



ON SALE 8TH FEBRUARY 2023



Australian

BEEF RUMP STEAK

\$26⁹⁹
kg



Serving Suggestion

WHERE THE *locals* MATTER

ALL

**1/2
PRICE**



\$2²⁵
ea

Arnott's Tim Tam Biscuits 165-200g
(excl. Deluxe)



\$2¹⁵
ea

Doritos Corn Chips 130-170g



\$1⁷⁵
ea

Ben's Original Express Rice 250g
70¢ per 100g



Tresemme
Shampoo &
Conditioner
940mL
74¢ per 100mL

\$6⁹⁹
ea

Offers available from:
08/02/23 until 14/02/23

Whilst stocks last. Pictures for illustration purposes only.
Some products or varieties may not be available at all stores.

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Valentine's Day Treats

ALL

1/2 PRICE



\$5.99 ea

Celebrations/
Maltesers Gift Box 320-400g



\$6.99 ea

Ferrero Rocher Gift Box 200g
\$3.50 per 100g



\$5.99 ea

Cadbury Dairy Milk Gift Box 220g
\$2.72 per 100g



The Natural Confectionery
Company Bags 180-230g

\$1.99 ea



Kinder Bueno 39/43g

\$1.10 ea



Arnott's High Tea 400g/
Cream Favourites 500g

\$4.79 ea



Pascall Confectionery Bags 150-230g

\$2.69 ea



Coca-Cola/Fanta/Sprite/
Deep Spring/Mt Franklin 6x250mL
\$3.19 per 1L

\$4.79 ea



Kirks Soft
Drink 1.25L
\$1.20 per 1L

\$1.50 ea



Mount Franklin Spring Water 12x500mL
\$1.00 per 1L

\$5.99 ea



V Energy Drink 4x250mL
\$5.99 per 1L

\$5.99 ea

**1/2
PRICE**



\$3.99
ea

Nescafé Coffee Sachets 10pk/Gold 8pk

**1/2
PRICE**



\$2.49
ea

Uncle Tobys Roll-ups 6pk
\$2.65 per 100g

**1/2
PRICE**



\$8.49
ea

Dove Bodywash 1L
85¢ per 100mL



\$6.99
ea

Nestle Milo 395/460g



\$3.25
ea

Leggo's Tomato Paste 2x140g
\$1.16 per 100g



\$2.99
ea

Praise Salad Dressing 330mL
91¢ per 100mL



\$1.49
ea

Golden Circle Beetroot Slices 450g
\$3.31 per 1kg



\$5.99
ea

Lynx Antiperspirant/Deodorant 165mL
\$3.63 per 100mL



\$12.99
ea

Cold Power
Laundry Liquid 1.8/2L/Powder 1.8/2kg



\$9.99
ea

BabyLove Disposable
Nappies 16-30s/Sleepy Nights 8-12s



\$1.25
ea

Dine Cat Food Tray 85g
\$1.47 per 100g



\$3.79
ea

My Dog Canned Dog Food 680g
56¢ per 100g

SEE INSIDE FOR MORE SAVINGS



Williams Pears



Carrots 1kg
\$1.50 per 1kg



Golden Crumpet Rounds 6pk
86¢ per 100g



JC's Salted/Unsalted Peanuts 500g
\$9.58 per 1kg



Peters Polar Pies 6pk/Lifesavers 8pk



Streets Family Value Pack 20pk/Golden Gaytime 16pk



Ingham's Chicken Chipees 400g
\$14.98 per 1kg



Cheer Tasty Cheese Block 1kg
\$12.99 per 1kg



Juicy Isle Orange Juice No Added Sugar 2L
\$2.50 per 1L



Dairy Farmers Thick & Creamy Yoghurt 600g
83¢ per 100g

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community Co

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Now available at **IGA**



Community Co
Cordial Syrup 1L
\$3.29 per 1L

\$329
ea
community Co



Community Co Diced
Peach In Juice 4x125g
\$7.00 per 1kg

\$350
ea
community Co



Community Co
Strawberry Jam 500g
54¢ per 100g

\$270
ea
community Co



Community Co
Passata 690g
39¢ per 100g

\$269
ea
community Co



Community Co
Soy Milk 1L
\$2.75 per 1L

\$275
ea
community Co

Visit www.communityco.com.au/giveback/ to see how your purchase can benefit your community.



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BROWN BUTTER CRUMPET FRENCH TOAST

a sweet start to your
Valentine's Day

February 14th 2023



Ingredients

- 4 Golden Crumpet Rounds
- 2 eggs
- 2 tsp honey
- 1 tsp vanilla bean paste
- 1/3 cup milk
- butter

-Berry Coulis-

- 1/2 cup frozen or fresh mixed berries
- 1 tsp vanilla bean paste
- 1 tbsp honey

-To Serve-

- 1/3 cup coconut yoghurt
- 2 tbsp honey
- fresh honeycomb, crumbed

What to do

1. In a small saucepan or microwave safe bowl, combine berries, vanilla, and honey. Heat over medium-low heat until berries have softened, and mixture is bubbling (approx. 2 minutes stovetop, or 1 minute in microwave). Strain to remove excess liquid and allow to cool while you prepare crumpets.
2. In a shallow bowl, combine eggs, milk, vanilla, honey. Whisk to combine
3. Dip the bottom side of the crumpets into the batter and allow to absorb mixture for 20 seconds. Flip over briefly on the bubbly side for 5 seconds, then use a butter knife to wipe excess from the surface (so the honey can still ooze into the crumpets once cooked).
4. Heat a frypan to medium and add 1 tsp butter, allow to brown slightly then add crumpets base side down. Cook for 2 minutes, then flip over and cook for an additional 1-2 minutes until golden brown.
5. Serve with coconut yoghurt, berries, and a generous swirl of honey. For a gourmet addition, add a small piece of honeycomb to serve.



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WIN

A

Coca-Cola®

43L BAR FRIDGE



Valued at
\$429

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Eligible Coca-Cola
Product* to go into
the draw



VARIETIES INCLUDE:



Includes
**Coca-Cola
Varieties**

2L, 1.25L, 600mL, 30 x 375mL,
24 x 375mL, 12 x 300mL, 10 x 375mL,
6 x 250mL and 4 x 300mL glass

TAS res. 18+ only. Promotion starts 11/1/23 12:01am AEDT and ends 15/2/23 11:59pm AEDT ("Promotional Period"). To enter, during the Promotional Period: a) purchase any 2 x eligible Coca-Cola varieties in one (1) transaction from any IGA store in TAS displaying advertising for this Promotion. Entrants will receive an entry form at the time of purchase, while stocks last; and b) complete the entry form and then submit it in the entry box at the register. Keep receipt/s. Max 1 entry/transaction. Max 2 entries/person/day. See <https://www.plexus.co/terms/chance-to-win-coke-cooler> for Terms and Conditions.



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