

FOR ALL YOUR
Easter
Goodies



ON SALE
20TH MARCH
2024



SEE INSIDE FOR MORE SAVINGS



\$5.62
ea

Red Bull Energy Drink 4x250mL
\$5.62 per 1L

ALL

1/2
PRICE



\$1
ea

Cadbury/Fry's/
Europe Medium Bars 30-60g



\$1.35
ea

John West Tuna 95g
\$14.21 per 1kg



\$2.49
ea

Arnott's Tim Tam
Biscuits 165-200g (excl. Deluxe)

Offers available from: 20/03/24 until 26/03/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

New Season
ROYAL GALA
APPLES
\$3.50
kg



WHERE THE *locals* MATTER

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— GREAT *Specials* —

ALL

**1/2
PRICE**



\$2.49
ea

Pascall/The Natural Confectionery Bags 120–280g



\$10.99
ea

Cadbury Favourites 520g
\$2.11 per 100g



\$1.25
ea

Fantastic Rice Crackers 100g
\$1.25 per 100g



\$2.50
ea

Natural Chip Company Chips/French Fries 150/175g



\$2.99
ea

Moccona Coffee Sachets 8/10pk



\$4.99
ea

Peters Oreo/Nestle Kit Kat/Cadbury Ice Cream Sticks 4pk



\$3.49
ea

Herbal Essences Shampoo/Conditioner 300mL
\$1.16 per 100mL



\$13.99
ea

Omo Laundry Liquid 2L
\$7.00 per 1L



89¢
ea

Natures Gift Dog Food 100g
89¢ per 100g



\$2.75
ea

Cadbury Egg Bag 110–125g



\$8.99
ea

Kinder Maxi Egg 100g
\$8.99 per 100g



\$5.49
ea

Cadbury Easter Bunny 150–170g



Kirks Canned Soft Drink 10x375mL
\$2.00 per 1L



Coca-Cola/Fanta/Sprite/
Deep Spring/Mt Franklin 6x250mL
\$3.83 per 1L



Coca-Cola/Fanta/
Sprite Soft Drink Cans 24x375mL
\$2.50 per 1L



Cadbury Baking
Blocks 180g/Chips 200g/Melts 225g



Red Rock Deli Chips 150/165g



Arnott's Shapes/Savoy/Jatz 130-250g



Redheads Firelighters 24pk
17¢ per 1ea



Handee Ultra Paper Towel 2pk
\$1.66 per 100ea



Dine Cat Food Tray 85g
\$1.40 per 100g



Birds Eye Golden
Crunch Chips 900g
\$3.32 per 1kg

Birds Eye Oven
Bake Fish Fillets 425g
\$14.12 per 1kg

SEE INSIDE FOR MORE SAVINGS



Tasmanian Grown

\$1.50
bag

Brown Onions 1kg
\$1.50 per 1kg



Tasmanian Grown

\$2.99
bunch

Celery



Easter Buns

\$5.69
ea

EVERYDAY

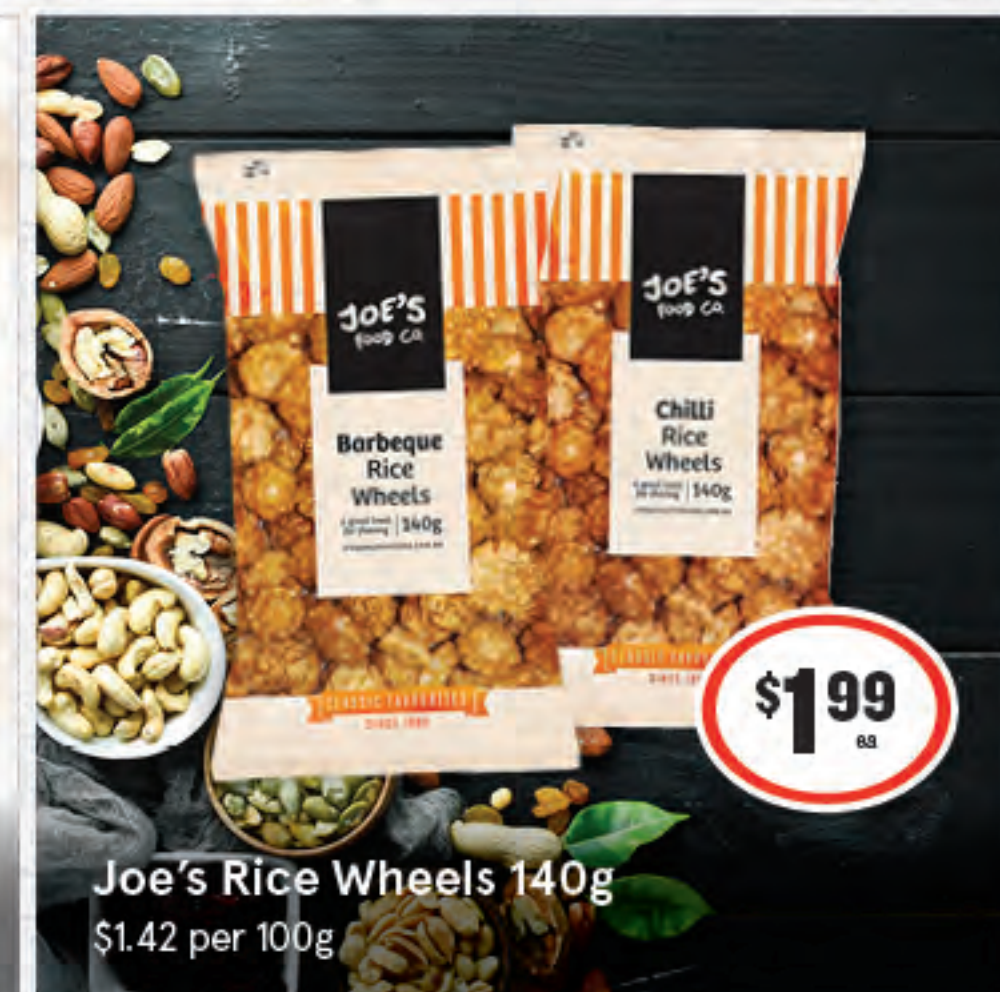
Cripps Four Roses Easter Buns 6pk
\$1.26 per 100g



Australian Beef

\$36.99
kg

Beef Scotch Fillet
Serving suggestion (product sold uncooked)



Joe's
Barbeque Rice Wheels
140g

\$1.99
ea

Joe's Rice Wheels 140g
\$1.42 per 100g



Yoplait Yoghurt 1kg
40¢ per 100g



PRODUCT OF TASMANIA

\$7.49
ea

Duck River Butter Pat 500g
\$1.50 per 100g



\$2.49
ea

Zoosh Dip 185g
\$1.35 per 100g



\$12.99
ea

Bega Tasty Cheese Block 1kg
\$12.99 per 1kg



\$6.99
ea

I&J Salt & Pepper Squid/Calamari 360g
\$19.42 per 1kg



\$8.99
ea

Global Seafoods Frozen Cooked & Peeled Prawns 300g
\$29.97 per 1kg



\$5.99
ea

Peters Light & Creamy 1.8L
33¢ per 100mL

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William's
Bread
800-900g

\$4⁷⁰
ea
LOW PRICE



You'll find *Low Prices* Every Day right across the store



SPC Fruits 4x120g
\$8.33 per 1kg



CSR Soft Icing Mixture 500g
50¢ per 100g



Crisco Canola/
Blended Vegetable Oil 2L
50¢ per 100mL



Pampas Bulk Puff Pastry 1.6kg
50¢ per 100g



Global Seafoods
Frozen Prawn Ring 255g
\$43.14 per 1kg



Birds Eye Chopped Onion 500g
\$6.60 per 1kg



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locals MATTER

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Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

GREEK STYLE LAMB LEG ROAST



Netted & Boneless Lamb Leg
From the Meat Department

\$17⁹⁹
kg

Ingredients

- 1.8-2kg lamb leg
- 2 tsp garlic powder
- 1 tsp paprika
- 2 tsp oregano
- 2 tbsp olive oil
- 1 punnet (300g) vine ripened cherry tomatoes
- 1 garlic bulb, cut in half
- ½ cup green olives
- 1 kg potatoes, peeled and quartered
- 1 lemon, sliced
- 1 cup chicken stock

What to do

1. Preheat the oven to 200°C.
2. Place the potatoes in a large pot filled with water over heat. Bring to a boil and let it cook for 10 minutes. Drain and allow to steam dry. Season in a bowl with salt, pepper and toss with a drizzle of olive oil until potatoes are evenly coated in it.
3. In a small bowl combine garlic powder, paprika, oregano, olive oil and season with salt and pepper. Rub seasoning all over the lamb until evenly coated.
4. Place the lamb leg in a large baking tray, then add the tomatoes, garlic, olives, parboiled potatoes, lemon, and chicken stock. Place in the oven for 1 hour 15 minutes for medium. Cook for a further 15 minutes if you prefer it well done.



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