
Fluffy Ultra
Fabric Softener 900mL/1L



\$1.75
ea

SAVE \$1.75

Earth Choice
Toilet Cleaner 750mL
23¢ per 100mL



\$6.99
ea

SAVE \$7.01

Duracell
Everyday Alkaline Battery 10pk
70¢ per 1ea



\$2.85
ea

SAVE \$2.85

Chux Heavy Duty
Scourer Scrub 4pk
71¢ per 1ea



\$2.20
ea

SAVE \$2.25

Ziploc Sandwich/ Snack Bags 30-40s



Kirks Canned
Soft Drink 10x375mL
\$2.13 per 1L

\$7.99
ea

SAVE \$5.61



\$2.79
ea

SAVE \$1.91

Ribena 500mL
\$5.58 per 1L

ALL

40%
OFF



Powerade
Sports
Drink
600mL
\$4.17 per 1L

\$2.50
ea

SAVE \$1.70



\$6.49
ea

SAVE \$4.76

Red Bull Energy Drink 4x250mL
\$6.49 per 1L



\$8.99
ea

SAVE \$6.41

Frantelle Spring Water 24x600mL
62¢ per 1L



— FRESH PRODUCE & *Meat* —



Carrots 1kg
\$1.50 per 1kg



Boneless
Pork Leg Roast



Lamb
Forequarter Chops



JC's Delicious Energy Mix 500g
\$17.98 per 1kg



Nichols Nibbles
Marinated Chicken Wings 1kg
\$9.99 per 1kg



First Grade Beef Mince

— DELICIOUS BAKERY & *Deli* —



1/2 PRICE

Mighty Soft
RAISIN TOAST 600g
58¢ per 100g

\$3.49 ea
SAVE \$3.96

Double
SMOKED HAM
Serving Suggestion

\$15.99 kg

Golden BAKERY
6 Wholemeal Crumpets
86¢ per 100g

\$2.59 ea
SAVE \$1.16

PRODUCT OF TASMANIA

\$17.99 kg

Rindless Short Cut Bacon

Mission Wraps
Super Soft
8 Wraps

\$3.99 ea
SAVE \$1.51

Mission Wraps/
Mini Wraps 6/8pk

Australian Poultry

\$14.99 kg

Chicken Breast Fillets

Happy Cake
Red Velvet Cake
420/450g

\$8.99 ea
SAVE \$2.01

National Pies
LITTLE CLASSIC GRASS FED BEEF
12pk
\$2.22 per 100g

\$7.99 ea
SAVE \$2.50

Australian Poultry

\$3.99 kg

Chicken Wings



IGA WHERE THE

PROD
TASM



Juicy Isle
Cordial 2L
\$1.50 per 1L

\$2.99
ea

SAVE \$1.51



The Good Apple
Sparkling Apple
Juice 750mL
\$4.65 per 1L

\$3.49
ea

SAVE 91¢



Juicy Isle
Topping 375mL
80¢ per 100mL



National Pies Meat Pies/Pasties 2pk
\$1.80 per 100g

\$6.49
ea

SAVE \$2.30



Duck River Soft Butter 500g
\$1.10 per 100g

\$5.49
ea

SAVE \$1.36



Spreyton
Fresh
Juice 2L
\$2.60 per 1L



\$5.99
ea
SAVE \$1.20



\$4.99
ea

SAVE \$1.01

Johnno's Salsa 300g
\$1.66 per 100g



Johnno's Sauce/
Chutney/Relish 400/520g

\$4.99
ea
SAVE \$1.01



\$3.99
ea

SAVE 86¢

Johnno's Apple Sauce 250g
\$1.60 per 100g



\$6.49
ea

SAVE 90¢

Johnno's Sauce 360g
\$2.00 per 100g

Johnno's Jam 450g
\$3.82 per 100g

locals MATTER

UDLY ANIAN



\$2.99
ea

SAVE 40¢



Tas Taste
Plain/Self
Raising
Flour 2kg
\$1.45 per 1kg

\$2.89
ea

LOW PRICE



William's
Bread
800-900g

\$4.70
ea

LOW PRICE



\$5.20
ea

SAVE \$1.70



Pandani
Sliced
Meats 120g
\$37.42 per 1kg

\$4.49
ea

SAVE 51¢



Tasmanian
Mountain
Spring
Water 10L
70¢ per 1L

\$7
ea

LOW PRICE

The CREAMERY. The BETTER

THICK & CREAMY YOGHURT



1/2
PRICE

\$1.50
ea

SAVE \$1.69

Tamar Valley The Creamery Yoghurt 170g
88¢ per 100g

ASHGROVE

GRASS • COW • YOU



Tasmanian cheese

Iconic farmhouse cheese crafted
in the English County style



\$4.99
ea

SAVE \$2.51

Ashgrove Cheese 140g (excl. Fetta)
\$35.64 per 1kg



— SNACKS, TREATS & Drinks —



Happy
Mother's Day!



Cadbury Roses
Boxed Chocolates 225g
\$2.80 per 100g

\$6.30
ea

SAVE \$6.30



Cadbury Favourites 340/352g

\$8.49
ea

SAVE \$8.50



Maltesers Gift Box 400g
\$1.75 per 100g

\$6.99
ea

SAVE \$9.01



Lindt Lindor Balls 235g
\$4.68 per 100g

\$11
ea

SAVE \$11.00



Coca-Cola/Fanta/Sprite
Soft Drink Cans 24x375mL
\$2.50 per 1L

\$22.50
ea

SAVE \$13.65



Schweppes Mixer Soft Drink 4x300mL
\$4.16 per 1L

\$4.99
ea

SAVE \$1.91



Arnott's Cream Biscuits 200/250g

\$2.99
ea

SAVE \$1.51



Fantastic Rice Crackers 100g
\$1.99 per 100g

\$1.99
ea

SAVE 56¢



Kirks
Soft Drink
1.25L
\$1.48 per 1L

\$1.85
ea

SAVE 75¢



Cadbury Share Pack 144-180g

\$4.49
ea

SAVE \$1.51



Arnott's Shapes/Savoy/Jatz 130-250g

\$2.99
ea

SAVE \$1.01



Red Rock Deli Chips 150/165g

\$4.49
ea

SAVE \$1.81

— STOCK UP THE *Pantry* —



\$10⁹⁹
ea
SAVE \$3.00

Nestle Milo 700g
\$1.57 per 100g



\$5⁴⁹
ea
SAVE \$1.46

Uncle Tobys
Flavoured Oats 10pk/Hi Fibre 8pk



\$17⁹⁹
ea
SAVE \$10.01

Moccona Freeze Dried Classic Coffee 400g
\$4.50 per 100g



\$3²⁵
ea
LOW PRICE

Green's Pancake Shake Mix 325/375g



\$4⁹⁹
ea
SAVE \$2.21

Nutella Hazelnut Spread 400g
\$1.25 per 100g



\$3⁶⁹
ea
SAVE \$1.11

Dolmio Extra Pasta Sauce 490/500g



\$3⁴⁹
ea
SAVE \$1.01

Campbell's Real Stock 1L
35¢ per 100mL



\$1⁴⁹
ea
SAVE 61¢

San Remo La Pasta Range 120g
\$1.24 per 100g



\$3
ea
LOW PRICE

SunRice Microwave Rice Cups 240/250g



— FILL UP THE FRIDGE & *Freezer* —



Peters Original Ice Cream 2L
24¢ per 100mL



Peters Drumstick 4/6pk



Lean Cuisine Frozen Meals 375g
\$1.33 per 100g



Birds Eye Golden Crunch Chips 750g
\$5.99 per 1kg



McCain Family Pizza 490/500g



Chris Dip 200g (excl. plant based)
\$1.90 per 100g



Pandani Streaky Bacon 400g
\$24.98 per 1kg



Meadowlea Spread 500g
90¢ per 100g



Tamar Valley
Natural Greek Style Yoghurt 1kg
50¢ per 100g

Betta MILK

TASSIE MADE & LOVED





BabyLove Everyday Baby Wipes 80pk
\$3.74 per 100ea



Rafferty's Garden Baby Food 120g
\$1.66 per 100g



Huggies Jumbo Disposable Nappies 60-108s



Handee Ultra Paper Towel 3pk
\$2.22 per 100ea



Earth Choice Dishwash 500mL
45¢ per 100mL



Sorbent Toilet Tissue Hypo-Allergenic 8pk
45¢ per 100sh



Pedigree Dry Dog Food 2.5/3kg



Pedigree Canned Dog Food 700g
43¢ per 100g



My Dog 6pk/Dine Cat Food 7pk
\$1.17 per 100g

SEE INSIDE FOR MORE SAVINGS

1/2
PRICE



\$4.25
ea

SAVE \$4.54

Old el Paso Meal Kits 290-520g
(excl. Pockets/Stand n Stuff/Gluten Free)



\$4.99
ea

SAVE \$1.01

Old el Paso Pickle Jalapeno 250g
\$2.00 per 100g



\$3.49
ea

SAVE 96¢

Mission Corn Chips 230g
\$1.52 per 100g



\$2.99
ea

SAVE 51¢

Zoosh Dip 185g
\$1.62 per 100g



\$1.70
ea

LOW PRICE

Maggi Recipe Base Sachets 21-43g



\$4
ea

community Co

Community Co
Tortillas Original 8pk
\$1.10 per 100g



\$8.49
ea

Black & Gold Shredded Cheese 500g
\$16.98 per 1kg

Whilst stocks last. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

Offers available from 01/05/24 until 07/05/24

Visit [IGATAS.COM.AU](https://www.igatas.com.au) for more info



LIKE US facebook.com/igatas



SUBSCRIBE

to receive our weekly online
catalogue igatas.com.au/catalogues



LOCATE

find your local store here
igatas.com.au/store-locator



Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



NATIONAL PIES FOR LOCAL HEROES



APPLY FOR A GRANT

\$1,000 AWARDED EACH MONTH!
\$10,000 MAJOR GRANT!

**FOR COMMUNITY GROUPS, SPORTING CLUBS,
OR NOT FOR PROFIT ORGANISATIONS**



scan
to learn more 



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

STRAWBERRY MUFFINS

Recipe courtesy of: tamarvalleydairy.com



Tamar Valley
The Creamery
Yoghurt 170g
88¢ per 100g



1/2
PRICE

\$1.50
ea
SAVE \$1.69

Ingredients

- 1 1/4 cups plain flour
- 1 tsp cinnamon
- 1 tsp ground nutmeg
- 2 tsp baking powder
- Generous pinch of salt
- 1 tbsp butter, melted and cooled
- 2 tsp vanilla essence
- 1/4 cup Tamar Valley Dairy Strawberries & Cream Yoghurt
- 1 egg, room temperature
- 1 large banana, mashed
- 2 tbsp maple syrup
- 100g strawberries, hulled and diced into small cubes
- Icing sugar, to serve

What to do

1. Preheat oven to 160 degrees Celsius.
2. Grease 8 muffin cups and set aside.
3. In a large mixing bowl, whisk flour, baking powder, spices and salt together.
4. In another bowl, mix together butter, egg and vanilla. Next, stir in banana, maple syrup and yoghurt and mix until thoroughly combined.
5. Add the flour mix to the wet ingredients and stir until incorporated. Fold in strawberries.
6. Evenly divide the muffin batter between cups. Cook for approximately 20 minutes or until a skewer comes out clean after being inserted into middle of muffin.
7. Leave to cool for 5 minutes before removing from cup and leaving to cool completely on board or wire rack.
8. Dust lightly with icing sugar before serving.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info



ON YOUR FAVOURITE BRANDS.



Bushells
Tea Cup
Bags 100pk
\$2.50 per 100g

\$4.50
ea

LOW PRICE



Mother
Energy Drink
4x500mL
\$4.05 per 1L

\$8.10
ea

LOW PRICE



Maggi 2
Minute
Noodles 12pk

\$9.99
ea

LOW PRICE



Quilton
Toilet
Tissue
18pk
34¢ per 100sh

\$11
ea

LOW PRICE



Crisco Canola/
Blended Vegetable Oil 2L
50¢ per 100mL

\$10
ea

LOW PRICE



Palmolive Naturals
Shampoo/Conditioner 350mL
\$1.57 per 100mL

\$5.50
ea

LOW PRICE



Fancy Feast Cat Food 85g
\$1.88 per 100g

\$1.60
ea

LOW PRICE



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info