



ON SALE 23 FEBRUARY 2022



Australian

BEEF RUMP STEAK

\$25⁹⁹
kg

Serving Suggestion



WHERE THE *locals* MATTER

ALL
1/2
PRICE



82¢
ea

SAVE 83¢

SPC Baked Beans & Spaghetti
420/425g



\$4⁷⁹
ea

SAVE \$4.90

Sanitarium Up & Go Breakfast Drink
250mL 6pk
\$3.19 per 1L



\$3⁵⁰
ea

SAVE \$3.75

Lynx Antiperspirant/Deodorant
165mL
\$2.12 per 100mL



\$2⁹⁹
ea

SAVE \$2.01

Cadbury Family Block Chocolate 160-190g



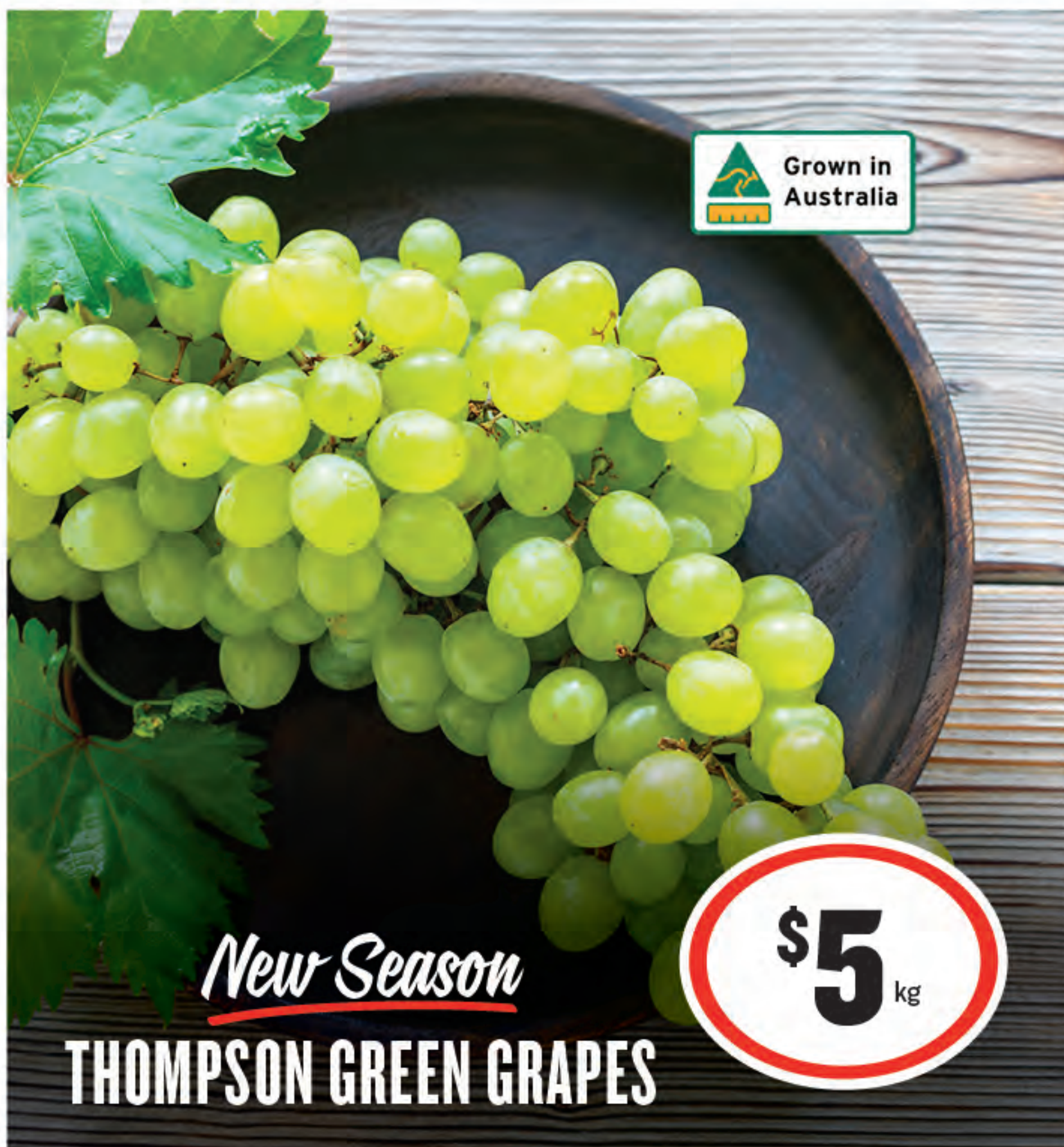
SEE INSIDE FOR MORE SAVINGS



Offers available from 23/02/22 until 01/03/22
Subject to stock limits and availability. Some products or varieties may not be available at all stores. Pictures for illustration purposes.



— FRESH MEAT & Produce —



Grown in Australia

New Season
THOMPSON GREEN GRAPES

\$5 kg



Carrots 1kg
\$1.25 per 1kg

\$1.25
bag



Sweet
Potato

\$2 kg



JC's Apricots
Dried 500g
\$15.98 per 1kg

\$7.99
ea

Scottsdale
Boneless
Pork
Shoulder
Roast



\$10.99
kg

BBQ
Meat
Pack



\$18.99
kg

Marion Bay
Free Range
Chicken



\$5.99
kg



Nichols

**BUTTERFLIED WHOLE
MARINATED CHICKEN**

Serving Suggestion

\$7.49 kg



Family Favourite
VIRGINIAN HAM

Serving Suggestion

\$11⁹⁹ kg



Smoked
Turkey
Breast

\$24⁹⁹ kg



Chicken
Bocconcini

\$6⁹⁹ kg



Diced
Lean
Bacon

\$9⁹⁹ kg

Mission Naan
Bread 4pk
96¢ per 100g

\$2⁶⁹ ea

SAVE \$1.16



Cripps
Pikelets 8pk
\$1.50 per 100g

\$2⁹⁹ ea

SAVE 50¢



Helga's
Wraps
5/8pk

\$3⁹⁹ ea

SAVE \$1.01




National Pies
MEAT PIES/PASTIES 2PK

\$1.39 per 100g

\$4⁹⁹ ea

SAVE \$2.36



— SNACK & DRINK Favourites —



Samboys Potato Chips 175g
\$1.57 per 100g



Twisties/Burger Rings/
Toobs/Cheetos 125-270g



Nestle Fun Pack Confectionery 140-
185g



Arnott's Tic Toc/Tina Wafers/Hundreds
& Thousands/Tiny Teddies 200/250g



Arnott's Tim Tam Biscuits 160-200g
(excl. Deluxe)



Allen's Bites 110-140g



Mount Franklin Spring Water 1L
\$1.99 per 1L



Red Bull
Energy Drink
473mL
\$8.01 per 1L



Kirks Soft
Drink 1.25L
\$1.35 per 1L



Golden Circle Fruit Drink 250mL 6pk
\$2.33 per 1L



Bundaberg Brewed Soft Drink 10pk
\$2.92 per 1L

— STOCK UP THE *Pantry* —



\$2.69
ea

SAVE 81¢

Dolmio Extra Pasta Sauce 490/500g



\$2.25
ea

SAVE 35¢

San Remo Pasta 375/500g



\$2.99
ea

SAVE \$1.01

Maggi 2 Minute Noodles 5pk



\$1.69
ea

SAVE 34¢

SunRice
Rice Cakes Original Thin/Thick 150g
\$1.13 per 100g



\$3.99
ea

SAVE 66¢

Bega Cream Cheese Spread 250g
\$1.60 per 100g



\$1.69
ea

SAVE 21¢

Edgell Beans/Chick Peas/Lentils 400g
\$4.23 per 1kg



\$2.99
ea

SAVE 30¢

Four Roses Plain/
Self Raising Flour 2kg
\$1.50 per 1kg



\$9.99
ea

SAVE \$2.20

Nestle Milo 700g
\$1.43 per 100g



\$4.99
ea

SAVE \$2.21

Capilano Honey Squeeze 375g
\$1.33 per 100g



— FILL UP THE FRIDGE & *Freezer* —



Peters Lifesavers/Frosty Fruit 8pk



Four 'n Twenty Traditional Pies 4pk
86¢ per 100g



Bulla Ice Cream 2L (excl. Nut Free)
21¢ per 100mL



Cheer Cheese Slices 500g
\$17.98 per 1kg



Unicorn Brie/Camembert Cheese 125g
\$27.92 per 1kg



Meadowlea Spread 500g
54¢ per 100g



Dairy Farmers
Thick & Creamy Yoghurt 150g
99¢ per 100g



Juicy Isle Chilled Fruit Drink 2L
\$1.35 per 1L



Philadelphia Pourover 250g
\$13.96 per 1kg



\$1.39
ea

SAVE 10¢

Ultimates Cat Food 85g
\$1.64 per 100g



\$2.79
ea

SAVE 41¢

Chum Canned Dog Food 1.2kg
23¢ per 100g



\$25.99
ea

SAVE \$7.90

Supercoat Dog Food 7.5kg
35¢ per 100g



\$1.89
ea

SAVE 10¢

Whiskas Canned Cat Food 400g
47¢ per 100g



\$3.99
ea

SAVE \$1.21

Pedigree Dentastix 7pk



\$7.99
ea

SAVE \$8.01

Somat Gold Dishwasher Capsules 25pk
32¢ per 1ea



Sunsilk
Shampoo/
Conditioner
200mL
\$1.32 per 100mL

\$2.64
ea

SAVE \$2.65



Schwarzkopf
Extra Care
Hair Spray/
Lacquer
250g/200mL

\$5.99
ea

SAVE \$2.70



\$6.75
ea

SAVE 50¢

Fab Laundry
Powder 1.8/2kg & Liquid 1.8L



\$5.99
ea

SAVE \$1.46

Handee Ultra Paper Towel
4pk/Double 2pk
\$2.50 per 100ea



\$3.69
ea

SAVE \$1.30

Libra Ultra Thins 10-14pk/Tampons 16pk

SEE INSIDE FOR MORE SAVINGS

Oreo Cookie 133/147g



\$1
ea

SAVE \$1.00

Mars/Nestle/Violet Crumble Medium Bars 35-56g



\$1
ea

SAVE \$1.00

ALL

1/2
PRICE

Steggles
Nacho
Chicken
350g
\$8.54 per 1kg



\$2.99
ea

SAVE \$3.01



\$1.35
ea

SAVE \$1.40

Continental Gourmet Pasta & Sauce/Seasoned Rice 91-115g
\$8.54 per 1kg



MARCH 1ST 2022
PANCAKE
DAY

\$1.19
ea

SAVE \$1.30

Green's Pancake Shake 200g
60¢ per 100g



\$20.49
ea

SAVE \$6.50

Coca-Cola 375mL 30pk
\$1.82 per 1L



\$2.49
ea

SAVE 61¢

Mission Corn Chips 230g
\$1.08 per 100g

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WHAT'S

NEW



\$3.49
ea

SAVE \$1.50

Allen's Bites 110-140g



\$2.99
ea

SAVE \$2.01

Cadbury Family Block Chocolate 160-190g



\$6.75
ea

LOW PRICE

Lindt Lindor Bags 123-130g



\$2.99
ea

LOW PRICE

Oak Flavoured Milk 600mL
\$4.98 per 1L



WHERE THE *locals* MATTER

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SUMMER FRUITS PANCAKE



Ingredients

- Greens Original Pancake Mix 200g
- 500g frozen mixed berries
- 1/3 cup caster sugar
- 1 1/2 teaspoons corn starch mixed with
- 2 tablespoons of water
- 250mL sour cream
- 25g icing sugar, sifted
- Finely grated zest of lemon

What to do

1. To make the pancakes, just prepare as per instructions on packaging.
2. To prepare berries to go on top of pancakes, combine the berries and sugar in a medium nonstick saucepan and stir. Bring to the boil, then reduce to a simmer while mixing the corn starch with water. Pour it in stirring continuously until the mixture thickens slightly. Set aside.
3. To make the lemon sour cream, combine the sour cream and icing sugar in a medium mixing bowl and whisk until very soft peaks form. Stir the zest in gently.
4. To serve, place all the elements at the centre of the table for guests to help themselves.



WHERE THE *locals* MATTER

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community Co

JOIN US IN GIVING BACK TO YOUR LOCAL COMMUNITY

Now available at **IGA**



Community
Co Rice Bran
Oil 500mL
74¢ per 100mL

\$3.69
ea



Community
Co Extra
Virgin Olive
Oil Spray
225g
\$1.68 per 100g

\$3.79
ea



Community Co
Cordial Syrup 1L
\$3.29 per 1L

\$3.29
ea



Community
Co Sauce
500mL
38¢ per 100mL

\$1.89
ea

Visit www.communityco.com.au/giveback/ to see how your purchase can benefit your community.



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THE CANDY MARKET



\$2^{ea}

Candy Market Bags 150-200g



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