



ON SALE
19TH APRIL
2023



MAJOR
SAVERS

\$3⁹⁹
ea

Cadbury
Large Block Chocolate 315-360g



\$1¹⁰
ea

SPC Baked Beans & Spaghetti 420/425g



ALL
1/2
PRICE



Kellogg's Nutri-Grain/LCM Bars 6pk



\$2⁴⁹
ea



Campbell's
Real Stock 1L
23¢ per 100mL

\$2²⁵
ea

On Sale Wed 19th April to Tue 25th April. Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Australian
BEEF
PORTERHOUSE
STEAK
\$32⁹⁹
kg

Serving Suggestion



WHERE THE *locals* MATTER

GREAT SPECIALS ON NOW!
Scan & Subscribe to save



SEE INSIDE FOR MORE MAJOR SAVERS

ALL

— 1/2 PRICE *Specials* —

1/2 PRICE



\$1¹⁰
ea

Greenseas Canned Tuna 95g
\$11.58 per 1kg



\$2²⁵
ea

Campbell's Country Ladle/
Chunky Canned Soup 495-510g



\$7⁹⁹
ea

Twinings Teabags 80/100pk



\$3²⁵
ea

Colgate Total
Advanced Toothpaste 115g
\$2.83 per 100g



Colgate 360°
Toothbrush
1pk (excl.
Advanced)
\$2.59 per 1ea

\$2⁵⁹
ea



\$3²⁹
ea

Vaseline Body Lotion 225mL
\$1.46 per 100mL



\$12⁹⁹
ea

Omo Laundry Liquid 2L
\$6.50 per 1L



\$2⁷⁵
ea

Morning Fresh
Dishwashing Liquid 400mL
69¢ per 100mL



Coca-Cola/Fanta/
Sprite Soft Drink Cans 24x375mL
\$2.36 per 1L



V Energy Drink 4x250mL
\$5.99 per 1L



Bundaberg Soft Drink 4x375mL
\$3.66 per 1L



The Natural
Confectionery Company Bags 180-230g



Moccona Coffee Sachets 10pk



Nescafé Blend 43 Coffee 500g
\$3.80 per 100g



San Remo Pasta 375/500g



Pedigree Dry Dog Food 2.5/3kg

ARNOTT'S

BLUEY

OH BISCUITS!

NEW

4 HEALTH STAR RATING

Cheese Flavoured Snacks

NO ARTIFICIAL COLOURS | NO ARTIFICIAL FLAVOURS | NO ARTIFICIAL PRESERVATIVES

1/2 PRICE

4 HEALTH STAR RATING

Pizza Flavoured Snacks

NO ARTIFICIAL COLOURS | NO ARTIFICIAL FLAVOURS | NO ARTIFICIAL PRESERVATIVES

\$1.99 ea

Arnott's Bluey Snacks Sharebox 150g
\$1.33 per 100g

Bluey **LU DO** **BBC STUDIOS**

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Bagged Baby Spinach
\$23.00 per 1kg



Carrots 1kg
\$1.50 per 1kg



Cripps ANZAC Tin 300g
\$4.00 per 100g



JC's Delicious Energy Mix 500g
\$17.98 per 1kg

MAJOR SAVERS



Duck River Butter Pat 500g
\$1.40 per 100g



Bega Cheese Slices/Blocks 500g
\$15.98 per 1kg



Tamar Valley Greek Style Yoghurt 6x125g
60¢ per 100g



Peters Ice Cream 4L
25¢ per 100mL



Peters Maxibon 4pk
\$1.29 per 100mL



On the Menu Frozen Meals 320g
\$1.56 per 100g

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Offers available from 19/04/23 until 25/04/23

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit igatas.com.au/pricematch. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



\$3.69
ea
community Co

Community Co
Cordial Syrup 1L
\$3.69 per 1L



\$1.99
ea
community Co

Community Co
Sauce 500mL
40¢ per 100mL



\$3.50
ea
community Co

Community Co Diced
Peach In Juice 4x125g
\$7.00 per 1kg



\$2.75
ea
community Co

Community Co Soy Milk 1L
\$2.75 per 1L



\$3.79
ea
community Co

Community
Co Coconut Water 1L
\$3.79 per 1L



\$2.69
ea
community Co

Community
Co Passata 690g
39¢ per 100g



\$2.70
ea
community Co

Community
Co Strawberry Jam 500g
54¢ per 100g

Visit www.communityco.com.au/giveback/ to see how your purchase can benefit your community.



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ANZAC BISCUITS

UNCLE TOBY'S

ROLLED OATS

Traditional



100% AUSTRALIAN OATS

Goodness since 1904

500g

\$3.69
ea

Uncle Toby's Quick/
Traditional Oats 500g
74¢ per 100g

Product of
Tasmania



\$6.99
ea

Duck River Butter Pat 500g
\$1.40 per 100g

Ingredients

- 1 1/2 cup rolled oats
- 1 1/3 cup desiccated coconut
- 1 1/4 cup buckwheat flour
- 1 1/4 cup tapioca flour
- 1/2 cup pitted dates, chopped
- 3 tbsp maple syrup
- 1/2 cup butter
- 6 tbsp coconut oil
- 1 tsp bicarb soda

What to do

1. Preheat the oven to 180C.
2. In a large mixing bowl, combine oats, coconut and flours. Stir to combine.
3. In a small bowl, add the dates, bicarb soda and boiling water. Set aside to let it sit for a few minutes to soften the dates.
4. In a small saucepan, melt the butter and coconut oil with the maple syrup then add the dates and bicarb mix. When combined add to the bowl of dry ingredients and mix well.
5. Scoop 1-2 tablespoons and roll into a ball and flatten on a baking tray to 1cm thickness. Repeat until you have used all the dough.
6. Bake for 12-15 minutes or until golden.



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CHICKEN SCHNITZEL WRAP



William's Wraps 8pk
71¢ per 100g



Community Co
Mustard 190g
\$1.57 per 100g



Ingham Frozen
Chicken Schnitzel 400g
\$19.98 per 1kg

Ingredients

- 4 Ingham Chicken Schnitzels
- 4 William's Wraps
- 2 baby cos lettuce, chopped
- 8 rashers streaky bacon
- 2 tomatoes, sliced
- 6 tbsp Praise Mayonnaise
- 1 tbsp lemon juice
- 1/4 cup parmesan cheese, grated
- 1 garlic clove, crushed
- 1/4 tsp anchovy paste
- 1/2 tsp dijon mustard

What to do

1. Preheat the oven to 200C/180C fan forced. Place bacon on baking tray, and bake for 10-12 minutes till crispy
2. To make the dressing, whisk lemon juice, garlic, dijon mustard, and anchovy paste with mayonnaise. Add the grated parmesan and season with salt and pepper to taste.
3. Slice schnitzels. Spread dressing on base of wrap, arrange the bacon, tomato, lettuce and schnitzel slices in the middle, fold and roll tightly.



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