



ON SALE 2ND FEBRUARY 2022



Australian
BEEF RUMP STEAK
\$24.99 kg



Serving Suggestion

WHERE THE *locals* MATTER

ALL

1/2
PRICE



Uncle Tobys Muesli Bars 6pk
\$1.16 per 100g

\$2.15
ea



Prima Fruit Drinks 200mL 6pk
\$1.63 per 1L

\$1.95
ea



Doritos Corn Chips 150/170g

\$1.87
ea



Continental Classics
Pasta & Sauce/Seasoned Rice 85-125g

\$1.19
ea



BACK TO SCHOOL SAVINGS INSIDE

Offers available from 02/02/22 until 06/02/22
Subject to stock limits and availability. Some products or varieties may not be available at all stores. Pictures for illustration purposes only.

BACK to SCHOOL

Make their
BACK TO SCHOOL
Tasty!



Maggi 2 Minute Noodles 5pk
63¢ per 100g



Uncle Tobys Muesli Bars 6pk
\$1.16 per 100g



\$2.15
ea



Foster Clarks Snak Pack 120g
63¢ per 100g



Oreo Biscuit Multipack 230g
83¢ per 100g



Bega Peanut Butter 375g
66¢ per 100g



Nutella Spread 220g
\$1.36 per 100g



Arnott's Multipacks 7/8pk



Sunbeam Sultanas/Dried Fruit 6pk



Mainland On The Go Premium Snacks 110g
\$36.27 per 1kg



Glad Snap Lock Bags 30-60pk



Green's Essentials Cake Mix 340g
32¢ per 100g

\$110
ea

Moccona
Premium
Classic/
Infused
Coffee
95/100g



\$4.99
ea

**ALL
1/2
PRICE**



Moccona Coffee Sachets 10pk

\$2.99
ea



Cadbury/Fry's/Europe/
Toblerone Medium Bars 30-60g

89¢
ea



Tresemme
Shampoo &
Conditioner
350mL
\$1.28 per 100mL

\$4.49
ea



Radiant Laundry Powder 2kg/Liquid 2L

\$8.99
ea



Coca-Cola 375mL 30pk
\$1.73 per 1L

\$19.49
ea



Pepsi/Solo/
Sunkist/
7Up Soft
Drink 1.25L
\$1.43 per 1L

\$1.79
ea



Arnott's Salada 250g
\$1.00 per 100g

\$2.49
ea



iCare Toilet Tissue 24pk
21¢ per 100sh

\$8.99
ea



Lynx Antiperspirant/Deodorant 165mL
\$3.63 per 100mL

\$5.99
ea



Pedigree Canned Dog Food 1.2kg
29¢ per 100g

\$3.49
ea



Royal Gala Apples

\$3.50
kg



Yellow/White Flesh Peaches

\$3.50
kg



Cripps Fruit Buns 6pk
55¢ per 100g

\$2.49
ea



JC's Dried Cranberries 500g
\$11.98 per 1kg

\$5.99
ea



Juicy Isle
Orange Juice
No Added
Sugar 2L
\$2.25 per 1L

\$4.49
ea



Duck River Butter Pat 500g
\$1.20 per 100g

\$5.99
ea



Philadelphia
Cream Cheese Tub/Block 250g
\$13.96 per 1kg

\$3.49
ea



Steggles Nacho Chicken 350g
\$8.54 per 1kg

\$2.99
ea



Golden North
Giant Twin Ice Cream 5pk
73¢ per 100mL

\$5.49
ea



Peters Ice Cream 4L
20¢ per 100mL

\$7.99
ea

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Offers available from 02/02/22 until 08/02/22

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LOCATE

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [igatas.com.au/price-match](https://www.igatas.com.au/price-match). Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors.

Nice & Natural
Nut Bars

\$3.19
ea

LOW PRICE



You'll find *Low Prices* Every Day right across the store



Cripps Pizza Bases 2pk
98¢ per 100g



Frantelle Spring Water 600mL 24pk
55¢ per 1L



Tetley Tea Cup Bags 25pk
\$3.98 per 100g



La Famiglia
Just for 2 Garlic Bread 170g
\$1.58 per 100g



Ajax Spray n' Wipe Trigger
475/500mL



Colgate Regular Toothpaste 165/180g



WHERE THE
locals MATTER

Specials available from participating Tasmanian Supa IGA, IGA Everyday & IGA Xpress Stores. We reserve the right to correct any printing errors. Whilst stocks last. Some products or varieties may not be available at all stores. Pictures used for illustration purposes only. Sales are restricted to retail quantities only. All prices include GST where applicable. Prices correct at time of printing.

Visit IGATAS.COM.AU/LOW-PRICES-EVERYDAY for more info

World
nutella
Day
February 5th

BACK *to*
SCHOOL



\$2.99
ea

Nutella Spread 220g
\$1.36 per 100g

nutella



WHERE THE *locals* MATTER

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NUTELLA BISCUITS



Ingredients

- 450g plain flour
- 250g butter
- 150g icing sugar
- 1 whole egg
- 1 egg yolk
- 1 vanilla pod
- salt to taste
- 150g Nutella® (15 g/portion)
- icing sugar

What to do

1. Work the flour and the cold butter together to make a sandy mixture. Then mix in the icing sugar, the seeds from the vanilla pod, a pinch of salt and the eggs. Mix it all together to create a smooth, homogenous mixture. Shape it into a ball, flatten slightly and put into the fridge to rest for at least an hour. After it has rested, remove the dough from the fridge and after letting it warm for 10 minutes, roll it out using a rolling pin.
2. Cut the biscuits out with a biscuit cutter or pastry cutter of any shape you prefer. Arrange them in a pan lined with baking paper and put into the oven for ten minutes at 180°C.
3. Put the Nutella® into a piping bag and squeeze it onto half of the cooled biscuits. Then put them together in pairs to make sandwiches. Sprinkle with icing sugar and serve.



WHERE THE *locals* MATTER

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PEANUT BUTTER BREAKFAST BAR



Bega Peanut Butter 375g
66¢ per 100g

Ingredients

- 3 small ripe bananas
- 1/4 cup dried apricots, softened in water and drained
- 1/4 cup crunchy or smooth peanut butter, plus 1/2 cup for the top
- 1 tsp vanilla extract
- 4 tbsp maple syrup
- 1.5 cup rolled oats
- 1/2 cup almond meal
- 1/2 cup flaxseed meal
- 2 tbsp chia seeds
- 1/2 tsp ground cinnamon
- 1/2 tsp salt

What to do

1. Preheat the oven to 180C (fan-forced 170C). Grease and line a 20cm square baking tray.
2. Puree the bananas and apricots in a food processor until smooth. Add 1/2 cup peanut butter, maple syrup and vanilla extract, pulse to combine.
3. In a large bowl, mix together the rolled oats, almond meal, flaxseed meal, chia seeds and ground cinnamon. Pour the peanut butter mixture into the dry ingredients and mix well. The mixture should be moist but not runny.
4. Spread the breakfast bar mix into the prepared baking tray and smooth the surface. Bake for 20 minutes. The middle should be firm to the touch and the edges lightly browned. Remove from the oven.
5. Spread the remaining peanut butter on top of the bars. Bake for another 10 minutes until the peanut butter has little bubbles in it.
6. Cool completely on a wire rack and sprinkle with extra chia seeds, cut into bars. They can be stored in an airtight container in the fridge.



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Visit IGATAS.COM.AU for more info



GRAB SOME
AUSSIE MADE
SNACKS.



\$2.99
ea

Arnott's Multipacks 7/8pk

THERE IS NO SUBSTITUTE.



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