



ON SALE 1ST MARCH 2023



Australian

**BEEF SCOTCH
FILLET STEAK**

\$39⁹⁹
kg



Serving Suggestion

WHERE THE *locals* MATTER

BIG DEAL
SALE



1/2
PRICE



\$1⁹⁹
ea

SAVE \$2.01

Allen's Jelly/Mint Confectionery Range 140-200g

1/2
PRICE



\$1³⁹
ea

SAVE \$1.60

Twisties/Cheetos/Burger Rings 65-90g

1/2
PRICE



\$3⁹⁹
ea

SAVE \$4.30

Lynx Antiperspirant/Deodorant 165mL
\$2.42 per 100mL



\$4⁹⁹
ea

SAVE \$2.01

Duck River Soft Butter 500g
\$1.00 per 100g

Offers available from:
01/03/23 until 07/03/23

Whilst stocks last. Pictures for illustration purposes only.
Some products or varieties may not be available at all stores.

GREAT SPECIALS ON NOW!

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SEE INSIDE FOR MORE SAVINGS



— FRESH MEAT & *Produce* —



Grown in Australia

Bitterfree
CUCUMBERS

\$1.50 ea



Tasmanian Grown

Red Apples
1.5kg
\$2.63 per 1kg

\$3.95 bag



Tasmanian Grown

Brown Onions 1kg
\$1.90 per 1kg

\$1.90 bag



Product of USA

JC's Salted A Grade Pistachios
375g
\$29.31 per 1kg

\$10.99 ea

Marion Bay
Free Range
Chicken

\$7.99 kg



Australian Poultry

Scottsdale
Pork Scotch
Steaks

\$20.99 kg



Australian Pork

Netted &
Boneless
Lamb Leg

\$23.99 kg



Australian Lamb



PANDANI

PORK SAUSAGES
BEEF SAUSAGES

Pandani
BEEF/PORK SAUSAGES 680g

\$13.22 per 1kg - Serving Suggestion

\$8.99 ea



\$14⁹⁹ kg



Smoked
Turkey
Breast

\$26⁹⁹ kg



Saveloys

\$11⁹⁹ kg



Diced
Lean
Bacon

\$9⁹⁹ kg

Mission Naan
Bread 4pk
\$1.07 per 100g

\$2⁹⁹ ea
SAVE \$1.11



National Pies
Family Pie
750/900g

\$10⁹⁹ ea
SAVE \$2.80



Helga's
Wraps
6-8pk (excl.
Lower Carb/
Prebiotic)

\$3⁴⁹ ea
SAVE \$1.51



Product of
Tasmania

\$4¹⁹ ea
SAVE \$1.10



— SNACK & DRINK *Favourites* —



\$4.49
ea

SAVE \$1.81

Red Rock Deli Chips 150/165g



\$2.75
ea

SAVE 75¢

Arnott's Shapes/Savoy/Jatz 130-250g



\$3.69
ea

SAVE \$1.20

Thins Potato Chips 120-175g



\$3.85
ea

SAVE \$1.65

Cadbury Family Block Chocolate 160-190g



\$3.49
ea

SAVE \$1.51

Mars Fun Size Bags 132-192g



\$3.99
ea

SAVE \$1.30

M&M's/Maltesers/Pods 130-180g



\$1.49
ea

SAVE 70¢

Foster Clarks Snak Pack 120g
\$1.24 per 100g



Coca-Cola/
Fanta/
Sprite/Mt
Franklin
Sparkling
Water 1.25L
\$1.80 per 1L

\$2.25
ea

SAVE 60¢



\$5.99
ea

SAVE \$3.81

V Energy Drink 4x250mL
\$5.99 per 1L



Powerade
Sports
Drink
600mL
(excl.
Active)
\$4.58 per 1L

\$2.75
ea

SAVE \$1.25



Mount
Franklin
Spring
Water
600mL
\$3.33 per 1L

\$2
ea

LOW PRICE



\$12.99
ea

SAVE \$4.00

Bundaberg Brewed Soft Drink 10pk
\$3.46 per 1L

— STOCK UP THE *Pantry* —



1/2 PRICE

\$3.49 ea
SAVE \$3.50

Nestle Milo Cereal 340/350g

\$6.99 ea
SAVE \$2.80

Nestle Milo 395/460g

\$5.49 ea
SAVE \$1.76

Bega Peanut Butter/
Protein Peanut Spread 470g
\$1.17 per 100g

\$2.99 ea
SAVE \$1.11

Nestle Condensed Milk 395-410g

\$3.49 ea
SAVE \$1.51

Nestle Melts/
Choc Bits/Plaistowe Blocks 180-290g

\$2.99 ea
LOW PRICE

Bundaberg White Sugar 2kg
15¢ per 100g

\$3.49 ea
SAVE 90¢

Kantong Simmer Sauce 505-520g

\$1 ea
SAVE 25¢

San Remo La Pasta Range 80g
\$1.25 per 100g

\$1.49 ea
SAVE 46¢

Fantastic Noodles Cup 70g/Bowl 85g

\$4.99 ea
SAVE \$2.01

Fountain Tomato/BBQ Sauce 2L
25¢ per 100mL

\$3.49 ea
SAVE \$2.01

Kewpie Mayonnaise 300g
\$1.16 per 100g

\$2.99 ea
SAVE 56¢

Gravox Liquid Gravy/Sauce 165g
\$1.81 per 100g



— FILL UP THE FRIDGE & *Freezer* —

NEW



AUSTRALIA'S CREAM CHEESE



Serving
Suggestion



Bega Cream
Cheese 225g
\$17.73 per 1kg

\$3⁹⁹
ea

SAVE \$1.00

BEGA and the BEGA device are trade marks of the Bega Group.



Betta Full Cream Milk 2L
\$2.00 per 1L

\$3⁹⁹
ea

SAVE \$1.30



Bega Block
Cheese
500g
\$13.98 per 1kg

\$6⁹⁹
ea

SAVE \$1.61



Vita-Cee Juice 2L
\$2.50 per 1L

\$4⁹⁹
ea

SAVE 50¢



Mainland On the Go
Cheese & Crackers 50g/Artisan 36/38g

\$1⁹⁹
ea

SAVE \$1.01



Bulla Creamy Classics 2L
35¢ per 100mL

\$6⁹⁹
ea

SAVE \$3.01



On the Menu Beef Lasagne 1kg
60¢ per 100g

\$5⁹⁹
ea

LOW PRICE



Lean Cuisine Frozen Meals 375g
\$1.06 per 100g

\$3⁹⁹
ea

SAVE \$2.71



Four 'n Twenty Traditional Pies 4pk
\$1.14 per 100g

\$7⁹⁹
ea

SAVE \$1.00

Chum Canned
Dog Food 1.2kg
27¢ per 100g



\$3.29
ea
SAVE \$1.30



Schmackos
Strapz 200g
\$3.00 per 100g

\$5.99
ea
SAVE \$1.01



\$8.99
ea
SAVE \$2.40

Whiskas Favourites Pouches 12x85g
88¢ per 100g



\$4.99
ea
SAVE \$1.50

Whiskas Dry Cat Food 800g
62¢ per 100g



Natures
Organics
Fruits
Shampoo &
Conditioner
500mL
34¢ per 100mL

\$1.69
ea
SAVE 60¢



\$4.99
ea
SAVE \$1.51

Colgate Total
Toothpaste Advanced/Charcoal 115g
\$4.34 per 100g



\$3.69
ea
SAVE 86¢

Gillette Shave Cream 250g
\$1.48 per 100g



\$2.99
ea
SAVE 70¢

Real Care Thick Baby Wipes 100pk
\$2.99 per 100ea



\$29.99
ea
SAVE \$9.01

Huggies
Jumbo Disposable Nappies 60-108s



\$3.99
ea
SAVE \$2.00

Bref Cubes 50g 2pk/
Power Active/Deluxe 50g/Lemon 50mL

BIG DEAL

SALE



Cadbury Freddo Biscuit/
Fingers/Soft Centre Cookies 114-167g



Nestle/Violet Crumble Medium Bars 35-55g



Moccona Freeze Dried Classic Coffee 400g
\$4.75 per 100g



Coca-Cola/Fanta/
Sprite/Mt Franklin Sparkling Water 10x375mL
\$2.49 per 1L



Tamar Valley
Greek Style
Yoghurt 500g
70¢ per 100g



Peters Drumstick 4/6pk

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community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



Community Co
Gluten Free Biscuits 120/180g

\$4.50
ea

community Co



Community Co
Rice Arborio 1kg
38¢ per 100g

\$3.80
ea

community Co



Community Co
Coconut Water 1L
\$3.79 per 1L

\$3.79
ea

community Co



Community Co
Mustard 190g
\$1.42 per 100g

\$2.69
ea

community Co



Community Co
Unsweetened
Almond Milk 1L
\$3.49 per 1L

\$3.49
ea

community Co



Community Co
Vegetable Oil 750mL
67¢ per 100mL

\$4.99
ea

community Co



Community Co Dish
Washing Liquid 450mL
60¢ per 100mL

\$2.69
ea

community Co

Visit www.communityco.com.au/giveback/ to see how your purchase can benefit your community.



WHERE THE *locals* MATTER

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4 MINUTE MICROWAVE CHEESECAKE



Duck River Soft Butter 500g
\$1.00 per 100g



Tamar Valley
Greek Style Yoghurt 500g
70¢ per 100g



Nestle
Condensed Milk 395-410g

Ingredients

- 220g butternut snaps biscuits
- 4 tbsp Duck River butter, melted
- 2 cups Tamar Valley Greek Yoghurt
- 395g Nestle Condensed Milk

What to do

1. In a food processor or blender, crush the biscuits.
2. Add the melted butter and mix to combine.
3. Line a 22cm cake dish with baking paper and press the biscuit mixture across its base.
4. In a large bowl, mix together the yoghurt and condensed milk.
5. Spoon the mixture over the biscuit base.
6. Microwave on HIGH for 4 minutes.
7. Chill in fridge until completely cool before topping and slicing.

Satisfy your Sweet Tooth



Nestlé/Violet Crumble Medium Bars 35-55g



IGA WHERE THE *locals* MATTER

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