





BACK & SCHOOL





Foster Clarks Snak Pack 120g 63¢ per 100g



Oreo Biscuit Multipack 230g 83¢ per 100g



Bega Peanut Butter 375g 66¢ per 100g



Nutella Spread 220g \$1.36 per 100g



Arnott's Multipacks 7/8pk



Sunbeam Sultanas/Dried Fruit 6pk



Mainland On The Go Premium Snacks 110g \$36.27 per 1kg



— PANTRY, HOME & Pet —





Green's Essentials Cake Mix 340g 32¢ per 100g



Cadbury/Fry's/Europe/ Toblerone Medium Bars 30-60g Moccona Premium Classic/Infused Coffee 95/100g Moccona

RESemme Shampoo & Conditioner 350mL \$1.28 per 100mL



Moccona Coffee Sachets 10pk



Radiant Laundry Powder 2kg/Liquid 2L



Coca-Cola 375mL 30pk \$1.73 per 1L





Arnott's Salada 250g \$1.00 per 100g



iCare Toilet Tissue 24pk 21¢ per 100sh



Lynx Antiperspirant/Deodorant 165mL \$3.63 per 100mL



Pedigree Canned Dog Food 1.2kg 29¢ per 100g

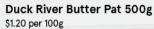














Philadelphia Cream Cheese Tub/Block 250g \$13.96 per 1kg



Steggles Nacho Chicken 350g \$8.54 per 1kg



Golden North
Giant Twin Ice Cream 5pk
73¢ per 100mL



Peters Ice Cream 4L 20¢ per 100mL

Subject to stock limits and availability. Some products or varieties may not be available at all stores. Pictures for illustration purposes only

Offers available from 02/02/22 until 08/02/22

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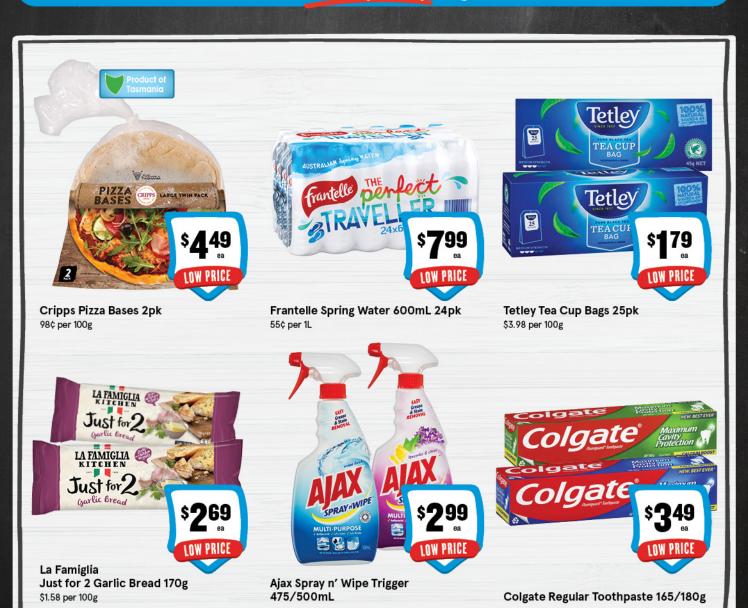


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BACK to SCHOOL



HAZELNUT SPREAD WITH COCOA

\$**2**99

Nutella Spread 220g \$1.36 per 100g

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Ingredients

- · 450g plain flour
- · 250g butter
- · 150g Icing sugar
- · I whole egg
- · l egg yolk
- · I vanilla pod
- · salt to taste
- · 150g Nutella® (15 g/portion)
- · icing sugar

What to do

- 1. Work the flour and the cold butter together to make a sandy mixture. Then mix in the icing sugar, the seeds from the vanilla pod, a pinch of salt and the eggs. Mix it all together to create a smooth, homogenous mixture. Shape it into a ball, flatten slightly and put into the fridge to rest for at least an hour. After it has rested, remove the dough from the fridge and after letting it warm for 10 minutes, roll it out using a rolling pin.
- 2. Cut the biscuits out with a biscuit cutter or pastry cutter of any shape you prefer. Arrange them in a pan lined with baking paper and put into the oven for ten minutes at 180°C.
- 3. Put the Nutella $^{\circ}$ into a piping bag and squeeze it onto half of the cooled biscuits. Then put them together in pairs to make sandwiches. Sprinkle with icing sugar and serve.



Ingredients

- · 3 small ripe bananas
- · 1/4 cup dried apricots, softened in water and
- · 1/4 cup crunchy or smooth peanut butter, plus 1/2 cup for the top
- · I tsp vanilla extract
- · 4 thsp maple syrup
- · 1.5 cup rolled oats
- · 1/2 cup almond meal
- · 1/2 cup flaxseed meal
- · 2 thsp chia seeds
- · 1/2 tsp ground cinnamon
- · 1/2 tsp salt

What to do

- 1. Preheat the oven to 180C (fan-forced 170C). Grease and line a 20cm square baking tray.
- 2. Puree the bananas and apricots in a food processor until smooth. Add 1/2 cup peanut butter, maple syrup and vanilla extract, pulse to combine.
- 3. In a large bowl, mix together the rolled oats, almond meal, flaxseed meal, chia seeds and ground cinnamon. Pour the peanut butter mixture into the dry ingredients and mix well. The mixture should be moist but not runny.
- 4. Spread the breakfast bar mix into the prepared baking tray and smooth the surface. Bake for 20 minutes. The middle should be firm to the touch and the edges lightly browned. Remove from the oven.
- 5. Spread the remaining peanut butter on top of the bars. Bake for another 10 minutes until the peanut butter has little bubbles in it.
- 6. Cool completely on a wire rack and sprinkle with extra chia seeds, cut into bars. They can be stored in an airtight container in the fridge.





GRAB SOME AUSSIE MADE SNACKS.



Arnott's Multipacks 7/8pk

THERE IS NO SUBSTITUTE.







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