



ON SALE 1ST FEBRUARY 2023



Pandani
**BEEF/PORK
SAUSAGES 680G**

\$7.99
ea



Serving Suggestion - \$11.75 per 1kg

WHERE THE *locals* MATTER

ALL

**1/2
PRICE**



\$2.19
ea

CC's Corn Chips 110/175g



\$3.49
ea

Kellogg's Crunchy Nut/Special K/
Coco Pops/Froot Loops/Just Right 285-460g



\$2.49
ea

Uncle Tobys Muesli Bars 6pk
\$1.35 per 100g



\$2.19
ea

Dairy Farmers Thick & Creamy Yoghurt 4pk
50¢ per 100g

Offers available from:
01/02/23 until 07/02/23

Whilst stocks last. Pictures for illustration purposes only.
Some products or varieties may not be available at all stores.

GREAT SPECIALS ON NOW!

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BACK TO SCHOOL SAVINGS



— DRINKS, TREATS & Snacks —

V8

1/2 PRICE

V8 vegetable original
with tomato, carrot, celery
SERVES 3 veg
125 L

V8 breakfast
with apple, pineapple, orange, kiwi
1 fruit 1 veg
125 L

\$275 ea

V8 Juice 1.25L (excl. Power Blend/Healthy Greens)
\$2.20 per 1L



Coca-Cola/
Fanta/
Sprite Soft
Drink 1.25L
\$1.88 per 1L

\$235 ea



Powerade
Sports
Drink
600mL
\$4.32 per 1L

\$259 ea



V Energy Drink 500mL
\$5.98 per 1L

\$299 ea



Mount
Franklin
Lightly
Sparkling
Spring
Water 1.25L
\$1.59 per 1L

\$199 ea

ARNOTT'S
THERE IS NO SUBSTITUTE FOR QUALITY™

ARNOTT'S Tiny Teddy
Chocolate
8 PACKS

ARNOTT'S Shapes ORIGINALS
Barbecue
8 PACKS

\$349 ea

Arnott's Multipacks 7/8pk (excl. Wagon Wheels)



Samboy Potato Chips 175g
\$1.99 per 100g

\$349 ea



Allen's Jelly/
Mint Confectionery Range 140-200g

\$249 ea



Cadbury Bites 110-150g

\$349 ea



Cadbury Family Block Chocolate 160-190g

\$385 ea

— STOCK UP THE *Pantry* —



Green's Essentials Cake Mix 340g
39¢ per 100g

\$1.34
ea



Tetley Tea Cup Bag 100pk
\$2.22 per 100g

\$3.99
ea



Johnno's Make Your Own Sauce 340g
\$1.91 per 100g

\$6.49
ea



Pauls Zymil Long Life Milk 1L
\$2.69 per 1L

\$2.69
ea



Raguletto Pasta Sauce 500g
40¢ per 100g

\$1.99
ea



San Remo Pasta 375/500g

\$2.49
ea

DISCOVER A COFFEE

for every cup



\$2.99
ea

Moccona Coffee Sachets 10pk



\$19.99
ea

Moccona Freeze Dried Classic Coffee 400g
\$5.00 per 100g

Fill up on
**BACK TO
SCHOOL**
Favourites

**1/2
PRICE**



\$2.49
ea

Uncle Tobys Muesli Bars 6pk
\$1.35 per 100g



\$13.99
ea

Nestle Milo 1.1kg
\$1.27 per 100g

BACK to



\$1.49
ea

Foster Clarks
Snak Pack 120g
\$1.24 per 100g



\$3.99
ea

Mainland On the Go Cheese 110g/Cheese Cracker Cuts 120g



\$6.49
ea

Smith's Potato Chips 18/20pk



\$3.49
ea

SPC Fruits 120g 4pk
\$7.27 per 1kg



\$3.99
ea

Oreo Multipack 230g
\$1.73 per 100g

**1/2
PRICE**



Banana Boat
Sunscreen
SPF50+ 200g
\$5.00 per 100g

\$9.99
ea

SCHOOL

Praise
Squeeze
Mayonnaise
365/410g



Cripps Pikelets 8pk
\$1.25 per 100g



Vegemite 220g
\$2.04 per 100g



Nutella Hazelnut Spread 750g
\$1.07 per 100g



Fantastic Noodles Cup 70g/Bowl 85g



Band-Aids 40/50pk



Glad Wrap 30mt
10¢ per 1m

SCHOOL MORNINGS SORTED

CRUNCHY GOODNESS



Sanitarium
Peanut
Butter 375g
66¢ per 100g



— PRODUCE, BAKERY & *Chilled* —



Red Apples 1.5kg
\$2.63 per 1kg



Bagged Baby Spinach 150g
\$23.00 per 1kg



Cripps Fruit Buns 6pk
89¢ per 100g



JC's Dried Cranberries 500g
\$13.98 per 1kg



Mainland
Tasty
Cheese
Block 500g
\$12.98 per 1kg

\$6.49
ea



Tamar Valley Greek Style Yoghurt 500g
60¢ per 100g

\$2.99
ea



Juicy Isle Chilled Fruit Drink 2L
\$1.75 per 1L

\$3.49
ea



Connoisseur Ice Cream Stick 4/6pk

\$5.99
ea



Bulla Creamy Classics 2L
40¢ per 100mL

\$7.99
ea



Ingham's Chicken Breast Tenders 400g
\$14.98 per 1kg

\$5.99
ea



\$9.99 ea

Radiant Laundry Powder 2kg/Liquid 2L



\$3.49 ea

Herbal Essences Shampoo/Conditioner 300mL
\$1.16 per 100mL



\$4.29 ea

Rexona Advanced Antiperspirant 220mL
\$1.95 per 100mL



\$4.99 ea

Colgate Total Advanced Toothpaste 200g
\$2.50 per 100g

ALL 1/2 PRICE



\$3.50 ea

LOW PRICE

BabyLove Everyday Baby Wipes 80pk
\$4.38 per 100ea



\$4.99 ea

Colgate Plax Mouthwash 500mL
\$1.00 per 100mL



\$4.99 ea

Whiskas Dry Cat Food 800g
62¢ per 100g



\$12.99 ea

Supercoat Dog Food 2.6/2.8kg




1/2 PRICE

\$2.35 ea

Bic Wite Out Correction Tape



\$3.99 ea

Bic Cristal Ballpoint Pen 10pk



1/2 PRICE

\$3.49 ea

Bic Intensity Fine Black Pen 3pk



\$1.39
ea

Continental Classics
Pasta & Sauce/Seasoned Rice 85-125g



\$1
ea

Nestle/Violet
Crumble Medium Bars 35-55g

ALL

1/2
PRICE



\$2.49
ea

Skittles Confectionery 160-200g



\$2.69
ea

Libra Ultra Thins 12/14pk



\$4.99
ea

Duck River Soft Butter 500g
\$1.00 per 100g



\$9.99
ea

Coca-Cola/Fanta/Sprite 10x375mL
\$2.66 per 1L

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HERBED TUNA DIP



\$5.25
ea

John West Tuna 425g
\$12.35 per 1kg



\$2.99
ea

Tamar Valley
Greek Style Yoghurt 500g
60¢ per 100g



\$4.99
ea

Philadelphia
Cream Cheese Tub 250g
\$19.96 per 1kg

Ingredients

- 185g canned tuna in springwater, drained
- 1 tbsp chives, chopped
- 1 celery stick, small dice
- 1/4 cup greek yoghurt
- 125g light cream cheese, softened

What to do

1. In a large mixing bowl, add all the ingredients and stir to combine until everything is mixed through.
2. Serve with your favourite crackers or vegetable sticks.



WHERE THE *locals* MATTER

Visit IGATAS.COM.AU for more info

APPLE ISLE MORNING MUFFINS



CELEBRATE WORLD
NUTELLA DAY!
Feb. 5th 2023



\$7⁹⁹
ea

Nutella Hazelnut Spread 750g
\$1.07 per 100g

Ingredients

- 375g self-raising flour
- 1 tsp baking powder
- 1 tsp ground cinnamon
- 220g caster sugar
- 125ml neutral oil (we used grapeseed oil)
- 1 egg
- 125ml milk
- 1/2 tsp vanilla bean paste
- 150g tinned apple slices, diced
- Sea salt
- 15g (1 tbsp) Nutella® per portion, to serve
- CRUMBLE -
- 75g plain flour, sifted
- 60g cold butter, cubed
- 2 tbsp caster sugar

What to do

1. Preheat oven to 180°C (160°C fan). Line a 12-hole standard muffin tin with paper liners.
2. Combine flour, baking powder, cinnamon, sugar and a pinch of salt in a large bowl.
3. In a large bowl whisk together oil, egg, milk and vanilla. Pour the liquid ingredients into the dry ingredients and mix until just combined. Fold the diced apple through batter then divide between liners.
4. To make the crumble, combine flour and butter in a bowl. Use fingers to rub the butter into the flour until the mixture resembles breadcrumbs. Stir through the sugar. Sprinkle crumble evenly over the muffins then bake for 30–35 minutes or until cooked when tested with a skewer.
5. Remove from tin and cool on a wire rack before drizzling each muffin with 15g (1 tbsp) Nutella®, to serve.



WHERE THE *locals* MATTER

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WIN

A

Coca-Cola®

43L BAR FRIDGE



Valued at
\$429

Buy any
Eligible Coca-Cola
Product* to go into
the draw



VARIETIES INCLUDE:



Includes
**Coca-Cola
Varieties**

2L, 1.25L, 600mL, 30 x 375mL,
24 x 375mL, 12 x 300mL, 10 x 375mL,
6 x 250mL and 4 x 300mL glass

TAS res. 18+ only. Promotion starts 11/1/23 12:01am AEDT and ends 15/2/23 11:59pm AEDT ("Promotional Period"). To enter, during the Promotional Period: a) purchase any 2 x eligible Coca-Cola varieties in one (1) transaction from any IGA store in TAS displaying advertising for this Promotion. Entrants will receive an entry form at the time of purchase, while stocks last; and b) complete the entry form and then submit it in the entry box at the register. Keep receipt/s. Max 1 entry/transaction. Max 2 entries/person/day. See <https://www.plexus.co/terms/chance-to-win-coke-cooler> for Terms and Conditions.



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