



ON SALE
6TH MARCH
2024



\$2.99
ea



Nestle Block Chocolate 118-200g

\$3.45
ea



Schweppes Mixer Soft Drink 4x300mL
\$2.88 per 1L

**ALL
1/2
PRICE**

\$9.75
ea



Moccona Classic Freeze Dried Coffee 200g
\$4.88 per 100g

\$1.50
ea



Continental Classics
Pasta & Sauce/Seasoned Rice 85-125g

Offers available from: 06/03/24 until 12/03/24

Whilst stocks last. Pictures for illustration purposes only. Some products or varieties may not be available at all stores.

Tasmanian
**WASHED
POTATOES 2kg**
\$4.95
bag

\$2.48 per 1kg



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— GREAT *Specials* —



Arnett's Shapes 130-190g



Cadbury Favourites 340/352g



Sanitarium Up & Go 3x250mL
\$4.47 per 1L



Kellogg's Nutri-Grain/
Special K/Sultana Bran 435-700g



Connoisseur Ice Cream 1L
65¢ per 100mL

Tresemme
Shampoo &
Conditioner
940mL
85¢ per 100mL



\$7.99
ea



Colgate Advanced
Whitening Toothpaste 115g
\$2.83 per 100g

\$3.25
ea



Dove
Range
(excl.
Low Price
Everyday)

50% OFF
SELECT RANGE

Low Prices Every Day

Coca-Cola/
Fanta/Sprite
Soft Drink 2L
\$1.98 per 1L



\$3.95
ea
LOW PRICE

SunRice Microwave Rice Cups 240/250g



\$3
ea
LOW PRICE

Praise Salad Dressing 330mL
91¢ per 100mL



\$3
ea
LOW PRICE



\$7⁹⁹
ea

Kirks Canned Soft Drink 10x375mL
\$2.13 per 1L



\$8³⁰
ea

Monster Energy Drink 4x500mL
\$4.15 per 1L



\$3⁷⁹
ea

Golden Circle Long Life Juice 2L
\$1.90 per 1L



\$3⁴⁹
ea

Pascall/The Natural
Confectionery Bags 120-280g



\$4⁴⁹
ea

Red Rock Deli Chips 150/165g



\$2⁹⁹
ea

Arnott's Savoy/Jatz 225/250g



\$5⁴⁹
ea

Uncle Tobys Oats 8/10pk



\$12⁷⁵
ea

Sorbent Toilet Tissue 24pk
30¢ per 100sh



\$3⁴⁹
ea

Handee Ultra Paper Towel 2pk
\$2.91 per 100ea



\$7⁴⁹
ea

Fab Laundry
Powder 1.8/2kg & Liquid 1.8L



\$9⁹⁹
ea

BabyLove Sleepy Nights 8-12pk



\$2⁴⁹
ea

Redheads Heritage Firelighters 32pk
8¢ per 1ea

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\$3.69 per 1L



Comm Co
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78¢ per 100g



Community Co Tuna Yellow Fin 95g
\$17.89 per 1kg



Community Co
Chopped Spinach 250g
\$5.00 per 1kg



Community Co
Vegetable Oil 750mL
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Community Co
Sauce 500mL
46¢ per 100mL



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GREEN BEAN SALAD



JC's Dried
Cranberries 500g
\$14.98 per 1kg



\$7.49
ea

Ingredients

- 500 g green beans, trimmed
- 1/3 cup roasted hazelnuts, roughly chopped
- 1/3 cup dried cranberries, roughly chopped
- 1/2 cup sharp parmesan, shaved
- 1/2 cup basil, leaves picked
- 2 tbsp Red Wine Vinegar
- 1 tsp Dijon mustard
- 1 small shallot, chopped
- 3 1/2 tbsp extra virgin olive oil

What to do

1. Preheat grill pan on medium heat.
2. Make the dressing by adding the vinegar, mustard, shallot and olive oil in a bowl.
3. Whisk to combine. Season to taste.
4. Grill beans, moving them constantly until they are well charred. Remove from heat and set aside on a plate to cool.
5. Combine the beans, hazelnut, cranberries, basil and dressing in a bowl. Toss well. Arrange the bean salad on a serving platter and add the shaved parmesan on top.



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NEW BLUEY DESIGNS make BEDTIME FUN



BabyLove
Sleepy
Nights
8-12pk

\$9.99
ea



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STUDIOS



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PET Savings



\$11⁹⁹
ea

Pedigree Dry Dog Food 2.5/3kg



\$2⁶⁹
ea

Pedigree Canned Dog Food 700g
38¢ per 100g



\$7⁸⁰
ea

LOW PRICE

Lucky Dog Bones 800g
98¢ per 100g



\$4⁷⁹
ea

VIP Chunkers Chilled Dog Food 1kg
\$4.79 per 1kg



\$5⁴⁹
ea

Whiskas Dry Cat Food 800g
69¢ per 100g



\$2¹⁰
ea

Whiskas Canned Cat Food 400g
53¢ per 100g



\$5⁹⁹
ea

Trill Bird Seed 1.8kg
33¢ per 100g



\$7⁶⁰
ea

Black & Gold Cat Litter 9kg
84¢ per 1kg



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