

IGA®

ON SALE 16TH MARCH 2022



Product of
Tasmania

Cripps

**MASTER HOT DOG/
LUNCH ROLLS 6PK**

\$2.99 ea
Save \$1.36



50¢ per 1ea

WHERE THE *locals* MATTER

BIG DEAL

ALL SALE

**1/2
PRICE**



\$1.99 ea

SAVE \$2.01

Pascall/
The Natural Confectionery Bags 150-280g



\$1.75 ea

SAVE \$1.75

Dolmio Extra Pasta Sauce 490/500g



\$4.49 ea

SAVE \$4.50

Nestle Kit Kat/Cadbury Ice Cream
Sticks 4pk



Rexona Advanced
Antiperspirant
220mL
\$1.81 per 100mL

\$3.99 ea

SAVE \$4.20

SAVE EVEN MORE WITH THE BIG DEALS INSIDE



Offers available from 16/03/22 until 22/03/22
Subject to stock limits and availability. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.



— FRESH MEAT & *Produce* —



Gourmet
TOMATOES

Serving Suggestion

\$4⁵⁰
kg



Red Apples
1.5kg Bag
\$2.53 per 1kg

\$3⁸⁰
bag



Green
Cabbages

\$3⁵⁰
ea



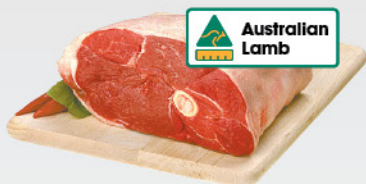
Grown
-in the-
USA

JC's Natural
Walnuts 350g/
Almonds 500g

\$5⁹⁹
ea

Half
Lamb
Legs

\$18⁴⁹
kg



Pork Loin
Chops

\$20⁹⁹
kg



Southern
Style Chicken
Tenders
440g
\$14.07 per 1kg

\$6¹⁹
ea



Australian
BEEF RUMP STEAK

Serving Suggestion

\$25⁹⁹
kg



Chicken Breast Fillets

\$10⁹⁹ kg



Chicken Loaf

\$12⁹⁹ kg



Frankfurts

\$10⁹⁹ kg

National Pies
Party Pies/
Sausage
Rolls 12pk
\$1.04 per 100g



\$7⁴⁹ ea

SAVE 66¢

Cripps
Master
Muffins 6pk
97¢ per 100g



\$3⁴⁹ ea

SAVE \$1.66

Central Cake
Co Deluxe
Lamingtons 2pk
\$2.50 per 100g



\$4⁹⁹ ea

SAVE \$1.00



\$3⁶⁹ ea

SAVE \$1.80



— SNACK & DRINK Favourites —



Coca-Cola/
Lift/Fanta/
Sprite Soft
Drink 1.25L
\$1.59 per 1L

\$1.99
ea

SAVE \$1.56



\$6.99
ea

SAVE \$3.00

Coca-Cola/Fanta/Sprite 250mL 8pk
\$3.50 per 1L



\$1.75
ea

SAVE 74¢

LA Ice Cola 2L
88¢ per 1L



\$7.99
ea

SAVE \$4.20

Mother Energy Drink 500mL 4pk
\$4.00 per 1L



\$2.99
ea

SAVE \$1.00

100% Juicy Long Life Juice 2L
\$1.50 per 1L



\$3.49
ea

SAVE \$1.61

Golden Circle Fruit Drink 250mL 6pk
\$2.33 per 1L



Mount
Franklin
Lightly
Sparkling
Water 1.25L
\$1.40 per 1L

\$1.75
ea

SAVE \$1.34



\$2.69
ea

SAVE \$1.06

Smith's Potato Chips/
Doritos Corn Chips 130-175g



\$2.49
ea

SAVE 71¢

Arnett's Shapes/Savoy/Jatz 140-250g



\$5.49
ea

SAVE \$2.50

Cadbury Large Block Chocolate 315-360g



\$2.99
ea

SAVE \$1.01

Arnett's Chocolate Biscuits 160-250g
(excl. Tim Tam)



\$2.99
ea

SAVE \$1.30

Kellogg's K-Time Twists 5pk
\$1.62 per 100g

— STOCK UP THE *Pantry* —

IGA



\$2.69
ea

SAVE 90¢

MasterFoods Mustard 170/175g



\$3.49
ea

SAVE 46¢

Praise Squeeze Mayonnaise 365/410g



\$2.99
ea

SAVE \$1.06

Cadbury Baking Blocks/
Chips/Melts/Buttons 150-225g



\$2.79
ea

SAVE \$1.06

Heinz Baked Beans/Spaghetti 535/555g



\$4.49
ea

SAVE \$1.40

Kellogg's Rice Bubbles/
Coco Pops/Froot Loops/
Just Right 285-460g (excl. Gluten Free)



\$4.49
ea

SAVE 66¢

Nerada Tea Cup Bags 100's
\$2.25 per 100g



\$6.99
ea

SAVE \$3.80

Moccona Premium
Classic/Infused Coffee 95/100g



\$3.99
ea

SAVE 56¢

Betty Crocker Baking
Mixes 400-540g/Frosting 400g



\$1.99
ea

SAVE \$1.56

Nestle
Condensed
Milk
395-410g



\$5.99
ea

SAVE 66¢

Bega Peanut Butter 470g
\$1.27 per 100g



\$2.99
ea

SAVE \$1.00

IXL Jam 480g
62¢ per 100g





— FILL UP THE FRIDGE & *Freezer* —



Peters Light & Creamy 1.8L
25¢ per 100mL

\$4.49 ea
SAVE \$1.01



\$5.99 ea
SAVE \$1.01

Bulla Multipack Sticks 8-14pk



\$4.49 ea
SAVE \$1.46

Pampas Puff/Shortcrust Pastry 1kg
45¢ per 100g



\$6.75 ea
SAVE 64¢

Scott's Meat Pies 6pk
75¢ per 100g



\$3.49 ea
SAVE 81¢

Philadelphia Pourover 250g
\$13.96 per 1kg



\$3.99 ea
SAVE \$2.01

Western Star Spreadable 500g
80¢ per 100g



\$2.99 ea
SAVE \$1.26

Flora Spread 500g
60¢ per 100g



\$3.99 ea
SAVE \$1.21

La Famiglia Garlic/Herb Slices 270g
\$1.48 per 100g



\$8.99 ea
SAVE \$1.80

Ashgrove Cheese 450/500g



\$2.99 ea
SAVE 61¢

Classic Flavoured Milk 500mL
\$5.98 per 1L



\$1.69 ea
SAVE 61¢

Dairy Farmers Thick & Creamy Yoghurt 150g
\$1.13 per 100g

Herbal
Essences
Shampoo/
Conditioner
300mL
\$1.08 per 100mL

\$3.25
ea

SAVE \$3.25



ALL
1/2
PRICE

Colgate 360°
Advanced
Toothbrush
1pk
\$2.99 per 1ea

\$2.99
ea

SAVE \$3.01



\$2.59
ea

SAVE \$2.70

Duck Deep Action/Foaming Bleach 750mL
35¢ per 100mL



\$4.89
ea

SAVE \$4.90

Palmolive Shower Gel 1L
49¢ per 100mL



\$4.99
ea

SAVE \$5.30

Peckish Parrot/
Small Bird Seed Blends 1.5kg
33¢ per 100g



\$1.75
ea

SAVE 35¢

Sorbent Facial Tissues
Thick & Large 95s excl. Papaw
\$1.84 per 100ea



\$29.99
ea

SAVE \$4.01

Huggies
Jumbo Disposable Nappies 60-108s



Schwarzkopf
Taft Hair
Mousse/
Gel/Spray
200/250g

\$3.69
ea

SAVE 86¢



\$3.99
ea

SAVE \$1.50

Jiffy Economy Firelighters 24s
17¢ per 1ea



\$7.49
ea

SAVE \$1.01

My Dog Chef Selection 6pk
\$1.25 per 100g



\$2.35
ea

SAVE 14¢

Pedigree Canned Dog Food 700g
34¢ per 100g

BIG DEAL

SALE

ALL

1/2

PRICE



\$3.70
ea

SAVE \$3.75

Nescafé Coffee Sachets 10pk/Gold 8pk



\$1.19
ea

SAVE \$1.40

Continental Classics
Pasta & Sauce/Seasoned Rice 85-125g



\$2.39
ea

SAVE \$2.46

Philadelphia Cream Cheese Block 250g
\$9.56 per 1kg



95¢
ea

SAVE 95¢

Foster Clarks Snak Pack 120g
79¢ per 100g



\$9.99
ea

SAVE \$10.01

Radiant Laundry Powder 2kg/Liquid 2L



\$2.99
ea

SAVE \$3.20

Handee Ultra Paper Towel 3pk
\$1.66 per 100ea

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SAVE EVEN MORE WITH THE BIG DEALS INSIDE



MEDITERRANEAN STUFFED CAPSICUM



Dolmio Extra Pasta Sauce 490/500g

Ingredients

- 2 large red capsicums, cut in half lengthways (membranes and seeds discarded)
- 1 onion, peeled and chopped
- 500g lean beef mince
- 1 cup (250ml) pasta sauce

What to do

1. Heat a little olive oil in large nonstick frying pan, add onion; cook, stirring, until tender.
2. Add beef and cook, stirring, until browned.
3. Add pasta sauce, bring to a gentle boil. Reduce heat; simmer, uncovered, 10 minutes, stirring occasionally, season to taste.
4. Meanwhile, line a baking dish with baking paper. Lay the 4 capsicum halves inside.
5. Fill each with the mince mixture. Bake, uncovered, for 40 minutes or until capsicums are tender.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

BROWNIE CHEESECAKE



\$3.99
ea

SAVE 56¢

Betty Crocker Baking
Mixes 400-540g/
Frosting 400g



1/2
PRICE

\$2.39
ea

SAVE \$2.46

Philadelphia Cream
Cheese Block 250g
\$9.56 per 1kg

Ingredients

- 3 teaspoons gelatine powder
- 500g cream cheese, softened
- 1 tub (400g) Betty Crocker™ Creamy Deluxe™ Vanilla Frosting
- 1/2 cup (110g) caster sugar
- large pinch salt
- 300ml thickened cream, whipped to soft peaks
- 1 box (500g) Betty Crocker™ Triple Chocolate Brownie Mix
- eggs and butter called for on the brownie mix box
- raspberries and gold leaf (optional to decorate)

What to do

1. Preheat the oven to 180°C (160°C fan forced). Grease a 22cm round springform cake pan and line the base with baking paper. Also, line a small baking tray with baking paper.
2. For the brownie base and topping, make the brownie mix as directed on the box using eggs and butter. Spread two-thirds of the brownie mix into the round pan. Spread the remaining brownie mix on the prepared tray to about 1cm thick. Bake both for 15 minutes or until firm to touch around the edges and the middle is just set. Cool on a wire rack. Remove the round brownie from the pan, peel off the paper and place the brownie back in the greased pan, top-down. Crumble the remaining brownie into pieces and set aside.
3. Place 1/4 cup (60ml) cool water in a small, heatproof bowl and sprinkle the gelatine over the top. Whisk to combine and set aside for 5 minutes for the water to absorb into the gelatine. Heat the gelatine mixture in the microwave, in 10 second bursts on high heat, until the mixture is melted and clear.
4. Meanwhile, beat cream cheese, 1/2 cup (125ml) of the frosting, sugar and salt in a large bowl with electric mixer until smooth. Scrape down the sides of the bowl, add the gelatine mixture and beat until smooth. Fold in whipped cream.
5. Spread half of the cheesecake mixture over the prepared base. Dollop with half the remaining frosting and half of the crumbled brownie. Spread with the remaining cheesecake mixture and press the remaining brownie lightly on top. Refrigerate for 3-4 hours or until firm.
6. Decorate with raspberries and gold leaf, and a drizzle of caramel sauce (optional)



WHERE THE *locals* MATTER

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\$5⁹⁹
ea

JC's Natural
Almonds 500g
\$11.98 per 1kg



Grown
-in-the-
USA



JC's Natural
Walnuts 350g
\$17.11 per 1kg

\$5⁹⁹
ea



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