

FOR ALL YOUR  
*Easter*  
Goodies



ON SALE  
20<sup>TH</sup> MARCH  
2024



Have a break,  
have a KitKat

**\$4.99**  
ea

SAVE \$5.00



Peters Oreo/Nestle Kit Kat/  
Cadbury Ice Cream Sticks 4pk



**\$1**  
ea

SAVE \$1.50

Cadbury/Fry's/  
Europe Medium Bars 30-60g

ALL  
**1/2**  
PRICE



**\$1.35**  
ea

SAVE \$1.44

John West Tuna 95g  
\$14.21 per 1kg



**\$2.49**  
ea

SAVE \$2.51

Arnott's Tim Tam  
Biscuits 165-200g (excl. Deluxe)

Offers available from: 20/03/24 until 26/03/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

SEE INSIDE FOR MORE SAVINGS



*New Season*  
**ROYAL GALA**  
**APPLES**  
**\$3.50**  
kg



WHERE THE *locals* MATTER

**GREAT SPECIALS ON NOW!**  
Scan & Subscribe to save





## — GREAT *Specials* —



**\$2.49**  
ea

SAVE \$2.51

Pascall/The Natural  
Confectionery Bags 120-280g



**\$1.25**  
ea

SAVE \$1.30

Fantastic Rice Crackers 100g  
\$1.25 per 100g



**\$2.50**  
ea

SAVE \$2.50

Natural Chip Company  
Chips/French Fries 150/175g

**ALL  
1/2  
PRICE**



Harvest  
Snaps 120g  
\$20.75 per 1kg

**\$2.49**  
ea

SAVE \$2.51

Moccona  
Coffee  
Sachets  
8/10pk

**\$2.99**  
ea

SAVE \$3.01



Australia's Own  
Unsweetened  
Coconut/  
Almond  
Beverages 1L  
\$1.60 per 1L

**\$1.60**  
ea

SAVE \$1.60

## Low Prices Every Day



**\$5**  
ea

LOW PRICE

Arnott's Family  
Favourites Biscuits 500g  
\$1.00 per 100g



**\$3.95**  
ea

LOW PRICE

Indomie Noodles 5pk



**\$3**  
ea

LOW PRICE

SunRice Microwave  
Rice Cups 240/250g

Philadelphia  
Pourover 250g  
\$9.00 per 1kg

**\$2.25**  
ea

SAVE \$2.25



John West  
Salmon 95g  
\$17.37 per 1kg



**\$1**  
ea

SAVE \$1.00

Vegeta Stock Cubes 60g  
17¢ per 10g

**ALL  
1/2  
PRICE**



**\$1.65**  
ea

SAVE \$1.95



**\$13.99**  
ea

SAVE \$14.01

Omo Laundry Liquid 2L  
\$7.00 per 1L



**89¢**  
ea

SAVE 90¢

Natures Gift Dog Food 100g  
89¢ per 100g



**\$3.49**  
ea

SAVE \$3.51

Herbal Essences Shampoo/  
Conditioner 300mL  
\$1.16 per 100mL

*Low Prices* Every Day



**\$3**  
ea

LOW PRICE

Praise Salad Dressing 330mL  
91¢ per 100mL



**\$4.50**  
ea

LOW PRICE

Meadowlea Spread 500g  
90¢ per 100g



**\$11**  
ea

LOW PRICE

Quilton Toilet Tissue 18pk  
34¢ per 100sh



## — FRESH PRODUCE & *Meat* —



**Tasmanian Grown**

*Tasmanian*  
**BROWN ONIONS 1kg**

\$1.50 per 1kg

**\$1<sup>50</sup>** bag



**Australian Beef**

*Australian*  
**BEEF SCOTCH FILLET**

Serving Suggestion (product sold uncooked)

**\$36<sup>99</sup>** kg



**Tasmanian Grown**

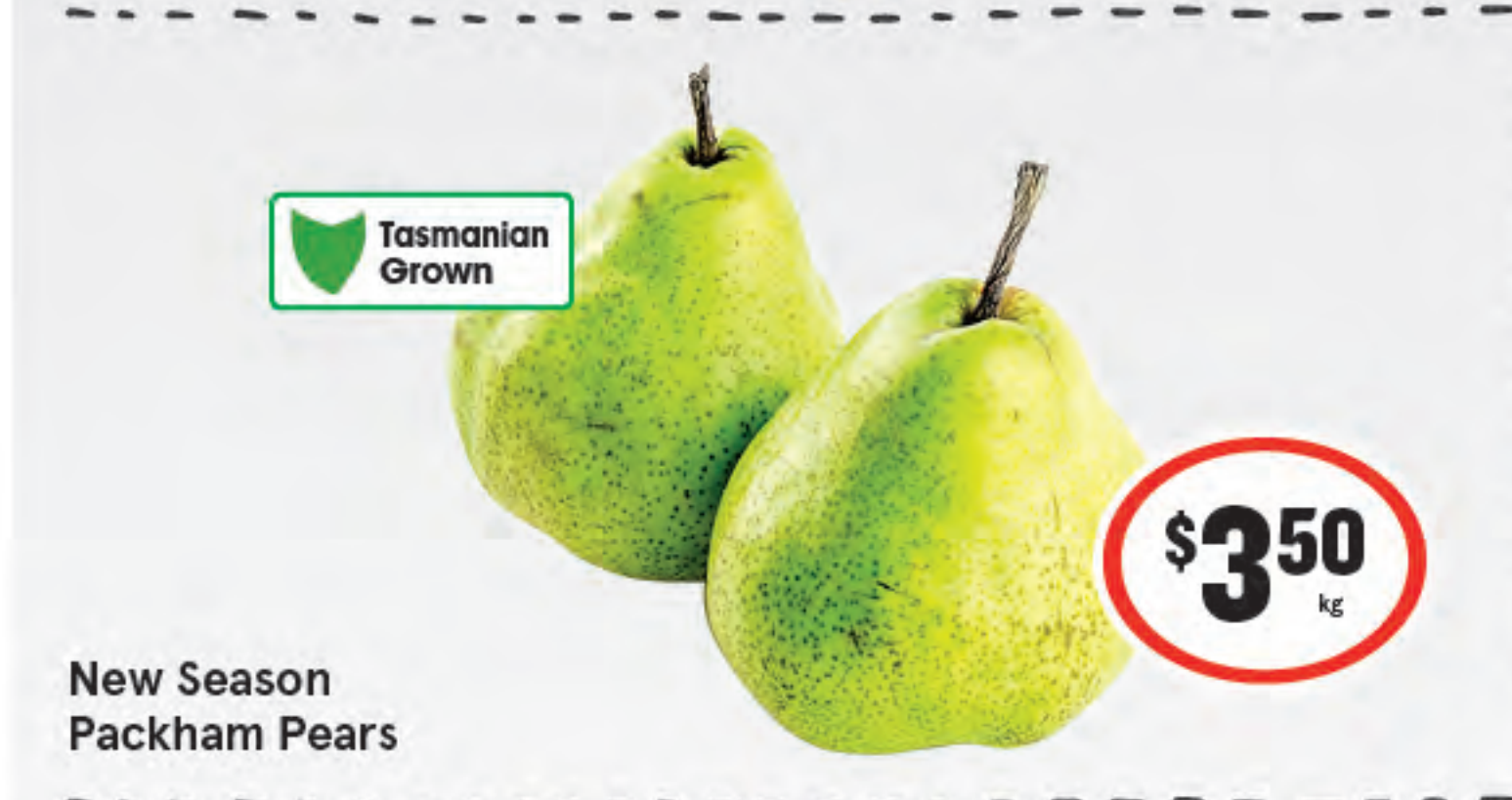
**\$2<sup>99</sup>** bunch

Celery



**Artisan Carolina/Memphis Marinated Pork Shoulder**

**\$13<sup>99</sup>** kg



**Tasmanian Grown**

**\$3<sup>50</sup>** kg

New Season Packham Pears



**Australian Pork**

**\$20<sup>50</sup>** kg

Pork Loin Chops



**Joe's Rice Wheels 140g**

\$1.42 per 100g

**\$1<sup>99</sup>** ea



**Australian Lamb**

**\$23<sup>99</sup>** kg

**NEW**

**Nautical Seafood Marinated Salmon Fillets**

**\$41<sup>99</sup>** kg



PRODUCT OF TASMANIA

**Easter Buns**

*Cripps*

**FOUR ROSES EASTER BUNS 6pk**

\$1.26 per 100g

**\$5<sup>69</sup>** ea

EVERYDAY



Australian Poultry

*Free Range*

**CHICKEN WINGS**

Serving Suggestion

**\$8<sup>99</sup>** kg



8 WRAPS

WILLIAM'S

PRODUCT OF TASMANIA

**WRAPS**

SPINACH + HERBS

ORIGINAL WRAPS

**\$3<sup>29</sup>** ea

SAVE \$1.70

William's Wraps 8pk

59¢ per 100g



**\$10<sup>99</sup>** kg

Chicken Loaf



PRODUCT OF TASMANIA

**NATIONAL PIES**

STEAK & CARAMELIZED ONION

GRASS FED BEEF & CHEESE

**\$7<sup>49</sup>** ea

SAVE \$1.30

National Pies Premium

Pies 2pk (excl. Cottage)

\$2.08 per 100g



**\$25<sup>99</sup>** kg

Sliced Salami



**\$5<sup>99</sup>** ea

SAVE \$1.71

Community Co

**\$8** ea

Community Co Mud Cake 600g

\$1.33 per 100g

Suprema Margherita Scroll 4pk

\$1.50 per 1ea



**\$20<sup>99</sup>** kg

Premium Boneless Leg Ham



## — Easter LUNCH & DINNER —



A large white bowl filled with cooked tiger prawns, garnished with lemon slices, fresh herbs, and a small bowl of dipping sauce. An inset shows a smaller portion of prawns in a black bowl.

**\$29<sup>99</sup>** kg

**Aussie Cooked Large Tiger Prawns 3kg**  
From the Deli Department (thawed for your convenience)



A roasted lamb leg, sliced and served on a wooden board with a fork. An inset shows the whole netted lamb leg. Grilled lemon halves are also visible.

**\$17<sup>99</sup>** kg

**Netted & Boneless Lamb Leg**  
From the Meat Department



Two boxes of I&J Salt & Pepper Calamari. One box is labeled 'CLASSIC CALAMARI' and the other 'SALT & PEPPER CALAMARI'.

**\$6<sup>99</sup>** ea  
SAVE \$2.21

**I&J Salt & Pepper Squid/Calamari 360g**  
\$19.42 per 1kg



A bag of Global Seafoods frozen cooked and peeled prawns.

**\$8<sup>99</sup>** ea  
SAVE \$4.60

**Global Seafoods**  
**Frozen Cooked & Peeled Prawns 300g**  
\$29.97 per 1kg



A package of Tasmanian Smoke House sliced smoked salmon.

**\$4<sup>99</sup>** ea  
SAVE 90¢

**Tasmanian Smoke House Salmon 100g**  
\$49.90 per 1kg



A box of Ingham's Ready Roast Turkey Thigh Roll, showing a sliced turkey thigh.

**\$14<sup>99</sup>** ea  
SAVE \$3.71

**Ingham's Ready Roast Turkey Thigh Roll 1kg**  
\$14.99 per 1kg



A jar of Three Threes Australian Grown Apple Sauce.

**\$2<sup>49</sup>** ea  
SAVE 50¢

**Three Threes Apple Sauce 250g**  
\$1.00 per 100g



Two jars of MasterFoods sauce: Traditional Tartare Sauce and Seafood Cocktail Sauce.

**\$2<sup>99</sup>** ea  
SAVE 81¢

**MasterFoods Tartare/  
Seafood Cocktail Sauce 220/260g**

# — Easter CHOCOLATE TREATS —



**Cadbury Favourites 520g**  
\$2.11 per 100g

**1/2 PRICE**  
**\$10.99** ea  
SAVE \$12.00



**Cadbury Roses Boxed Chocolates 420g**  
\$2.80 per 100g

**1/2 PRICE**

**\$8.99** ea  
SAVE \$10.81



**Ferrero Rocher 24pk**  
\$4.66 per 100g

**1/2 PRICE**

**\$13.99** ea  
SAVE \$14.01



**Cadbury Egg Bag 110-125g**

**1/2 PRICE**

**\$2.75** ea  
SAVE \$2.75



**Maltesers Gift Box 360/400g**

**1/2 PRICE**

**\$6.99** ea  
SAVE \$7.01



**Lindor Gift Box 83g**  
\$9.63 per 100g

**\$7.99** ea  
SAVE \$4.31



**Cadbury Easter Bunny 150-170g**

**\$5.49** ea  
SAVE \$1.21



**Kinder Maxi Egg 100g**  
\$8.99 per 100g

**\$8.99** ea  
SAVE \$2.01



**Cadbury Share Pack 144-180g**

**\$3.59** ea  
SAVE \$2.41



**Nestle Block Chocolate 118-200g**

**\$4.25** ea  
SAVE \$1.75



**Nestle Incredible Egg 200g**  
\$5.00 per 100g

**\$9.99** ea  
SAVE \$5.01



## — SNACKS, TREATS & Drinks —

**Red Rock Deli Chips 150/165g**  
\$3.69 ea  
SAVE \$2.61

**Arnott's Shapes/ Savoy/Jatz 130-250g**  
\$2.99 ea  
SAVE \$1.01

**Arnott's Water Crackers 125g**  
\$1.30 ea  
SAVE 49¢  
\$1.04 per 100g

**Zoosh Dip 185g**  
\$2.49 ea  
SAVE \$1.01  
\$1.35 per 100g

**President Cheese 200g**  
\$6.80 ea  
SAVE \$3.19  
\$34.00 per 1kg

**South Cape Cream Cheese 200g**  
\$4.99 ea  
SAVE \$1.50  
\$24.95 per 1kg

**Kirks Canned Soft Drink 10x375mL**  
\$7.50 ea  
SAVE \$6.10  
\$2.00 per 1L

**Coca-Cola/Fanta/Sprite/ Deep Spring/Mt Franklin 6x250mL**  
\$5.75 ea  
SAVE \$3.30  
\$3.83 per 1L

**Coca-Cola/Fanta/ Sprite Soft Drink Cans 24x375mL**  
\$22.50 ea  
SAVE \$13.65  
\$2.50 per 1L

**Bundaberg Soft Drink 4x375mL**  
\$5.99 ea  
SAVE \$1.81  
\$3.99 per 1L

**Schweppes Mixer Soft Drink 4x300mL**  
\$4.99 ea  
SAVE \$1.91  
\$4.16 per 1L

**Monster Energy Drink 4x500mL**  
\$9.99 ea  
SAVE \$4.76  
\$5.00 per 1L

# — STOCK UP THE *Pantry* —



**\$3.69**  
ea

SAVE 96¢

Cadbury Drinking Chocolate 250g  
\$1.48 per 100g



**\$5.99**  
ea

SAVE \$2.11

Dilmah Premium Tea Bags 100pk  
\$3.00 per 100g



**\$12.49**  
ea

SAVE \$7.01

Moccona Coffee 200g  
\$6.25 per 100g



**\$5.49**  
ea

SAVE \$1.51

Kellogg's Rice Bubbles/Coco Pops/Froot Loops/Just Right 265-460g



**\$3.99**  
ea

SAVE \$1.00

Bega Cream Cheese Spread 250g  
\$1.60 per 100g



**\$2.49**  
ea

SAVE 46¢

San Remo Pasta 375/500g



**\$1.99**  
ea

SAVE \$1.00

Campbell's Real Stock 500mL  
40¢ per 100mL



**\$2.25**  
ea

SAVE 34¢

Tandaco Coating Mix 75g  
\$3.00 per 100g



**\$5.49**  
ea

SAVE \$1.51

S&W Whole Egg Mayo 440g  
\$1.25 per 100g



— FILL UP THE FRIDGE & *Freezer* —



**1/2 PRICE**

Birds Eye Golden Crunch Chips 900g  
\$3.32 per 1kg



**\$8.99** combo  
SAVE \$9.66

Birds Eye Oven Bake Fish Fillets 425g  
\$14.12 per 1kg



Bega Tasty Cheese Block 1kg  
\$12.99 per 1kg

**\$12.99** ea

SAVE \$3.00



Yoplait Yoghurt 1kg  
40¢ per 100g

**\$3.99** ea

SAVE 91¢



Duck River Butter Pat 500g  
\$1.50 per 100g

**\$7.49** ea

SAVE \$1.01



Pauls Vanilla Custard 1kg  
45¢ per 100g

**\$4.49** ea

SAVE \$1.20



Peters Drumstick 4/6pk

**\$7.49** ea

SAVE \$2.01



Pura Thickened Dollop Cream 300mL  
\$1.16 per 100mL

**\$3.49** ea

SAVE \$1.21



Peters Light & Creamy 1.8L  
33¢ per 100mL

**\$5.99** ea

SAVE \$1.51



Multix Tear Off Freezer Bags 40-120pk



Nivea Aerosol Deodorant 250mL  
\$2.40 per 100mL



Handee Ultra Paper Towel 2pk  
\$1.66 per 100ea



Palmolive Liquid Hand Wash Foam Pump 250mL  
\$1.00 per 100mL



Rafferty's Garden Baby Food 120g  
\$1.66 per 100g



Redheads Firelighters 24pk  
17¢ per 1ea



Dine Cat Food Tray 85g  
\$1.40 per 100g



Optimum Dog Food 680/700g



Pedigree Dry Dog Food 8kg  
31¢ per 100g

SEE INSIDE FOR MORE SAVINGS



**\$2.99**  
ea

SAVE \$2.01

Cadbury Baking  
Blocks 180g/Chips 200g/Melts 225g



**\$5.99**  
ea

SAVE \$1.70

Queen Organic Vanilla Extract 100mL  
60¢ per 10mL

MAKE EASTER  
*Baking*  
*Easy*



**\$6.99**  
ea

SAVE \$2.30

Sunbeam Sultanas 1kg  
\$6.99 per 1kg



**\$9.99**  
ea

SAVE \$1.80

Sunbeam Mixed Fruit 1kg  
\$9.99 per 1kg



**\$2.92**  
ea

SAVE \$2.93

Philadelphia Cream Cheese Block 250g  
\$11.68 per 1kg



**\$2.99**  
ea

SAVE \$1.11

Nestle Condensed Milk 395-410g



**\$1.99**  
ea

SAVE 40¢

Dollar Sweets 160/190g



**\$3.49**  
ea

SAVE \$1.50

Multix Baking Paper 30cmx20m  
17¢ per 1m

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [igatas.com.au/pricematch](https://www.igatas.com.au/pricematch). Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.



William's  
Bread  
800-900g

**\$4<sup>70</sup>**  
ea  
**LOW PRICE**



You'll find *Low Prices* Every Day right across the store



**\$4**  
ea  
**LOW PRICE**

SPC Fruits 4x120g  
\$8.33 per 1kg



**\$2<sup>50</sup>**  
ea  
**LOW PRICE**

CSR Soft Icing Mixture 500g  
50¢ per 100g



**\$10**  
ea  
**LOW PRICE**

Crisco Canola/  
Blended Vegetable Oil 2L  
50¢ per 100mL



**\$7<sup>99</sup>**  
ea  
**LOW PRICE**

Pampas Bulk Puff Pastry 1.6kg  
50¢ per 100g



**\$11**  
ea  
**LOW PRICE**

Global Seafoods  
Frozen Prawn Ring 255g  
\$43.14 per 1kg



**\$3<sup>30</sup>**  
ea  
**LOW PRICE**

Birds Eye Chopped Onion 500g  
\$6.60 per 1kg



WHERE THE  
*locals* MATTER

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# GREEK STYLE LAMB LEG ROAST



Netted & Boneless Lamb Leg  
From the Meat Department

**\$17<sup>99</sup>**  
kg

## Ingredients

- 1.8-2kg lamb leg
- 2 tsp garlic powder
- 1 tsp paprika
- 2 tsp oregano
- 2 tbsp olive oil
- 1 punnet (300g) vine ripened cherry tomatoes
- 1 garlic bulb, cut in half
- ½ cup green olives
- 1 kg potatoes, peeled and quartered
- 1 lemon, sliced
- 1 cup chicken stock

## What to do

1. Preheat the oven to 200°C.
2. Place the potatoes in a large pot filled with water over heat. Bring to a boil and let it cook for 10 minutes. Drain and allow to steam dry. Season in a bowl with salt, pepper and toss with a drizzle of olive oil until potatoes are evenly coated in it.
3. In a small bowl combine garlic powder, paprika, oregano, olive oil and season with salt and pepper. Rub seasoning all over the lamb until evenly coated.
4. Place the lamb leg in a large baking tray, then add the tomatoes, garlic, olives, parboiled potatoes, lemon, and chicken stock. Place in the oven for 1 hour 15 minutes for medium. Cook for a further 15 minutes if you prefer it well done.



WHERE THE *locals* MATTER

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