



ON SALE 10TH
APRIL 2024



MEGA DEALS SALE

Schweppes
Traditional/
Mineral
Water/
Mixers 1.1L
\$1.27 per 1L

\$1.40
ea



\$1
ea

ALL
1/2
PRICE

Mars Medium Bars 35-56g



\$3.99
ea

Nescafé Coffee
Sachets 10pk/Gold 8pk



\$5.49
ea

Bulla Creamy
Classics 2L
27¢ per 100mL



Offers available from: 10/04/24 until 16/04/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Tasmanian
CARROTS 1kg
\$1.50
bag



\$1.50 per 1kg

WHERE THE *locals* MATTER

NEVER MISS A 1/2 PRICE SPECIAL
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MEGA SAVINGS IN EVERY AISLE



— PANTRY, HOME & *Pet* —

1/2
PRICE



\$2.25
ea

Campbell's Canned Soup 495-510g

1/2
PRICE



\$1.40
ea

Pringles Chips 53g
\$2.64 per 100g



\$4.99
ea

Uncle Tobys Oats 8/10pk



\$3.79
ea

Golden Circle Long Life Juice 2L
\$1.90 per 1L



\$9.99
ea

iCare Toilet Tissue 24pk
23¢ per 100sh



50%
off

ENTIRE RANGE

Somat Auto Dishwasher Range

1/2
PRICE



\$4.85
ea

Rexona Advanced Antiperspirant 220mL
\$2.20 per 100mL

1/2
PRICE



\$4.99
ea

Pantene Shampoo/Conditioner 375mL
\$1.33 per 100mL



\$10.99
ea

Felix Cat Food 12pk
\$1.08 per 100g

— STOCK UP THE *Pantry* —



\$27
ea

Coca-Cola 30x375mL
\$2.40 per 1L



\$8.99
ea

Clearly Tasmanian Water 20x600mL
75¢ per 1L



\$3.60
ea

Powerade Sports Drink 1L
\$3.60 per 1L



\$1.99
ea

Hartz Spring Water 1.5L
\$1.33 per 1L



\$2.99
ea

Arnott's Cream Biscuits 200/250g



\$3.49
ea

Cadbury Bites 110-150g



\$2.99
ea

Tetley Tea Cup Bags/
All Rounder/Extra Strong 50pk



\$3.25
ea

Cottees Jam/Marmalade 375g
87¢ per 100g

MEGA DEALS SALE

MOVIE NIGHT AT *Home*



\$4.99
ea

Poppin Microwave Popcorn 400g
\$1.25 per 100g



\$7.49
ea

Peters Drumstick 4/6pk



\$3.50
ea

Allen's Jelly/
Mint Confectionery Range 140-200g



\$3.49
ea

Smith's Potato Chips/
Doritos Corn Chips 130-175g

MEGA SAVINGS IN EVERY AISLE



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TOMATO & LEMON BAKED CHICKEN



Marion Bay
Chicken
Breast Fillets
From the Meat Department



\$18⁹⁹
kg

Ingredients

- 4 chicken breasts
- 1/2 lemon, sliced
- 1/2 lemon, juiced
- 2 tbsp extra virgin olive oil
- 1 garlic clove, minced
- 1 tbsp tomato paste
- Pinch of salt
- 2 tbsp oregano leaves
- 1/2 tsp ground pepper
- 500 g cherry or baby Roma tomato
- 1/2 cup mixed olives or kalamata olives
- 2 bunches of broccolini

What to do

1. Preheat the oven to 180C.
2. On a large baking tray, place the olives and the tomatoes next to each other.
3. In a bowl, toss the chicken in the rest of the ingredients to coat.
4. Lay the chicken breasts in the centre of the tray on top of some of the olives.
5. Cover the chicken breasts with slices of lemon.
6. Sprinkle with salt and pepper.
7. Roast for 20-30 mins until the chicken is cooked through, check every 15 mins.
For the last 5 mins add the broccolini to the roasting tray.
8. Serve the chicken with veggies and drizzle the pan juice over the top.



WHERE THE *locals* MATTER

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